

Fig. 5.16 Steps in DNA finger printing

6. Blotting

The DNA band pattern in the gel is transferred to a thin nylon membrane placed over the 'size fractionated DNA strand' by **Southern blotting**.

7. Using probes to identify specific DNA

A radioactive probe (DNA labeled with a radioactive substance) is added to the DNA bands. The probe attaches by base pairing to those restriction fragments that are complementary to its sequence. The probes can also be prepared by using either 'fluorescent substance' or 'radioactive isotopes'.

8. Hybridization with probe

After the probe hybridizes and the excess probe washed off, a photographic film is placed on the membrane containing 'DNA hybrids'.

9. Exposure on film to make a genetic/DNA Fingerprint

The radioactive label exposes the film to form an image (image of bands)

corresponding to specific DNA bands. The thick and thin dark bands form a pattern of **bars** which constitutes a genetic fingerprint.

Application of DNA finger printing

- **Forensic analysis** - It can be used in the identification of a person involved in criminal activities, for settling paternity or maternity disputes, and in determining relationships for immigration purposes.
- **Pedigree analysis** – inheritance pattern of genes through generations and for detecting inherited diseases.
- **Conservation of wild life** – protection of endangered species. By maintaining DNA records for identification of tissues of the dead endangered organisms.
- **Anthropological studies**–It is useful in determining the origin and migration of human populations and genetic diversities.



Summary

In the twentieth century, one of the landmark discovery in biology was the identification of DNA, as genetic material of living organisms. Gene may be defined as a segment of DNA which is responsible for inheritance and expression of a particular character.

In 1953, James Watson and Francis Crick proposed DNA structure based on X-ray crystallographic studies provided by Maurice Wilkins and Rosalind Franklin. Nucleotides are the structural units of nucleic acids. Each nucleotide has three components, i) pentose sugar ii) nitrogenous base and iii) phosphate. DNA and RNA are polynucleotides. DNA has double stranded helical structure while RNA is a single stranded structure. DNA acts as genetic material of almost all the living organism except few viruses.

The non genetic RNAs are of three types; m-RNA, r-RNA and t-RNA. They help in protein synthesis. DNA has capacity of replication, while the three types of RNA are transcribed on DNA. Meselson and Stahl (1958) proved experimentally the semi-conservative nature of DNA replication using heavy isotope of nitrogen N^{15} in *E.coli*.

In 1958 Crick proposed that DNA determines the sequence of amino acids in a polypeptide (protein) through mRNA, and proposed the central dogma of protein synthesis which involves transcription and translation. The process of copying genetic information from one strand of DNA into RNA is termed transcription. The DNA transcribed RNA molecules serve as a template for the synthesis of polypeptides by a process termed translation. Each amino acid in a polypeptide chain is represented by a sequence of three nucleotides in the RNA known as the genetic code. RNA transfers genetic message from nucleus to the cytoplasm. DNA is always present in the nucleus and synthesis is also confined to the nucleus

Jacob and Monod proposed the classical model of *Lac* operon to explain gene expression and regulation in *E. coli*. In *lac* operon a polycistronic structural gene is regulated by a common promoter and regulator. It is an example of negative control of transcription initiation.

Human genome project, a mega project was aimed to sequence every gene in the human genome. Polymerase chain reaction is an *in vitro* method of synthesis of nucleic acids wherein, a specific DNA segment is amplified rapidly without concomitant replication of the rest of the DNA molecule. DNA fingerprinting is a technique to identify variations in individuals of a population at the DNA level. It has immense applications in the field of forensic analysis, pedigree analysis, anthropological studies, and conservation of wild life.

Evaluation

- Hershey and Chase experiment with bacteriophage showed that
 - Protein gets into the bacterial cells
 - DNA is the genetic material**
 - DNA contains radioactive sulphur
 - Viruses undergo transformation
- DNA and RNA are similar with respect to
 - Thymine as a nitrogen base
 - A single-stranded helix shape
 - Nucleotide containing sugars, nitrogen bases and phosphates**
 - The same sequence of nucleotides for the amino acid phenyl alanine
- A mRNA molecule is produced by
 - Replication
 - Transcription**
 - Duplication
 - Translation
- The total number of nitrogenous bases in human genome is estimated to be about
 - 3.5 million
 - 35000
 - 35 million
 - 3.1 billion**

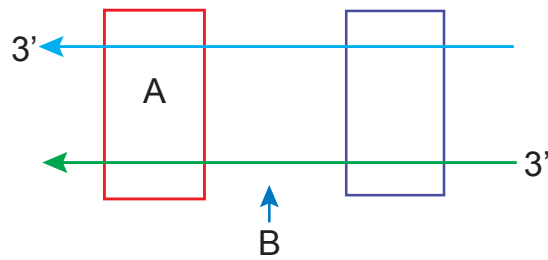




5. *E. coli* cell grown on ^{15}N medium are transferred to ^{14}N medium and allowed to grow for two generations. DNA extracted from these cells is ultracentrifuged in a cesium chloride density gradient. What density distribution of DNA would you expect in this experiment?
- (a) One high and one low density band.
 - (b) One intermediate density band.
 - (c) One high and one intermediate density band.
 - (d) **One low and one intermediate density band.**
6. What is the basis for the difference in the synthesis of the leading and lagging strand of DNA molecules?
- (a) Origin of replication occurs only at the 5' end of the molecules.
 - (b) DNA ligase works only in the $3' \rightarrow 5'$ direction.
 - (c) **DNA polymerase can join new nucleotides only to the 3' end of the growing strand.**
 - (d) Helicases and single-strand binding proteins that work at the 5' end.
7. Which of the following is the correct sequence of event with reference to the central dogma?
- (a) Transcription, Translation, Replication
 - (b) Transcription, Replication, Translation
 - (c) Duplication, Translation, Transcription
 - (d) **Replication, Transcription, Translation**
8. Which of the following statements about DNA replication is not correct?
- (a) Unwinding of DNA molecule occurs as hydrogen bonds break.
 - (b) **Replication occurs as each base is paired with another exactly like it.**
 - (c) Process is known as semi conservative replication because one old strand is conserved in the new molecule.
 - (d) Complementary base pairs are held together with hydrogen bonds.
9. Which of the following statements is not true about DNA replication in eukaryotes?
- (a) Replication begins at a single origin of replication.
 - (b) Replication is bidirectional from the origins.
 - (c) Replication occurs at about 1 million base pairs per minute.
 - (d) **There are numerous different bacterial chromosomes, with replication occurring in each at the same time.**
10. The first codon to be deciphered was _____ which codes for _____.
- (a) AAA, proline
 - (b) GGG, alanine
 - (c) **UUU, Phenylalanine**
 - (d) TTT, arginine
11. Meselson and Stahl's experiment proved
- (a) Transduction
 - (b) Transformation
 - (c) DNA is the genetic material
 - (d) **Semi-conservative nature of DNA replication**
12. Ribosomes are composed of two subunits; the smaller subunit of a ribosome has a binding site for _____ and the larger subunit has two binding sites for two _____. **Ans (mRNA, tRNA)**
13. An operon is a:
- (a) Protein that suppresses gene expression
 - (b) Protein that accelerates gene expression
 - (c) **Cluster of structural genes with related function**
 - (d) Gene that switched other genes on or off
14. When lactose is present in the culture medium:
- (a) Transcription of *lac y*, *lac z*, *lac a* genes occurs.
 - (b) Repressor is unable to bind to the operator.
 - (c) Repressor is able to bind to the operator.
 - (d) **Both (a) and (b) are correct.**

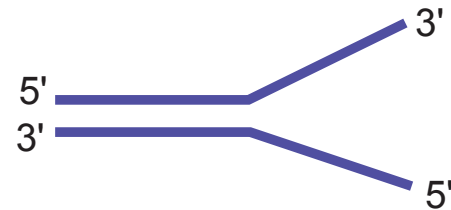


15. Give reasons: Genetic code is 'universal'.
16. Name the parts marked 'A' and 'B' in the given transcription unit:



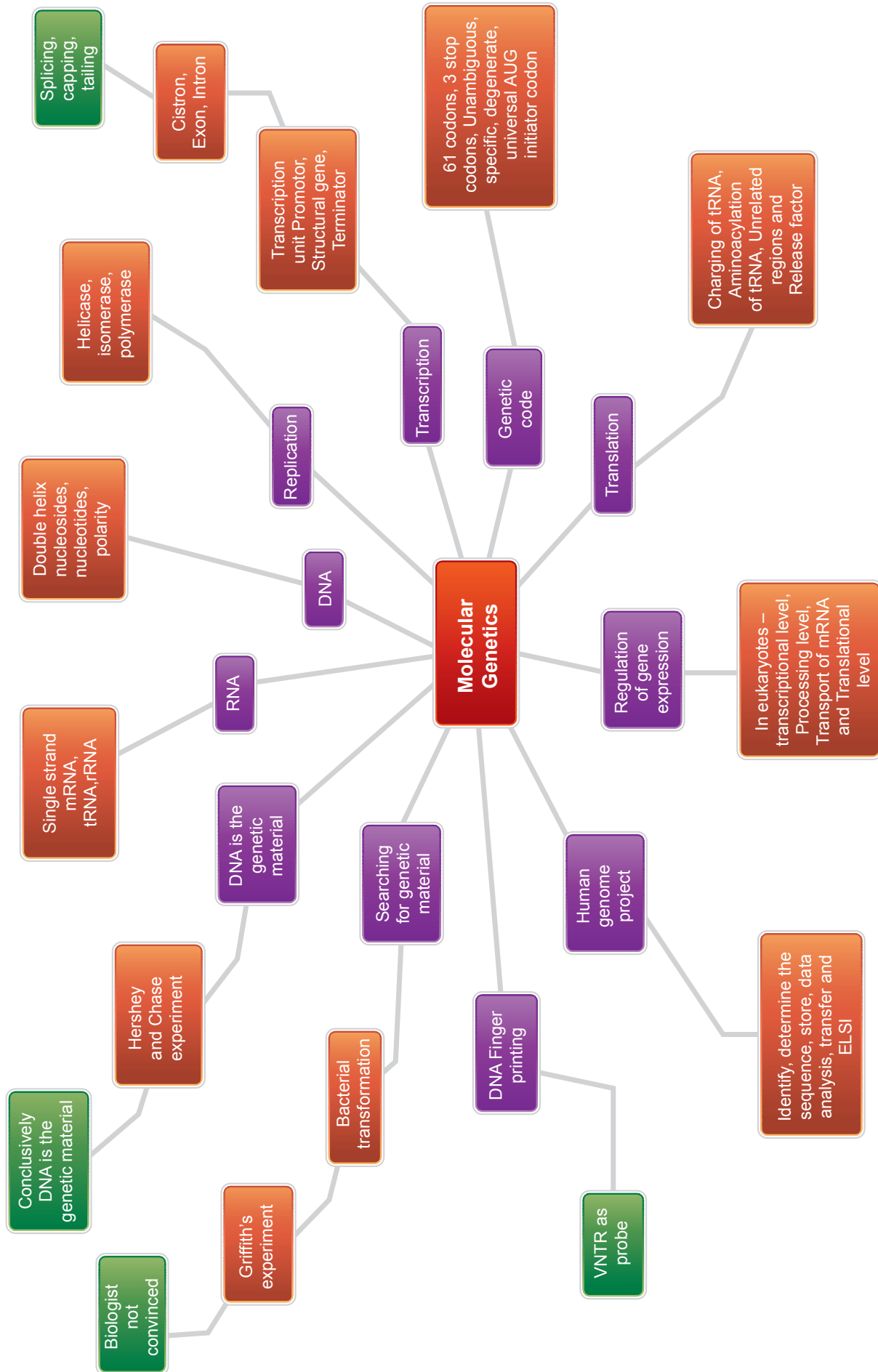
17. Differentiate - Leading strand and lagging strand
18. Differentiate - Template strand and coding strand.
19. Mention any two ways in which single nucleotide polymorphism (SNPs) identified in human genome can bring revolutionary change in biological and medical science.
20. State any three goals of the human genome project.
21. In *E.coli*, three enzymes β -galactosidase, permease and transacetylase are produced in the presence of lactose. Explain why the enzymes are not synthesized in the absence of lactose.
22. Distinguish between structural gene, regulatory gene and operator gene.
23. A low level of expression of *lac* operon occurs at all the windows for treatment of various genetic disorders. Justify the statement.
24. Why the human genome project is called a mega project?
25. From their examination of the structure of DNA, What did Watson and Crick infer about the probable mechanism of DNA replication, coding capability and mutation?
26. Why tRNA is called an adapter molecule?

27. What are the three structural differences between RNA and DNA?
28. Name the anticodon required to recognize the following codons: AAU, CGA, UAU, and GCA.
29. a) Identify the figure given below
b) Redraw the structure as a replicating fork and label the parts



- c) Write the source of energy for this replication and name the enzyme involved in this process.
d) Mention the differences in the synthesis of protein, based on the polarity of the two template strands.
30. If the coding sequence in a transcription unit is written as follows:
5' TGCATGCATGCATGCATGCATGC 3'
Write down the sequence of mRNA.
31. How is the two stage process of protein synthesis advantageous?
32. Why did Hershey and Chase use radioactively labelled phosphorous and sulphur only? Would they have got the same result if they use radiolabelled carbon and nitrogen?
33. Explain the formation of a nucleosome.
34. It is established that RNA is the first genetic material. Justify giving reasons.

Concept Map





ICT CORNER

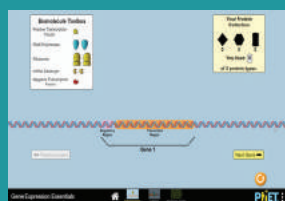
Molecular Genetics

Lets us explore the gene expression

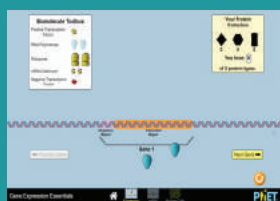


Procedure :

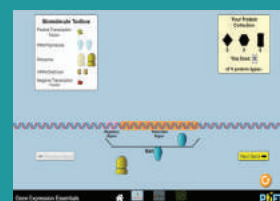
- Step 1:** Use the URL or scan the QR Code to launch the “Gene Expression Essentials” activity page.
- Step 2:** Click “Expression” pick the genetic material from the Biomolecule Toolbox, understand the changes for the three different genes.
- Step 3:** Click “mRNA” and slide through the slider in Positive Transcription factors and Negative Transcription factors such as Concentration, Affinity. Also Slide through “Affinity” in RNA Polymerase.
- Step 4:** Click “Multiple Cells” and find the average protein level vs Time in the graph indicated above.



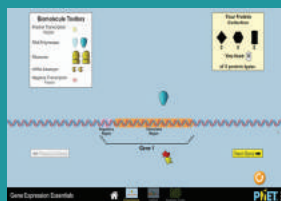
Step 1



Step 2



Step 3



Step 4

Molecular Genetics URL:

https://phet.colorado.edu/sims/html/gene-expression-essentials/latest/gene-expression-essentials_en.html

*Pictures are indicative only

*Allow flash player



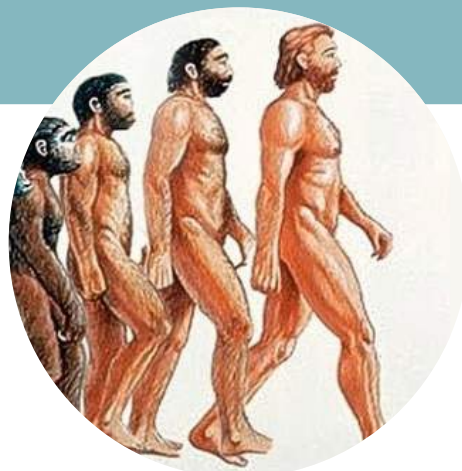
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6

CHAPTER

UNIT - II

Evolution



"Each has his own tree of ancestors, but at the top of all sits probably arboreal"

Chapter Outline

- 6.1 Origin of life - Evolution of life forms
- 6.2 Geological time scale
- 6.3 Biological evolution
- 6.4 Evidences for biological evolution
- 6.5 Theories of biological evolution
- 6.6 Mechanism of evolution
- 6.7 Hardy Weinberg principle
- 6.8 Origin and evolution of man
- 6.9 Isolating mechanisms
- 6.10 Speciation
- 6.11 Extinction of animals



Learning Objectives

- Understands the evolution of life on earth.
- Gains knowledge on theories of evolution.
- Interprets evidences (anatomical, embryological and geological) of evolution.
- Learns the principles of biological evolution.
- Understands the importance of gene frequencies in a population.
- Studies the geological time scale.
- Understands the importance of isolating mechanisms in speciation



The term evolution is used to describe heritable changes in one or more characteristics of a population of species from one generation to the other. The present state of mankind on earth is the outcome of three kinds of evolution - chemical, organic and social or cultural evolution.

