

## For CMAT Exam

### UNESCO'S LIST OF INTANGIBLE CULTURAL HERITAGE

Intangible cultural heritage Include traditions, living expression of ancestors include Oral tradition, social practices, ritual, festival, fairs and crafts also

#### Criteria for being recognised as Intangible cultural heritage :

1. It must be traditional ,Living and contemporary
2. Inclusive of all the stakeholders
3. Representative in nature of the community
4. Community based heritage

#### List of India's Intangible Cultural heritage

##### Koodiyattam(Sanskrit theatre)

- Recognised in 2008
- Associated in kerala
- Performed by Chakyar Caste Male and Nambiyar caste female
- Last for 6 to 20 days have hindu theme
- Performed inside temples
- Both Sanskrit and malayalam language used
- Mizhavu is special musical instrument used

##### Ramlila

- Included in 2008
- On the theme of ramayana before dussehra include dance,drama and dialogue
- Male played all the roles even of sita
- Played during sharada Navartara for 10-12 days
- Bakshi ka Talab a ramlila started by muslim youth in lucknow

##### Tradition of vedic chanting

- Recitation of vedic text
- Oldest unbroken oral traditions
- Dating back to iron age

##### Ramman

- A ritual theatre in Garhwal region of himalayas
- Included in 2009
- Bhumiya devta is being worshipped during this festival
- Jagar --Musical tradition of local legends

#### **Mudiyettu**

- A traditional ritual theatre in kerala
- Theme of battle between demon darika and goddess kali
- Perform in temple called as bhagwati kavus
- Month of feb and march
- Elaborate makeup and collective performance is important

#### **Kalbelia**

- Perform by kalbelia community of rajasthan
- Resemble to snake movement
- Community moves from one place to another
- Based on mythology and include improvisation

#### **Chhau**

- Tribal martial art dance form in odisha ,west bengal and Jharkhand
- Subgenre of this are purulia chhau(west bengal),Saraikela chhau (Jharkhand) and Mayurbhanj chhau(Odisha)
- Perform during spring festival
- Last for 13 days
- Blend of dance and martial art
- Mask are wore by male except mayurbhanj chhau

#### **Buddhist chanting of Ladakh**

- Sacred buddhist chanting on Jammu and kashmir
- Added in 2012

#### **Sankirtana**

- Included in 2013
- Singing,dancing form of manipur
- Theme of life and good deed of krishna
- Musical instrument used are Cymbal and drum

#### **Thatheras of Jandiala guru(Punjab)**

- Brass and copper crafts manufacturing
- Orally the tradition passed on generations
- Utensils used for both general and ritualistic purpose
- Also used for medicinal purpose
- Patronised by maharaja ranjit singh
- Utensils are used in gurdwara and houses also

#### **Navroz**

- Included in 2016
- Indicate the beginning of new year for parsis
- Celebrated by kashmiri community in spring season
- Custom of laying a table,a gathas,a lamp and a ceramic plate with beans and jar of goldfish

- All these to signify wealth ,prosperity,colour,sweetness and happiness

## **Yoga**

- Included in 2016
- Consist of posture,meditation,controlled breathing
- Also include guru shishya parampara