

9. Have a Cup of Nice Tea



Do you know what Assam is famous for ? Yes it is famous for tea. Name some other places where tea is grown.



Tea is an evergreen shrub. The fermented, dried leaves are infused to make a beverage of the same name. It was seen in China as early as 2737 B.C. Later in 1823 it was found growing wild in North India. It grows to a height of 12" to 40". The young shoots and leaves are picked every 5 years. Once plucked, the young leaves are spread out for 4-15 hours. They are then broken up and dried and graded.

I am a tea shrub from the gardens of Kerala. I am 3 years old. My friends say I am very delicate, innocent, alert, always happy and beautiful. My height is 36" (approx). My parents told me that our relatives are present all over the world. Even though people all over the world make tea but the best manner of preparing tea is a subject of violent dispute.

How do you prepare tea ?



When I go through the cookery books for a perfect cup of tea, I find many ways of making it. Here are my own rules which I have deduced from the discussions with the elders of our family about tea and its preparation.

First of all, one should use Indian or Ceylonese tea. Now a days it is economical and one can drink it without milk but there is not much stimulation in it. Anyone who uses the comforting phrase "a cup of nice tea", means Indian tea.

Secondly, tea should be made strong. One cup of strong tea is better than twenty weak ones.

Thirdly, the tea should be taken in small quantites.

Fourthly, tea should be served hot. One should take the tea cups to the kettle and not the other way.'

Fifthly, after making tea, one should stir it, or better give the pot a good shake and allow the leaves to settle.

Lastly, one should drink out of a cylindrical cup.

Hope the next time you try to make tea, you would follow these golden rules.

- Writers' Group

Word Meanings

shrub	low bush (smaller than tree) with several woody stems 'Jhadi'
infused	to put in hot water so as to give the liquid the taste of substance.
beverage	a hot or cold liquid for drinking (not water or medicine)
alert	quick to see and act
dispute	disagreement
deduced	to reach to facts by reasoning
stimulation	power to make one active
cylindrical	shape of cylinder
settle	bring to rest

Reading Comprehension

1. Answer the following questions.

1. Who is 'I' in the lesson ?
2. How is the beverage (tea) made ?
3. The phrase 'A Cup of Nice Tea' is generally used for which tea ?
4. What is the subject of violent dispute ?

2. Tick the correct answer.

1. The lesson is in the form of an autobiography because it is about :
 - a. the tea .
 - b. the shrub that talks about itself.
 - c. the place.
 - d. the country.
2. The beverage (tea) is made from :
 - a. young shoots or leaves
 - b. young roots
 - c. the fruits
 - d. the seeds

3. Complete the flow chart to show how you make tea :

Arrange the phrases in the box.

1. Put the bowl on stove.

2. Take a bowl with some water in it.

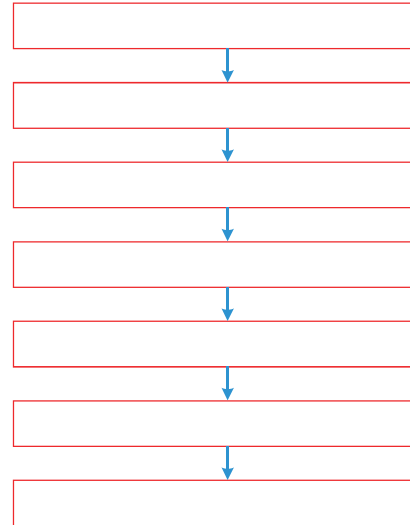
3. Add tea leaves.

4. Add Sugar.

5. Add milk.

6. Filter in a cup.

7. Leave the mixture to boil.



4. Imagine yourself as the tea shrub given in the passage and fill the bio-data:

Bio-Data

Name

Address

Age

Weight

Characteristics

.....

.....

.....

Your views about the beverage (tea):

1.

2.

3.

