







CENTRAL BOARD OF SECONDARY EDUCATION, DELHI

Shiksha Kendra, 2 Community Centre, Preet Vihar, Delhi-110092, India

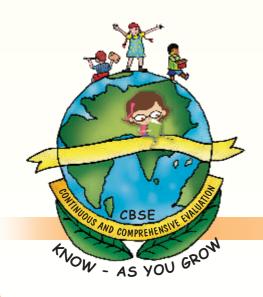
नया आगज़

आज समय की माँग पर आगाज़ नया इक होगा निरंतर योग्यता के निर्णय से परिणाम आकलन होगा।

परिवर्तन नियम जीवन का नियम अब नया बनेगा अब परिणामों के भय से नहीं बालक कोई डरेगा

निरंतर योग्यता के निर्णय से परिणाम आकलन होगा। बदले शिक्षा का स्वरूप नई खिले आशा की धूप अब किसी कोमल-से मन पर कोई बोझ न होगा

निरंतर योग्यता के निर्णय से
परिणाम आकलन होगा।
नई राह पर चलकर मंज़िल को हमें पाना है
इस नए प्रयास को हमने सफल बनाना है
बेहतर शिक्षा से बदले देश, ऐसे इसे अपनाए
शिक्षक, शिक्षा और शिक्षित
बस आगे बढते जाएँ
बस आगे बढते जाएँ
बस आगे बढते जाएँ



Fluid Wilk Processing (Dairy Technology)

Student Handbook for





CENTRAL BOARD OF SECONDARY EDUCATION, DELHI Shiksha Kendra, 2 Community Centre, Preet Vihar, Delhi-110092 India



Fluid Milk Processing Student's Handbook for Class XI

PRICE: Rs.

FIRST EDITION 2013 CBSE, India

COPIES:

"This Book or part thereof may not be reproduced by any person or agency in any manner."

PUBLISHED BY: The Secretary, Central Board of Secondary

Education, Shiksha Kendra, 2, Community Centre, Preet Vihar,

Delhi-110092

DESIGN, **LAYOUT**: Dee Kay Printers, 5/37 Kirti Nagar, New Delhi-110015

Phone: 25414260

PRINTED BY : Dee Kay Printers, 5/37 Kirti Nagar, New Delhi-110015

Phone: 25414260



Preface

India has emerged as the largest milk producing country in the world with annual milk production estimated as 127 million tonnes. Dairy industry is of crucial importance to India due to a number of reasons. Firstly, the dairy industry is a source of livelihood and provides sustainable income to farmers. Secondly, milk is closely associated with food security and is the first food for millions of infant. Thirdly, dairy products are a major source of cheap and nutritious food to millions of people in India. Fourtly, the dairy processing sector ranks first in terms of processed foods with 37 per cent of the total milk production is being processed. India is not only one of the largest producers of dairy products, but also has the largest consumer base. The activities of dairy processing involve milk collection and chilling, processing, production of milk products, packaging, quality assurance, storage, distribution and marketing. These activities require skilled persons, professionals and trained man power. The course on "Fluid Milk Processing" for class XI students has been introduced with the following objectives:

- This is a basic course to equip students with knowledge and skills in the area
 of milk processing. Major topics covered in this book are milk, quality of milk,
 reception of milk, market milk and various related processes like clarification,
 cream separation, homogenization, pasteurization, sterilization, packaging, plant
 utilities, effluent treatment etc.
- Students will get an exposure to vocational/professional course on dairy processing and technology. Course will motivate students to come up as entrepreneurs in the area of dairy processing.
- This course is an effort to sensitize student to the field of milk processing. Students will get an opportunity to choose career in the area of dairy technology and they may further pursue diploma (Dairy Technology)/B. Tech. (Dairy Technology)/B. Tech. (Food Technology).
- This course has been designed to provide entry level job skills to the students and will help to meet the human resource requirement for dairy processing sector.

