

UNIT-10: ENVIRONMENT AWARENESS AND CONSERVATION

Content and specific topic	Comprehension	Analysis	Synthesis	Evaluation
Natural resources- conservation and management	Understand about conservation and management of natural resources.	Analyse the need and importance to conserve the natural resources.	Appreciate the concept of sustainable development.	Worksheets, comprehension questions, discussion and activities.
Water conservation and rain water harvesting.	Understand the need for water conservation.	Examine the methods that can be used for conservation of water and rain water harvesting.	Infer the importance of rain water harvesting.	Worksheets, comprehension questions, discussion and activities.

Unit-10

Natural Resources Conservation and Management

'The conservation of natural resources is the fundamental problem. Unless we solve that problem, it will avail us little to solve all others'.

- Theodore Roosevelt

1. Natural Resources

Natural resources occur naturally within environment that exist relatively undisturbed by humanity, in a natural form. A natural resource is often characterized by amounts of biodiversity and geo diversity existent in various ecosystems.

Natural resources are derived from the environment. A **natural resource** is any useful product which is produced by nature and is essential for our survival. Natural resources can be defined as “materials or substances such as minerals, forests, water, and fertile land that occur in nature and can be used for economic gain”. Natural resources can be classified in different ways as per their nature or availability or type. A few examples of natural resources are air, water, wood, oil, solar energy, wind energy, fossil fuels, minerals and coal. Refined oil is not a natural resource since humans create it.



Natural Resources

Source: http://2.bp.blogspot.com/_bfUGD2eoAxc/S-PWYsa6hrI/AAAAAAAAAB58/XIaHikl-qwo/s320/Natural-Resources-754285.JPG

1.1 Types of Natural Resources

Natural resources can be classified by various methods, which include source of origin, stage of development and by their renewability. These classifications are described below.

Natural resources are basically classified as either renewable or non-renewable:-

a) **Renewable Resources:** These are resources which can be replenished naturally. Some of

these resources, like sunlight, air, wind, water etc, are continuously available and their quantity is not noticeably affected by human consumption.

The Carson Fall in Mount Kinabalu, Malaysia is an example of undisturbed natural resource. Waterfalls provide spring water for humans, animals and plants for survival and also habitat for marine organisms. The water current can be used to turn turbines for hydroelectric generation.



Source:

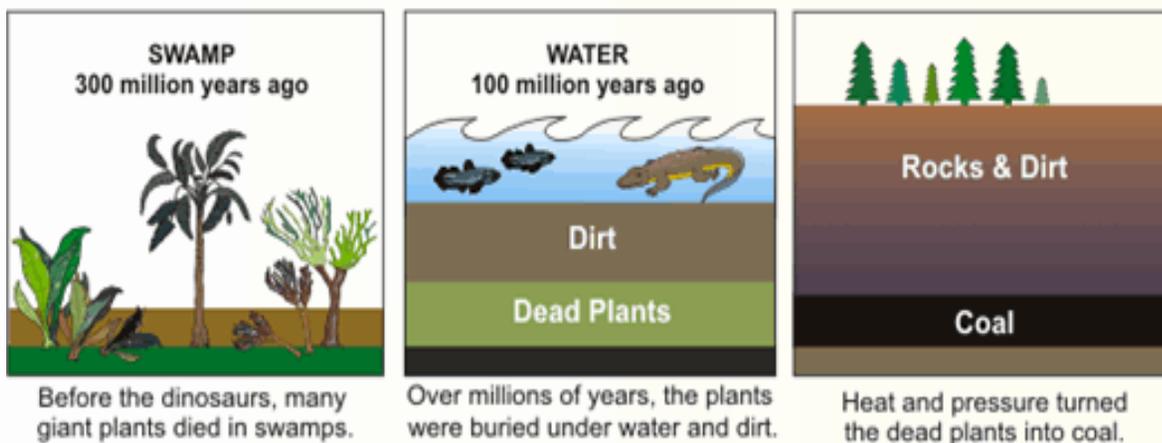
http://en.wikipedia.org/wiki/Natural_resource

- b) **Non-Renewable Resources:** These are resources which are formed extremely slowly and those which do not naturally form in the environment. Minerals and Fossil Fuels are the most common resources included in this category.

Resources can be further classified on the basis of origin:-

- a) **Biotic:** Biotic resources are obtained from the biosphere (living and organic material), such as forests and animals and the materials that can be obtained from them. Fossil fuels such as coal and petroleum are also included in this category because they are formed from decayed organic matter.

