# **Reproductive Health**

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Question 1. Which of the following is ART? (a) IUDs (b) GIFT (c) ZIFT (d) Both (b) & (c) Answer: (d) Both (b) & (c)
Question 2. The technique called Gamete Intra Fallopian Transfer (GIFT) is recommended for those females (a) who cannot produce an ovum (b) who cannot retain the foetus inside uterus (c) who cannot provide suitable environment for fertilisation (d) all of these Answer: (a) who cannot produce an ovum
Question 3.  Which method can be used for women that cannot produce ovum but can provide suitable environment?  (a) IUD  (b) GIFT  (c) IUI  (d) ICSI  Answer:  (b) GIFT
Question 4.  Which of these can be used to cure infertility in couples where male partner has very low sperm count ?  (a) IUD  (b) GIFT  (c) IUI  (d) None of these  Answer:  (c) IUI
Question 5. The method of directly injecting a sperm into ovum in assisted reproductive technology is called (a) GIFT (b) ZIFT (c) ICSI (d) ET

#### Answer:

(c) ICSI

# Question 6.

Increased IMR and decreased MMR in a population will

- (a) cause rapid increase in growth rate
- (b) result in decline in growth rate
- (c) not cause significant change in growth rate
- (d) result in an explosive population.

Answer:

(b) result in decline in growth rate

### Question 7.

Intensely lactating mothers do not generally conceive due to the

- (a) suppression of gonadotropins
- (b) hypersecretion of gonadotropins .
- (c) suppression of gametic transport
- (d) suppression of fertilisation.

Answer:

(a) suppression of gonadotropins

# Question 8.

A national level approach to build up a reproductively healthy society was taken up in our country in

- (a) 1950s
- (b) 1960s
- (c) 1980s
- (d) 1990s

Answer:

(a) 1950s

### Question 9.

Emergency contraceptives are effective if used within,

- (a) 72 hrs of coitus
- (b) 72 hrs of ovulation
- (c) 72 hrs of menstruation
- (d) 72 hrs of implantation.

Answer:

(a) 72 hrs of coitus

# Ouestion 10.

From the sexually transmitted diseases mentioned below, identify the one which does not specifically affect the sex organs.

- (a) Syphilis
- (b) AIDS
- (c) Gonorrhea
- (d) Genital warts

Answer:

(b) AIDS

# Question 11.

Condoms are one of the most popular contraceptives because of the following reasons.

- (a) These are effective barriers for insemination.
- (b) They do not interfere with coital act.
- (c) These help in reducing the risk of STDs.
- (d) All of the above

### Answer:

(d) All of the above

# Question 12.

The correct surgical procedure as a contraceptive method is

- (a) ovariectomy
- (b) hysterectomy
- (c) vasectomy
- (d) castration.

#### Answer:

(c) vasectomy

# Question 13.

RCH stands for

- (a) routine check-up of health
- (b) reproduction cum hygiene
- (c) reversible contraceptive hazards
- (d) reproductive and child health care.

#### Answer:

(d) reproductive and child health care.

# Question 14.

Amminocentesis is a technique used to

- (a) determine errors in amino acid metabolism in embryo
- (b) pin point specific cardiac ailments in embryo
- (c) determine any hereditary genetic abnormality in embryo
- (d) all of these.

#### Answer:

(a) determine errors in amino acid metabolism in embryo

# Question 15.

Which of the following cannot be detected in a developing foetus by amniocentesis?

- (a) Jaundice
- (b) Down's syndrome
- (c) Cystic fibrosis
- (d) Colourblindness

## Answer:

(a) Jaundice

# Question 16.

In which of the following weeks of pregnancy CVS is done?

- (a) 12th 14th week
- (b) 8th 10th week
- (c) 5th 7th week

(d) None of these

Answer:

(b) 8th - 10th week

## Question 17.

Causes for increased population growth in india is/are

- (a) increase in birth rate
- (b) decrease in death rate
- (c) lack of education
- (d) all of these.

Answer:

(d) all of these.

### Ouestion 18.

Which of the following pairs contributes to an increase in population?

- (a) Natality and immigration
- (b) Mortality and emigration
- (c) Natality and emigration
- (d) Mortality and immigration

Answer:

(a) Natality and immigration

# Question 19.

Which of the following is correct regarding the consequences of lower population?

- (a) It increases the poverty of a country.
- (b) It leads to shortage of food supply.
- (c) It results in unemployment
- (d) All of these

Answer:

(d) All of these

### Ouestion 20.

The best way to decrease population of a country is

- (a) to educate people
- (b) to have better houses
- (c) to kill people on a large scale
- (d) to practice and implement familay planning.

