

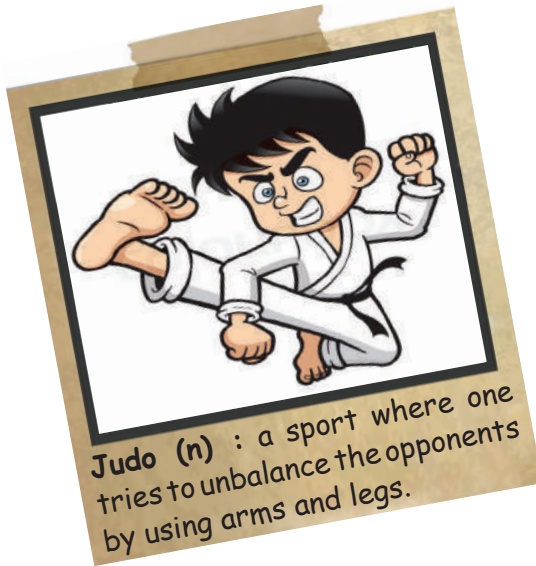
## 2

## Sports

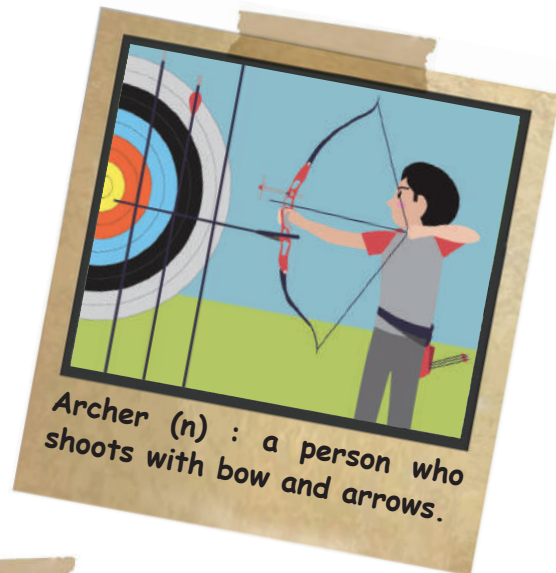
Karate makes me  
brave and bold.  
Would you like to  
learn it?



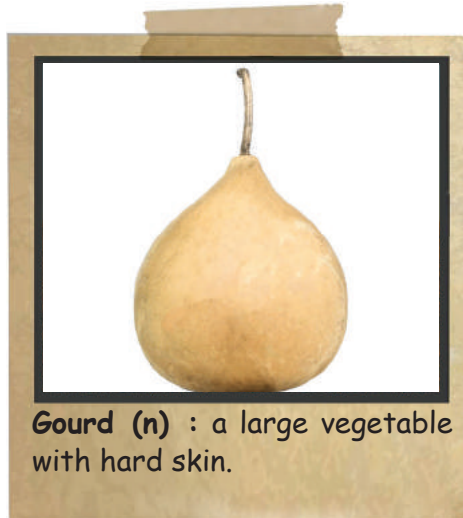
## MY LITTLE Pictionary



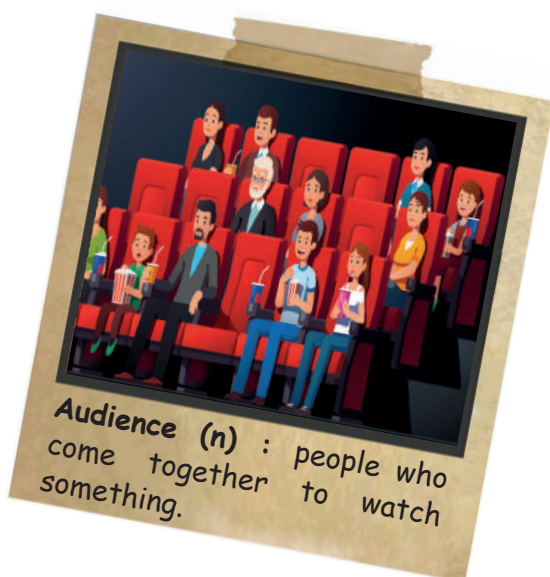
**Judo (n)** : a sport where one tries to unbalance the opponents by using arms and legs.



