



VISIONIAS
INSPIRING INNOVATION
ABHYAAS MAINS

**निबंध
ESSAY**

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड / Test Code : 2488

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 0548353

अभ्यर्थी का नाम/Name of Student : Annapurna Singh

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

English

तारीख
Date

25.08.23

**निबंध
ESSAY**

केंद्र
Centre

St. Joseph's High
School, Patna

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	महत्वपूर्ण अनुदेश	Important Instructions
	उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।	Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.
1	(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें। (ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।	(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates. (b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet
2	अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।	Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.
3	परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।	Do not make any direct/indirect appeal/threat to the examiner.
4	उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।	Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.
5	उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।	Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.
6	प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।	Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.
7	प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।	Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.
8	यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।	If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.



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निबंध

निर्धारित समय: तीन घंटे

टेस्ट कोड : 2488

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प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हो :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each :

125 x 2 = 250

उम्मीदवारों को
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नहीं लिखना
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this margin

खण्ड – A / SECTION – A

1. टूटे हुए बयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
It is easier to build strong children than to repair broken men.
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।
A mind all logic is like a knife all blade, it makes the hand bleed that uses it.
3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।
Just when the caterpillar thought the world was over, it became a butterfly.
4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।
History is a cyclic poem written by time upon the memories of man.

खण्ड – B / SECTION – B

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

खण्ड - A / SECTION - A

1. टूटे हुए वयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
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History is a cyclic poem written by time upon the memories of man.

3. Just when the caterpillar
thought the world was over, it became
a butterfly.

Nature has given us all the tools,
"survival of the fittest" guides the
rules.

It gives us the power, it gives us the
pain,
It also teaches us, how to dance in
the rain.

No matter how difficult, under all
conditions one must try,

'Coz just when it feels like its over,
that's when the caterpillar becomes
a BUTTERFLY

The above lines show us how nature teaches us the importance of believing in ourselves & not giving up.

In the subsequent parts of this essay, we shall discuss how this caterpillar finds personification in different forms of our world, why does the impending apocalyptic thought bothers ^{it} him & how finally, it becomes a BUTTERFLY. Let us start.

"Knock, knock!" "who is there?"
"Hi, I am the caterpillar."

Here, we start by meeting our distressed protagonist. The caterpillar as a character can be compared to various things.

For starters, it can be as huge as a nation. At the inception stage, any country is as vulnerable as the caterpillar. Be it the USA in

the 1780s or India in the 1950s.

It also can be as abstract as an idea. The concept here is the very transient nature of ideas is that it comes & goes. Unless its entertained & worked upon, it can't become the butterfly it is supposed to be. The ideas of Heliocentricism (Galileo), gravity (Newton) were all just caterpillars at one point.

Apart from this, if we look around, from a small kid trying to ride a bicycle to a changemaker NGO trying to create a difference, these are all different types of caterpillars.

But the question that stands is why would the caterpillar, at the first place think of an ending world?

WHY THE THOUGHT?

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नहीं लिखना
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It may be because of pessimism.
Sometimes people (caterpillars) fail to
'Keep their face to the sunshine'.

The caterpillar's pessimism of an
ending world is also a picture
sometimes deliberately painted by
media houses for TRP & Yellow
journalism.

Secondly, the thought may also
be an outcome of Impatience. When
the caterpillar fails to see instant
gratification, it starts to think that
the world is over. This is very
beautifully captured in the following:

"TODAY is brutal,
TOMORROW is even more brutal
but, DAY AFTER tomorrow is beautiful!
The tragedy is that most people
give up TODAY."

Another theory behind this
thought could be the social cond-

-itioning. It may be so that the caterpillar was made to think that the world is over by social constructs. fake news, Ecochambers or the ideal narrative set by social media are the human world parallels of this. covid-19 pandemic saw an extreme surge in such 'world is over' theories.

Now that we have identified the root cause of such negative thoughts of the caterpillar, let's now see how is that it metamorphosed into the butterfly?

THE TRANSFORMATION

One might argue that it was the caterpillar's destiny to become the butterfly & that's what happened. In hindu philosophy, we call it NIYATI VAAD.

But another argument is that

the caterpillar persevered. It ^{refused} ~~failed~~ to be bogged down by unpleasant thoughts. Here, optimism with a dash of hardwork helps the transformation.

History itself is replete with such examples. Our Indian freedom struggle were marred by several midway failures & monstrous colonial atrocities. But we rose at the stroke of midnight hour & wrote our TRYST with destiny. We became a butterfly flying towards a \$5 Trillion Amritkaal.

Another case in point of perseverance & indomitable will leading to becoming a butterfly is of men & women fighting for Gender Equality. From Raja Ram Mohan Ray to Rosa Parks, from Shayra Bano filing a PIL for gender justice to women now serving in the permanent commission, these

are examples of caterpillars that inspired several others also to become Butterflies.

Pass apart from this, patience too is the key factor. Time's output of a rock is a diamond. It is crucial to have the will & work hard to transform, but one must also learn to wait for the 'nature never rushes'. It takes its own time.

To this, Paulo Coelho in his book, the Alchemist writes that the universe falls in love with a stubborn heart. But to add to this stubbornness, one must also have faith in the process.

Probably what led Mrs. Malvika to transform Cafe Coffee Day, neck deep into debt ~~leader~~ after her husband's suicide. A

stubbornness to succeed, patience to wait & faith in self. Also probably what keeps hundreds of thousands of UPSC aspirants moving amidst the uncertainty of results.

Now, having understood the entire lifecycle of becoming the butterfly amidst the looming chaos, with fortitude & positivity, let's try to figure how can this be made the norm & what should one do after becoming the butterfly.

WHAT'S NEXT ?

Firstly, to ensure that several such caterpillars become the butterflies, in human parlance, we must inspire them to leave the cocoon. Motivation, to sustain for long must come internally. It is crucial to make our children aspire for big dreams. Rightly so

said, "A ship in the harbour is safe but that's not what ships are there for".

For this NEP 2020 is a remarkable step. It ensures learning at own pace & doesn't compare Elephants & fishes with caterpillars. It ensures overcoming the fake narrative of ideal, what we talked about initially leading to the ~~the~~ thought of ending world.

Additionally, small startups, & MSMEs also grow out to be butterflies for Economies when they receive the right nudge & a good mentorship. Falguni Patnak becoming 'Nayikka' of the unicorn industry is a case in point.

Lastly, family, friends & society are crucial stakeholders.

too. It is crucial to motivate the caterpillars to have self believe rather than putting them down. It reminds of a conversation of a baby caterpillar with its mother :-

"Mother, I am scared. what if I fall?"

"Oh, I understand but darling,

WHAT IF YOU FLY?". the mother

replied. It is this motivation that has power to domino a positive change.

Now, having mentioned the positive change, I come to the final segment & probably the ^{while} most important segment. It is crucial to toil & become the butterfly, it is even more crucial to work harder after that.

Becoming a butterfly is only the first step of bringing a change. As is said, with great

powers, comes great responsibility?
one must stay ethical & grounded
even after reaching ones desir-
able aim & use the position to
beautify the world, just as the
butterfly does. As Waseem Barelvi
writes "Zinda ho, toh zinda
nazar aana zaroori hai". [You
must appear alive too, if you are
alive.]

Hence, to sum up, its crucial
to overcome our fears, work in
the direction of our dreams with
courage, discipline & hardwork and
ensure a lasting change for self
and for others.

Now that we have the solution
we must all strive
from a scared caterpillar, to a confident
butterfly, in the sky it took a divine