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Source: <http://www.portal.gsi.gov.in>

- b) **Abiotic:** Abiotic resources are those that come from non-living, non-organic material. Examples of abiotic resources include land, fresh water, air and heavy metals including ores such as gold, iron, copper, silver, etc.

chemicals such as sulphur dioxide and nitrogen oxide, which react with water molecules in the atmosphere to produce acids. Chemicals in the acid rain cause paint to peel, corrosion of steel structures such as bridges and erosion of stone statues, besides causing total destruction to crop.

- d) **Global Warming:** Global warming is a phenomenon associated with the increase of earth's temperature. One of the major causes of global warming has been excessive production of **Greenhouse gases**. A greenhouse gas is a gas that absorbs and emits radiation within the thermal infrared range. The primary greenhouse gases in the Earth's atmosphere are water vapour, carbon dioxide, methane, nitrous oxide and ozone. Greenhouse gases have a great effect on the earth's temperature.

In just a few decades shrubs in the Arctic, tundra have turned into trees as a result of the warming Arctic climate, creating patches of forest which, if replicated across the tundra, would significantly accelerate global warming.



Source: <http://www.sciencedaily.com/releases/2012/06/120606113146.htm>

View of the northernmost foothills of the Polar Ural mountains on the Southern Yamal Peninsula in West Siberia, Russia. Here willow (*Salix lanata*) thickets and individuals have a greyish metallic canopy and stand out in the forefront and background, located mostly in concave areas. Alder (*Alnus fruticosa*), green canopy, stands out clearly against both willow and the other tundra vegetation. An increase in shrub height in recent decades has been remarked upon by indigenous Nenets nomads both east and west of the Urals, who have had to modify their reindeer herding practices in response to the changes. (Credit: BC Forbe)

2.1 Methods of Management and Conservation of Natural Resources

Following methods contribute immensely towards efficient conservation of resources:-

- a) **Recycling:** This is a method by which some of the resources can be conserved by recycling them or reusing them by adopting certain methods as under:-
- (i) Recycling of paper will reduce the burden on trees.

- (ii) Recycling of water including sewage will reduce the burden on sub soil /fresh water for irrigation.
- (iii) Recycling of metal / plastic waste will conserve metal resources.
- b) **Water Harvesting:** This method can be used for storing rainwater for use at a later date. In villages, storing of rain water in ponds will increase the level of sub soil water.
- c) **A forestation:** Planting more trees and avoid cutting of trees. This will prevent soil erosion as also increase good gases in the environment.
- d) **Proper Waste Management:** This will prevent pollution of soil and water sources like river, ponds and sea. This not only involves segregation of waste into biodegradable / non-biodegradable and its subsequent treatment, but also treatment of industrial / sewage effluents before discharge into the river / sea.
- e) **Greater Use of Renewable Sources:** Using renewable sources of energy like solar and wind power will help in conserving electricity.
- f) **Avoid Wastage:** Excessive use / uncontrolled use lead to wastage. Wastage can be prevented by proper education, monitoring and controlled usage.
- g) **Increasing Energy Efficiency:** Use of energy efficient vehicles or equipment like CFLs will reduce consumption. Also use of alternate sources of energy like solar or wind energy will reduce consumption of electricity.
- h) **Monitoring and Control:** There is a strong need to put into place strong and stringent control and monitoring organizations so that uncontrolled wastage can be prevented.

2.2 Role of NCC in Conservation of Natural Resources

Every cadet can fulfil his obligation towards environment individually or collectively by following:-

- a) Avoiding cutting of trees and by planting more trees.
- b) Not polluting water sources like river, ponds and sea.
- c) Avoiding use of plastic.
- d) Reducing noise pollution.
- e) Recycling natural resources to ensure their efficient sustainable use.
- f) Using renewable sources of energy like solar and wind power.
- g) Saving energy in small and practical ways like switching off fans, lights and other electric gadgets when not needed.

3. Water Conservation and Rainwater Harvesting

Water is a very important and precious resource for survival of mankind. Water Conservation encompasses policies, strategies and activities to manage fresh water as a sustainable resource, to protect the water environment and to meet current and future human demands. Population growth, household size and affluence affect the quantity of water that is consumed. Factors such as climate change increases pressure on natural water resources, especially in manufacturing and agricultural irrigation. Water is fast becoming scarce due to increase in population, industries and agricultural activities and due to poor rainfall.