Radiometric dating of meteorites yields an estimated age for the solar system and for earth as around 4.5 – 4.6 billion years. The new born earth remained inhospitable for at least few hundred millions years. At first it was too hot. This is because the collisions of the planetesimals that coalesced to form earth released much heat to melt the entire planet. Eventually outer surface of the earth cooled and solidified to form a crust. Water vapour released from the planet's interior cooled and condensed to form oceans. Hence origin of life can be reconstructed using indirect evidences. Consequently, biologists have turned to gather disparate bits of information and filling them together like pieces of jig saw puzzle. Many theories have been proposed to explain the origin of life. Few have been discussed in this chapter.

6.1 Origin of life – Evolution of life forms

Theory of special creation states that life was created by a supernatural power, respectfully referred to as “God”. According to Hinduism, Lord Brahma created the Earth. Christianity, Islam and most religions believe that God created the universe, the plants and the animals.

According to **the theory of spontaneous generation** or Abiogenesis, living organisms originated from non-living materials and occurred through stepwise chemical and molecular evolution over millions of years. Thomas Huxley coined the term abiogenesis.

Big bang theory explains the origin of universe as a singular huge explosion in physical terms. The primitive earth had no proper atmosphere, but consisted of ammonia, methane, hydrogen and water vapour. The climate of the earth was extremely high. UV rays from the sun split up water molecules into hydrogen and oxygen. Gradually the temperature cooled and the water vapour condensed to form rain. Rain water filled all the depressions to form water bodies. Ammonia and methane in the atmosphere combined with oxygen to form carbon-dioxide and other gases.

Coacervates (large colloidal particles that precipitate out in aqueous medium) are the first pre-cells which gradually transformed into living cells.

According to the **theory of biogenesis** life arose from pre-existing life. The term biogenesis also refers to the biochemical process of production of living organisms. This term was coined by Henry Bastian.

According to the **theory of chemical evolution** primitive organisms in the primordial environment of the earth evolved spontaneously from inorganic substances and

physical forces such as lightning, UV radiations, volcanic activities, etc.,. Oparin (1924) suggested that the organic compounds could have undergone a series of reactions leading to more complex molecules. He proposed that the molecules formed colloidal aggregates or ‘coacervates’ in an aqueous environment. The coacervates were able to absorb and assimilate organic compounds from the environment. Haldane (1929) proposed that the primordial sea served as a vast chemical laboratory powered by solar energy. The atmosphere was oxygen free and the combination of CO₂, NH₃ and UV radiations gave rise to organic compounds. The sea became a ‘hot’ dilute soup containing large populations of organic monomers and polymers. They envisaged that groups of monomers and polymers acquired lipid membranes and further developed into the first living cell. Haldane coined the term prebiotic soup and this became the powerful symbol of the Oparin-Haldane view on the origin of life (1924-1929).

Oparin and Haldane independently suggested that if the primitive atmosphere was reducing and if there was appropriate supply of energy such as lightning or UV light then a wide range of organic compounds can be synthesized.

6.2 Geological time scale

The duration of the earth’s history has been divided into **eras** that include the **Paleozoic, Mesozoic, and Cenozoic**. Recent eras are further divided into **periods**, which are split into **epochs**. The geological time scale with the duration of the eras and periods with the dominant forms of life is shown in Table 6.1.

The Paleozoic era is characterized by abundance of fossils of marine invertebrates. Towards the later half, other vertebrates (marine and terrestrial) except birds and mammals





appeared. The seven periods of Paleozoic era in order from oldest to the youngest are Cambrian (Age of invertebrates), Ordovician (fresh water fishes, Ostracoderms, various types of Molluscs), Silurian (origin of fishes), Devonian (Age of fishes, many types of fishes such as lung fishes, lobe finned fishes and ray finned

fishes), Mississippian (earliest amphibians, Echinoderms), Pennsylvanian (earliest reptiles), Permian (mammal like reptiles).

Mesozoic era (dominance of reptiles) called the **Golden age of reptiles**, is divided into three periods namely Triassic (origin of egg laying mammals), Jurassic (Dinosaurs

Table 6.1 Geological Time Scale

ERA	YEARS IN MILLION	PERIOD	EPOCH	FAUNA	FLORA
Cenozoic	1	Quaternary	Recent (Holocene)	Age of Mammals	Angiosperms Monocotyledons
	6		Pleistocene	Age of Human beings	Age of Angiosperms - Dicotyledons
	15	Tertiary	Pliocene	Human evolution	
	10		Miocene	Mammals and birds	
	20		Oligocene		
	100		Eocene		
		Paleocene			
Mesozoic	125	Cretaceous		(Golden age of Reptiles) Rise of Dinosaurs	Sphenopsides, Ginkgos, Gnetales, (Dicotyledons)
	150	Jurassic			Herbaceous lycopods, Ferns, Conifers, Cycads
	180	Triassic			
Paleozoic	205	Permian		Mammal like reptiles	Arborescent lycopods
	230	Carboniferous	Pennsylvanian	Earliest Amphibians and abundant Echinoderms	Seed ferns and Bryophytes
	255		Mississippian	Earliest reptiles	
	315	Devonian		Age of fishes	Progymnosperms
	350	Silurian		Earliest fishes and land invertebrates	Zosterophyllum
	430	Ordovician		Dominance of invertebrates	Appearance of first land plants
	510	Cambrian		Fossil invertebrates	Origin of algae
Precambrian	3000	Upper		Multicellular organisms	
		Middle		Appearance of eukaryotes	
		Lower			Planktons prokaryotes



were dominant on the earth, fossil bird – *Archaeopteryx*) and Cretaceous (extinction of toothed birds and dinosaurs, emergence of modern birds).

Cenozoic era (Age of mammals) is subdivided into two periods namely Tertiary and Quaternary. Tertiary period is characterized by abundant mammalian fauna. This period is subdivided into five epochs namely, Paleocene (placental mammals, Eocene (Monotremes except duck billed *Platypus* and *Echidna*, hoofed mammals and carnivores), Oligocene (higher placental mammals appeared), Miocene (origin of first man like apes) and Pliocene (origin of man from man like apes). Quaternary period witnessed decline of mammals and beginning of human social life.

The age of fossils can be determined using two methods namely, relative dating and absolute dating. **Relative dating** is used to determine a fossil by comparing it to similar rocks and fossils of known age. **Absolute dating** is used to determine the precise age of a fossil by using radiometric dating to measure the decay of isotopes.

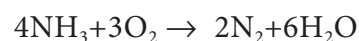
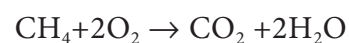
6.3 Biological evolution

Formation of protobionts

Abiotically produced molecules can spontaneously self assemble into droplets that enclose a watery solution and maintain a chemical environment different from their surroundings. Scientists call these spheres as 'protobionts'. Liposomes are lipids in a solution that can self assemble into a lipid bilayer. Some of the proteins inside the liposomes acquired the properties of enzymes resulting in fast multiplication of molecules.

The coacervates with nucleoprotein and nutrients had a limiting surface membrane that had the characters of a virus or free living genes. Subsequently number of genes united to form 'proto viruses' somewhat similar to present day

viruses. Two major cell types that appeared during this time were significant. One form of the earliest cell contained clumps of nucleoproteins embedded in the cell substance. Such cells were similar to the Monera. They are considered as ancestral to the modern bacteria and blue green algae. The other form of earliest cells contained nucleoprotein clumps that condensed into a central mass surrounded by a thin membrane. This membrane separated nucleoproteins from the cell substances. Such cells were referred to as Protista. When the natural sources of food in the ocean declined in course of time the ancestors of Monera and Protista had to evolve different methods for food procurement. These may be summarized as parasitism, saprophytism, predator or animalism and chemosynthesis or photosynthesis. When the number of photosynthetic organisms increased there was an increase in the free O₂ in the sea and atmosphere.



The atmospheric oxygen combined with methane and ammonia to form CO₂ and free nitrogen. The presence of the free O₂ brought about the evolution of aerobic respiration which could yield large amounts of energy by oxidation of food stuffs. Thus Prokaryotes and Eukaryotes evolved.

Experimental approach to the origin of life

Urey and Miller (1953), paved way for understanding the possible synthesis of organic compounds that led to the appearance of living organisms is depicted in the **Fig. 6.1**. In their experiment, a mixture of gases was allowed to circulate over electric discharge from a tungsten electrode. A small flask was kept boiling and the steam emanating from it was made to mix with the mixture of gases (ammonia, methane and hydrogen) in the large chamber that was connected to the boiling water. The steam condensed to form water

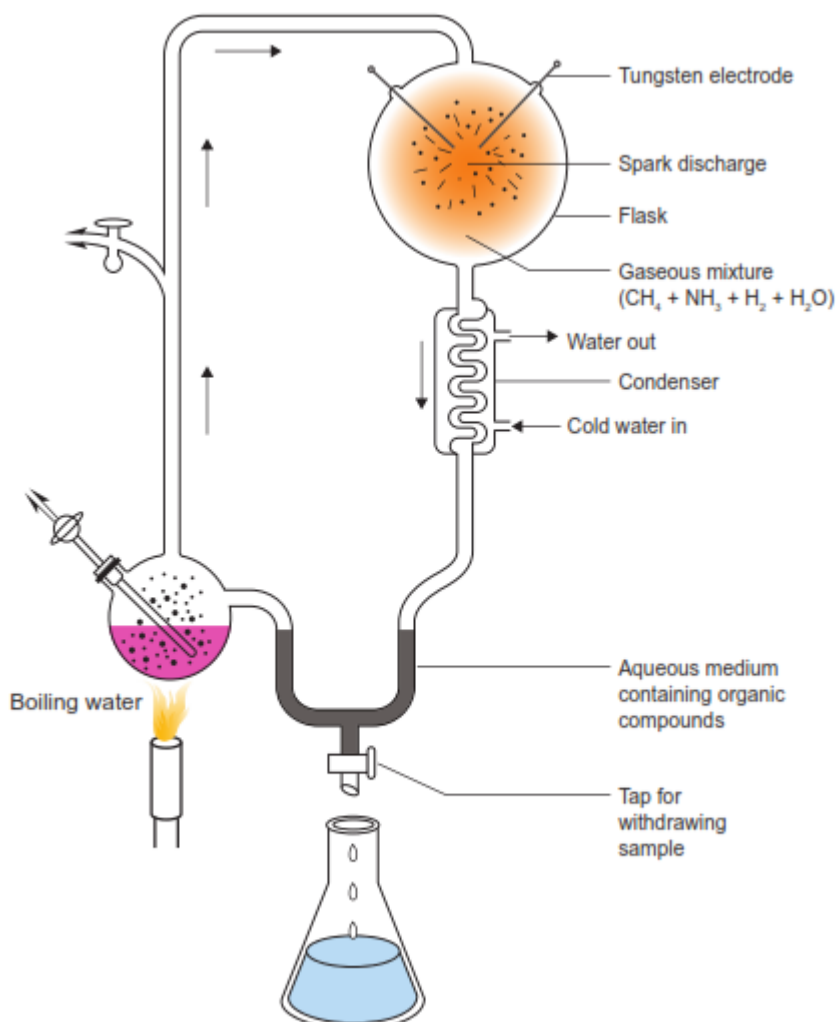


Fig. 6.1 Diagrammatic representation of Urey-Miller's experiment

which ran down the 'U' tube. Experiment was conducted continuously for a week and the liquid was analysed. Glycine, alanine, beta alanine and aspartic acid were identified. Thus Miller's experiments had an insight as to the possibility of abiogenetic synthesis of large amount of variety of organic compounds in nature from a mixture of sample gases in which the only source of carbon was methane. Later in similar experiments, formation of all types of amino acids, and nitrogen bases were noticed.

6.4 Evidences for biological evolution

6.4.1 Paleontological evidences

Paleontology is the study of prehistoric life through fossils. Fossils are described as the true witnesses of evolution or documents

of various geological strata of evolution. Fossilization is the process by which plant and animal remains are preserved in sedimentary rocks. They fall under three main categories.

i) Actual remains – The original hard parts such as bones, teeth or shells are preserved as such in the earth's atmosphere. This is the most common method of fossilization. When marine animals die, their hard parts such as bones, shells, etc., are covered with sediments and are protected from further deterioration. They get preserved as such as they are preserved in vast ocean; the salinity in them prevents decay. The sediments become hardened to form definite layers or strata. For example, Woolly Mammoth that lived 22 thousand years ago were preserved in the frozen coast of Siberia as such. Several human beings and animals living in the ancient city of Pompeii were preserved intact by volcanic ash which gushed out from Mount Vesuvius.

ii) Petrification – When animals die the original portion of their body may be replaced molecule for molecule by minerals and the original substance being lost through disintegration. This method of fossilization is called petrification. The principle minerals involved in this type fossilization are iron pyrites, silica, calcium carbonate and bicarbonates of calcium and magnesium.

iii) Natural moulds and casts – Even after disintegration, the body of an animal might leave indelible impression on the soft mud which later becomes hardened into stones. Such impressions are called moulds. The cavities of the moulds may get filled up

by hard minerals and get fossilized, which are called casts. Hardened faecal matter termed as coprolites occur as tiny pellets. Analysis of the coprolites enables us to understand the nature of diet the pre-historic animals thrived on.

Visit any museum nearer to your school with your teacher and identify the bones of different animals including mammals. The famous Egmore Museum is in Chennai.

6.4.2 Evidences from comparative anatomy

Similarities in structure between groups of organisms are accepted as indicators of relationship. For example, a comparative study of the forelimbs of different vertebrates exhibits a fundamental plan of similarity in structure. These relationships can be studied under homologous organs, analogous organs, vestigial organs, connecting links and atavistic organs.

Homologous structures

In vertebrates, comparative anatomical studies reveal a basic plan in various structures such as fore limbs and hind limbs. Fore limbs of vertebrates exhibit anatomical similarity with each other and is made of similar bones such as humerus, radius, ulna, carpals, metacarpals and phalanges.

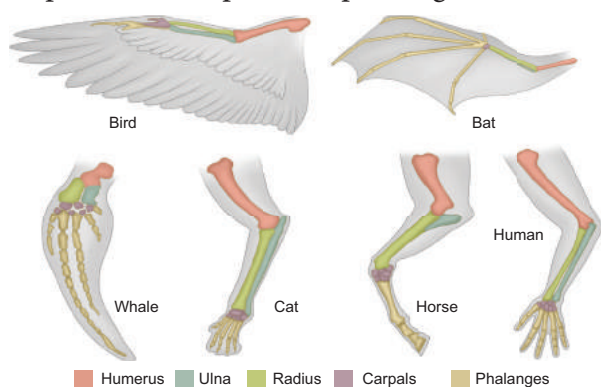


Fig. 6.2 Forelimbs of terrestrial vertebrates to show homology

Structures which are similar in origin but perform different functions are called

homologous structures that brings about **divergent evolution (Fig 6.2).**

Similarly the thorn of *Bougainvillea* and the tendrils of *Curcubita* and *Pisum sativum* represent homology. The thorn in former is used as a defence mechanism from grazing animals and the tendrils of latter is used as a support for climbing.