**Archer (n)** : a person who shoots with bow and arrows.



**Gourd (n)** : a large vegetable with hard skin.



**Audience (n)** : people who come together to watch something.



**Victory (n)** : winning an opponent.





## LET US LEARN

### The Strength in his Weakness

Akilan was an active and energetic boy. He liked sports as much as studies. They were like his eyes. How could he choose one over the other? He had a **passion** for sports. So he spent most of his evenings in the playground. He also remembered his father's words "Learn well, live well!". So, Akilan used to spend his mornings on studies. His physical education teacher was his **inspiration**. The teacher was good at Judo. His passion for learning Judo grew every day. He was afraid that his interest in Judo would upset his parents. Finally, one day, Akilan told his parents about his passion for Judo and also showed the medals he won in sports. His parents were astonished on seeing the medals and certificates that he won in school.



After a few months, in an accident, Akilan lost his left hand. That day onwards he did not go out of house often. He used to sit in a corner. His parents were keen to fulfil their son's passion. His father showed an advertisement of a Judo school that he came across in a newspaper. Akilan saw the advertisement, his passion for Judo energised him. He asked his father if he could join the school. His father with tears of joy, got him admitted in the Judo school. Akilan was very excited on his first day in Judo school. His master was the best Judo teacher in the town. His master trained him the basics before teaching the advanced skills.

Everyone **wondered** how a boy with one arm could master Judo. Akilan learnt and practised consistently for two years. He practised only a single stroke for two years. Akilan was surprised and annoyed as his master taught him only one stroke but, soon he mastered the stroke.

What can be the reason for the master to teach the boy only one stroke? Discuss.



No one could **excel** him in that stroke. To everyone's surprise, Akilan was picked by the master for "National Judo Competition". Everyone **ridiculed** Akilan and his master, as they were not sure how a boy with one hand could win a national competition! To everyone's surprise, Akilan easily defeated all his six contenders with his single stroke. Akilan reached the finals.





Akilan's heart was beating fast, and he could not believe that he was in the finals. The final match began, and it had six rounds. The opponent was very strong and defeated Akilan easily in the first two rounds. The referee blew his whistle then, Akilan's master rushed to him and said, "Believe yourself. The key to success is to focus on your strengths and not your weakness."

Akilan felt some new energy rushing through him. He did not want to lose this match. Akilan understood the hidden hint his master gave him. He had to focus on his single stroke and not on the strength of the opponent.

Bam! Bam! Bam! Bam! Four strokes and four knockouts. Akilan had won the finals. He was the champion!

Akilan thanked his master for training him and for believing in him. Soon, Akilan's curiosity took over, and he asked, "How did I win the competition with a single stroke?" His master told him, "My dear, you learnt the most difficult stroke in Judo that a very few can master. If your opponent wants to beat you, they should hold your left hand. This is the secret behind your victory!"



## Glossary

passion	strong emotion
inspiration	mentally stimulated to do something creative
wondered	to think with a feeling of surprise
excel	exceptionally good
ridiculed	teased



## LET US UNDERSTAND

### A. Choose the correct option.

1. His father wanted him to do well in \_\_\_\_\_.  
a. Cricket                      b. studies                      c. Kabbadi
2. Akilan's passion is to learn \_\_\_\_\_.  
a. Karate                      b. Judo                      c. Kalari
3. Master trained Akilan on a \_\_\_\_\_.  
a. two strokes                      b. many strokes                      c. single stroke
4. Akilan learnt Judo for \_\_\_\_\_.  
a. three years                      b. two years                      c. one year

### B. Name the character or speaker.

1. "Believe yourself."
2. "Learn well, live well!"
3. "How did I win the competition with a single stroke?"
4. "My dear, you learnt the most difficult stroke in Judo."

### C. Answer the following questions.

1. Who was Akilan's inspiration?
2. How did he lose his hand?
3. What was his master's advice?
4. Why did everyone ridicule the boy?
5. How did he win the match?



## LET US BUILD



As the father said, the words big and huge have similar meanings.

There are many words that have the same meaning. Let us see.

Example:



angry - furious



happy - joy



cut - chop



slim - thin

Read the sentences and write the word with same meanings for the underlined words.

small

sick

large

glad

stone

leap

I ate the big apple.



\_\_\_\_\_

This is a little dog.



\_\_\_\_\_

I threw a rock in the lake.



\_\_\_\_\_

I am so happy.



\_\_\_\_\_

Circle the differences between the following pictures.



