FASHION STUDIES

Chapter 3

Elements of Fashion

PRACTICAL EXERCISE - 9

Objective

- 1. To enable students to develop an eye for detail and to create compositions
- 2. To enable students to design products with self-generated prints, inspired from nature.

Objective: Creating prints from Flora and Fauna.

Material Requirement:

- 1. Poster Paints
- 2. Brushes
- 3. Fabric paint
- 4. A4 size cartridge / ivory paper
- 5. Cotton Dupatta / scarf(20" X 20")

Procedure:

- $1. \quad Take a \, nature \, walk \, to \, collect \, leaves/\, twigs/\, flowers \, etc.$
- $2. \quad Apply poster paint/s \, on \, one \, side \, of \, the \, leaf/twigs/flower \, selected.$
- 3. Create impressions on paper by the painted leaf/twigs/flower.
- 4. Use the impressions in multiple forms to create a motif.
- 5. Get the motifs approved by the subject teacher.
- 6. Use fabric paint and the approved motif to create prints on cotton Dupatta/scarf.

- 1. Students are to explain the process by maintaining a scrap book.
- 2. The product designed by the student can be discussed in the class for the views of the other students and overall feedback at the class.





FASHION STUDIES

PRACTICAL EXERCISE -10

Objective:

- 1. To explore the patterns created by using food products for dyeing process.
- $2. \qquad Creation of resist prints using organic dye bath, obtained from food items.$

Material Requirement

- 1. Tea/Coffee/turmeric powder (3 tsps)
- 2. White Cambric fabric (10 inch X 10 inch)
- 3. Steel Container for dye bath
- 4. Gas stove
- 5. Thick Cotton thread for tying fabric
- 6. Needle and thread

Exercise Procedure:

Pre Dyeing Procedure

Take the fabric squares and tie them with thick cotton thread through following methods:

- Option 1: Tie the fabric starting from the center in circular patterns till the edge.
- Option 2: Spreading tied circles throughout the fabric like allover dots.
- Option 3: Diagonally fan-fold the fabric and then tie thick yarn in ½ inch gaps.
- Option 4: Using needle & thread to stitch parallel lines on the fabric.
 Pull the string to tie them tight to get an effect.

Dyeing Procedure

- 1. Create a dye bath by boiling turmeric powder/tea/coffee in water in a steel container.
- 2. Once the dye bath boils, put the tied fabric bundles prepared in the above procedure and let them boil in the prepared bath for 10-15 minutes.
- 3. Open the threads and let them dry to see the effect.
- $4. \qquad The 10 inch x10 inch swatches can be joined together to create an interesting blanket.$

- 1. Observe how various tying techniques creates different patterns on the fabric.
- $2. \qquad {\rm Students} \, {\rm are} \, {\rm to} \, {\rm explain} \, {\rm the} \, {\rm process} \, {\rm by} \, {\rm maintaining} \, {\rm a} \, {\rm scrap} \, {\rm book}.$
- 3. The product designed by the student can be discussed in the class for other students to view, and discuss feedback.





PRACTICAL EXERCISE - 11

Objective

- 1. To observe elements of design in nature.
- 2. To develop print designs inspired from animal skin by using various materials innovatively.

Materials Requirement:

- 1. A4 size ivory paper / Catridge paper
- 2. Glue/fevicol
- 3. Cotton wool
- 4. Cotton strings
- 5. Colored pastel paper
- 6. Poster Paints
- 7. Brushes
- 8. Pencils
- 9. Eraser

Exercise Procedure:

- 1. Collect pictures of animals with distinct skin patterns.
- 2. Sketch the outline of the animal skin print like zebra stripes, giraffe patches, leopard dots etc. on a paper.
- 3. Innovatively create the animal print using Cotton wool, Cotton strings, Colored pastel paper and Poster Paints.
- 4. Use the developed print to create a bag/ a tie with this distinct pattern.

- 1. Observe the various animal skin prints.
- 2. Students are to explain the process by maintaining a scrap book.
- 3. The product designed by the student can be discussed in the class views, explorations and selection of final concept by the students & class.





FASHION STUDIES

PRACTICAL EXERCISE - 12

Objective

- 1. To explain the stencil printing technique
- 2. To create stencils for achieving design patterns.

Materials Requirement:

- 1. A4 size ivory paper
- 2. Brushes
- 3. Pencils
- 4. Eraser
- 5. Stenciling card (any medium weight paper)
- 6. Poster paints
- 7. Paper Cutter
- 8. Old Tooth brush

Exercise Procedure:

- 1. Draw a design on a card with a pencil.
- 2. Cut out the shape using a paper cutter.
- 3. Place the stencil on the paper.
- 4. Paint over the hollow cut out design on paper.
- 5. Repeat the process to get a painted border.
- 6. Instead of Solid paint, spray paint technique can be used by using an old tooth brush)
- 7. Create any one product using the above technique:
 - A Handkerchief
 - 😫 A painting
 - 😫 A card
 - ✿ A book cover

- 1. Students are to explain the process by maintaining a scrap book.
- 2. The product designed by the student can be discussed in the class for views, explorations and selection of final concept by the students & class.