Analogous structures

Organisms having different structural patterns but similar function are termed as analogous structures. For example, the wings of birds and insects are different structurally but perform the same function of flight that brings about **convergent evolution (Fig. 6.3).**

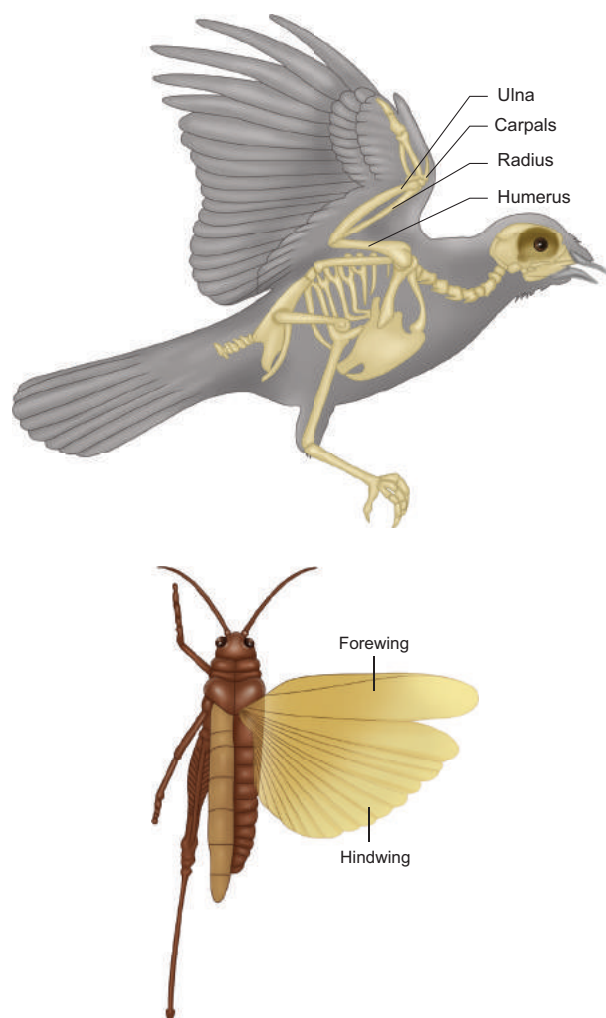


Fig. 6.3 Comparison of insect and bird wing to show their analogy

Other examples of analogous organs include the eyes of the Octopus and of

mammals and the flippers of Penguins and Dolphins. Root modification in sweet potato and stem modification in potato are considered as analogous organs. Both of these plants have a common function of storage of food.

Vestigial organs

Structures that are of no use to the possessor, and are not necessary for their existence are called vestigial organs. Vestigial organs may be considered as remnants of structures which were well developed and functional in the ancestors, but disappeared in course of evolution due to their non-utilization. Human appendix is the remnant of caecum which is functional in the digestive tract of herbivorous animals like rabbit. Cellulose digestion takes place in the caecum of these animals. Due to change in the diet containing less cellulose, caecum in human became functionless and is reduced to a vermiform appendix, which is vestigial. Other examples of vestigial organs in human beings

include coccyx, wisdom teeth, ear muscles, body hair, mammae in male, nictitating membrane of the eye, etc.,

Connecting link

The organisms which possess the characters of two different groups (transitional stage) are called connecting links. Example *Peripatus* (connecting link between Annelida and Arthropoda), *Archeopteryx* (connecting link between Reptiles and Aves).

Atavistic organs

Sudden appearance of vestigial organs in highly evolved organisms is called atavistic organs. Example, presence of tail in a human baby is an atavistic organ.

6.4.3 Embryological evidences

Embryology deals with the study of the development of individual from the egg to the adult stage. A detailed study of the embryonic development of different forms makes us to think that there is a close resemblance during development.

The development of heart in all vertebrates follows the same pattern of development as a pair of tubular structures that later develop into two chambered heart in fishes, three chambered in amphibians and in most reptiles and four chambered in crocodiles, birds and mammals; indicating a common ancestry for all the vertebrates,

Hence scientists in the 19th century concluded that higher animals during their embryonic development pass through stages of lower animals (ancestors). **Ernst Von Haeckel**, propounded the “**biogenetic law** or

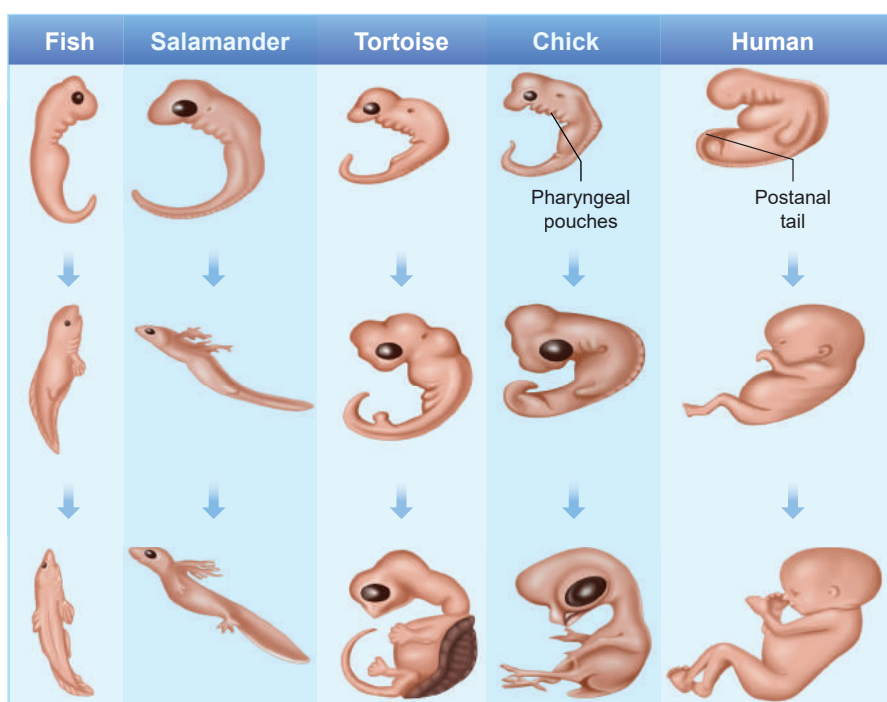


Fig 6.4 Embryological evidences



theory of recapitulation” which states that the life history of an individual (ontogeny) briefly repeats or recapitulates the evolutionary history of the race (phylogeny). In other words “**Ontogeny recapitulates Phylogeny**”. The embryonic stages of a higher animal resemble the adult stage of its ancestors. Appearance of pharyngeal gill slits, yolk sac and the appearance of tail in human embryos are some of the examples (**Fig. 6.4**). The biogenetic law is not universal and it is now thought that animals do not recapitulate the adult stage of any ancestors. The human embryo recapitulates the embryonic history and not the adult history of the organisms.

The comparative study of the embryo of different animals shows structural similarities among themselves. The embryos of fish, salamander, tortoise, chick and human start life as a single cell, the zygote, and undergo cleavage to produce the blastula, change to gastrula and are triploblastic. This indicates that all the above said animals have evolved from a common ancestor.

Molecular evidences

Molecular evolution is the process of change in the sequence composition of molecules such as DNA, RNA and proteins across generations. It uses principles of evolutionary biology and population genetics to explain patterns in the changes of molecules.

One of the most useful advancement in the development of molecular biology is proteins and other molecules that control life processes are conserved among species. A slight change that occurs over time in these conserved molecules (DNA, RNA and protein) are often called molecular clocks. Molecules that have been used to study evolution are cytochrome c (respiratory pathway) and rRNA (protein synthesis).

6.5 Theories of biological evolution

6.5.1 Lamarck's theory

Jean Baptiste de Lamarck, was the first to postulate the theory of evolution in his famous book ‘**Philosophie Zoologique**’ in the year **1809**. The two principles of Lamarckian theory are:

i. The theory of use and disuse - Organs that are used often will increase in size and those that are not used will degenerate. Neck in giraffe is an example of use and absence of limbs in snakes is an example for disuse theory.

ii. The theory of inheritance of acquired characters - Characters that are developed during the life time of an organism are called acquired characters and these are then inherited.

The main objection to Lamarckism

Lamarck’s “Theory of Acquired characters” was disproved by **August Weismann** who conducted experiments on mice for twenty generations by cutting their tails and breeding them. All mice born were with tail. Weismann proved that change in the somatoplasm will not be transferred to the next generation but changes in the germplasm will be inherited.

Neo-Lamarckism

The followers of Lamarck (Neo-Lamarckists) like **Cope, Osborn, Packard** and **Spencer** tried to explain Lamarck’s theory on a more scientific basis. They considered that adaptations are universal. Organisms acquire new structures due to their adaptations to the changed environmental conditions. They argued that external conditions stimulate the somatic cells to produce certain ‘secretions’ which reach the sex cells through the blood and bring about variations in the offspring.



6.5.2 Darwin's theory of Natural Selection

Charles Darwin explained the theory of evolution in his book '**The Origin of Species by Natural Selection**'. During his journey around the Earth, he made extensive observations of plants and animals. He noted a huge variety and remarkable similarities among organisms and their adaptive features to cope up to their environment. He proved that fittest organisms can survive and leave more progenies than the unfit ones through natural selection.

Darwin's theory was based on several facts, observations and influences. They are:

1. Over production (or) prodigality of production

All living organisms increase their population in larger number. For example, Salmon fish produces about 28 million eggs during breeding season and if all of them hatch, the seas would be filled with salmon in few generations. Elephant, the slowest breeder that can produce six young ones in its life time can produce 6 million descendants at the end of 750 years in the absence of any check.

2. Struggle for existence

Organisms struggle for food, space and mate. As these become a limiting factor, competition exists among the members of the population. Darwin denoted struggle for existence in three ways –

Intra specific struggle between the same species for food, space and mate.

Inter specific struggle with different species for food and space.

Struggle with the environment to cope with the climatic variations, flood, earthquakes, drought, etc.,

3. Universal occurrence of variations

No two individuals are alike. There are variations even in identical twins. Even the children born of the same parents differ in colour, height, behavior, etc., The useful variations

found in an organism help them to overcome struggle and such variations are passed on to the next generation.

4. Origin of species by Natural Selection

According to Darwin, nature is the most powerful selective force. He compared origin of species by natural selection to a small isolated group. Darwin believed that the struggle for existence resulted in the survival of the fittest. Such organisms become better adapted to the changed environment.

Objections to Darwinism

Some objections raised against Darwinism were –

- Darwin failed to explain the mechanism of variation.
- Darwinism explains the survival of the fittest but not the arrival of the fittest.
- He focused on small fluctuating variations that are mostly non-heritable.
- He did not distinguish between somatic and germinal variations.
- He could not explain the occurrence of vestigial organs, over specialization of some organs like large tusks in extinct mammoths, oversized antlers in the extinct Irish deer, etc.,

Neo Darwinism

Neo Darwinism is the interpretation of Darwinian evolution through Natural Selection as it has been modified since it was proposed. New facts and discoveries about evolution have led to modifications of Darwinism and is supported by **Wallace, Heinrich, Haeckel, Weismann and Mendel**. This theory emphasizes the change in the frequency of genes in population arises due to mutation, variation, isolation and Natural selection.



6.5.3 Mutation theory

Hugo de Vries put forth the Mutation theory. Mutations are sudden random changes that occur in an organism that is not heritable. De Vries carried out his experiments in the Evening Primrose plant (*Oenothera lamarckiana*) and observed variations in them due to mutation.

According to de Vries, sudden and large variations were responsible for the origin of new species whereas Lamarck and Darwin believed in gradual accumulation of all variations as the causative factors in the origin of new species.

Salient features of Mutation Theory

- Mutations or discontinuous variation are transmitted to other generations.
- In naturally breeding populations, mutations occur from time to time.
- There are no intermediate forms, as they are fully fledged.
- They are strictly subjected to natural selection.

6.5.4 Modern synthetic theory

Sewell Wright, Fisher, Mayer, Huxley, Dobzhansky, Simpson and Haeckel explained Natural Selection in the light of Post-Darwinian discoveries. According to this theory gene mutations, chromosomal mutations, genetic recombinations, natural selection and reproductive isolation are the five basic factors involved in the process of organic evolution.

- Gene mutation** refers to the changes in the structure of the gene. It is also called gene/point mutation. It alters the phenotype of an organism and produces variations in their offspring.
- Chromosomal mutation** refers to the changes in the structure of chromosomes due to deletion, addition, duplication, inversion or translocation. This too alters the phenotype of an organism and produces variations in their offspring.

iii. **Genetic recombination** is due to crossing over of genes during meiosis. This brings about genetic variations in the individuals of the same species and leads to heritable variations.

iv. **Natural selection** does not produce any genetic variations but once such variations occur it favours some genetic changes while rejecting others (driving force of evolution).

v. **Reproductive isolation** helps in preventing interbreeding between related organisms.

6.5.5 Evolution by anthropogenic sources

Natural Selection (Industrial melanism)

Natural selection can be explained clearly through industrial melanism. Industrial melanism is a classical case of Natural selection exhibited by the peppered moth, *Biston betularia*. These were available in two colours, white and black. Before industrialization peppered moth both white and black coloured were common in England. Pre-industrialization witnessed white coloured background of the wall of the buildings hence the white coloured moths escaped from their predators. Post industrialization, the tree trunks became dark due to smoke and soot let out from the industries. The black moths camouflaged on the dark bark of the trees and the white moths were easily identified by their predators. Hence the dark coloured moth population was selected and their number increased when compared to the white moths. Nature offered positive selection pressure to the black coloured moths. The above proof shows that in a population, organisms that can adapt will survive and produce more progenies resulting in increase in population through natural selection.



Artificial selection is a byproduct of human exploitation of forests, oceans and fisheries or the use of pesticides, herbicides or drugs. For hundreds of years humans have selected various types of dogs, all of which are variants of the single species of dog. If human beings can produce new varieties in short period, then “**nature**” with its vast resources and long duration can easily produce new species by selection.

6.5.6 Adaptive Radiation

The evolutionary process which produces new species diverged from a single ancestral form becomes adapted to newly invaded habitats is called adaptive radiation. Adaptive radiations are best exemplified in closely related groups that have evolved in relatively short time. Darwin's finches and Australian marsupials are best examples for adaptive radiation. When more than one adaptive radiation occurs in an isolated geographical area, having the same structural and functional similarity it is due to convergent evolution.

Darwin's finches

Their common ancestor arrived on the Galapagos about 2 million years ago. During that time, Darwin's finches have evolved into 14 recognized species differing in body size, beak shape and feeding behavior. Changes in the size and form of the beak have enabled

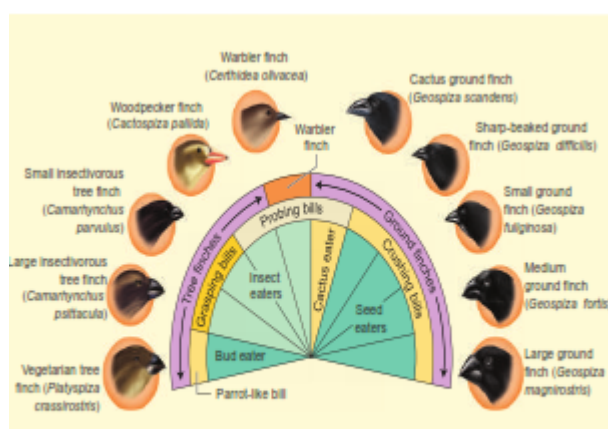


Fig 6.5 Darwin's finches

different species to utilize different food resources such as insects, seeds, nectar from cactus flowers and blood from iguanas, all driven by Natural selection. **Fig. 6.6** represents some of the finches observed by Darwin. Genetic variation in the ALX1 gene in the DNA of Darwin finches is associated with variation in the beak shape. Mild mutation in the ALX1 gene leads to phenotypic change in the shape of the beak of the Darwin finches.