In picture 1  
The sun is **happy**.  
The tree is **tall**.  
The pond is **full** of water.

In picture 2  
The sun is **sad**.  
The tree is **short**.  
The pond is **empty**.

The words that denote differences in the above pictures give the opposite meaning.

**Happy** is the opposite of **sad**.

**Tall** is the opposite of **short**.

**Full** is the opposite of **empty**.

Fill in the blanks with the correct opposites.

bright huge full bottom

Is this bottle  
empty?

No, it is \_\_\_\_\_.



Is this a small  
tree?

No, it is \_\_\_\_\_.



Is he standing on  
top?

No, he is at the  
\_\_\_\_\_.



Is this a dark room?

No, it is \_\_\_\_\_.







## LET US SING

### The Swimmer



She stands still and tall,  
She seems greater than all.

She dives like the fish  
To be like her, one can only wish.

She swims with perfect flight  
Her strokes like dancing light.

She breathes air,  
And rips across the water with flair  
Up ahead, the audience cheer,  
She knows that the finishing line is near

She picks up her pace,  
As she wants to win the race.

Straining with all her might,  
She never gives up the fight

As she reaches the wall,  
Her name as winner they call.

**Note to the teacher:** Sing the song with actions. Encourage children to listen and sing along with actions.

## Glossary

<b>strokes</b>	a particular style of moving the arms and legs in swimming.
<b>rips</b>	pull (something) quickly or forcibly
<b>cheer</b>	expressing good wishes
<b>flai</b>	ability / talent
<b>strain</b>	force
<b>give up</b>	surrender

A. Take out the correct rhyming pair from the poem and match with the given word.

1. tall



\_\_\_\_\_



2. light



\_\_\_\_\_



3. might



\_\_\_\_\_



B. Answer the following.

1. How did the girl seem?
2. How were her strokes?
3. Why did the audience cheer?
4. Why did she pick up her pace?
5. Did she give up the fight?



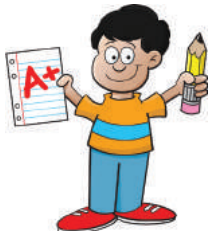


## LET US KNOW



Let us recall.

A conjunction is a word that joins two words or sentences.



He has a pencil \_\_\_\_\_ a paper. (and/or/but)

He has a ball \_\_\_\_\_ not a bat. (and/or/but)



Do you want apple \_\_\_\_\_ pear? (and/or/but)

Let us see some more connecting words.

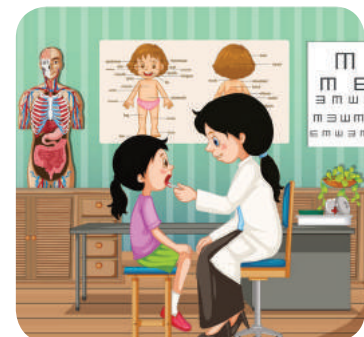
1. I can not go out **because** it is raining.
2. He missed the bus **because** he came late.
3. She did not buy the book **because** she had no money.

In the above sentences the word **because** is used to explain the **reason for the first event**.



1. Priya was sick **so** she consulted a doctor.
2. He came late **so** he missed the bus.
3. She had no money **so** she did not buy the book

In the above sentences, the word **so** is used to explain the **result of the first event**.









## LET US SPEAK

My name is Rosy.  
I am lost.

I came here with my parents  
for the car festival.

Thank you. But, my  
parents and teachers  
advised me not to go with  
any stranger.

Sorry. I am looking for  
a policeman or traffic  
police for my guidance.

If so, I will give my  
father's phone number.  
Please call him. But, I  
will not come with you.

Who are you ma? Why are  
you standing alone?

Why did you come  
here?

Oh! Come, I can help  
you find your parents.  
First, I will buy you  
something to eat.

That's good. But, I  
will not harm you.

Fine. Don't worry, I am  
also a policeman.

That's good. I will call your  
father.



**Note to the teacher:** Make the children practise these phrases and give them different scenarios to practise.



## LET US READ



9EPLM6

### Practice Makes a Man Perfect



Long ago, there lived an archer named Uthaman. During his time, the forests and animals filled the lands. He was a skilled archer and could perform wonderful feats of archery. He could hit the centre of the target precisely, no matter how far the target was. He was also a show off. He liked to show his skills for the crowds to admire.

