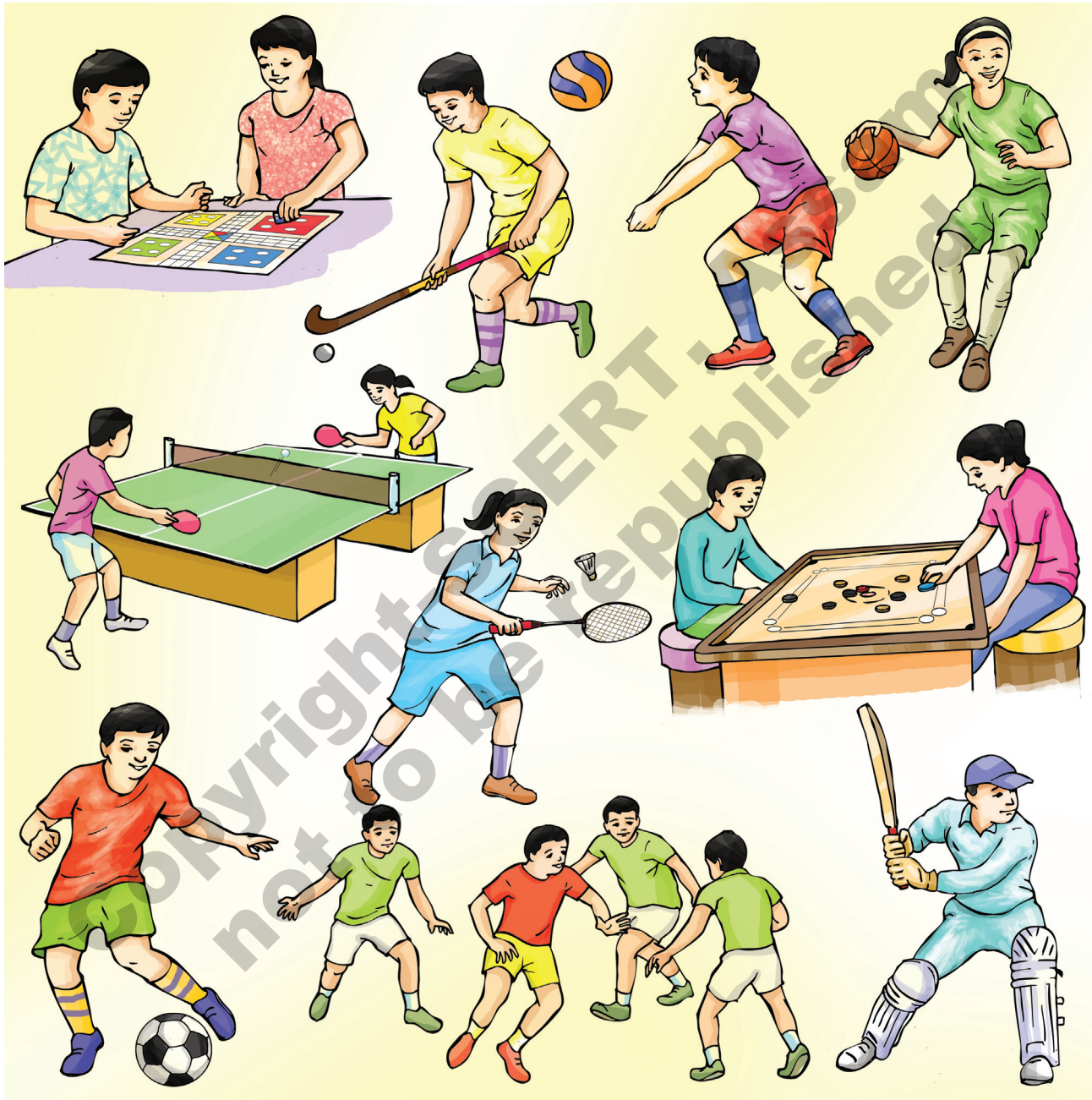


Lesson 7

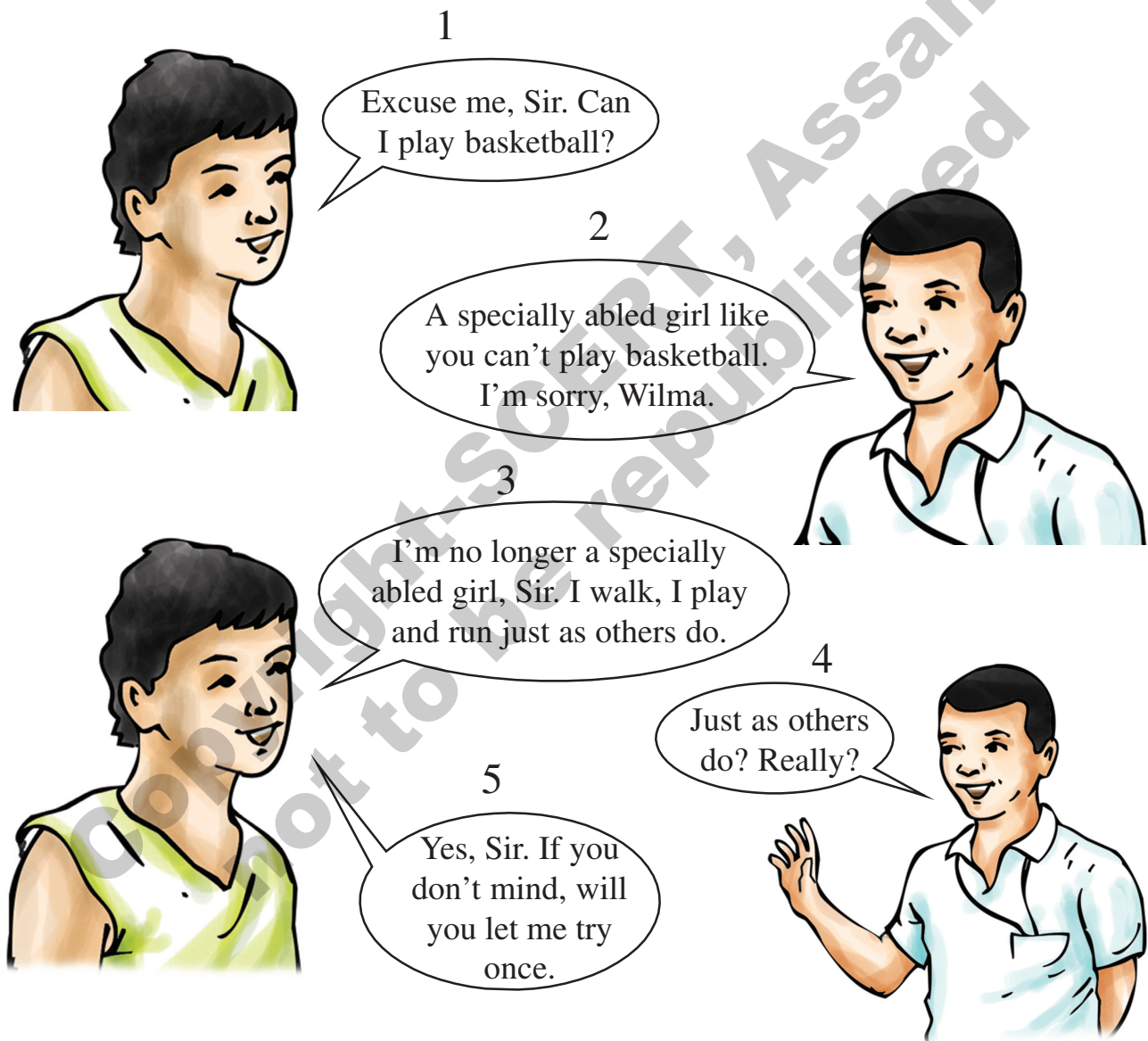
Never Say 'I can't!'



Which of these games do you like to play?
With whom do you play games?

Let's read:

Wilma Rudolph was a girl of strong will. The little girl had polio at the age of four. She lost the use of her left leg. Though she was a sickly child, she always dreamt of doing something great. One day she went to the coach of the basketball team of her school.



The coach was impressed by her keenness. He allowed her to play basketball and finally, she became a member of the school team.

Wilma Rudolph did not play only basketball. Let's read and find what other games she played:

- Wilma Rudolph was the first American woman to win three gold medals in the track and field competitions in the 1960 Olympic games.
- She won gold medals in the 100 metre dash, 200 metre dash and the 400 metre relay.