Marsupials in Australia and placental mammals in North America are two subclasses of mammals they have adapted in similar way to a particular food resource, locomotory skill or climate. They were separated from the common ancestor more than 100 million year ago and each lineage continued to evolve independently. Despite temporal and geographical separation, marsupials in Australia and placental mammals in North America have produced varieties of species living in similar habitats with similar ways of life. Their overall resemblance in shape, locomotory mode, feeding and foraging are superimposed upon different modes of reproduction. This feature reflects their distinctive evolutionary relationships.

Over 200 species of marsupials live in Australia along with many fewer species of placental mammals. The marsupials have undergone adaptive radiation to occupy the diverse habitats in Australia, just as the placental mammals have radiated across North America.

6.6 Mechanism of evolution

Microevolution (evolution on a small scale) refers to the changes in allele frequencies within a population. Allele frequencies in a population may change due to four fundamental forces of evolution such as natural selection, genetic drift, mutation and gene flow.

6.6.1 Natural selection

It occurs when one allele (or combination of alleles of differences) makes an organism more or less fit to survive and reproduce in a given environment. If an allele reduces fitness, its frequencies tend to drop from one generation to the next.

The evolutionary path of a given gene i.e., how its allele's change in frequency in the population across generation, may result from several evolutionary mechanisms acting at once. For example, one gene's allele frequencies might be modified by both gene flow and genetic drift, for another gene, mutation may produce a new allele, that is favoured by natural selection (Fig. 6.6).

Selection

There are mainly three types of natural selection

i. Stabilising Selection (centripetal selection):

This type of selection operates in a stable environment (Fig. 6.7a). The organisms with average phenotypes survive whereas the extreme individuals from both the ends are eliminated. There is no speciation but the phenotypic stability is maintained within the population over generation. For example, measurements of sparrows that survived the storm clustered around the mean, and the sparrows that failed to survive the

storm clustered around the extremes of the variation showing stabilizing selection.

ii. Directional Selection: The environment which undergoes gradual change is subjected to directional selection (Fig. 6. 7b). This type of selection removes the individuals from one end towards the other end of phenotypic distribution. For example, size differences between male and female sparrows. Both male and female look alike externally but differ in body weight. Females show directional selection in relation to body weight.

iii. Disruptive Selection (centrifugal selection):

When homogenous environment changes into heterogenous environment this type of selection is operational (Fig. 6.7c). The organisms of both the extreme phenotypes are selected whereas individuals with average phenotype are eliminated. This results in splitting of the population into sub population/species. This is a rare form of selection but leads to formation of two or more different species. It is also called adaptive radiation. E.g. Darwin's finches-beak size in relation to seed size inhabiting Galapagos islands.

Group selection and sexual selection are other types of selection. The two major group selections are Altruism and Kin selection.

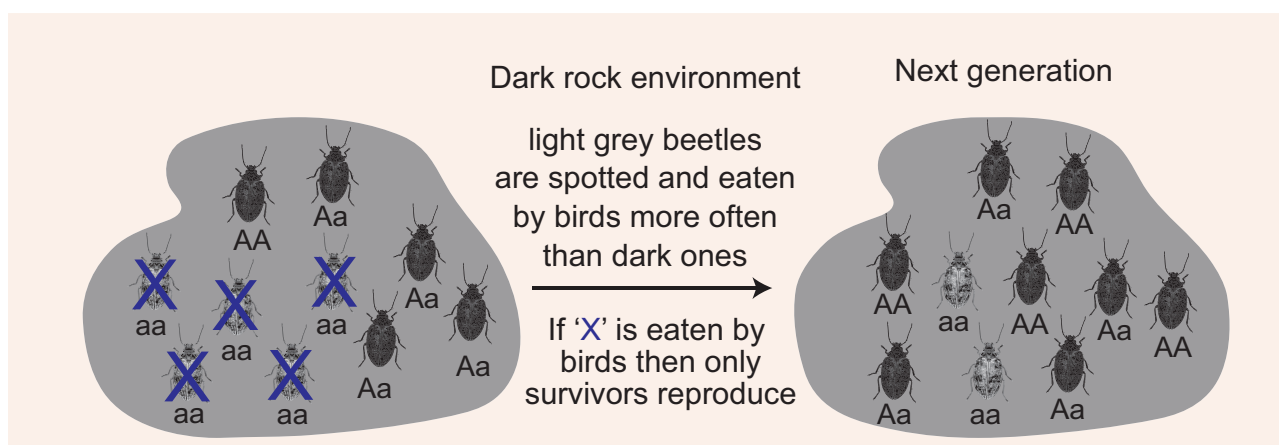


Fig 6.6 Natural selection

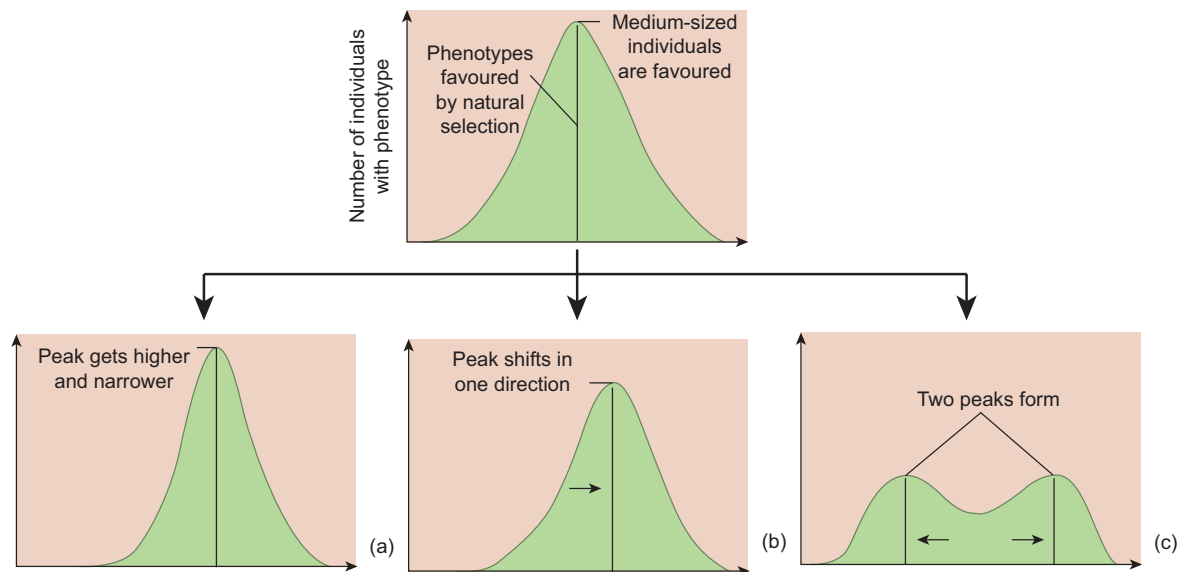


Fig 6.7 Operation of natural selection on different traits (a) Stabilising (b) Directional and (c) Disruptive

6.6.2 Gene flow

Movement of genes through gametes or movement of individuals in (immigration) and out (emigration) of a population is referred to as gene flow. Organisms and gametes that enter the population may have new alleles or may bring in existing alleles but in different proportions than those already in the population. Gene flow can be a strong agent of evolution (**Fig 6.8**).

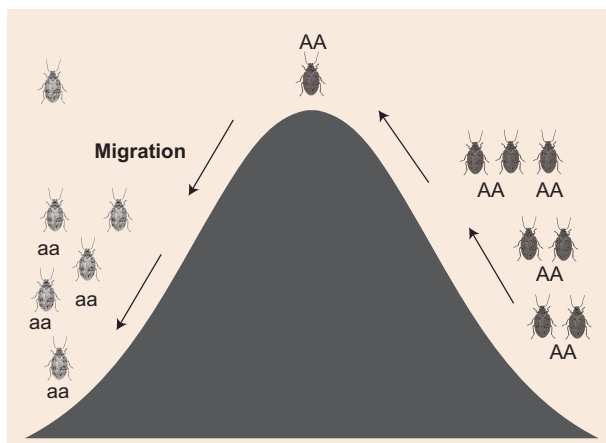


Fig 6.8 Gene flow

6.6.3 Genetic drift / Sewall Wright Effect

Genetic drift is a mechanism of evolution in which allele frequencies of a population change over generation due to chance (sampling error). Genetic drift occurs in all population sizes, but its effects are strong in a small population

(**Fig. 6.9**). It may result in a loss of some alleles (including beneficial ones) and fixation of other alleles. Genetic drift can have major effects, when the population is reduced in size by natural disaster due to bottle neck effect or when a small group of population splits from the main population to form a new colony due to founder's effect.

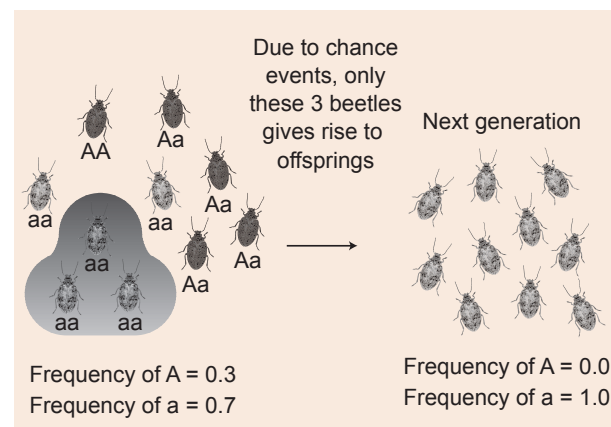


Fig 6.9 Genetic drift

6.6.4 Mutation

Although mutation is the original source of all genetic variation, mutation rate for most organisms is low. Hence new mutations on an allele frequencies from one generation to the next is usually not large.



6.7 Hardy - Weinberg Principle

In nature, populations are usually evolving such as the grass in an open meadow, wolves in a forest and bacteria in a person's body are all natural populations. All of these populations are likely to be evolving some of their genes. Evolution does not mean that the population is moving towards perfection rather the population is changing its genetic makeup over generations. For example in a wolf population, there may be a shift in the frequency of a gene variant for black fur than grey fur. Sometimes, this type of change is due to natural selection or due to migration or due to random events.

First we will see the set of conditions required for a population not to evolve. Hardy of UK and Weinberg of Germany stated that the allele frequencies in a population are stable and are constant from generation to generation in the absence of gene flow, genetic drift, mutation, recombination and natural selection. If a population is in a state of Hardy Weinberg equilibrium, the frequencies of alleles and genotypes or sets of alleles in that population will remain same over generations. Evolution is a change in the allele frequencies in a population over time. Hence population in Hardy Weinberg is not evolving.

Suppose we have a large population of beetles, (infinitely large) and appear in two colours dark grey (black) and light grey, and their colour is determined by 'A' gene. 'AA' and 'Aa' beetles are dark grey and 'aa' beetles are light grey. In a population let's say that 'A' allele has frequency (p) of 0.3 and 'a' allele has a frequency (q) of 0.7. Then $p+q=1$.

If a population is in Hardy Weinberg equilibrium, the genotype frequency can be estimated by Hardy Weinberg equation.
 $(p + q)^2 = p^2 + 2pq + q^2$

p^2 = frequency of AA

$2pq$ = frequency of Aa

q^2 = frequency of aa

$p = 0.3$, $q = 0.7$ then,

$p^2 = (0.3)^2 = 0.09 = 9\% \text{ AA}$

$2pq = 2(0.3)(0.7) = 0.42 = 42\% \text{ Aa}$

$q^2 = (0.7)^2 = 0.49 = 49\% \text{ aa}$

Hence the beetle population appears to be in Hardy- Weinberg equilibrium. When the beetles in Hardy- Weinberg equilibrium reproduce, the allele and genotype frequency in the next generation would be: Let's assume that the frequency of 'A' and 'a' allele in the pool of gametes that make the next generation would be the same, then there would be no variation in the progeny. The genotype frequencies of the parent appears in the next generation. (i.e. 9% AA, 42% Aa and 49% aa).

If we assume that the beetles mate randomly (selection of male gamete and female gamete in the pool of gametes), the probability of getting the offspring genotype depends on the genotype of the combining parental gametes.

Hardy Weinberg's assumptions include

No mutation – No new alleles are generated by mutation nor the genes get duplicated or deleted.

Random mating – Every organism gets a chance to mate and the mating is random with each other with no preferences for a particular genotype.

No gene flow - Neither individuals nor their gametes enter (immigration) or exit (emigration) the population.

Very large population size - The population should be infinite in size.

No natural selection- All alleles are fit to survive and reproduce.

If any one of these assumptions were not met, the population will not be in Hardy-Weinberg equilibrium. Only if the allele frequencies changes from one generation to the other, evolution will take place.



6.8 Origin and Evolution of Man

Mammals evolved in the early Jurassic period, about 210 million years ago. Hominid evolution occurred in Asia and Africa. Hominids proved that human beings are superior to other animals and efficient in making tools and culture. The earliest fossils of the prehistoric man like *Ramapithecus* and *Sivapithecus* lived some 14 mya and were derived from ape like *Dryopithecus*. *Dryopithecus* and *Ramapithecus* were hairy and walked like gorillas and chimpanzees. *Australopithecus* lived in East African grasslands about 5 mya and was called the Australian ape man. He was about 1.5 meters tall with bipedal locomotion, omnivorous, semi erect, and lived in caves. Low forehead, brow ridges over the eyes, protruding face, lack of chin, low brain capacity of about 350 – 450 cc, human like dentition, lumbar curve in the vertebral column were his distinguishing features. *Homo habilis* lived about 2 mya. Their brain capacity was between 650 – 800cc, and was probably vegetarian. They had bipedal locomotion and used tools made of chipped stones.



Homo erectus the first human like being was around 1.7 mya and was much closer to human in looks, skull was flatter and thicker than the modern man and had a large brain capacity of around 900 cc. *Homo erectus* probably ate meat.

Homo ergaster and *Homo erectus* were the first to leave Africa. Neanderthal human was found in Neander Valley, Germany with a brain size of 1400 cc and lived between 34,000 – 1,00,000 years ago. They differ from the modern human in having semierect posture, flat cranium, sloping forehead, thin large orbits, heavy brow ridges, protruding jaws and no chin. They used animal hides to protect their bodies, knew the use of fire and buried their dead. They did not practice agriculture and animal domestication. Cro-Magnon was one of the most talked forms

of modern human found from the rocks of Cro-Magnon, France and is considered as the ancestor of modern Europeans. They were not only adapted to various environmental conditions, but were also known for their cave paintings, figures on floors and walls.

Homo sapiens or modern human arose in Africa some 25,000 years ago and moved to other continents and developed into distinct races. They had a brain capacity of 1300 – 1600 cc. They started cultivating crops and domesticating animals.

6.9 Isolating Mechanism

Isolation is the separation of the members of a single population into sub populations so that genetic integrity of the subpopulation can be maintained. Closely related species living in the same area do not breed together; they are prevented by isolating barriers. An isolating barrier is any evolved character of the two species that stops them from interbreeding. Several kinds of isolating barriers are distinguished. The most important distinction is Prezygotic and post zygotic isolation. Prezygotic mechanisms include those which prevent two species from coming into contact. This includes ecological, seasonal, ethological and morphological. Post zygotic mechanisms are those which act after fertilization that include hybrid sterility, hybrid inviability and hybrid breakdown.

- i. **Ecological isolation or habitat isolation**
– the members of the same population may be separated from one another by a differences in their habitat. For example *Rana areolata* occupies burrows dug by mammals and tortoises during the day and breeds in grassy shallow ponds whereas *Rana grylio* breeds in deep waters. Due to the difference in their habitat the two species are able to maintain their respective species identities.