3.1 Need for Water Conservation

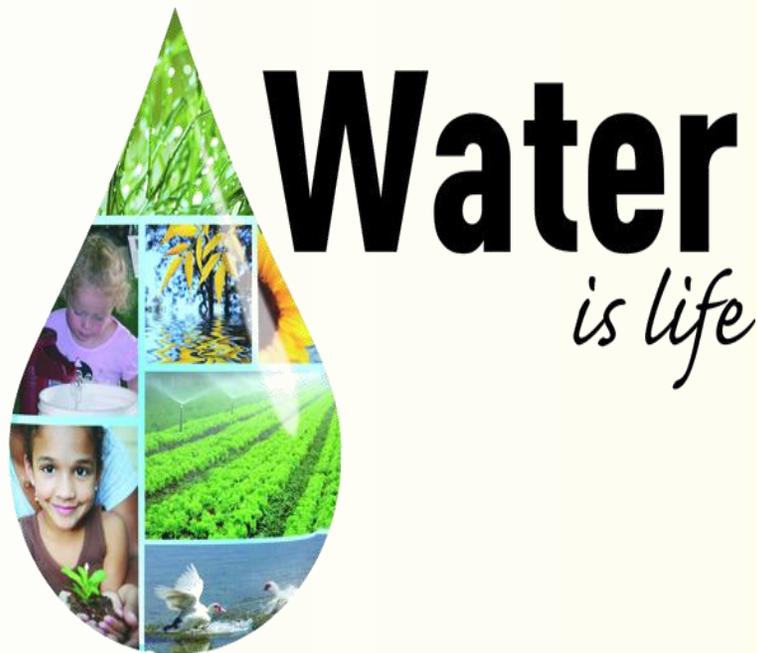
No other natural resource has had such an overwhelming response on the history of mankind as much as Water. As human population increases, the desire for a better standard of living will increase the demands on fresh water resources.

Much of the world's fresh water is consumed by the agricultural, industrial and domestic sectors. The failure in efficiently managing this resource to meet the increasing water demands of these sectors has resulted in a situation of crisis in many parts of the world. In many parts of India, freshwater crisis already exists.

With only 1% of water available for human consumption, we must treat our water supply with more respect. Water conservation should not be considered an option any longer but is an inescapable necessity. Current circumstances require our full attention, if we hope to thrive as a civilization. Much of the world is currently suffering due to lack of clean water. Therefore, it is extremely important to seek out, find and start using all the innovative water conservation solutions and methods that are available today.

3.2 Ways to Conserve Water Indoors: The best place to start Water Conservation is one's own house. Certain measures which can be adopted at home are:-

- a) Ensure that there are no leaks in our house, in the pipelines, taps and toilets.



- b) Use water efficient flushes and if possible, toilets with dual flushing systems.
- c) Close taps while brushing our teeth, shaving or soaping our face.
- d) Use water from washing of clothes for cleaning floors.
- e) Use appropriate amount of detergent for washing clothes.
- f) Close the shower tap whilst soaping our body.
- g) When washing dishes by hand, we shouldn't let the water run while rinsing. Fill one sink with washing water and the other with rinsing water.
- h) Monitor your water bill for unusually high use. Our bill and water meter are tools that can help us to discover leaks.
- j) Water our lawn and garden in the morning or evening when temperatures are cooler to minimize evaporation.

Water Conservation Practices for Water Utilities: Common practices used by water supply utilities include metering, leak detection, repairing water lines, well capping, retrofitting programs, pricing, waste-water reuse and developing public education programs and drought management plans.