ACTIVITIES

1. Let's see how much we have understood:

- a) What happened to Wilma at the age of four?
- b) What did Wilma always dream of?
- c) What impressed the coach?
- d) Which game was Wilma allowed to play?

2. Read the sentences and circle the describing words:

- a) Wilma was a sickly child.
- b) Wilma had a healthy mind.

3. Read as fast as you can:



4. a) Read the words in the football. Some of these words tell us about Wilma Rudolph. Choose and write the words below the picture of Wilma Rudolph:



4. b) Now, write a few sentences about Wilma Rudolph using the words.

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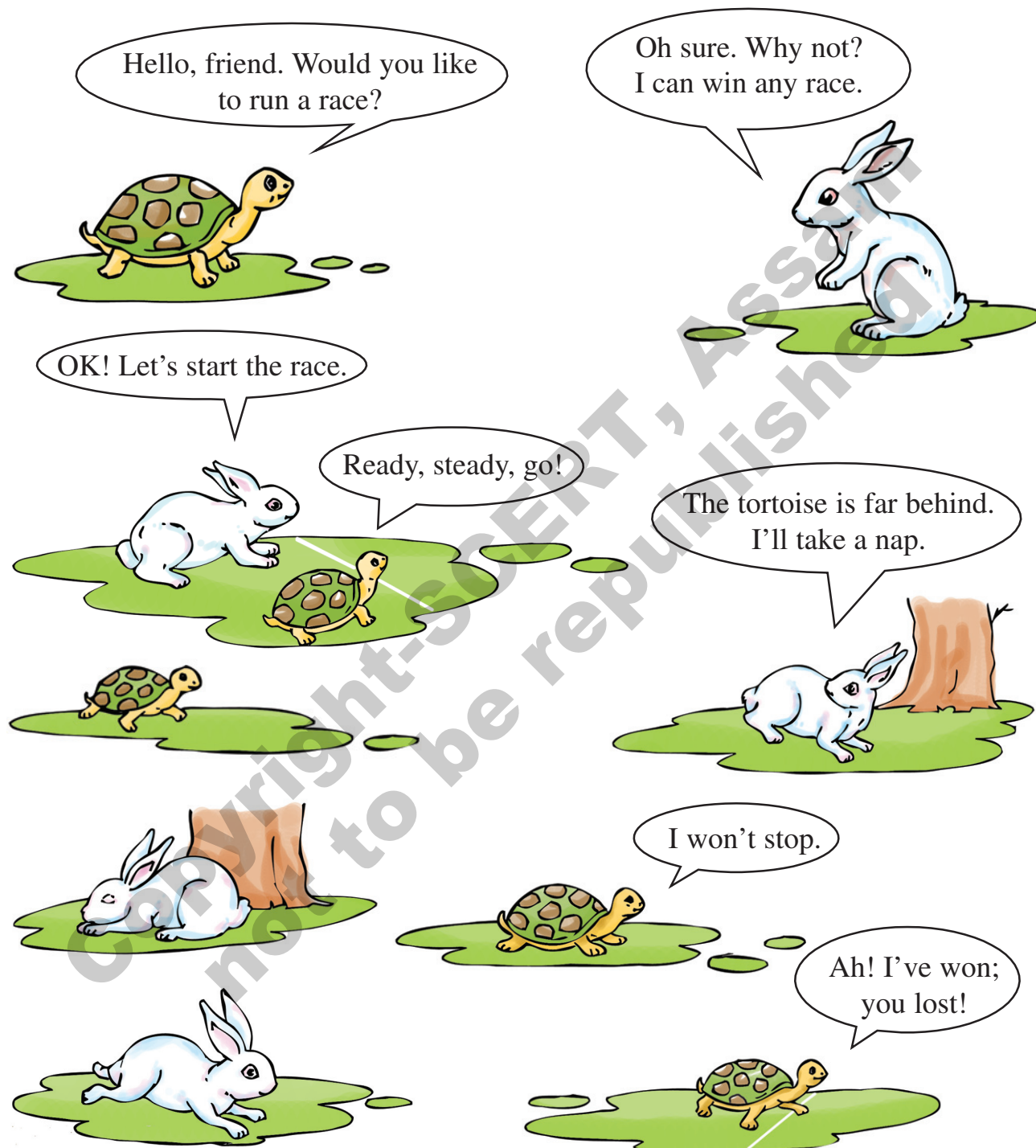
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5. Read the text again. Now, choose the correct word from the brackets to complete the sentences:

- a) Wilma _____ polio at the age of four. (had/has)
- b) She always _____ of doing something great. (dream/dreamt)
- c) One day she _____ to the coach of the school basketball team. (go/went)
- d) The coach _____ impressed by her keenness in sports. (is/was)

6. a) Let's read and have fun:



6. b) Did you like the story? Give a title to the story.