One day, as usual, he was shooting arrows at the targets. The admirers watched in awe. At that time a man with a beard as white as snow, carrying oil gourds, joined the crowd and stood at the back. As Uthaman finished, the crowd clapped and cheered for him except the oil seller. He neither clapped nor cheered.

Suddenly with a deep and loud tone, he said, "It's just a matter of practice!" Uthaman got annoyed. The irritated Uthaman asked, "Are you an archer? Do you think anyone can do what I do?"

The old man said calmly, "No sir, I am not an archer. I don't doubt your skills. All I said was that, everything was a matter of practice." Uthaman was red in anger. "What do you know to pass such thoughtless comments on others? Who are you?"



"Sir, there is no reason to be angry. I am a simple oil seller. I am sure you must have guessed that by seeing my gourds. I fill these gourds with oil and sell them. Over the years, I have achieved some skill in filling the gourds. If you allow, I will show it to you." said the old man. Uthaman, in a mocking tone, said, "Hmm... Show us your skills."

Everyone was curious. They wanted to see what would happen next. The crowd inched closer to get a clear view of the oil seller. Unfazed by the crowd and by habit, the oil seller was calm.

He patiently placed an empty gourd on the ground. He then placed a small coin on the mouth of the gourd. The small coin made of copper had a small hole at its centre. The oil seller stood up, took some oil in his ladle and began to pour oil into the gourd. From the height he poured the oil, it went straight into the gourd through the hole in the coin. When the oil seller had finished filling the gourd, he lifted the coin. He showed people that the coin did not have any trace of oil.



The crowd was shocked to silence. Then, one person cheered and soon, the entire crowd burst into a loud cheer for the oil seller. The oil seller smiled and said, "As I told, there is nothing special about it. It's only a matter of practice."

Uthaman was just as surprised as the crowd. He smiled and said, "You have taught me something today. Thank you."



## LET US UNDERSTAND

### A. Choose the correct answer.

1. Uthaman was skilled in \_\_\_\_\_.  
a) painting                      b) archery                      c) dance
2. The old man was carrying \_\_\_\_\_.  
a) gourds of oil                      b) gourds of milk                      c) gourds of water
3. The old man is \_\_\_\_\_.  
a) a vegetable vender                      b) an oil seller                      c) a merchant
4. The old man put \_\_\_\_\_ on the mouth of the gourd.  
a) a piece of paper                      b) a small coin                      c) a small stick

### B. Answer the following questions.

1. What did the archer want to show to the crowd?

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2. Why did Uthaman become angry with the old man?

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3. What did the oil seller perform?

