



VISIONIAS

INSPIRING INNOVATION

ABHYAAS MAINS

निबंध ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड/ Test Code : 2488

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 0105670

अभ्यर्थी का नाम/Name of Student : MEDHA ANAND

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

ENGLISH

तारीख
Date

25-Aug-23

निबंध ESSAY

केंद्र
Centre

34, PUSA ROAD

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	महत्वपूर्ण अनुदेश उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।	Important Instructions Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.
1	(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें। (ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।	(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates. (b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet
2	अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।	Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.
3	परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।	Do not make any direct/indirect appeal/threat to the examiner.
4	उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।	Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.
5	उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।	Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.
6	प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।	Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.
7	प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।	Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.
8	यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।	If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.



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निर्धारित समय: तीन घंटे

टेस्ट कोड : 2488

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प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खण्ड - B / SECTION - B

उम्मीदवारों को
इस हाशिए में
नहीं लिखना
चाहिए
Candidates
must not
write on
this margin

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
The wise man does at once what the fool does finally.
6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।
The world is a tragedy to those who feel, but a comedy to those who think.
7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।
Perfect clarity would profit the intellect but damage the will.
8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

8. Keep your face to the sunshine
and you cannot see a shadow

India's Rakshabandhan festivities became sweeter, with our "Chanda Mama" getting a Rakhi from "Mother India".

As per tradition, Chanda Mama will now take care of all of us! (of course through scientific progress and insight into space and its origin).

The news of Chandrayan-3 landing on Moon was replete with images of ISRO scientists clapping and

dancing in joy. Meanwhile, an older image of K. Sivan breaking down in PM Modi's arms brought jitters down the Indian's memory, with flashbacks of the sorrow when Chandrayaan-2 couldn't make a soft landing on moon.

ISRO proved like none other, that when you keep your face to the sunshine, you cannot see a shadow. ISRO proved its worth when people had started raising doubts on its enormous budget, which could have been used for developmental needs of India.

It was proved that when one focusses on the opportunities and one's well wishes and utilize one's strength in the right direction, the challenges naturally take a back seat and success prevails.

Not the first Incident.....

India had faced similar instances earlier too. Our humongous Constitution was mocked at and called a "lawyers paradise". Ivor Jennings went to the extent of saying that India would break into smaller units because of such constitution.

Despite such provocation, we kept on putting efforts to put our nation together - from Patel's plan of integration of princely states to Nehruji's Tribal Panchsheel Plan, we sustained and survived.

Meanwhile, Ivor Jennings was re-writing Sri Lanka's constitution, 6 years after he had drafted it, due to its inherent weaknesses to accommodate diversity.

When we try to build a larger picture and focus on what can be rebuilt from the trash, it is our way of focussing on the positives of a situation - a manifestation of positive attitude.

POSITIVE ATTITUDE - The foundation

Positive attitude ensures that we look at the brighter side of the picture, at the glass half-filled and take life as it comes.

When Thomas Alva Edison's laboratory was ablaze, which had all his experiments and samples, he asked his son to call his mother. "Call your mom, she wouldn't have ever seen such a huge bonfire".

His attitude turned the situation upside down. He took it

as, setting of his failures on fire and to start afresh - at the "tender" age of 56.

This philosophy remains true at national level as well. Bangladesh, a small nation, which gained independence after us, has done remarkably well in human indicator rankings.

They chose to develop their human capital through whatever small resources they had. It is the sheer will, that can help a person or nation to change a situation upside down, despite all the persisting challenges.

SALT: The spice of all

Adverse situations require adverse reactions and when is scarce of resources, there is a need to

utilize the smallest powerful weapon at hand.

उम्मीदवारों को इस हाथिए में नहीं लिखना चाहिए
Candidates must not write on this margin

Unable to challenge the mighty British with power, Gandhiji chose "salt" ! who would have thought that this small act of picking salt and using it for fight against the British, would have turned into such a Grand Movement.

The ability to not get affected by diverse viewpoints and instead focussing on one's own deeds, led this to happen. Perhaps, all social reformers follow similar principles.

REFORMS : A CASE IN POINT

when reformers stand up against a cause, it is well a part of everyday morality and ethics. Rising against the tide, does have its own fallout. People might not listen to you or worse

one might be subject to violence.

But, it was absolute Grit of people like Raja Ram Mohan Roy, Ishwar Chandra Vidyagar who fought against Sati and plight of widows.

Savitribai Phule was so busy in social reforms, that during the bubonic plague, while treating the patients, she herself caught the disease and died..

Even in present times, the grit of reformers remain undefeatable Malala Yousafzai despite the death threats, still worked for women's education.

People like "Greta Thunberg" and her speech "How Dare You?", rose up against the most powerful lobbies. She was still able to leave

a mark because of her will power to challenge the system and move towards a sustainable future.