The teacher can ask learners to play roles.

7. a) Manju, Nita and Gargi took part in the Annual Sports week of their school. They won medals in the 100 metre race. Let's look at the picture and find out who stood first, second and third:



7. b) Now, fill in the gaps with the correct words from the circles.



- a) Gargi stood first. She won the _____ medal.
b) Manju stood second. She won the _____ medal.
c) Nita stood third. She won the _____ medal.

8. Role play:

Who stood first?

Gargi stood first.

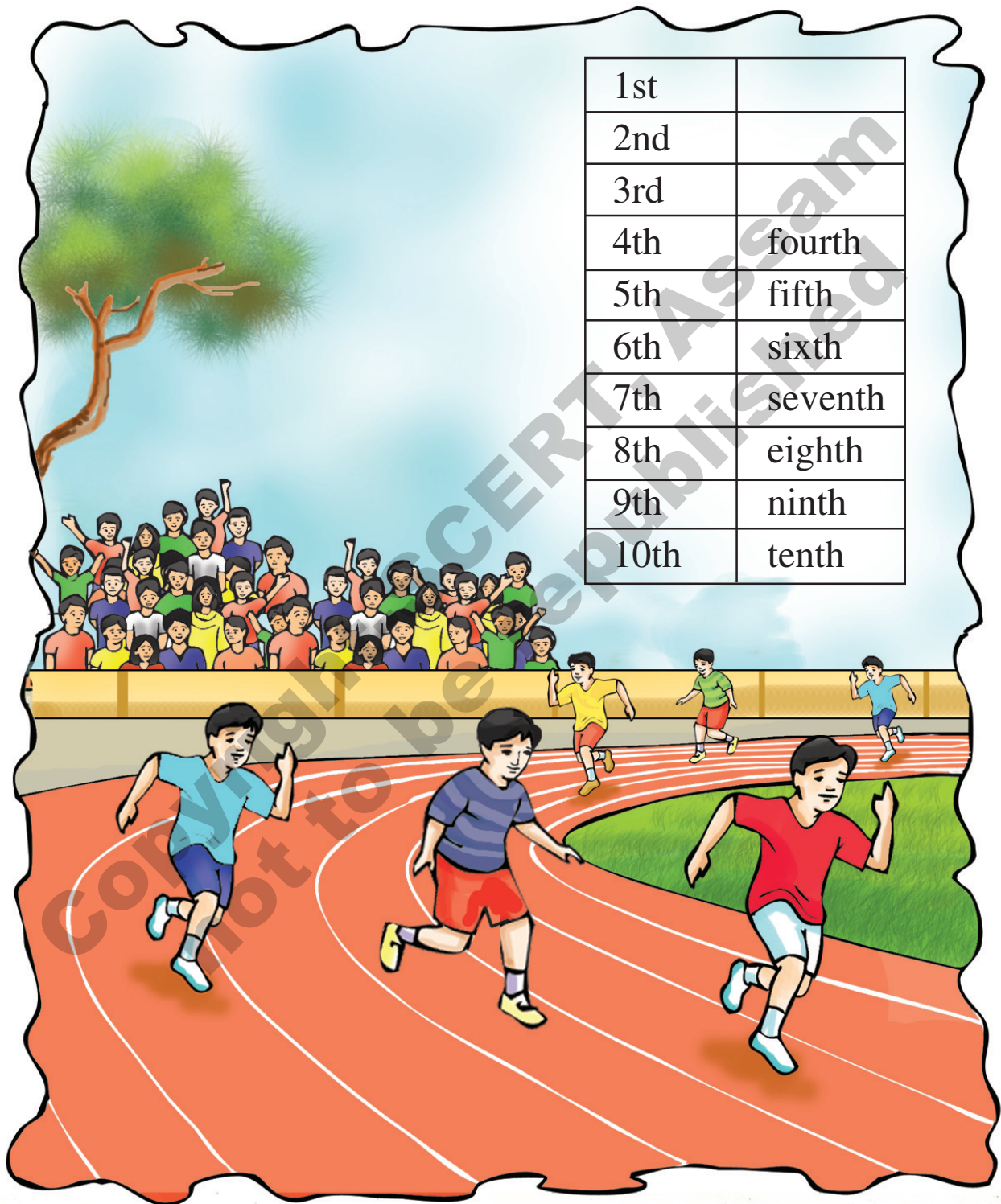
Who stood second?