Vineet Joshi, IAS Chairman CBSE



Acknowledgements

ADVISORS

- Dr. S. Ayyappan, Secretary, DARE & Director General, ICAR, Krishi Bhavan, New Delhi-110001
- Sh. Vineet Joshi, IAS, Chairman, CBSE, Delhi

SPECIAL ACKNOWLEDGEMENT

- Dr. Rameshwar Singh, Project Director (DKMA), Directorate of Knowledge, Management in Agriculture,
 5th Floor, Krishi Anusandhan Bhawan I, Pusa, New Delhi-110002
- Dr. A.K. Srivastava, Director, National Dairy Research Institute (NDRI), Karnal- 132001, Haryana
- Mr. Gian Muterja, General manager, Model Dairy Plant, NDRI, Karnal
- Mr. A.K. Sharma, Dairy Superintendent, Experimental Dairy, NDRI, Karnal

TECHNICAL GROUP

- Dr. Pradip Behare, Scientist, Technical Co-editor, NDRI, Karnal-132001
- Er. P.S. Minz, Scientist, Technical Editor, NDRI, Karnal-132001

AUTHOR GROUP

- Dr. Pradip Behare, Scientist, NDRI, Karnal-132001
- Er. P.S. Minz, Scientist, NDRI, Karnal-132001
- Dr. Surajit Mandal, Scientist, NDRI, Karnal-132001
- Mr. M.H. Sathish Kumar, Scientist, NDRI, Karnal-132001
- Mr. Dikshit A. Chichudde, Sr. Officer, Mother Dairy, Delhi

EDITING AND COORDINATION

- Dr. Biswajit Saha, Programme Officer, Vocational Education, CBSE, Delhi
- Shri Dharampal Singh, Former Director (EDUSAT & Vocational Education), and Consultant (Agriculture), CBSE, Delhi
- Mrs Pragya Gaur, Consultant (Science), CBSE, Delhi

भारत का संविधान

उद्देशिका

हम, भारत के लोग, भारत को एक '[सम्पूर्ण प्रभुत्व-संपन्न समाजवादी पंथनिरपेक्ष लोकतंत्रात्मक गणराज्य] बनाने के लिए, तथा उसके समस्त नागरिकों को:

> सामाजिक, आर्थिक और राजनैतिक न्याय, विचार, अभिव्यक्ति, विश्वास, धर्म

> > और उपासना की स्वतंत्रता, प्रतिष्ठा और अवसर की समता

प्राप्त कराने के लिए, तथा उन सब में, व्यक्ति की गरिमा और [राष्ट्र की एकता और अखण्डता] सुनिश्चित करने वाली बंधुता बढ़ाने के लिए दृढ़संकल्प होकर अपनी इस संविधान सभा में आज तारीख 26 नवम्बर, 1949 ई॰ को एतद्द्वारा इस संविधान को अंगीकृत, अधिनियमित और आत्मार्पित करते हैं।

- 1. संविधान (बयालीसवां संशोधन) अधिनियम, 1976 की धारा 2 द्वारा (3,1.1977) से "प्रभुत्व-संपन्न लोकतंत्रात्मक गणराज्य" के स्थान पर प्रतिस्थापित।
- 2. संविधान (बयालीसवां संशोधन) अधिनियम, 1976 की धारा 2 द्वारा (3.1.1977 से), "राष्ट्र की एकता" के स्थान पर प्रतिस्थापित।

