

Question type	Number of questions	Marks
MCQ – 1 Mark	20	20
SA – 2 Marks	12	24
LA- 4 Marks	10	40
ET – 6Marks	04	24
Practical Questions – 5 Marks	03	15
Total		123

Chapter/ Content domain/ Unit/ Theme	No. of HOURS	Marks	Remember				Understand				Apply				HOTS			
			MCQ	SA	LA	ET	MCQ	SA	LA	ET	MCQ	SA	LA	ET	MCQ	SA	LA	ET
Intelligence	15	16	1	2		6	1		4							2		
Personality	15	16	1			6	1	2			1		4		1			
Challenges of Adjustment	10	10	1	2	4		1					2						
Psychological Disorders	15	14	1		4		1	2	4			2						
Therapeutic Approaches	10	10	1	2			1	2	4									
Psychology its Social Relevance	18	20	1	2	4		1		4	6	1				1			
Psychology and Life	07	09	1	2	4			2										
Nurturing Psychological Skills	12	13	1		4	6	1				1							
Practical Experiments	18	15				5								5				5
Total	120	123	08	10	20	18	07	08	16	11	03	04	04	05	02	02		123
						56				42			16				09	123

45%
35%
13%
07%
Note:

- 1) MCQ – Multiple choice question
- 2) SA – Short answer
- 3) LA – long answer
- 4) ET – Essay Type

a)ಪೂರ್ವಾಗ್ರಹ

2)ಯೋಗ

b)ಪರಿಸರಪ್ರೇಮಿವರ್ತನೆ

3)C#P ಹಾಗೂಆತುರದನಿರ್ಣಯ

c)ಈ.ಜಿವಿಲಿಯಂಸನ್

4)ಗಿಡಗಳನ್ನುನೆಡುವುದು

d)ಹ್ಯಾನ್ಸೆಲಿ

5)ನಿರ್ದೇಶಿತ ಆಪ್ತಸಲಹೆ

e)ದೈವದೊಂದಿಗೆಮಿಲನ

f) ,ÁªíÁfP P¼P½ ªvðE

IV.ಕೆಳಗಿನಪ್ರಶ್ನೆಗಳಿಗೆಒಂದುಪದಅಥವಾಒಂದುವಾಕ್ಯದಲ್ಲಿಉತ್ತರಿಸಿ

(5X1=5)

12.ಎಂಎಂಪಿಐಅನ್ನುವಿಸ್ತರಿಸಬರೆಯಿರಿ

13.»ElqJAZgÄE?

14.ವಿವೇಕಯುತಭಾವನಾತ್ಮಕಚಿಕಿತ್ಸೆಯನ್ನುರೂಪಿಸಿದವರುಯಾರು?

15.ªzÄð²v G¥¨ÆÄZAiÄ ¥ªÄZPAiiÁgÄ?

16.ಕೌಶಲಎಂದರೇನು?

ಭಾಗ- ಬಿ

V.ಕೆಳಗಿನಯಾವುದಾದರೂಏಳುಪ್ರಶ್ನೆಗಳಿಗೆಪ್ರತಿಯೊಂದಕ್ಕೂ 2-3 ವಾಕ್ಯಗಳಲ್ಲಿಉತ್ತರಿಸಿ

(7X2=14)

17) ಸಾಮೂಹಿಕಬುದ್ಧಿಶಕ್ತಿಪರೀಕ್ಷೆಗಳುಎಂದರೇನು? ಉದಾಹರಣೆನೀಡಿ.

18) ಹತ್ತುವರ್ಷದಬಾಲಕಿಯಮಾನಸಿಕವಯಸ್ಸು 12 ಆದರೆಆಕೆಯಬುದ್ಧಾಂಕಎಷ್ಟು? ಕಂಡುಹಿಡಿರಿ.

19)ಬಹಿರ್ಮುಖಿಎಂದರೆಯಾರು?

20)ಜೀವನಕೌಶಲಗಳುಎಂದರೇನು?

21)ಸಾಮಾಜಿಕಬೆಂಬಲದಮೂರುವಿಧಗಳನ್ನುಹೆಸರಿಸಿ.

22)ಆಘಾತಕಾರಿಘಟನೋತ್ತರವರ್ತನಾವೈಪರೀತ್ಯದಬಗ್ಗೆತಿಳಿಸಿ.

23)ವಿಘಟನಾಸಮಸ್ಯೆಗಳುಎಂದರೇನು?

24) ಪ್ರಾಣಾಯಾಮಅರ್ಥವನ್ನುಬರೆಯಿರಿ.