- ii. **Seasonal isolation** – In this type of isolation, difference in the breeding seasons prevents interbreeding. E.g. Toad, *Bufo americanus* breeds much early in the spring; whereas *Bufo fowleri* breeds very late in the season. They are able to maintain their species identity because of the differences in the breeding seasons.
- iii. **Sexual or ethological isolation/ Behavioural isolation** – Prevents mating due to the difference in their sexual behavior. The species are not separated from one another either in time or in space. The mating calls of two closely related species of frogs, *Hyla versicolor* (grey tree frog) and *Hyla femoralis* (pine wood tree frog) are different which prevents interbreeding.
- iv. **Morphological isolation or mechanical isolation** – This type of isolation is due to the differences in their external genitalia that is seen in two different species. The size difference between the toad species *Bufo quercicus* and *Bufo valliceps*, prevents their interbreeding.
- v. **Physiological isolation** – Though mating may occur, the gametes are prevented from fertilization due to mechanical or physiological factors. E.g. The sperms of *Drosophila virilis* survive only for about a day when introduced into the sperm receptacle of *Drosophila americana* while the sperms of *Drosophila americana* live for a longer time.
- vi. **Cytological isolation** – Fertilization does not take place due to the differences in the chromosome numbers between the two species, the bull frog *Rana catesbiana* and gopher frog *Rana areolata*.

- vii. **Hybrid inviability** – In this type, the sperm enters the egg, fertilization occurs and the embryo develops into the adult but it dies before reaching maturity. In certain fishes, frogs, beetles, even if fertilization takes place between two species, due to genetic incompatibility they do not leave any surviving offspring.
- viii. **Hybrid sterility** – In this type, hybrids are formed due to inter specific crosses but they are sterile due to the failure of the chromosomes to segregate normally during meiosis, example Mule (inter specific cross between a horse and a donkey).
- ix. **Hybrid breakdown** – F1 Hybrids are viable and fertile, but F2 hybrids may be inviable or sterile.

6.10 Speciation

The process by which one species evolves into one or more different species is called speciation. A.E. Emerson defines species as a 'genetically distinctive, reproductively isolated natural population'. Speciation is a fundamental process in evolution. Evolution of a new species in a single lineage is called anagenesis / phyletic speciation. If one species diverges to become two or more species it is cladogenesis or divergent evolution.

6.10.1 Sympatric speciation/ Reproductive isolation

It is a mode of speciation through which new species form from a single ancestral species while both species continue to inhabit the same geographical region. Two or more species are involved. New species formed due to genetic modification in the ancestor that is naturally selected can no longer breed with the parent population. Sexual isolation is strongest. Phenotypic plasticity has emerged as potentially important first step in speciation initiated within an isolated population.



Phenotypic plasticity is the ability of single genotype to produce more than one phenotype. When this plasticity is expressed seasonally in planktons, it is referred to as cyclomorphosis.

6.10.2 Allopatric speciation/ Geographical speciation

It is a mode of speciation that occurs when biological populations of similar species become isolated from each other that prevents gene flow. One species becomes two species due to geographical barriers hence new species is evolved e.g. Darwin's finches. The barriers are land separation, migration or mountain formation. When barriers occur between species, change in ecological conditions and environment leads to adaptations that produce differences. If there are no adaptations, they will not survive. Sexual isolation is weakest.

A well studied example is the adaptation of Apple maggots that feed on apples in North America. When the apple trees were imported to North America, Apple maggot flies (*Rhagoletis pomonella*) a parasitic insect that normally laid its eggs in the fruit of wild hawthorns until one subset of population began to lay its eggs in the fruit of domesticated apple trees (*Malus domestica*) that grew in the same area. This small group of apple maggot flies selected a different host species from the rest of the population and its offsprings became accustomed to domesticated apples.

6.11 Extinction of Animals

Extinction

Extinction was common if not inevitable because species could not always adapt to large or rapid environmental changes. The

impact of extinction can conveniently be considered at three levels.

Species extinction eliminates an entire species, by an environmental event (flood etc.) or by biological event (disease or non availability of food resource half or more).

Table 6.2 Details of the five major mass extinctions since the Cambrian period

Extinction Period	Date (Mya)	Estimated % of Marine Animal Extinction	
		Genera	Species
End of the Ordovician	440	61	85
End of the Devonian	365	55	82
End of the Permian	245	84	96
End of the Triassic	208	50	76
End of the Cretaceous	65	50	76

Mass extinction eliminates half or more species in a region or ecosystem, as might occur following a volcanic eruption. Five major mass extinction that occurred since the Cambrian period. This mass extinction is often referred to as K-T extinction. **Table 6.2** represents the K-T extinction.

K-T Extinction refers to the German word Cretaceous and Tertiary periods.

Global extinction eliminates most of the species on a large scale or larger taxonomic groups in the continent or the Earth. Snow ball Earth and extinction following elevation in CO₂ levels are example. Extinction events opens up new habitats and so can facilitate the radiation of organisms that survived the mass extinction.

Summary

Evolutionary Biology is the study of history of life forms on Earth which originated on Earth millions of years ago.



How Earth originated, how life originated, what is the place of man in the universe are all general questions. This chapter deals with several theories to explain the life on Earth. Evidence from the fossil record and many other areas of biology like embryology, anatomy and molecular biology indicates a common ancestry.

The theories advanced by Lamarck, Darwin, Hugo de Vries explained the intricate evolutionary process. Geological time scale with different eras, periods and epochs gives an idea about the dominant species in those days. The mathematical distribution of gene and genotype frequencies remains constant in a small population was contributed by Hardy and Weinberg in 1908. Natural Selection and gene pool are the important factors those affect Hardy Weinberg equilibrium.

Human evolution states that humans developed from primates or ape like ancestors. The emergence of Homo sapiens as a distinct species from apes and placental mammals in brain size, eating habit and other behavior proves that 'Ontogeny recapitulates Phylogeny'.

Separation of a single population into its subunits preserves the genetic integrity. Types of isolating mechanism and speciation prevent interbreeding of different species. Various causes of extinction of animals and the levels of impact are dealt with in the lesson.

Evaluation

- 1) The first life on earth originated
 - a) in air
 - b) on land
 - c) **in water**
 - d) on mountain
- 2) Who published the book "Origin of species by Natural Selection" in 1859?
 - a) **Charles Darwin**
 - b) Lamarck
 - c) Weismann
 - d) Hugo de Vries

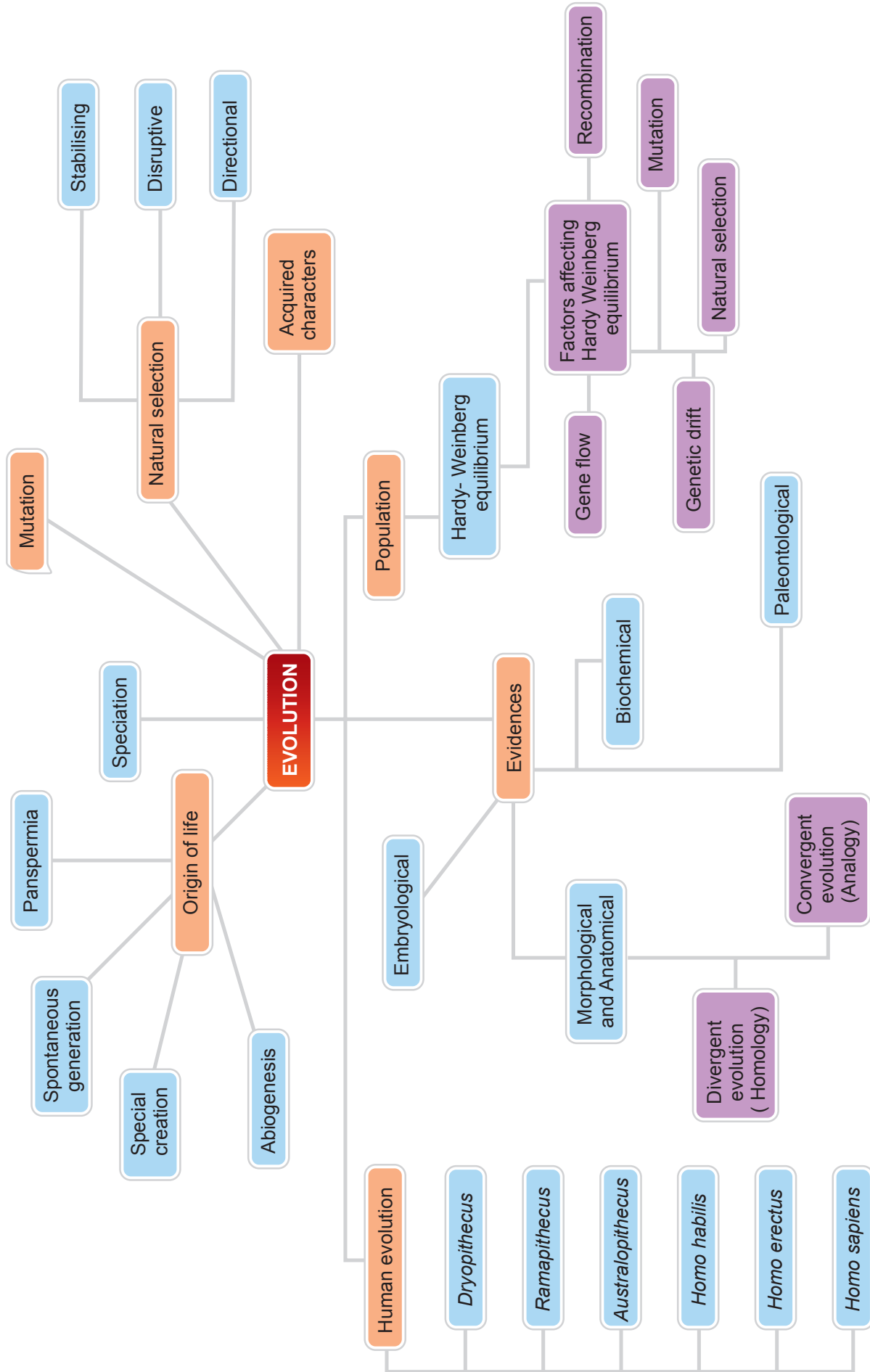


- 3) Which of the following was the contribution of Hugo de Vries?
 - a) **Theory of mutation**
 - b) Theory of natural Selection
 - c) Theory of inheritance of acquired characters
 - d) Germplasm theory
- 4) The wings of birds and butterflies is an example of
 - a) Adaptive radiation
 - b) **convergent evolution**
 - c) divergent evolution
 - d) variation
- 5) The phenomenon of "Industrial Melanism" demonstrates
 - a) **Natural selection**
 - b) induced mutation
 - c) reproductive isolation
 - d) geographical isolation
- 6) Darwin's finches are an excellent example of
 - a) connecting links
 - b) seasonal migration
 - c) **adaptive radiation**
 - d) parasitism
- 7) Who proposed the Germplasm theory?
 - a) Darwin
 - b) **August Weismann**
 - c) Lamarck
 - d) Alfred Wallace
- 8) The age of fossils can be determined by
 - a) electron microscope
 - b) weighing the fossils
 - c) **carbon dating**
 - d) analysis of bones
- 9) Fossils are generally found in
 - a) igneous rocks
 - b) metamorphic rocks
 - c) volcanic rocks
 - d) **sedimentary rocks**
- 10) Evolutionary history of an organism is called
 - a) ancestry
 - b) ontogeny
 - c) **phylogeny**
 - d) paleontology



- 11) The golden age of reptiles was
 - a) **Mesozoic era**
 - b) Cenozoic era
 - c) Paleozoic era
 - d) Proterozoic era
- 12) Which period was called "Age of fishes"?
 - a) Permian
 - b) Triassic
 - c) **Devonian**
 - d) Ordovician
- 13) Modern man belongs to which period?
 - a) **Quaternary**
 - b) Cretaceous
 - c) Silurian
 - d) Cambrian
- 14) The Neanderthal man had the brain capacity of
 - a) 650 – 800cc
 - b) 1200cc
 - c) 900cc
 - d) **1400cc**
- 15) List out the major gases seems to be found in the primitive earth.
- 16) Explain the three major categories in which fossilization occur?
- 17) Differentiate between divergent evolution and convergent evolution with one example for each.
- 18) How does Hardy-Weinberg's expression ($p^2 + 2pq + q^2 = 1$) explain that genetic equilibrium is maintained in a population? List any four factors that can disturb the genetic equilibrium.
- 19) Explain how mutations, natural selection and genetic drift affect Hardy Weinberg equilibrium.
- 20) How did Darwin explain fitness of organisms?
- 21) Mention the main objections to Darwinism.
- 22) Taking the example of Peppered moth, explain the action of natural selection. What do you call the above phenomenon?
- 23) Darwin's finches and Australian marsupials are suitable examples of adaptive radiation – Justify the statement.
- 24) Who disproved Lamarck's Theory of acquired characters? How?
- 25) How does Mutation theory of De Vries differ from Lamarck and Darwin's view in the origin of new species.
- 26) Explain stabilizing, directional and disruptive selection with examples.
- 27) Rearrange the descent in human evolution
Australopithecus → *Homo erectus* → *Homo sapiens* → *Ramapithecus* → *Homo habilis*.
- 28) Differentiate between the eating habit and brain size of *Australopithecus* and *Ramapithecus*.
- 29) How does Neanderthal man differ from the modern man in appearance?
- 30) Mention any three similarities found common in Neanderthal man and *Homo sapiens*.
- 31) Define isolating mechanism and explain its types with suitable examples.
- 32) Define speciation according to A.E. Emerson and explain its types giving suitable examples.
- 33) Give an account on the major causes for the extinction of a particular species on earth.
- 34) Explain the three level of impact of extinction of species.
- 35) According to Darwin, the organic evolution is due to [AIPMT-2013]3)
 - a) Intraspecific competition
 - b) Interspecific competition
 - c) Competition within closely related species.
 - d) Reduced feeding efficiency in one species due to the presence of interfering species.
- 36) A population will not exist in Hardy-Weinberg equilibrium if [AIPMT-2015]
 - a) Individuals mate selectively
 - b) There are no mutations
 - c) There is no migration
 - d) The population is large

Concept Map



7

CHAPTER

UNIT - III

Human Health and Diseases



Sneezing spreads diseases through the droplets of mucus

Chapter outline

- 7.1 Common diseases in human beings: Infectious and non infectious diseases
- 7.2 Maintenance of personal and public hygiene
- 7.3 Adolescence – Drug and alcohol abuse
- 7.4 Mental health – Depression
- 7.5 Lifestyle disorders in human beings



Learning Objectives

- *Learns about various bacterial, viral, fungal, protozoan and helminth diseases.*
- *Understands the life cycle of malarial parasite.*
- *Learns the ill effects of drugs and alcohol.*
- *Realizes the responsibility for their behaviour, health care and life styles.*
- *Understands the importance of mental health and life style modifications to be followed for their well being.*



The World Health Organization [WHO] defines health as ‘a state of complete physical, mental and social wellbeing and not merely absence of diseases’. We can also say “HEALTH IS WEALTH”, when people are healthy they are more efficient at work. Health increases longevity of people and reduces infant and adult mortality. Personal hygiene, regular exercise and balanced diet are very important to maintain good health.