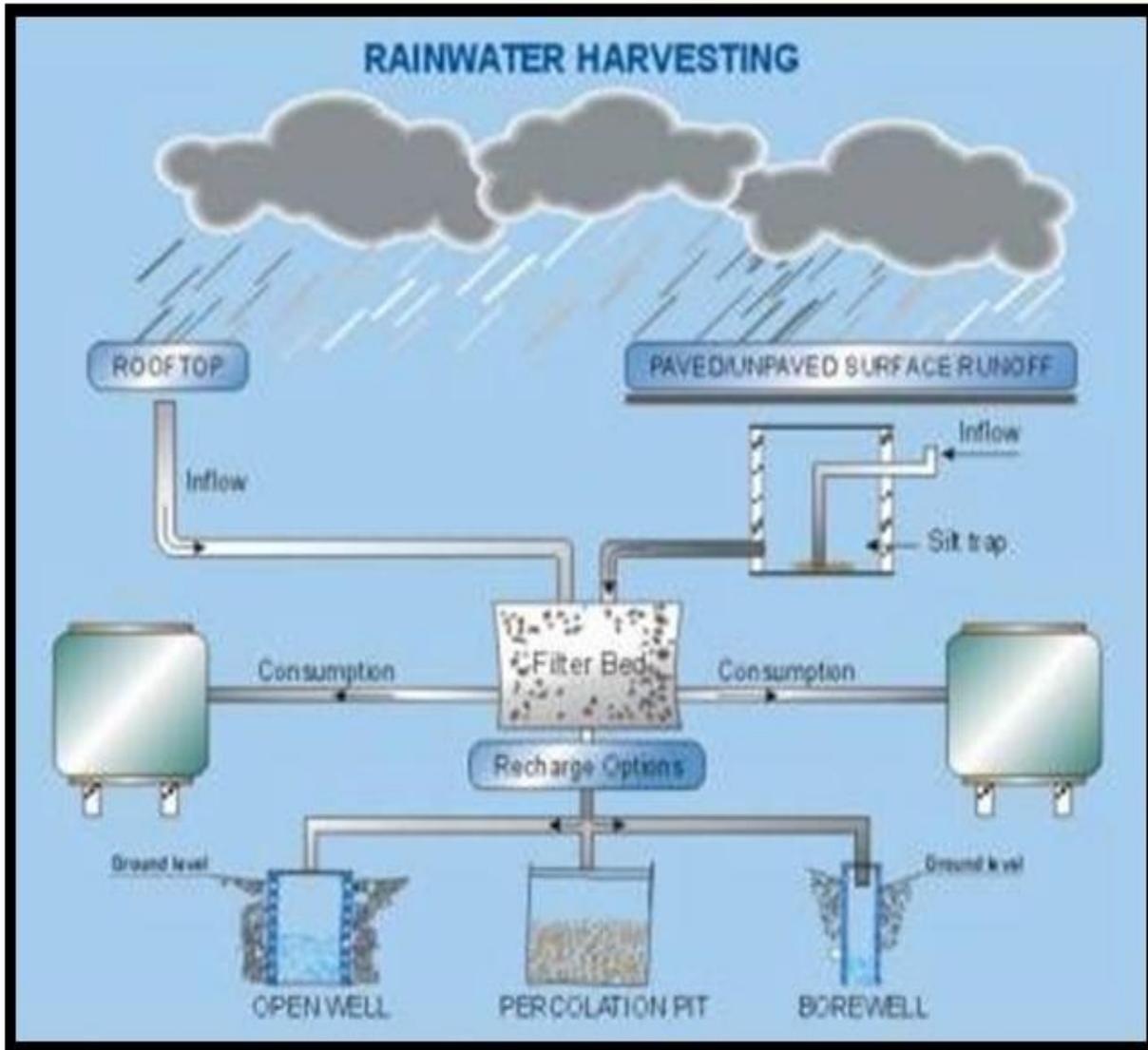
Agricultural Water Conservation Practices: Water saving irrigation practices fall into three categories, field practices, management strategies and system modifications. Practices such as drip irrigation can save large quantities of water. Careful and judicious use of water for irrigation can lead to irrigating much more land.

Industrial and Commercial Water Conservation Practices: Industries could save copious amount of water by installing water recycling systems. 'Cooling Water Recirculation' and 'Wash Water Recycling' are the most widely used water recycling practices.

Other Methods to initiate Water Conservation would include, public outreach programmes, nukkad and community dramas and water audits. Rainwater harvesting is one of the most successful techniques being used in India.

4. Rain Water Harvesting

Rainwater harvesting means capturing the runoff of the rainwater in our own house, village, town or city. It basically means accumulation and storage of rainwater for reuse, before it reaches the aquifer. Utilisation includes water for garden, livestock, irrigation, etc. In many places, the water collected is just redirected to a deep pit with percolation. The harvested water can be used for drinking water also, if the storage is a tank that can be accessed and cleaned when needed.