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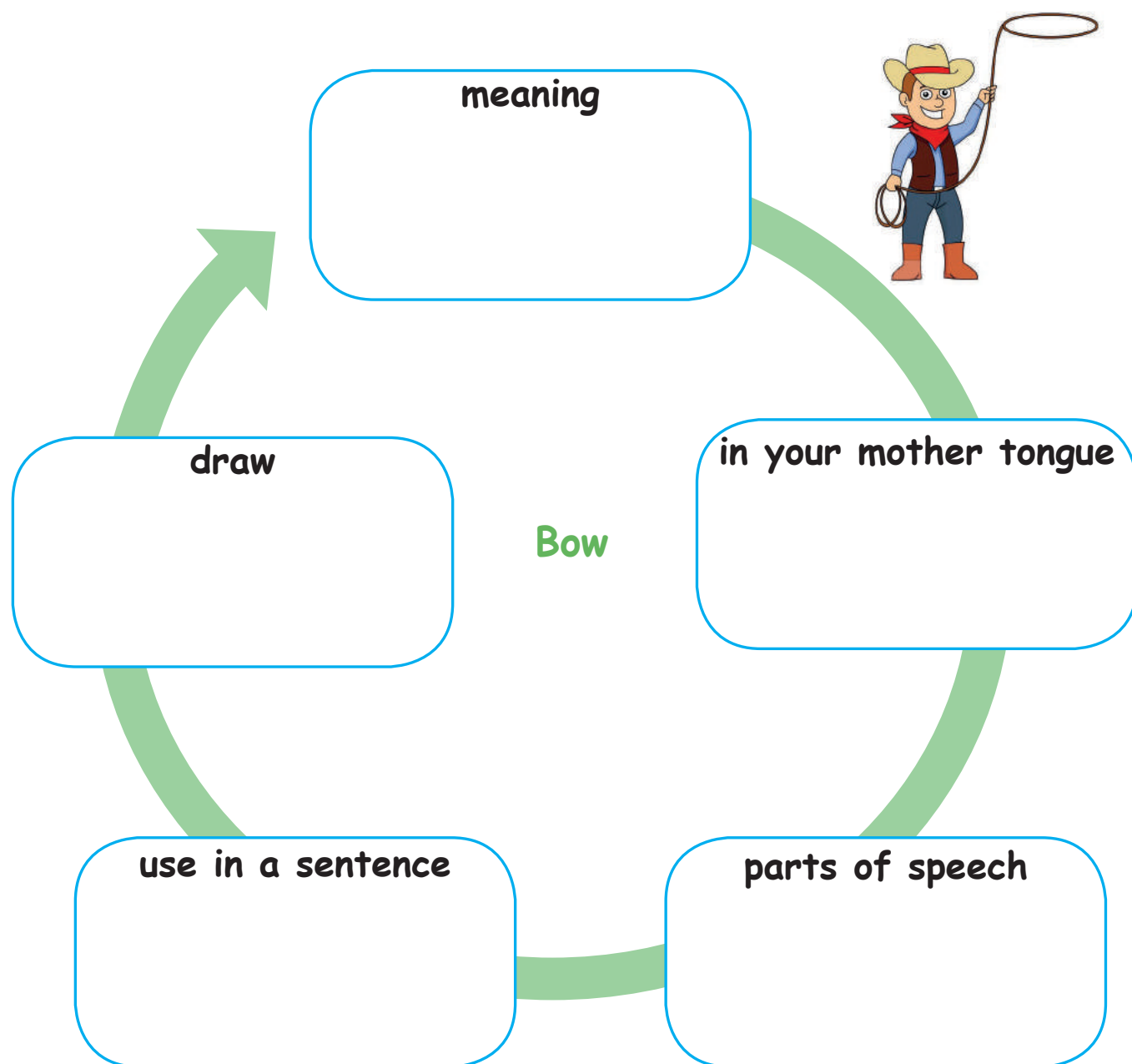
4. What was the lesson learnt by Uthaman?

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### C. Try your own.



### D. Speak and win.

Join in any group. Pick and support any one of the characters. Say some sentences **for** the one you support and say some sentences **against** the another one to win.



I support the archer

.....

I support the old man

.....





## LET US READ ALOUD



Martin

Read the passage three times and colour a trophy for each time.

We had our annual sports day on the 15th of this month. It was fun. They decorated the school and the playground. There was the march past. The headmaster started the event. There were races, jumps and other events. Martin and I took part in 100 and 200 meters race. In 100 meters race, I came first. I got a gold medal. My friend Ravi got first in 200 meters. The girls team won the relay race. In the long jump, Rubesh won the first prize. He is in the sixth grade. Yasmin was the champion of the year. The events ended with giving away the prizes.



Yasmin



Rubesh



Ravi

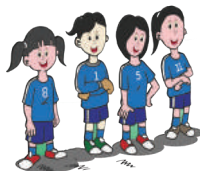
A. Tick (✓) the champion of the year.



B. Write the events won by these players.



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



## LET US WRITE

### Individual photo identity form for District level sports meet - 20 - 20 (For individual sports only)

Sport/Game		Paste your photo to be attested by the head master
Age group	Under 11/14/16 Boys/Girls	
Name of the student		
Standard and section		
Father's Name		
EMIS Number		
Date of birth (DD/MM/YYYY)		
Name of the school with address		
Residential address with contact number		
Name of the zone		
Name of the Educational district		
Name of the revenue district		
Name of the division		
Identification marks	1. 2.	
Signature of the student		

It is certified that the particulars furnished above have been verified with reference to the information registered in the school record and found correct.

P.E.T

Head Master

**Note to the teacher:** Give the same kind of application form for participating in state level open meet and add it to their Portfolio.

