

**Value of Discipline**  
**Or**  
**Why Discipline?**  
**Or**  
**Important of Discipline in Life**

---

**Discipline is learnt in the school of adversity.**

**— M.K. Gandhi**

Discipline, according to the dictionary, means the training of the mind and character of a person to observe self-control of habits of obedience to the superiors, seniors or to the established authority. Man is born free. Why then, should he bind himself with do's and don'ts? Is discipline absolutely necessary? What would happen if we refuse to discipline ourselves? In order to find an answer to these questions we have to look at the natural scheme of things around ourselves. The entire cosmos, all the heavenly bodies and all the natural objects, seem to be acting, moving or existing under a discipline of their own. The plants and crops grow in a disciplined way; the various organs of our body co-operate with one another; the food we take has to be taken in a disciplined way. Life of animals is also a model of disciplined living. This ant moves in straight lines with a single-minded attention; the bees work as a team; the animals in the forest have their own organized way of life. Discipline, therefore, is a basic necessity of life. The proper growth of life is impossible if there is no discipline in it.

Discipline is necessary in every sphere of life. It is necessary in schools and colleges. Students should be respectful to their teachers. The teachers should show proper respect to the Principal. This surely helps in the progress of a school or a college. Discipline makes life harmonious and useful.

Discipline is necessary for social and national life. It includes mutual help and co-operation. We should not hate discipline thinking that it puts some curbs on liberty. It is a wrong idea. Every citizen must learn to control himself.

Discipline is important both in games and studies. We need discipline both in the class-room and at the playground. At the playground, the player must obey the rules of the game. He must obey the referee.

Discipline should be self-imposed. It should come from within. Self-discipline is necessary for health and for progress in life. By observing discipline, we can make our lives bright.

One should observe discipline even in small things of life. Punctuality is a form of discipline. Good manners are also a mark of discipline. The habit of discipline always makes up happy. It strengthens the nation.

Nowhere is discipline more necessary than in the army. Here a little indiscipline may mean defeat and death. A soldier must obey his commander. This point has been forcefully put across by a poet who said:

**“There’s not to make reply,  
There’s not to reason why,  
There’s but to do and die.”**

Discipline costs nothing but pays rich dividends. A team or an army which is strongly disciplined is sure to achieve victory. In short, discipline is the be-all and end-all of life. It is a key to success in all spheres of life. It gives all power to individuals, groups and nations. Its value should never be underestimated.