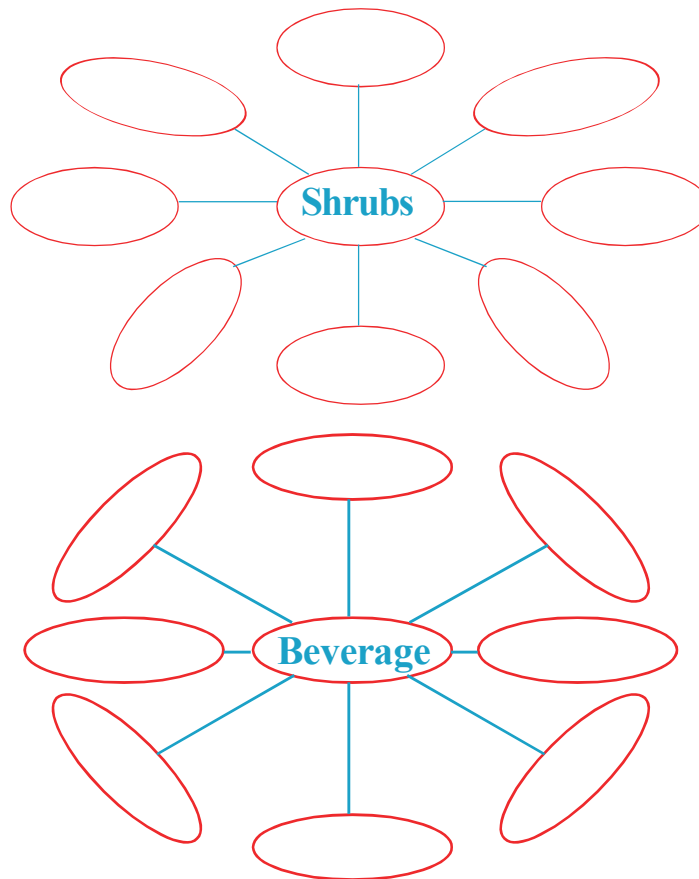
4.

5.

6.

Vocabulary

1. Complete the following webs by adding more words.



2. Read the riddles and try to find out the correct words.

- (i) I am a five letter word
I am shorter than a tree
I have 'rub' in me
I rhyme with tub
What word am I ?

- (ii) I am a seven letter word.
I rhyme with follow.
I mean 'not deep'
I end with-low
What word am I ?

(iii) I am an eleven letter word

My suffix is ... 'tion'

I start with 'sti'....

I have 'the power to make one active'

What word am I ?

(iv) I mean 'bring to rest'

I am a six letter word.

I start with 'set'

What word am I ?

Grammar

Given below are some clues in the block. Use these clues to frame sentences. Use who for persons, where for places and which/that for things.

Example:

cobbler	:	mends shoes.
hospital	:	ill or wounded people are treated
pen-stand	:	used for keeping pens

1. A person who mends shoes is a cobbler.
2. A place where ill or wounded people are treated is a hospital.
3. A thing or container which is used to keep pens is a pen-stand.

carpenter - makes and repairs wooden objects.

water bottle - used for carrying drinking water.

cinema hall - films are shown

post-office - stamps are bought, letters and parcels are sent

tiffin-box - used for keeping light meal. (snacks)

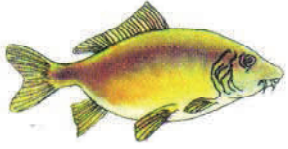



police-station - a local office of police in a town or city where complaints can be made.



- bus-stand - buses stop for passengers to get in or out.
- bag - used for keeping things.
- doctor - trained to treat people while they are ill.
- cup - used to drink tea, coffee, milk etc.

Writing

Given are some pictures. Write an autobiography imagining yourself to be one in the picture and write a small paragraph using the clues given in the box. The first is done for you.

1.		<p>Clues : fins, can swim, gills, breathe, through, gives, different colours, sometimes, scales too.</p>
	FISH	<p>I am a fish. I have fins and can swim. I have a tail. I breathe through my gills. I have scales too. I have different colours on my body.</p>
2.		<p>hard shells, eight legs, two claws, move side ways, not straight, catch food with claws.</p>
	CRAB	
3.		<p>eight tentacles, catch food, rounded body, soft, smaller creatures for food.</p>
	OCTOPUS	
4.		<p>biggest and most powerful fish, lives in sea, can eat human beings.</p>
	SHARK	

Activity

A. Listen to your teacher carefully and complete the table given below.

See Appendix I Lesson 9.