# I Can Do

A. Answer the following.



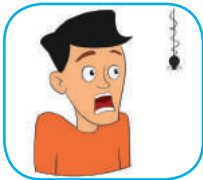
Name of the object

In your mother tongue

Use in a sentence

B. Write the words with same meaning for the following pictures.

fast afraid train



fear



practise



speed

C. Write the opposites for the following pictures.

fix young near



old



break



far

D. Recite the poem 'The Swimmer'.

E. Match the correct rhyming words.

nature - herd

bird - race

face - creature

F. Complete the sentences using connecting words.

because so

1. I worked hard \_\_\_\_\_ I got promotion.

2. I was late \_\_\_\_\_ there was a heavy traffic.

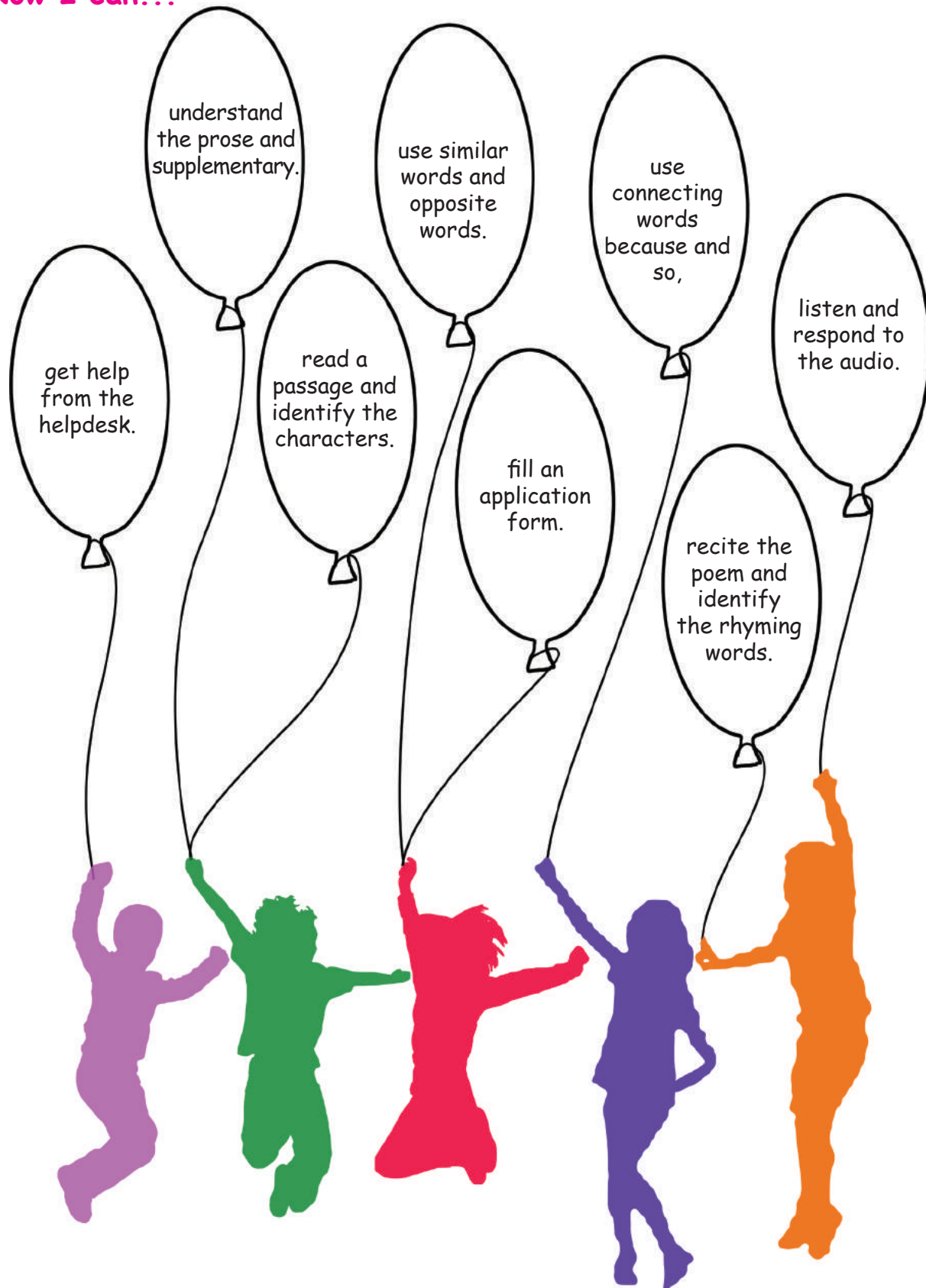
3. I missed the bus \_\_\_\_\_ I took a taxi.





## Learning Outcome

Now I can...



**Note to the teacher:** Ask children to colour the balloon when they achieve the learning outcome.



## English – Standard Five, Term - II

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