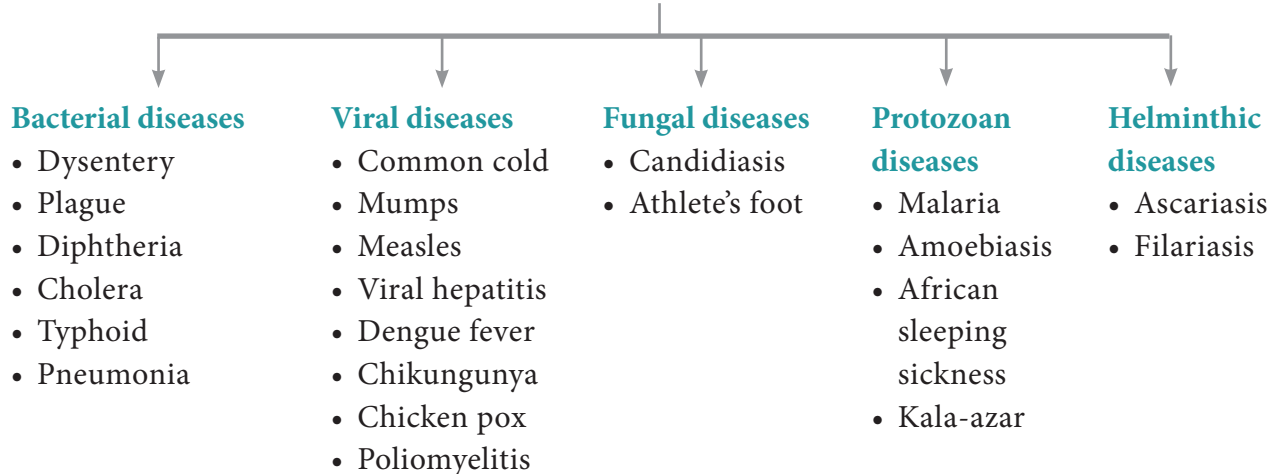
7.1 Common diseases in human beings

Disease can be defined as a disorder or malfunction of the mind or body. It involves morphological, physiological and psychological disturbances which may be due to environmental factors or pathogens or genetic anomalies or life style changes. Diseases can be broadly grouped into infectious and non infectious types.

Diseases which are transmitted from one person to another are called infectious diseases or **communicable diseases**. Such disease causing organisms are called **pathogens** and are transmitted through air, water, food, physical contact and vectors. The disease causing pathogen may be virus, bacteria, fungi, protozoan parasites, helminthic parasites, etc., Infectious diseases are common and everyone



Common human diseases



suffers from such diseases at some time or the other. Most of the bacterial diseases are curable but all viral diseases are not. Some infectious disease like AIDS may be fatal.

Non-infectious diseases are not transmitted from an infected person to a healthy person. In origin they may be genetic (cystic fibrosis), nutritional (vitamin deficiency diseases) and degenerative (arthritis, heart attack, stroke). Among non-infectious diseases, cancer is one of the major causes of death.

7.1.1 Bacterial and viral diseases

Bacterial diseases

Though the number of bacterial species is very high, only a few bacteria are associated with human diseases and are called **pathogenic bacteria**. Such pathogens may emit toxins and affected the body. Common pathogenic bacteria and the bacterial diseases are given in **table 7.1**.

Bacteria spread through air, water or by inhaling the droplets/aerosols or even by sharing utensils, dresses with an infected person. Typhoid fever can be confirmed by **Widal test**.

Viral diseases

Viruses are the smallest intracellular obligate parasites, which multiply within

Bacterial resistance

If an antibiotic is used too often to fight a specific bacterial infection, the bacteria may become resistant to the specific antibiotic. Hence the specific antibiotic can no longer be used to treat the bacterial infection. Some bacteria have developed resistance to many antibiotics. Therefore, infections caused by these bacteria are difficult to be cured.

Risk of bacterial resistance can be reduced by observing the following steps

- Avoid using antibiotics to treat minor infections that can be taken care by our immune system.
- Do not use an antibiotic to treat viral infections such as common cold or flu.
- Always follow the prescription. Skipping doses or failing to complete the prescription may allow antibiotic resistance to develop.

living cells. Outside the living cells they cannot carry out the characteristics of a living organism. Viruses invade living cells, forcing the cells to create new viruses. The new viruses break out of the cell, killing it and invade other cells in the body, causing

Table 7.1. Bacterial diseases in human beings

S. No	Diseases	Causative agent	Site of infection	Mode of transmission	Symptoms
1	Shigellosis (Bacillary dysentery)	<i>Shigella sp.</i>	Intestine	Food and water contaminated by faeces / faecal oral route	Abdominal pain, dehydration, blood and mucus in the stools
2	Bubonic plague (Black death)	<i>Yersinia pestis</i>	Lymph nodes	Rat flea vector- <i>Xenopsylla cheopis</i>	Fever, headache, and swollen lymph nodes
3	Diphtheria	<i>Corynebacterium diphtheriae</i>	Larynx, skin, nasal and genital passage	Droplet infection	Fever, sore throat, hoarseness and difficulty in breathing
4	Cholera	<i>Vibrio cholerae</i>	Intestine	Contaminated food and water/ faecal oral route	Severe diarrhoea and dehydration
5	Tetanus (Lock jaw)	<i>Clostridium tetani</i>	Spasm of muscles	Through wound infection	Rigidity of jaw muscle, increased heart beat rate and spasm of the muscles of the jaw and face
6	Typhoid (Enteric fever)	<i>Salmonella typhi</i>	Intestine	Through contaminated food and water	Headache, abdominal discomfort, fever and diarrhoea
7	Pneumonia	<i>Streptococcus pneumoniae</i>	Lungs	Droplet infection	Fever, cough, painful breathing and brown sputum
8	Tuberculosis	<i>Mycobacterium tuberculosis</i>	Lungs	Droplet infection	Thick mucopurulent nasal discharge

diseases in human beings. *Rhino viruses* cause one of the most infectious human ailment called the “**Common cold**”.

Viral diseases are generally grouped into four types on the basis of the symptoms produced in the body organs.

- i. Pneumotropic diseases (respiratory tract infected by influenza)
- ii. Dermotropic diseases (skin and subcutaneous tissues affected by chicken pox and measles)

Table: 7.2 Viral diseases in human beings

S. No	Diseases	Causative agent	Site of infection	Mode of transmission	Symptoms
1	Common cold	<i>Rhino viruses</i>	Respiratory tract	Droplet infection	Nasal congestion and discharge, sore throat, cough and headache
2	Mumps	<i>Mumps virus (RNA virus)</i> <i>Paramyxo virus</i>	Salivary glands	Saliva and droplet infection	Enlargement of the parotid glands
3	Measles	<i>Rubella virus (RNA virus)</i> , <i>Paramyxo virus</i>	Skin and respiratory tract	Droplet infection	Sore throat, running nose, cough and fever. reddish rashes on the skin, neck and ears.
4	Viral hepatitis	<i>Hepatitis - B virus</i>	Liver	Parenteral route, blood transfusion	Liver damage, jaundice, nausea, yellowish eyes, fever and pain in the abdomen
5	Chicken pox	<i>Varicella -Zoster virus (DNA Virus)</i>	Respiratory tract, skin and nervous system	Droplet infection and direct contact	Mild fever with itchy skin, rash and blisters
6	Poliomyelitis	<i>Polio virus (RNA virus)</i>	Intestine, brain, spinal cord	Droplet infection through faecal oral route	Fever, muscular stiffness and weakness, paralysis and respiratory failure
7	Dengue fever (Break bone fever)	<i>Dengue virus or Flavi virus (DENV 1-4 virus)</i>	Skin and blood	Mosquito vector <i>Aedes aegypti</i>	Severe flu like illness with a sudden onset of fever and painful headache, muscle and joint pain.
8	Chikungunya	<i>Alpha virus (Toga virus)</i>	Nervous system	Mosquito vector <i>Aedes aegypti</i>	Fever and joint pain, headache and joint swelling

Nipah virus is a zoonotic virus (transmitted from animals to humans) and also transmitted through contaminated food. In infected people, it causes a range of illness from asymptomatic infection to acute respiratory illness and fatal encephalitis.



iii. Viscerotropic diseases (blood and visceral organs affected by yellow fever and dengue fever)

iv. Neurotropic diseases (central nervous system affected by rabies and polio). Some common viral diseases of human beings are given in **table 7.2**.



Swine flu was first recognised in the 1919 pandemic and still circulates as a seasonal flu virus. Swine flu is caused by the H1N1 virus strain. Symptoms include fever, cough, sore throat, chills, weakness and body aches. Children, pregnant women and the elderly are at risk from severe infection.

7.1.2 Protozoan diseases

About 15 genera of protozoans live as parasites within the human body and cause diseases.

Amoebiasis also called amoebic dysentery or amoebic colitis is caused by *Entamoeba histolytica*, which lives in the human large intestine and feeds on food particles and bacteria (**Fig. 7.1**). Infective stage of this parasite is the **trophozoite**, which penetrates

the walls of the host intestine (colon) and secretes histolytic enzymes causing ulceration, bleeding, abdominal pain and stools with excess mucus. Symptoms of amoebiasis can range from diarrhoea to dysentery with blood and mucus in the stool. **House flies** (*Musca domestica*) acts as a carrier for transmitting the parasite from contaminated faeces and water.

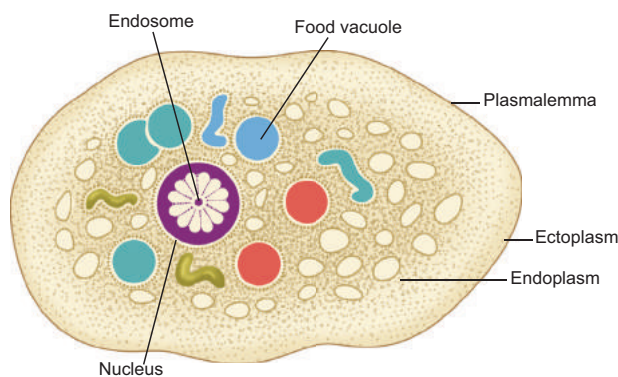


Fig. 7.1 *Entamoeba histolytica*

African sleeping sickness is caused by *Trypanosoma* species. *Trypanosoma* is generally transmitted by the blood sucking **Tsetse** flies. Three species of *Trypanosoma* cause sleeping sickness in man.

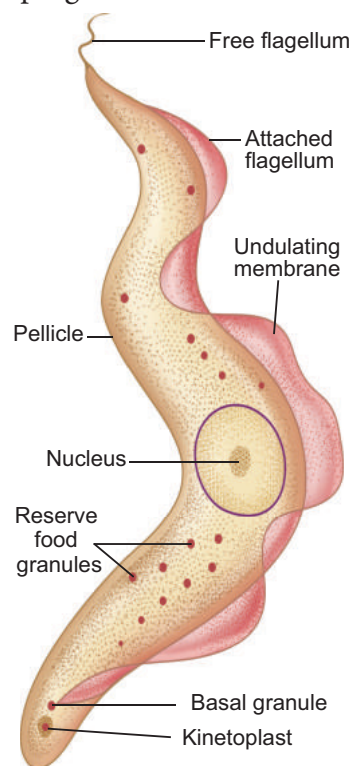


Fig. 7.2. *Trypanosoma gambiense*



1. *T. gambiense* is transmitted by *Glossina palpalis* (**Tsetse fly**) and causes Gambian or Central African sleeping sickness (**Fig. 7.2**).
2. *T. rhodesiense* is transmitted by *Glossina morsitans* causing **Rhodesian or East African sleeping sickness**.
3. *T. cruzi* is transmitted by a bug called *Triatoma megista* and causes **Chagas disease or American trypanosomiasis**.

Kala - azar or visceral leishmaniasis is caused by *Leishmania donovani*, which is transmitted by the vector *Phlebotomus* (**sand fly**). Infection may occur in the endothelial cells, bone marrow, liver, lymph glands and blood vessels of the spleen. Symptoms of Kala azar are weight loss, anaemia, fever, enlargement of spleen and liver.

Malaria is caused by different types of *Plasmodium* species such as *P. vivax*, *P. ovale*, *P. malariae* and *P. falciparum* (**Table 7.3**). *Plasmodium* lives in the RBC of human in its mature condition it is called as **trophozoite**. It is transmitted from one person to another by the bite of the infected female *Anopheles* mosquito.

Life cycle of *Plasmodium*

Plasmodium vivax is a digenic parasite, involving two hosts, man as the secondary host and female *Anopheles* mosquito as the primary host. The life cycle of *Plasmodium* involves three phases namely **schizogony**, **gamogony** and **sporogony** (**Fig. 7.3**).

The parasite first enters the human blood stream through the bite of an infected **female *Anopheles*** mosquito. As it feeds, the mosquito injects the saliva containing the **sporozoites**. The sporozoite within the blood stream immediately enters the hepatic cells of the liver. Further in the liver they undergo multiple asexual fission (**schizogony**) and produce **merozoites**. After



being released from liver cells, the merozoites penetrate the RBC's.

Inside the RBC, the merozoite begins to develop as unicellular trophozoites. The trophozoite grows in size and a central vacuole develops pushing them to one side of cytoplasm and becomes the **signet ring stage**. The trophozoite nucleus then divides asexually to produce the **schizont**. The large schizont shows yellowish - brown pigmented granules called **Schuffners granules**. The schizont divides and produces mononucleated merozoites. Eventually the erythrocyte lyses, releasing the merozoites and haemozoin toxin into the blood stream to infect other erythrocytes. Lysis of red blood cells results in cycles of fever and other symptoms. This erythrocytic stage is cyclic and repeats itself approximately every **48 to 72 hours** or longer depending on the species of *Plasmodium* involved. The sudden release of merozoites triggers an attack on the RBCs. Occasionally, merozoites differentiate into **macrogametocytes** and **microgametocytes**. When these are ingested by a mosquito, they develop into male and female gametes respectively.

In the mosquito's gut, the infected erythrocytes lyse and male and female gametes fertilize to form a diploid zygote called **ookinete**. The ookinete migrates to the mosquito's gut wall and develop into an **oocyte**. The oocyte undergoes meiosis by a process called **sporogony** to form **sporozoites**. These sporozoites migrate to the salivary glands of the mosquito. The cycle is now completed and when the mosquito bites another human host, the sporozoites are injected and the cycle begins a new.