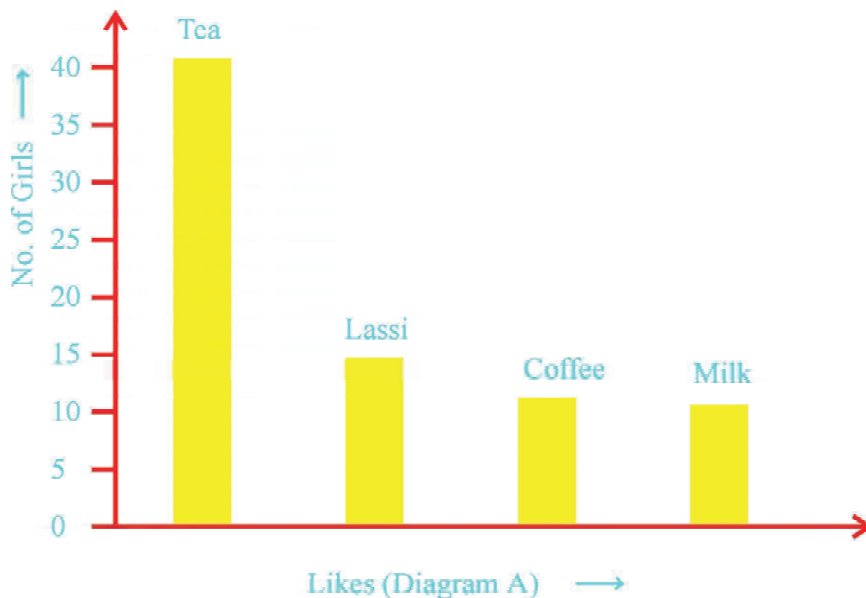
1. Fill in the table :

	Students	Girls	Boys
Tea			
Milk			
Coffee			
Lassi			
Total			

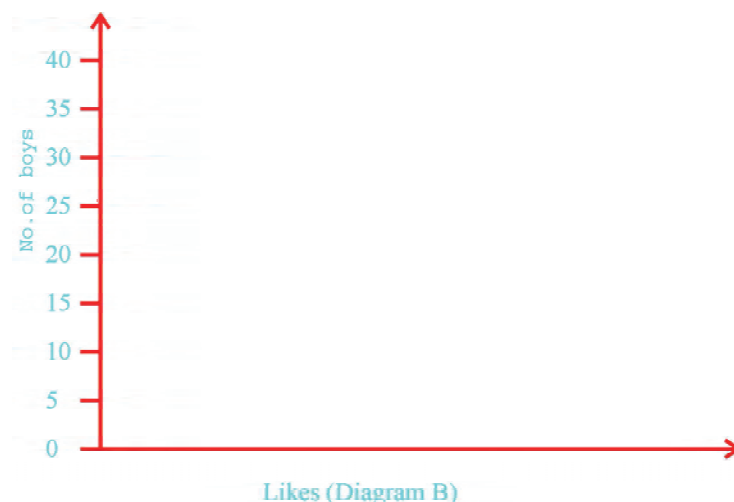
How many girls are there in the class ?

How many boys are there in the class ?

2.



Given above is diagram (A) showing the girls and their likes. Using the information in the table of activity 1, complete the bar diagram (B) as shown in 'A'.



B. Say what you would like to be when you grow up (a doctor, a teacher, an actor, a singer etc.) Why ? (give 2 reasons). First, make a rough draft.

Rough draft :

Teacher at a nursery school

reasons

1. Love children
2. Like to teach, play with them

Completed example :

I would like to be a teacher in a nursery school because I love children and I like to teach and play with them.

Project

Like tea, many other leaves are used in some way or the other in our daily life. Collect at least one leaf/shrub of some plants that are used raw (uncooked).