Sometimes, such action is collective and leaves a huge trail behind. Chipko Movement was a collective movement of "Not so powerful" tribal women, but their resolve to bring change, brought success. Similar is the case with scientific explorations

The science of it

Scientific discoveries are often a result of people ridiculing the new theories and sticking to their old beliefs. Be it the heliocentric theory or theory of evolution, all were accompanied with stories of mistrust and people raising doubts.

This didn't deter scientists of any age or century and we have come to point where we have driverless cars, generative AI, robots working for humans and machines carrying out large scale works.

Had the "shadows of dogmas" stifled science, we would have continued to live in caves!

The Side Effects

Sometime it is imperative upon us to look at the shadows. They may hold the plight of the poor, inequality, developmental deficit and most severe of all - hunger.

This undercurrent shouldn't be brushed under the carpet to ensure solidarity of the society.

Our developmental plans shouldn't be

so opportunity led, that in the process we lose the humane touch of it. With India's rank on hunger index 107/121, 22% poverty (Tendulkar Committee), 29/50 world's most polluted cities in India, it becomes all the more imperative to focus on the shadows!

History has taught us that neglecting the shadows, often lead to protest - be it French Revolution, Russian Revolution, all occurred due to neglect of shadows! shadows of hunger, poverty and disdain.

The 'Anti-thesis'

But, what if its raining? In such a case forget about the sun and shadow, just take shelter and wait

for the condition to become favourable.

Give the situation some time and you will find yourself in better circumstances.

COVID was such a case. Temporary fire fighting to get people vaccines, food and medicine hijacked all other plans and we took shelter in the rain.

Thus, to conclude it's necessary to focus on the "good" and ignore the "other". A positive attitude along with circumstances favourable to oneself are bound to deliver results.

Having said that, do focus on the shadow sometimes as

they might have "pearls of wisdom" in them, along with years of injustice and deprivation.

Also, don't forget to save oneself from the rains - as the situation, people and above all the environment might not be favourable at all.

In the words of Tagore,

" where the mind is without
fear and the head is held high
let my country rise in such
situation "

SPACE FOR ROUGH WORK

easier to build strong children, than to repair broken men.

in similar cases.

(I) - Jadhavpur ragging → trauma will remain for years
(death: parents are broken "intergenerational tragedy" for life)

(II) - Society → kids who are victim of abuse, sexual offences, pedophiles but there is POCSO (gender neutral)

Two ways of strong kids → Don't let abuse happen → develop moral north
→ If abused, build them better!

(III) • Devil lies in the detail
Economy → child labour → will remain scarred victims forever

Physically → 6 mm zero food kids → grow up to

(IV) • All that glitters is not gold
Euri - displaced kids → new language
→ no friends

(V) Double edged sword Achilles heel
Politics → differential reward, inability to get into good college

(VI) Technology → cyber bullying, Digihad, blue whale

(VII) Legal → No child mrg, but Akshay Tritiya

(VIII) children: Mirror images
Ethical → child follows what he sees, disrespect elders and they will learn

(IX) History - Abhimanyu - chakravyuh → strongly built kids are able to face challenges

(X) www.visionias.in Psychology → Achilles heel

(XI) Anti-thesis: Sometimes broken men can be repaired too →

(XII) Conclusion - Justice to the kid to place a strong pre

SPACE FOR ROUGH WORK

"India celebrated Rakshabandhan by sending rakhi to Vikram reached our chanda mama from Mother India", such news highlighted our Chandrayan-3 ^{success} and images of ISRO scientists dancing + clapping in joy went viral. Meanwhile, images of K. Sivan crying while hugging Modi also topped up, of the times ch. 3 wasn't able to make soft landing on Moon.

conclu mind is w/o fear & the head is held high

keep your face to the sunshine and you can't see a shadow

SPACE FOR ROUGH WORK

① Chandrayaan - 3 success story.

Focus on the opportunities and well wishes and the challenges and name callers will automatically take a back burner.

② History replete with such examples

Thomas Edison lab burnt - kept a positive attitude
all our failures gone, we can start afresh

③ Political → Indian Democracy Gadhvi - salt true at national level as well

Reformers too do it

④ Social - RRR, ISV, Malala Yousafzai

⑤ Env. Greta Thunberg - how dare you, Chipko movement

⑥ Eco - Naya Shrota, LPG, GST

⑦ Tech - Semi conductor, nano-urea of IFCCO.

⑧ Legal - Jennings → our constⁿ won't survive → 16 years later he was with SL constⁿ

⑨ Ethics - individual level focus on positives and the negatives would automatically go away

⑩ Negative - don't ignore the plight of the poor!

⑪ anti - them www.visionias.in - what if it's raining takes shelter forget the shadow

⑫ Conclusion