The pathological changes caused by malaria, affects not only the erythrocytes but also the spleen and other visceral organs. Incubation period of **malaria** is about 12 days. The early symptoms of malaria are headache, nausea and muscular pain. The classic

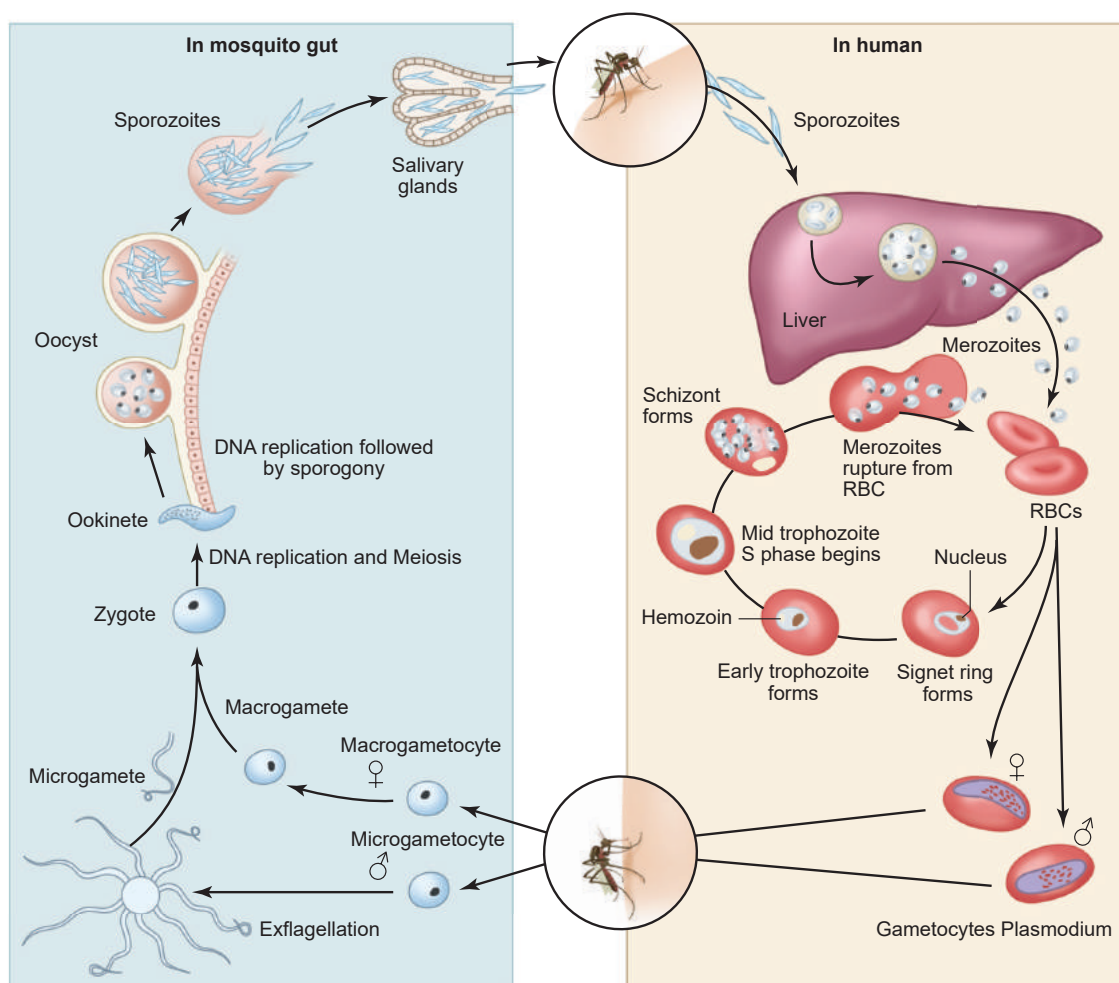


Fig. 7.3 Life cycle of *Plasmodium*

symptoms first develop with the synchronized release of merozoites, **haemozoin** toxin and erythrocyte debris into the blood stream resulting in malarial paroxysms – shivering chills, high fever followed by sweating. Fever and chills are caused partly by malarial toxins that induce macrophages to release tumour necrosis factor (TNF- α) and interleukin.

Prevention

It is possible to break the transmission cycle by killing the insect vector. Mosquitoes lay their eggs in water. Larvae hatch and develop in water but breathe air by moving to the surface. Oil can be sprayed over the water surface, to make it impossible for mosquito larvae and pupae to breathe.

Table 7.3 Types of malaria

Sl No	Types of Malaria	Causative agent	Duration of Erythrocytic cycle
1	Tertian, benign tertian or vivax malaria	<i>P. vivax</i>	48 hours
2	Quartan malaria	<i>P. malariae</i>	72 hours
3	Mild tertian malaria	<i>P. ovale</i>	48 hours
4	Malignant tertian or quotidian malaria	<i>P. falciparum</i>	36 – 48 hours



Ponds, drainage ditches and other permanent bodies of water can be stocked with fishes such as *Gambusia* which feed on mosquito larvae. Preparations containing *Bacillus thuringiensis* can be sprayed to kill the mosquito larvae since it is not toxic to other forms of life. The best protection against malaria is to avoid being bitten by mosquito. People are advised to use mosquito nets, wire gauging of windows and doors to prevent mosquito bites.

In the 1950's the World Health Organisation (WHO) introduced the Malaria eradication programme. This programme was not successful due to the resistance of *Plasmodium* to the drugs used to treat it and resistance of mosquito's to DDT and other insecticides.



Malaria vaccine is used to prevent malaria. The only approved vaccine as of 2015 is RTS,S(Mosquirix). It requires four injections and has relatively low efficacy (26–50%). Due to this low efficacy, WHO does not recommend the use of RTS,S vaccine in babies between 6 and 12 weeks of age.

7.1.3 Fungal diseases

Fungi was recognized as a causative agent of human diseases much earlier than bacteria. Dermatomycosis is a cutaneous infection caused by fungi belonging to the genera *Trichophyton*, *Microsporum* and *Epidermophyton*.

Ringworm is one of the most common fungal disease in humans (Fig. 7.4). Appearance of dry, scaly lesions on the skin, nails and scalp are the main symptoms of the disease. Heat and moisture help these fungi

to grow and makes them to thrive in skin folds such as those in the groin or between the toes. Ringworms of the feet is known as **Athlete's foot** caused by *Tinea pedis* (Fig. 7.5). Ringworms are generally acquired from soil or by using clothes, towels and comb used by infected persons.



Fig. 7.4 Symptoms of ringworm



Fig. 7.5 Symptoms of Athlete's foot

7.1.4 Helminthic diseases

Helminthes are mostly endoparasitic in the gut and blood of human beings and cause diseases called **helminthiasis**. The two most prevalent helminthic diseases are Ascariasis and Filariasis.

Ascaris is a monogenic parasite and exhibits sexual dimorphism. **Ascariasis** is a disease caused by the intestinal endoparasite *Ascaris lumbricoides* commonly called the **round worms** (Fig. 7.6). It is transmitted through ingestion of embryonated eggs through contaminated food and water. Children playing in contaminated soils are also prone to have a chance of transfer of eggs from hand to mouth. The symptoms

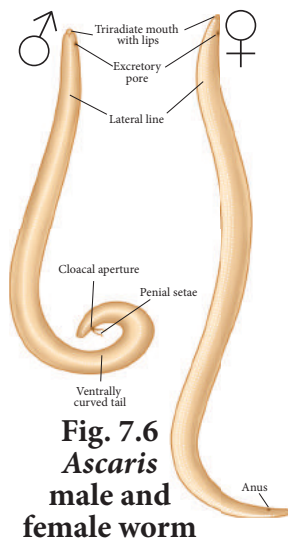


Fig. 7.6
Ascaris
male and
female worm

of the disease are abdominal pain, vomiting, headache, anaemia, irritability and diarrhoea. A heavy infection can cause nutritional deficiency and severe abdominal pain and causes stunted growth in children. It may also cause enteritis, hepatitis and bronchitis.

Filariasis is caused by *Wuchereria bancrofti*, commonly called **filarial worm**. It is found in the **lymph vessels** and **lymph nodes** of man (**Fig. 7.7**). *Wuchereria bancrofti* is sexually dimorphic, viviparous and digenic. The life cycle is completed in two hosts, man and the female *Culex* mosquito. The female filarial worm gives rise to **juveniles** called **microfilariae larvae**. In the lymph glands, the juveniles develop into adults. The accumulation of the worms block the lymphatic system resulting in inflammation of the lymph nodes.

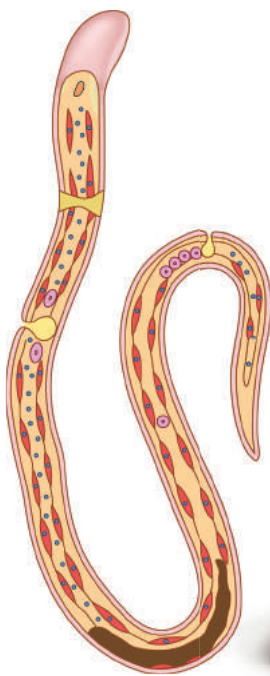


Fig. 7.7 *Wuchereria bancrofti*



Fig. 7.8 Chronic
inflammation of the
lower limbs

In some cases, the obstruction of lymph vessels causes elephantiasis or filariasis of the **limbs**, **scrotum** and **mammary glands** (**Fig. 7.8**).

7.2 Maintenance of personal and public hygiene

Hygiene is a set of practices performed to conserve good health. According to the World Health Organization (WHO), hygiene refers to “conditions and practices that help to maintain health and prevent the spread of diseases.” **Personal hygiene** refers to maintaining one’s body clean by bathing, washing hands, trimming fingernails, wearing clean clothes and also includes attention to keeping surfaces in the home and workplace, including toilets, bathroom facilities, clean and pathogen-free.

Our public places teem with infection, contamination and germs. It seems that every surface we touch and the air we breathe are with pollutants and microbes. It’s not just the public places that are unclean, but we might be amazed at the number of people who do not wash their hands before taking food, after visiting the restroom, or who sneeze without covering their faces. Many infectious diseases such as **typhoid**, **amoebiasis** and **ascariasis** are transmitted through contaminated food and water.

Advancement in science and technology provide effective controlling measures for many infectious and non-infectious diseases. The use of vaccines and adopted immunization programmes have helped to eradicate **small pox** in India. Moreover a large number of infectious diseases like **polio**, **diphtheria**, **pneumonia** and **tetanus** have been controlled by the use of vaccines and by creating awareness among the people.

7.3 Adolescence – drug and alcohol abuse

Adolescence begins with a period of rapid physical and sexual development called **puberty** to maturity at 12 to 19 years of age. Adolescence is also a highly dynamic period of psychological

and social changes in individuals. Adolescents are vulnerable to group (peer) pressure and many youngsters are pushed into experimenting with drugs and alcohol. Proper education and guidance would enable youth to say no to drugs and alcohol and to follow a healthy life style.

Alcohol is a psychoactive drug, which acts on the brain, affecting a person's mind and behaviour. It is a depressant, which slows down the activity of the nervous system. The intake of certain drugs for a purpose other than their normal clinical use in an amount and frequency that impair one's physical, physiological and psychological functions is called **drug abuse**.

The drugs which are commonly abused include **opioids, cannabinoids, coca-alkaloids, barbiturates, amphetamines and LSD**.

Opioids are drugs which bind to specific opioid receptors present in the **central nervous system** and **intestinal tract**. Heroin (smack) is chemically diacetyl morphine, which is white, odourless and bitter crystalline



Fig. 7.9 Opium plant (poppy plant)

compound. It is obtained by acetylation of morphine, which is extracted from flowers of the poppy plant (**Fig. 7.9**). **Morphine** is one of the strongest pain killer and is used during surgery. It is the most widely abused narcotic drug which acts as a depressant and slows down body functions.

Cannabinoids are a group of chemicals obtained from *Cannabis sativa*, the Indian **hemp plant** (**Fig. 7.10**). Natural cannabinoids are the main source of **marijuana, ganja, hashish** and **charas**. It interferes in the transport of the neurotransmitter, dopamine and has a potent stimulating action on the CNS, producing increased energy and a sense of euphoria.



Fig. 7.10 Cannabis sativa (Hemp plant)

Cocaine is a white powder that is obtained from the leaves of the coca plant, *Erythroxylum coca*. It is commonly called coke or crack. Cocaine causes serious physical and psychological problems including **hallucinations** and **paranoia**. The other plants with hallucinogenic properties are *Atropa belladonna* and *Datura* (**Fig. 7.11** and **Fig. 7.12**).

Table 7.4 classification of drugs

Group	Drugs	Effects
Stimulants	Amphetamines, cocaine, nicotine and tobacco	Accelerates the activity of the brain
Depressants	Alcohol, Barbiturates, Tranquilizers	Slows down the activity of the brain
Narcotic/ Analgesics	Opium, Morphine	Act as depressants on the Central Nervous System
Cannabis	Bhang (Marijuana), Ganja, Charas	Affects the cardiovascular system
Hallucinogens	Lysergic acid diethylamide (LSD), Phencyclidine	Distorts the way one sees, hears and feels



Fig. 7.11 *Atropa belladonna*



Fig. 7.12 *Datura*

Drugs like **methamphetamine**, **amphetamines**, **barbiturates**, **tranquilizers**, **Lysergic acid diethylamide (LSD)** are normally used as medicine to treat patients with mental illness like **depression** and **insomnia** and are often abused.

Tobacco is smoked, chewed and used as snuff. It increases the carbon monoxide content of blood and reduces the concentration of haem bound oxygen, thus causing oxygen deficiency in the body. Tobacco contains **nicotine**, **carbon monoxide** and **tars**, which cause problems in the heart, lung and nervous system. Adrenal glands are stimulated by nicotine to release adrenaline and nor adrenaline which increases blood pressure and heart beat.

7.3.1 Addiction and dependence

Addiction is a physical or psychological need to do or take or use certain substance such as alcohol, to the point where it could be harmful to the individual. This addictive behaviour can be personally destructive to a person. Overtime addicts start to lose not only their jobs, homes and money, but also friendship, family relationships and contact with the normal world. Addiction to drugs and alcohol can lead to a psychological attachment to certain effects such as **euphoria** and temporary feeling of well being.

Repeated use of drugs and alcohol may affect the tolerance level of the receptors present in the body. These receptors then

respond only to highest doses of drugs and alcohol leading to greater intake and addiction. Excessive use of drug and alcohol leads to physical and psychological dependence. When psychological dependence develops, the drug user gets mentally '**hooked on**' to the drug. The drug user constantly thinks only about the drug and has continuous uncontrollable craving for it. This state called "**euphoria**" is characterized by mental and emotional preoccupation with the drug.

Physical dependence is a state in which the user's body requires a continuous presence of the drug. If the intake of the drug or alcohol is abruptly stopped, he or she would develop **withdrawal symptoms**. In a sense, the body becomes confused and protests against the absence of the drug. The withdrawal symptoms may range from mild tremors to convulsions, severe agitation and fits, depressed mood, anxiety, nervousness, restlessness, irritability, insomnia, dryness of throat, etc, depending on the type of drug abuse.

7.3.2 Effects of drugs and alcohol

Short-term effect appears only for a few minutes after the intake of drugs and alcohol. The abuser feels a false sense of well being and a pleasant drowsiness. Some short term effects are euphoria, pain, dullness of senses, alteration in behaviour, blood pressure, narcosis (deep sleep), nausea and vomiting.

Drugs and alcohol have long-term effect that lead to serious damages, because of the

Alcoholism is the inability to control drinking due to physical and emotional dependence on alcohol. Treatment involves counseling by a healthcare professional. Detoxification programme in a hospital or medical facility is an option for those who need additional assistance. Medications are available to reduce the desire to drink and smoke.



constant and excessive use. The physical and mental disturbance makes the life of the user unbearable and torturous. For example heavy drinking permanently damages the liver and brain.

The use of alcohol during adolescence may have long-term effects. Alcohol interferes with the ability of the liver to break down fat. Over time fat accumulation and high levels of alcohol destroy the liver cells and a scar tissue grows in the place of dead cells. This scarring of the liver is called “**Liver cirrhosis**”. Alcohol irritates the stomach lining due to the production of excess acid leading to ulcers. Excessive alcohol use weakens the heart muscle, causing scar tissue to build up in the cardiac muscle fibers. As a result, heavy drinkers have an increased risk of high blood pressure, stroke, coronary artery disease and heart attack. **Korsakoff syndrome**, a chronic memory disorder is most commonly caused by alcohol misuse.

7.3.3 Prevention and control

It is practically possible to prevent some one from using drugs and alcohol. Here are some ways that help to prevent drug and alcohol abuse.

1. Effectively dealing with peer pressure

The biggest reason for teens to start on drugs is due to their friends / peer groups imposing pressure on them. Hence, it is important to have a better group of friends to avoid such harmful drugs and alcohol.

2. Seeking help from parents and peers

Help from parents and peer group should be sought immediately so that they can be guided appropriately. Help may even be

sought from close and trusted friends. Getting proper advice to sort out their problems would help the young to vent their feelings of anxiety and guilt.

3. Education and counselling

Education and counselling create positive attitude to deal with many problems and to accept disappointments in life.

4. Looking for danger signs

Teachers and parents need to look for sign that indicate tendency to go in for addiction.

5. Seeking professional and medical assistance

Assistance is available in the form of highly qualified psychologists, psychiatrists and de-addiction and rehabilitation programmes to help individuals to overcome their problems.

7.4 Mental health – Depression

Mental health is a state of well being of the mind, with self esteem. Self esteem means liking yourself and being able to stand up for what you believe is right. Positive mental health is an important part of wellness. A mentally healthy person reflects a good personality. Activities of mentally healthy people are always appreciated and rewarded by the society as these persons are creative as well as cooperative with others. Mental health improves the quality of life.