Answer:

(d) to practice and implement familay planning.

# Question 21.

Which of the following correctly describes the measures

that can be used to control over-population?

- (a) Educating people about the advantages of a small family
- (b) Raising the age of marriage
- (c) Encouraging family planning programme
- (d) All of these

Answer:

(d) All of these

# Question 22.

Which of the following is not a characteristic of an ideal contraceptive?

- (a) User-friendly
- (b) Irreversible
- (c) Easily available
- (d) Least side-effects

#### Answer:

(b) Irreversible

# Question 23.

Which of the following is correct regarding HIV, hepatitis B, gonorrhoea, trichomoniasis?

- (a) Trichomoniasis is an STD whereas others are not.
- (b) Gonorrhoea is a viral disease whereas others are bacterial.
- (c) HIV is a pathogen whereas others are diseases.
- (d) Hepatitis B is eradicated completely whereas others are not.

#### Answer

(c) HIV is a pathogen whereas others are diseases.

# Question 24.

Which one of the following groups includes sexually transmitted diseases caused by bacteria only ?

- (a) Syphilis, gonorrhoea, chancroid
- (b) Syphilis, chlamydiasis, chancroid
- (c) Syphilis, gonorrhoea, scabies
- (d) Syphilis, scabies, pediculosis

#### Answer:

(a) Syphilis, gonorrhoea, chancroid

### Question 25.

Confirmatory test for STDs is

- (a) ELISA
- (b) PCR
- (c) DNA hybridisation
- (d) all of these.

## Answer:

(d) all of these.

### Question 26.

Hepatitis B is transmitted through

- (a) blood transfusion
- (b) intimate physical contact
- (c) sexual contact
- (d) all of these

# Answer:

(d) all of these

# Question 27.

The common means of transmission of AIDS is

- (a) sexual intercourse
- (b) blood transfusion

- (c) placental transfer
- (d) all of these.

Answer:

(d) all of these.

# Ouestion 28.

Which of the following STDs are not completely curable?

- (a) Chlamydiasis, gonorrhoea, trichomoniasis
- (b) Chancroid syphilis, genital warts
- (c) AIDS, syphilis, hepatitis B
- (d) AIDS, genital herpes, hepatitis B

Answer:

(d) AIDS, genital herpes, hepatitis B

#### Question 29.

World AIDS day is

- (a) December 21
- (b) December 1
- (c) November 1
- (d) June 11

Answer:

(b) December 1

## Ouestion 30.

In vitro fertilisation is a technique that involves transfer of which one of the following into the fallopian tube ?

- (a) Embryo only, upto 8 cell stage
- (b) Either zygote or early embryo upto 8 cell stage
- (c) Embro of 32 cell stage
- (d) Zygote only

Answer:

(b) Either zygote or early embryo upto 8 cell stage

# Question 31.

The test-tube baby programme employs which one of the following techniques?

- (a) Zygote intra Fallopian transfer (ZIFT)
- (b) Intra uterine insemination (IUI)
- (c) Gamete intra Fallopian transfer
- (d) All of these

Answer:

(a) Zygote intra Fallopian transfer (ZIFT)

# Question 32.

The first case of IVF-ET technique success, was reported by

- (a) Louis joy Brown and Banting Best
- (b) Patrick Steptoe and Rebert Edwards
- (c) Robert Steptoe and Gilbert Brown
- (d) Baylis and Starling Taylor.

Answer:

(b) Patrick Steptoe and Rebert Edwards

### Question 33.

On which of the following facts does the method of periodic abstinence is based?

- (a) Ovulation occurs on about the 14th day of menstruation.
- (b) Ovum remains alive for about 1-2 days.
- (c) Sperms survive for about 3 days.
- (d) All of these

### Answer:

(d) All of these

# Question 34.

Which of the following is a non-medicated intrauterine device (IUD)?

- (a) CuT
- (b) Lippes Loop
- (c) Cu7
- (d) LNG-20

#### Answer:

(b) Lippes Loop

# Question 35.

Multiload device contains

- (a) manganese
- (b) iron
- (c) copper
- (d) calcium

#### Answer:

(c) copper

# Question 36.

Which of the following is not an intrauterine device?

- (a) Progestasert
- (b) Multiload-375
- (c) Norplant
- (d) Lippes loop

## Answer:

(c) Norplant

# Question 37.

What is the work of copper-T?