भाग 4 क

मूल कर्त्तव्य

51 क. मूल कर्त्तव्य - भारत के प्रत्येक नागरिक का यह कर्त्तव्य होगा कि वह -

- (क) संविधान का पालन करे और उसके आदर्शों, संस्थाओं, राष्ट्रध्वज और राष्ट्रगान का आदर करे;
- (ख) स्वतंत्रता के लिए हमारे राष्ट्रीय आंदोलन को प्रेरित करने वाले उच्च आदर्शों को हृदय में संजोए रखे और उनका पालन करे;
- (ग) भारत की प्रभुता, एकता और अखंडता की रक्षा करे और उसे अक्षुण्ण रखे;
- (घ) देश की रक्षा करे और आहवान किए जाने पर राष्ट्र की सेवा करे;
- (ङ) भारत के सभी लोगों में समरसता और समान भ्रातृत्व की भावना का निर्माण करे जो धर्म, भाषा और प्रदेश या वर्ग पर आधारित सभी भेदभाव से परे हों, ऐसी प्रथाओं का त्याग करे जो स्त्रियों के सम्मान के विरुद्ध हैं;
- (च) हमारी सामासिक संस्कृति की गौरवशाली परंपरा का महत्त्व समझे और उसका परीक्षण करे;
- (छ) प्राकृतिक पर्यावरण की जिसके अंतर्गत वन, झील, नदी, और वन्य जीव हैं, रक्षा करे और उसका संवर्धन करे तथा प्राणिमात्र के प्रति दयाभाव रखे:
- (ज) वैज्ञानिक दृष्टिकोण, मानववाद और ज्ञानार्जन तथा सुधार की भावना का विकास करे;
- (झ) सार्वजनिक संपत्ति को सुरक्षित रखे और हिंसा से दूर रहे;
- (ञ) व्यक्तिगत और सामूहिक गतिविधियों के सभी क्षेत्रों में उत्कर्ष की ओर बढ़ने का सतत प्रयास करे जिससे राष्ट्र निरंतर बढ़ते हुए प्रयत्न और उपलब्धि की नई उंचाइयों को छू ले।

THE CONSTITUTION OF INDIA

PREAMBLE

WE, THE PEOPLE OF INDIA, having solemnly resolved to constitute India into a SOVEREIGN SOCIALIST SECULAR DEMOCRATIC REPUBLIC and to secure to all its citizens:

JUSTICE, social, economic and political;

LIBERTY of thought, expression, belief, faith and worship;

EQUALITY of status and of opportunity; and to promote among them all

FRATERNITY assuring the dignity of the individual and the ² [unity and integrity of the Nation];

IN OUR CONSTITUENT ASSEMBLY this twenty-sixth day of November, 1949, do **HEREBY TO OURSELVES THIS CONSTITUTION.**

- 1. Subs, by the Constitution (Forty-Second Amendment) Act. 1976, sec. 2, for "Sovereign Democratic Republic (w.e.f. 3.1.1977)
- 2. Subs, by the Constitution (Forty-Second Amendment) Act. 1976, sec. 2, for "unity of the Nation (w.e.f. 3.1.1977)

THE CONSTITUTION OF INDIA

Chapter IV A

Fundamental Duties

ARTICLE 51A

Fundamental Duties - It shall be the duty of every citizen of India-

- (a) to abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem;
- (b) to cherish and follow the noble ideals which inspired our national struggle for freedom;
- (c) to uphold and protect the sovereignty, unity and integrity of India;
- (d) to defend the country and render national service when called upon to do so;
- (e) To promote harmony and the spirit of common brotherhood amongst all the people of India transcending religious, linguistic and regional or sectional diversities; to renounce practices derogatory to the dignity of women;
- (f) to value and preserve the rich heritage of our composite culture;
- (g) to protect and improve the natural environment including forests, lakes, rivers, wild life and to have compassion for living creatures;
- (h) to develop the scientific temper, humanism and the spirit of inquiry and reform;
- (i) to safeguard public property and to abjure violence;
- (j) to strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavour and achievement.



	CONTENTS	
5	Chapter 1 Milk: Composition, Properties and Nutritional Role	1
	Chapter 2 Quality of Milk: Grading of Milk-Dye Detection Test, Platform Test, Sensory Evaluation, Milk and Public Health, Common Milk Borne Disease, Spoilage-Causes and Prevention, Adulterants and Their Detection	11
7-1	Chapter 3 Milk Reception Operations at Dairy Plant	31
	Chapter 4 Fluid Milk Varieties and Special Milks	38
	Chapter 5 Cream Separation	48
	Chapter 6 Clarification	55
O	Chapter 7 Milk Pasteurization	59



5	Chapter 8	
	Milk Homogenization	72
	Chapter 9	
	Sterilization	78
	Chapter 10 Cleaning and Sanitation of Dairy Equipments, Clean-in-Place (Cip)	89
		02
	Chapter 11 Effluent Treatment and Dairy Plant Waste Disposal	90
	Chapter 12 Dairy Utilities-Steam, Water, Refrigeration, Electricity	96
2	Chapter 13 Packaging – Packaging Materials and Specifications, Machines, Systems and Operational Aspects	102
	Chapter 14 Fluid Milk Processing Dispensing of Fluid Milk Through Bulk Vending, Bottles, Cartons and Pouches	116