Manju stood second.

Who stood third?

Nita stood third.

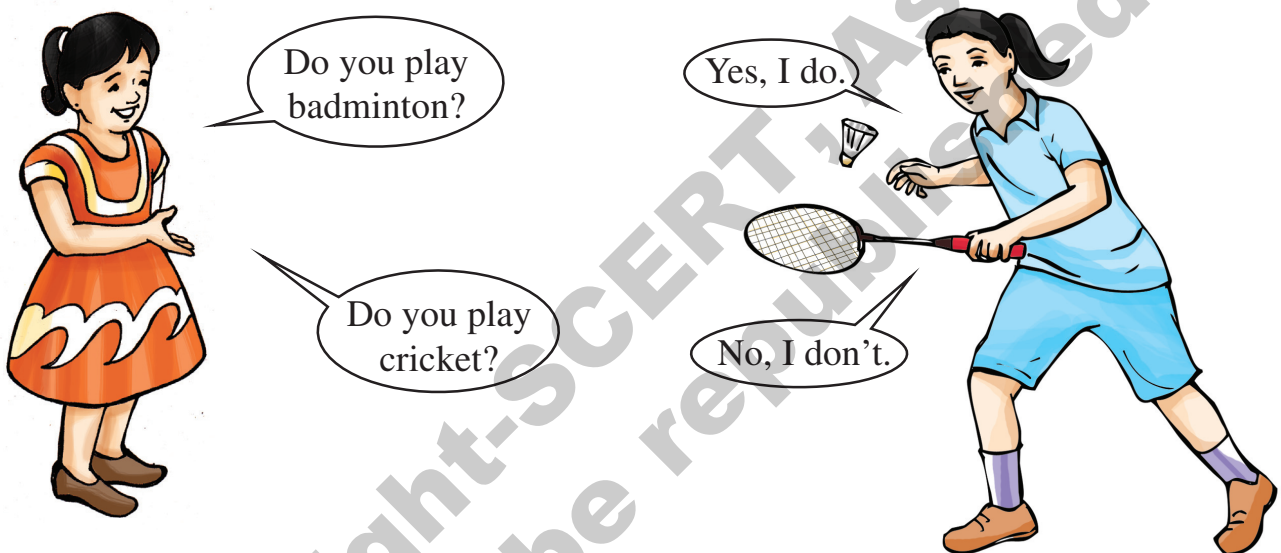
9. Let's read and write. Fill in the blank boxes with the correct words:



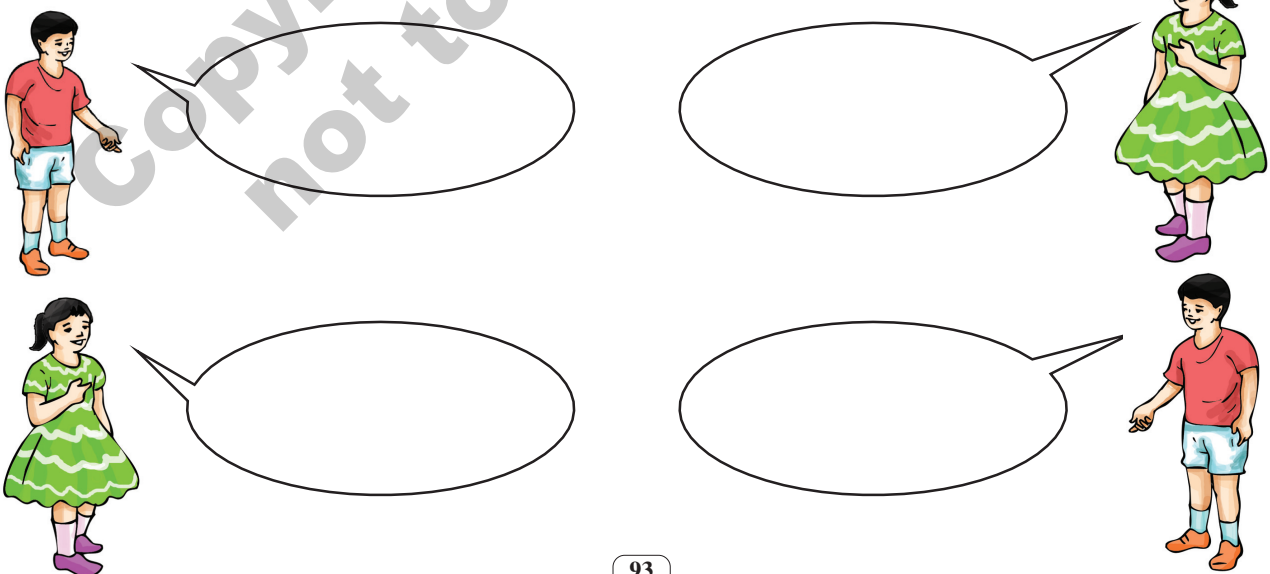
10. These are names of some games that we love to play. Read them:



11. a) Manju and Gargi are telling each other what games they play. Read their conversation and practise:



11. b) Now, add your own sentences:



12. Let's recite:

Hop a Little



Hop a little, jump a little,
One two three,
Run a little, skip a little,
Tap one knee.
Bend a little, stretch a little,
Nod your head,
Yawn a little, sleep a little,
In your bed.



13. Find the rhyming words in the poem above and write them on this board:

--

14. a) Manju, Gargi and Nita are busy clapping their hands for the names of games they like to play:

Manju clapped twice for the name cricket. (crick/et)
1 2

Nita clapped once for the name chess. (chess)
1

Nita clapped twice for the name football. (foot/ball)
1 2

Gargi clapped thrice for the name badminton. (bad/min/ton)
1 2 3



14. b) Now, clap for two more names of games you like to play.

15. What are the children doing? Write below each picture:



The teacher will extend Activity 15. He/she will dictate words or sentences to the learners from the pictures and the learners will write them accordingly below the pictures.

16. a) Practise saying these questions and answers aloud:



16. b) Now, complete these sentences with appropriate words:

a) What _____ Nita doing? (is/are)

b) What _____ Manju and Gargi doing? (is/are)

c) What _____ the children playing? (is/are)



17. Look at the picture:



Now, write a few sentences on it.

.....

.....

.....

18. Handwriting:

Slow and steady wins the race.

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Lesson 7

For the Teacher

Listening

This lesson includes a listening input in Activity 15 where the teacher will dictate words or sentences by describing pictures while learners will write them under the pictures. The teacher will introduce the clapping game in order to break the syllables of names of different games in Activity 14 (a).

Speaking

Activities 11 (a) and (b) are two activities involving role play. Here structures like questions/ answers will be practised.

Activity 16 (a) is also a practice exercise for asking questions and saying the answers aloud.

Reading

Teachers will help learners to read the main text and paper cuttings about Wilma Rudolph from different newspapers with comprehension. Learners will be able to answer simple questions and identify describing words from the text.

Activity 6(a) is a story of a hare and a tortoise. Learners will read and play the roles of the hare and the tortoise. The teacher will help them in doing so.

Writing

In Activity 4 (b) the learners will be encouraged to frame sentences about Wilma Rudolph with the words provided in Activity 4 (a).

Vocabulary

Ordinal numbers 'first', 'second', 'third', etc. will be introduced in Activities 7(a) and 9.

In Activity 10, learners will be introduced to names of games.

Grammar focus

In Activity 5, there is scope for practice of simple past tense.

Activity 16 (a) is an exercise of present continuous tense and in 16 (b) teachers will help them to identify and use the different forms of 'be' verb for continuous tense.

Learning Outcomes:

The learner –

1. reads small texts in English with comprehension i.e. identifies main idea, details and sequence and draws conclusions in English.
2. performs in events such as role play/skit in English with appropriate expressions.
3. distinguishes between simple past and simple present tenses.
4. responds appropriately to oral messages/telephonic communication.
5. recites poems individually/in groups with correct pronunciation and intonation.