Source: <http://www.ppcb.gov.in/rwhs.php>

Need for Rainwater Harvesting: India is in a state of water crisis, both in rural and urban areas. Floods and droughts go hand in hand in this country, which causes water scarcity. Rainwater is a pure form of water if stored properly and it can greatly reduce the pressures on treated water supply. Rainwater harvesting is therefore extremely essential for the following reasons:-

- a) It helps to recharge sub-soil and groundwater thus increasing the level of the water table.
- b) It helps to create large quantity of pollution free potable water that can be stored in huge tanks or ponds for use later on. In cities, it reduces the dependence on treated water supply to a great extent.
- c) It ensures ready supply of water on the land surface thereby reducing dependence on the groundwater.

4.1 Types of Rainwater Harvesting Systems

There are a number of ways to harvest rainwater, ranging from very simple to the complex industrial systems. Generally, rainwater is either harvested from the ground or from a roof. The rate at which water can be collected from either system is dependent on the plan area of the system, its efficiency and the intensity of rainfall.

a) **Ground Catchment Systems:**

Channelize water from a prepared catchment area into a storage system. Generally, this method is only considered in areas, where rainwater is very scarce and other sources of water are not available. They are more suited to small communities than individual families. If properly designed, ground catchments can collect large quantities of rainwater. This method is ideally suited for villages in rural India.

b) **Roof Catchment Systems:** Roof catchment systems channelize rainwater that falls onto a roof, into a storage tank via a system of pipes.

The first flush of rainwater after a dry season, should be allowed to run to waste as, it will be contaminated with dust, bird droppings etc. Rain Water from the subsequent showers can be harvested. Roofs and pipes should have sufficient incline to avoid standing water. They must be strong enough and large enough to carry peak flows. Storage tanks should be covered to prevent mosquito breeding and to reduce evaporation losses, contamination and algae growth. Rainwater harvesting systems require regular maintenance and cleaning, to keep the system hygienic and in good working order. This method is most suited for towns and cities.

c) **Subsurface Dyke:** A Subsurface Dyke is built in an aquifer to obstruct the natural flow of groundwater, thereby raising the groundwater level and increasing the amount of water stored in the aquifer. Example, the Subsurface Dyke at Krishi Vigyan Kendra, Kannur under Kerala Agricultural University with the support of ICAR, has become an effective method for ground water conservation by means of rain water harvesting technologies. India. The dyke is now the largest rainwater harvesting system in that region.



Rain Water Recycling

Subsurface dyke

Subsurface dyke is a structure that is built in an aquifer with the intention of obstructing the natural flow of ground water, thereby raising the ground water level and increasing the amount of water stored in the aquifer. A trench was made across the valley portion of the undulating topography of the farm down to the bed rock. Three layers of plastic sheets were spread on the wall of the trench from ground level to the bed rock level. The plastic sheet on the wall measured 40m in length with a maximum depth of 8m. It obstructs the flow of sub surface water raising water table in the catchment area.

Source: http://en.wikipedia.org/wiki/Subsurface_dyke



Subsurface Dyke

Source: www.thehindu.com

Groundwater Recharge: Rainwater may also be used to recharge groundwater where the runoff on the ground is collected and allowed to be absorbed, adding to the groundwater. In India this includes Bawdis and Johads, or Ponds which collect the run-off from small streams in a wide area. In India, reservoirs called tank as were used to store water; typically they were shallow with mud walls. Ancient tank as still exist in some places.

Advantages in Urban Areas: Rainwater harvesting in urban areas can have manifold advantages. Some of the reasons why rainwater harvesting can be adopted in cities, is to provide supplemental water for the city's requirements, to increase soil moisture levels for urban greenery, to increase the ground water table through artificial recharge, to mitigate urban flooding and to improve the quality of groundwater. In urban areas of the developed world, at a household level harvested rainwater can be used for flushing toilets, washing laundry, showering or bathing. It may however require some treatment before it can be used for drinking.

SUMMARY

Natural resources are Mother Nature's gift to mankind. These need to be used with discretion. Large scale industrialization, urbanization and massive increase in population are leading to depletion of these meagre resources. Natural resources are to be conserved and managed judiciously.