- (a) To inhibit ovulation
- (b) To inhibit fertilisation
- (c) To inhibit implantation of blastocyst
- (d) To inhibit gametogenesis

## Answer:

(b) To inhibit fertilisation

# Question 38.

IUDs prevent pregnancy by

- (a) inhibiting physiological and morphological uterine changes required for implantation.
- (b) increasing phagocytosis of spermatozoa within uterus
- (c) suppressing motility of sperms as well as their fertilising capacity

(d) all of these.Answer:(d) all of these.Question 39.Cu ions released

Cu ions released from copper releasing intrauterine devices (IUDs)

- (a) prevent ovulation
- (b) make uterus unsuitable for implantation
- (c) decrease phagocytosis of sperms
- (d) suppress sperm motility.

Answer:

(d) suppress sperm motility.

## Ouestion 40.

The birth control device used by women is

- (a) diaphragm
- (b) vault
- (c) copper T
- (d) all of these.

Answer:

(d) all of these.

# Question 41.

The most important component of oral contraceptive pills is

- (a) progesterone-estrogen
- (b) growth hormore
- (c) thyroxine
- (d) luteinising hormone.

Answer:

(a) progesterone-estrogen

### Ouestion 42.

Progesterone pill helps in preventing pregnancy by not allowing

- (a) ova formation
- (b) fertilisation
- (c) implantation
- (d) none of these.

Answer:

(a) ova formation

# Question 43.

What is true about "Saheli"?

- (i) Developed at the CDRI, Lucknow
- (ii) Contains a steroidal preparation
- (iii) "Once-a-weak" pill
- (iv) Many side effects
- (v) High contraceptive value
- (vi) Very few side effects value
- (vii) Low contraceptive value
- (a) (i), (ii), (iii), (v), (vi)

(b) (i), (iii), (v), (vi), (vii)

(c) (i), (ii), (iii), (iv), (v)

(d) (i), (iii), (iv), (v)

Answer:

(d) (i), (iii), (iv), (v)

# Question 44.

What is the figure given below showing in particular?



(a) Ovarian cancer

(b) Uterine cancer

(c) Tubectomy

(d) Vasectomy

Answer:

(c) Tubectomy

# Question 45.

Which of the following birth control measures can be considered as the safest?

(a) The rhythm method

(b) The use of physical barriers

(c) Termination of unwanted pregnancy

(d) Sterilisation techniques

Answer:

(d) Sterilisation techniques

# Question 46.

Which of the following is the most widely accepted method of contraception in India at present ?

(a) Cervical caps

(b) Tubectomy

(c) Diaphragms

(d) IUDs (Intra uterine devices)

Answer:

(d) IUDs (Intra uterine devices)

# Question 47.

Which of the following is a full proof method contraception?

(a) Implantation

(b) Lactational amenorrhea

(c) Condoms

(d) Sterilisation

Answer:

(d) Sterilisation

# Question 48.

Which of the following statements is correct regarding vasectomy?

- (a) It prevents the production of sperm in the testes.
- (b) It prevents the production of semen.
- (c) It prevents the movement of sperm into the urethra.
- (d) It prevents a man from having an erection.

### Answer:

(c) It prevents the movement of sperm into the urethra.

#### Ouestion 49.

Which of the following statements is incorrect regarding the medical termination of pregnancy (MTP)?

- (a) These help in getting rid of unwanted pregnancies.
- (b) These help in aborting the pregnancies which may be harmful to either mother of foetus or both.
- (c) These contribute in decreasing the human population.
- (d) None of these.

#### Answer:

(d) None of these.

### Question 50.

Which of the following represents the correct match of a sexually transmitted disease with its pathogen ?

- (a) Syphilis-Treponema pallidum
- (b) Gonorrhoea-Entamoeba histolytica
- (c) Urethritis-Bacillus anthracis
- (d) Softsore-Bacillus brevis

## Answer:

(a) Syphilis-Treponema pallidum

# Question 51.

The sexually transmitted disease, that can affect both the male and the female genitals and may damage the eyes of babies born of infected mothers is

- (a) AIDS
- (b) syphilis
- (c) gonorrhoea
- (d) hepatitis

# Answer:

(c) gonorrhoea

# Question 52.

A sexually transmitted disease symptomised by the development of chancre on the genitals is caused by the infection of

- (a) Treponema pallidum
- (b) Neisseria gonorrhoeae
- (c) human immunodeficiency virus
- (d) hepatitis B virus

# Answer:

(a) Treponema pallidum