25) ¥!«±ÅµuAiÄ §Uí ¢ªÄC©¥ÄÄÄ §g¬Äj.

26) ಏಕರೂಪಕಗಳುಎಂದರೇನು?

27)ಪ್ರಕೃತಿವಿಕೋಪಗಳುಯಾವುವು?

28)UÄÄ |E JgqÄPÄAiÄðZ |ÄªnPÄiÄÄÄ w½¹.

45) ವಿವಿಧ ರಾಷ್ಟ್ರಗಳ ನಡುವಿನ ಏಕರೂಪಕಗಳನ್ನು ಅಧ್ಯಯನ ಮಾಡಲು ನೀವು ಅನುಸರಿಸಿದ ಯೋಜನೆ ಮತ್ತು ಪ್ರಯೋಗದ ವಿಧಾನವನ್ನು ಬರೆಯಿರಿ.

Model Question Paper

PSYCHOLOGY (32)

Time: 3hrs 15min

II PUC

Max.

Marks: 80

Part.A

I. Choose the correct answer.

(5X1=5)

1. IQ of a Genius is -----.

- a)80-90 b)90-109 c)110-119 d)130 and above

2. Thematic Apperception test was developed by-----.

- a)Rorschach b)Murray and Morgan c)Ebbinghaus d) Hathway and Mckinley

3.----- is a response of the individual to the circumstances and events that threaten his or her coping abilities.

- a)Stress b)Conflict c)Frustration d)Pressure

4. Following the orders from the authority figures-----.

- a)Disset b)Obedience c)Interpretation d) Social distance

5. People are displaced due to earthquake in the Turkey and today they are suffering from psychological problem which are the fallowing psychology will help to overcome this problem.

- a) Environmental Psychologist b) Psychiatrist c) Counseling Psychologist d) Social Psychologist

II. Fill in the blanks with appropriate given.

(5X1=5)

(Autisum,Family,Crowd, Group test, TAT, ODD)

6. Intelligence tests administered to several people at a time -----.

7. ----- is a Projective test.

8. Pervasive developmental disorder seen in children-----.

9. Example for primary group-----.

10. Collection of people who may be present at a place by chance -----.

III. Match the Following

(5X1=5)

11. **A**

B

1)GAS

a)Prejudices

2)Yoga

b)Pro-environmental behaviour

3)Negative prejudgment

c)Williamson

4)Planting Trees

d)Hans Selye

5)Directive Counselling

e) Union with divine

f) Prosocial behavior

IV. Answer the following questions in a word or a sentence.

(5X1=5)

12. Expand the term M.M.P.I.

- 13.What is regression?
- 14.Who developed Rational emotive therapy?
- 15.Who is the proponent of directed counseling?
- 16.What is a Skill?

Part.B

V.Answer any Seven questions in 2-3sentences each.

(7X2=14)

- 17) What are Group intelligence tests? Give example
- 18) If a 10-year-old girl has a mental age of 12.What is her IQ? Compute.
- 19)Who is an Extrovert?
- 20)What are Life skills?
- 21)Name the three types of Social Support .
- 22)Write a note on Post Traumatic stress disorder.
- 23)What are Dissociative disorders?
- 24) Write the meaning of the term Pranayama.
- 25) Write your opinion about dream analysis.
- 26) What are Stereotypes?
- 27) What are the Natural Disasters?
- 28) State two functions of group.

Part.C

VI.Answer any Six of the following questions in 10-12 sentences each.

(6X4=24)

- 29)Explain Triarchic theory of Intelligence.
- 30)Discuss Carl Jung's classification of Personality.
- 31)Write a note on Frustration.
- 32)Explain Eating disorders.
- 33) How to control suicide.
- 34) Analyse Existential therapy.
- 35)Discuss the concept of balance in change of attitude.
- 36)Why do people join groups?Describe.
- 37) How to develop Pro-environmental behaviour.
- 38)Expalain Group therapy.

Part.D

VII.Answer any Two of the following questions in 20-25 sentences each.

(2X6=12)

- 39)Expalin APA classification of mental retardation.
- 40)AnalyseRosarch Ink blot test.
- 41)What are Prejudices? Explain the strategies to handle Prejudices..
- 42)Explain the steps followed in Directive Counselling.

Part.E
(Practical Part)

VIII. Answer any Two of the following.

(2X5=10)

43. Write the plan and procedure that you have followed to assess the general mental ability of the subject using Jalota General mental ability test.
- 44) Write the plan and procedure that you have followed to determine the social structure and social relation by Sociometric method.
- 45) Write the plan and procedure that you have followed to study the stereotypes of Indians towards few national groups.