Types of Natural Resources

- ❖ Renewable Resources
- ❖ Non-Renewable Resources

On the basis of origin

- ❖ Biotic
- ❖ Abiotic

Need for Management and Conservation of Natural Resources

- ❖ Ozone Depletion
- ❖ Soil Erosion
- ❖ Acid Rain
- ❖ Global Warming

Methods of Management and Conservation of Natural Resources

- ❖ Recycling
- ❖ Water Harvesting
- ❖ Afforestation
- ❖ Proper Waste Management
- ❖ Greater Use of Renewable Sources

- ❖ *Avoid Wastage*
- ❖ *Increasing Energy Efficiency*
- ❖ *Monitoring and Control*

Comprehension Questions

Q.1. Answer the following in about 15 words:

- i. What is a natural resource?
- ii. What do you understand by reserve resources?
- iii. What do you understand by water conservation?
- iv. What affects the quantity of water that is consumed?

Q.2. Answer the following in about 50 words

- i. What are renewable and non-renewable resources?
- ii. Write a short note on ozone depletion?
- iii. How can we conserve water indoors?
- iv. Write a note on agricultural water conservation practices?
- v. What do you understand by ground water recharge?

Q.3. Answer the following in about 75 words

- i. Write short note on
 - a) Soil erosion
 - b) Biotic and abiotic
- ii. What do you understand by global warming?
- iii. What are the advantages of rain water harvesting in urban areas?
- iv. Why is there a need for water conservation?

Q.4. Answer the following in about 150 words

- i. How can every cadet fulfil his/her obligation towards environment individually or collectively?
- ii. On the basis of their stage of development, in how many categories can we divide the natural resources?
- iii. Why is there a need for rainwater harvesting?

Q.5. Answer the following in about 250 words

- i. Explain the types of rainwater harvesting systems?

Let's Discuss:

Q.6. HOTS (Higher Order Thinking Skills)

- i. "Natural resources are to be conserved and managed judiciously". How far do you agree with the statement.
- ii. "Charity begins at home ". In the light of given statement give any five measures of Water Conservation at home.
- iii. One morning when you woke up, you realised that there was no water supply; other families also faced the similar crisis, thanks to a neighbour having left a tap open and proceeding on a vacation.
 - a) How would you fix the problem?
 - b) Did this incident teach you a lesson? Mention at least two values that you learnt from this incident.

Group Activities:

1. Make a power point presentation (10-12 slides)/charts on types of renewable resources and their conservation

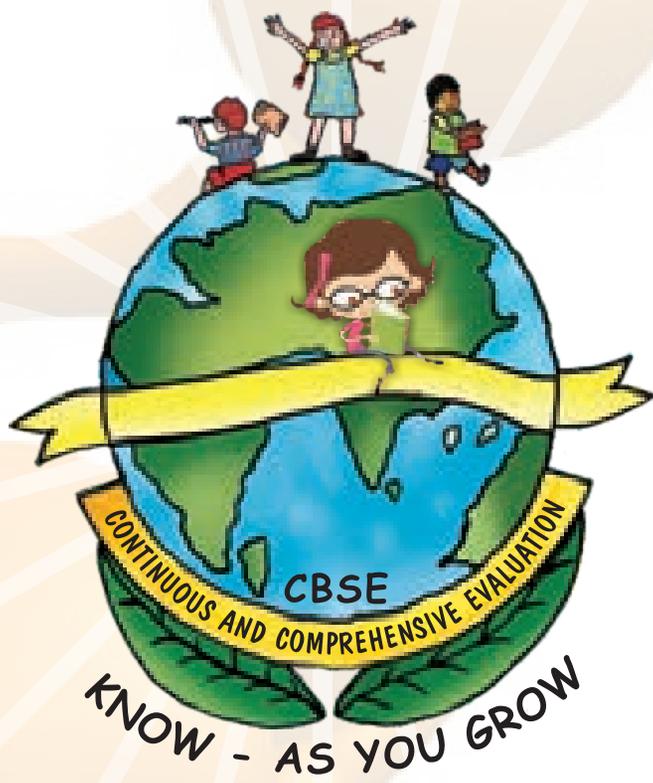
Or

Make a power point presentation (10-12 slides)/charts on conservation of Natural resources

2. "Human being are misusing Natural Resources". As Disha/Karam, cultural secretary of ABC school, design a poster on 'Save Natural Resources - Save Humanity'
3. "Water water everywhere, not a drop to drink". Though we are surrounded by 71% water on earth, we do not have enough to drink. Only 1% water remains portable. You are Madhu/Saurav, Cultural Secretary of XYZ School. Through a speech in the morning assembly, discuss the 'Need to conserve water and Rain water harvesting'.
4. Conduct an Intra class quiz competition on water conservation and rain water harvesting.

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