Depression is a common mental disorder that causes people to experience depressed mood, loss of interest or pleasure, feelings of guilt or low self-worth, disturbed sleep poor appetite, low energy and poor concentration.

Alcoholic Anonymous

Alcoholic anonymous was started in 1935 by a businessman and a doctor who had been a “hopeless drunk” for many years. After the men helped each other to stop drinking and to stay sober, they then founded the alcoholic anonymous to help other alcoholics. Since that time alcoholic anonymous has spread throughout the world.



Signs and symptoms of mental depression

- Loss of self confidence and self esteem
- Anxiety
- Not being able to enjoy things that are usually pleasurable or interesting.

Lifestyle changes like exercise, meditation, yoga and healthy food habits can help to be relieved from depression. Exercise stimulates the body to produce **serotonin** and **endorphins**, which are neurotransmitters that suppress depression. Practicing exercise in daily life creates a positive attitude.

Participating in an exercise programme can:

- Increase self-esteem
- Boost self-confidence
- Create a sense of empowerment
- Enhance social connections and relationships

Brain is one of the most metabolically active part of the body and needs a steady stream of nutrients to function. A poor diet may not provide the nutrients for a healthy body and may provoke symptoms of anxiety and depression.

7.5 Lifestyle disorders in human beings

The old saying that “**health is wealth**” is truly applicable to human beings. With the changes in life style, there are many emerging medical conditions and diseases that are reducing human longevity. Life style disorder result due to activities involving smoking, alcohol and drug abuse, consuming high fat diet, lack of exercise or living a latent life.

The World Health Organization (WHO) in its report cautions a slow moving public health disaster due to life style disorders in the form of non-communicable diseases like diabetes, cardiovascular and lung diseases. WHO believes that not thousands but millions of people die every year within the age group

of thirty to sixty due to life style related disorders.

The following facts will help in better understanding of life style disorders.

- Life style disorder causes **cardiovascular diseases** resulting in 31 percent of global deaths.
- The sedentary life style also causes deficiency of vitamins such as **vitamin D** resulting in fatigue, tiredness, back pain, depression, bone loss, muscle pain, etc,
- Life style disorder also includes **social isolation** resulting in age related problems.
- **Eating junk** foods that have high caloric values, rich in carbohydrates and fat can lead to obesity and early health issues.
- Consumption of processed and packaged food, which lacks in fiber may result in constipation.
- Several people today complain of irritable bowel syndrome with stomach discomfort or pain and trouble with bowel movements, causing diarrhoea. The main cause of irritable bowel syndrome is stress and other illnesses.

Life style modifications

- Avoid eating junk food and foods that have preservatives and colouring agents.
- Physical exercises such as brisk walking and yoga can be done regularly.
- Following medical advice, if any health problems in addition to life style disorders.
- To avoid smoking drugs and drinking alcohol.
- To follow a healthy balanced diet rich in vitamins and proteins.
- 7 – 8 hours of sleep every day is required.

Summary

Health is a state of complete physical and psychological well being. Many other extended factors like microbes may cause illness to human body. Protozoans like *Entamoeba*, *Plasmodium* and *Leishmania* cause diseases such as amoebic dysentery, malaria and kala-azar respectively. Personal cleanliness and hygiene, proper disposal of waste, safe drinking water and immunization are very useful in preventing diseases. Drug and alcohol abuse of young and adolescent is another cause of concern. Addiction to drugs and alcohol is happening due to peer pressure, examination-related and competition-related stresses. The addicted person should receive proper counselling, education and professional medical help to liberate themselves from all forms of addiction.

Activities

Activity 1: Students examine the impact of microorganisms in our daily life and consider their applied potential. They can also conduct independent research and communicate their findings.

Activity 2: Students prepare wet mounts to observe the microbes found in curd.

Activity 3: The leader will blow bubbles at the group of students to demonstrate how some diseases can be air borne?

Activity 4: Which parasite acts as a transporter host for other parasites? Discuss

Activity 5: Your friends call you a “sissy boy” because you do not smoke or chew tobacco. What answer will you give? How will you prove your strength?

INTERESTING FACTS

1. Freezing does not kill bacteria; it only arrests their growth.
2. Antibiotics not only kill harmful bacteria, but also kill beneficial bacteria of our body.
3. UTI- Urinary Tract Infection is one of the most common bacterial infections affecting 150 million people each year worldwide.
4. World malaria day is on 25th April .
5. Iceland and the Faroe islands are the only countries in the world, where there are “No mosquitos” (Mosquito free countries).
6. VCRC- Vector Control Research Center is situated in Puduchery. WHO is collaborating with the Centre for Research and Training in Lymphatic Filariasis and

Integrated Methods of Vector Control.

7. Sterile insect technique (SIT)



The screw-worm fly was the first pest successfully eliminated from an area through the sterile insect technique, by the use of an integrated area-wide approach.

8. *Zika virus* could become a surgical weapon against brain cancer.



Evaluation



1. Malaria caused by *Plasmodium* is transmitted through-----
 - a) Air
 - b) Contact
 - c) Fleas on food
 - d) **Mosquito bites**
2. A 30 year old woman has bloody diarrhoea for the past 14 hours, which one of the following organisms is likely to cause this illness?
 - a) *Streptococcus pyogenes*
 - b) *Clostridium difficile*
 - c) ***Shigella dysenteriae***
 - d) *Salmonella enteritidis*
3. Which of the following disease is spread through droplet nuclei?
 - a) Tularemia
 - b) Listeriosis
 - c) **Chicken pox**
 - d) Mumps
4. Exo-erythrocytic schizogony of *Plasmodium* takes place in -----
 - a) RBC
 - b) Leucocytes
 - c) Stomach
 - d) **Liver**
5. The sporozoites of *Plasmodium vivax* are formed from -----
 - a) Gametocytes
 - b) Sporoblasts
 - c) **Oocysts**
 - d) Spores
6. *Poliomyelitis* which causes infantile paralysis enters the body through.....
 - a) Skin
 - b) Mouth and nose
 - c) Ears
 - d) **Eyes**
7. Amphetamines are stimulants of the CNS, whereas barbiturates are ----
 - a) CNS stimulant
 - b) both a and b
 - c) hallucinogenic
 - d) **CNS depressants**
8. Marijuana is extracted from
 - a) **Dried leaves and flowers of hemp plant.**
 - b) Ergot fungus
 - c) Roots of hemp plant
 - d) Cocoa plant
9. Choose the correctly match pair.
 - a) **Amphetamines - Stimulant**
 - b) LSD - Narcotic
 - c) Heroin - Psychotropic
 - d) Benzodiazepine - Pain killer
10. The Athlete's foot disease in human is caused by-----
 - a) Bacteria
 - b) **Fungi**
 - c) Virus
 - d) Protozoan
11. Cirrhosis of liver is caused by chronic intake of -----
 - a) Opium
 - b) **Alcohol**
 - c) Tobacco
 - d) Cocaine
12. The sporozoite of the malarial parasite is present in ----
 - a) **saliva of infected female *Anopheles* mosquito.**
 - b) RBC of human suffering from malaria.
 - c) Spleen of infected humans.
 - d) Gut of female *Anopheles* mosquito.
13. Haemozoin is
 - a) A precursor of haemoglobin.
 - b) A toxin from *Streptococcus*.
 - c) **A toxin from *Plasmodium* species.**
 - d) A toxin from *Haemophilus* species.
14. The drug synthesised from *Datura* is
 - a) **Hallucinogen**
 - b) Depressant
 - c) Stimulant
 - d) Pain killer



15. Where do the following events in the life cycle of *Plasmodium* takes place?

- a) Fertilization - _____
- b) Development of gametocytes - _____
- c) Release of sporozoites - _____
- d) Schizogony - _____

16. Match the pathogens with respective diseases caused by them and select the correct match using the codes given below.

		Codes			
I.	Leishmania donavani	-	1. Malaria	I	II III IV
II.	Wuchereria bancrofti	-	2. Amoebiasis	a) 1	4 2 3
III.	Trypanosoma gambiense	-	3. Kala – azar	b) 3	5 4 2
IV.	Entamoeba histolytica	-	4. Sleeping sickness	c) 3	5 2 4
			5. Filariasis	d) 1	4 3 2

17. Complete the following table

Diseases	Causative agent	Site of infection	Incubation period
Mumps			
Chicken pox			
Dengue fever			

18. List the causative agent, mode of transmission and symptoms for Diphtheria and Typhoid.

19. Compare and contrast bacillary dysentery and amoebic dysentery.

20. A patient was hospitalized with fever and chills. Merozoites were observed in her blood. What is your diagnosis?

21. (i) Write the scientific name of the filarial worm that causes filariasis.

(ii) Write the symptoms of filariasis.

(iii) How is this disease transmitted?

22. List the common withdrawal symptoms of drugs and alcohol abuse.

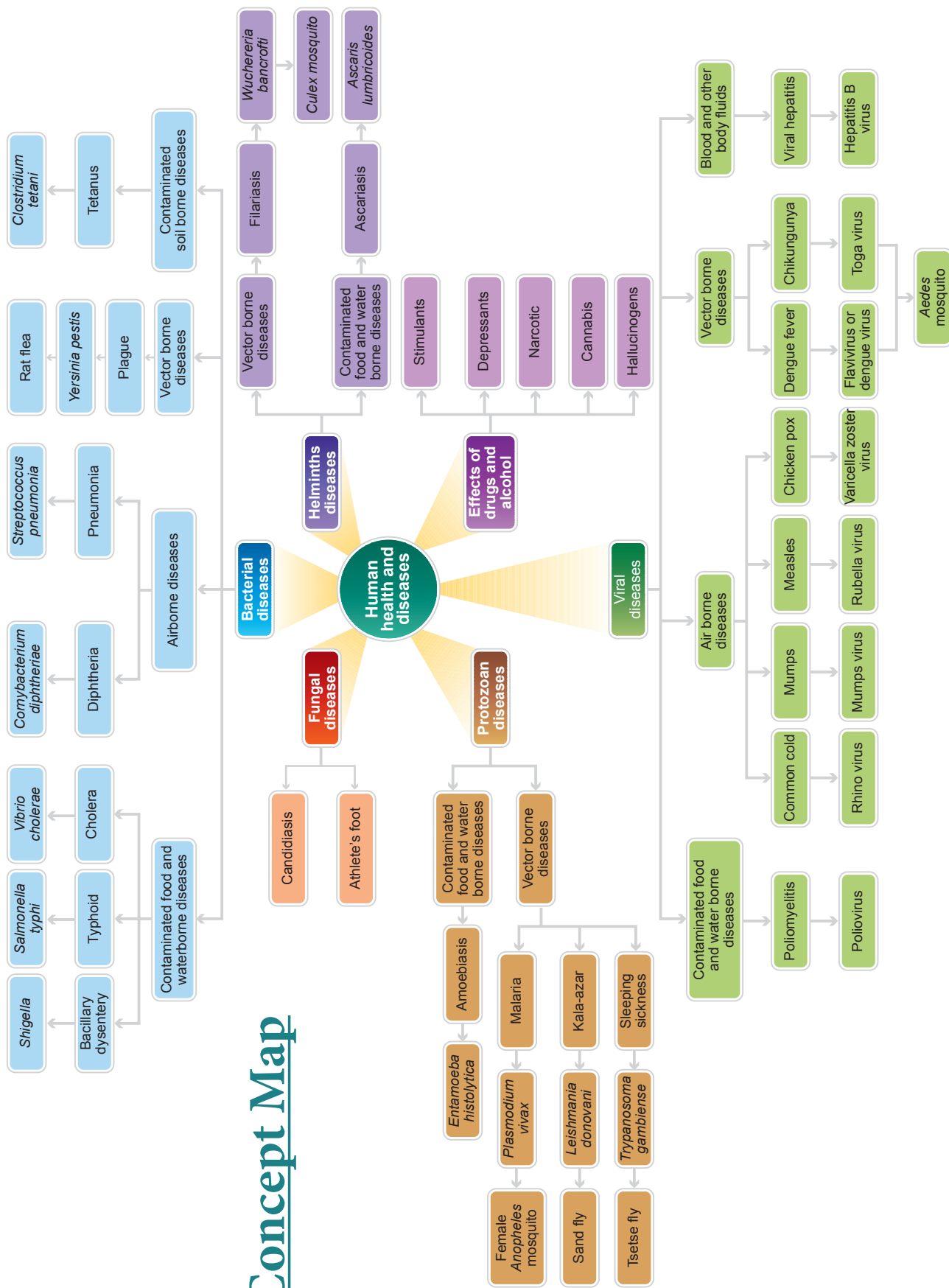
23. Complete the given table.

Diseases	Causative agent	Symptoms
Ascariasis	<i>Ascariasis</i>	
	<i>Trichophyton</i>	Appearance of dry, scaly lesions on various parts of the body
Typhoid		High fever, weakness, headache, stomach pain and constipation.
Pneumonia		

24. What is Kala-azar?

25. Why do you think it is not possible to produce vaccine against 'common cold'?

Concept Map

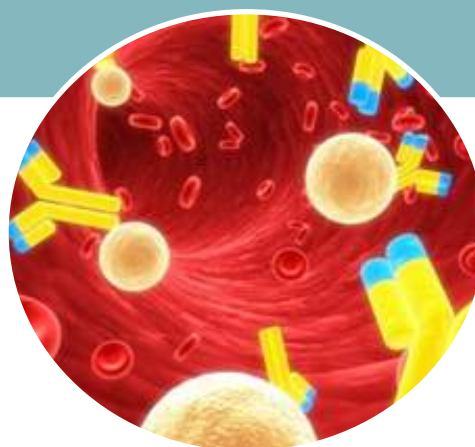


8

CHAPTER

UNIT - III

IMMUNOLOGY



Natural forces within us are the true healers of disease

- Hippocrates

Chapter outline

- 8.1 Basic concepts of immunology
- 8.2 Innate immunity
- 8.3 Acquired immunity
- 8.4 Immune responses
- 8.5 Lymphoid organs
- 8.6 Antigens
- 8.7 Antibodies
- 8.8 Antigen- antibody interactions
- 8.9 Vaccines
- 8.10 Vaccination and immunization
- 8.11 Hypersensitivity
- 8.12 Immunodeficiency diseases
- 8.13 Autoimmune diseases
- 8.14 Tumour immunology



Learning objectives

- Understands the basic concepts of immunology.
- Differentiates between innate immunity and acquired immunity, primary immune response and secondary immune response, active and passive immunity.
- Realizes the importance of immunization.
- Learns to comprehend the concept of hypersensitivity.



In the previous chapter, we have studied in detail the various infections which cause diseases in human beings. In this chapter, we shall discuss how our body protects us from these infections by the effective mechanism of the immune system.

8.1 Basic concepts of immunology

Immunology is the study of immune system. This system protects an individual from various infective agents. It refers to all the mechanisms used by the body for protection from environmental agents that are foreign to the body.

When the immune system does not function efficiently in an individual, it leads to infection causing disease. The overall ability of body to fight against the disease causing pathogen is called **immunity**. It is also called disease resistance and the lack of immunity is known as susceptibility. Immunity is highly specific.

Normally many of the responses of the immune system initiate the destruction and elimination of invading organisms and any toxic molecules produced by them. These immune reactions are destructive in nature and are made in response only to molecules

that are foreign to the host and not to those of host itself. This ability to distinguish foreign molecules from self is another fundamental feature of the immune system. However, occasionally, it fails to make its distinction and reacts destructively against the host's own molecules; such autoimmune diseases can be fatal to the organism.

Almost all the macromolecules e.g. proteins, polysaccharides, nucleic acids, etc., as long as they are foreign to recipient organism can induce immune response. Any substance capable of eliciting immune response is called an **ANTIGEN** (**ANTI**body **GEN**erator). There are two broad classes of immunity responses namely, innate immunity and acquired immunity (**Fig. 8.1**).

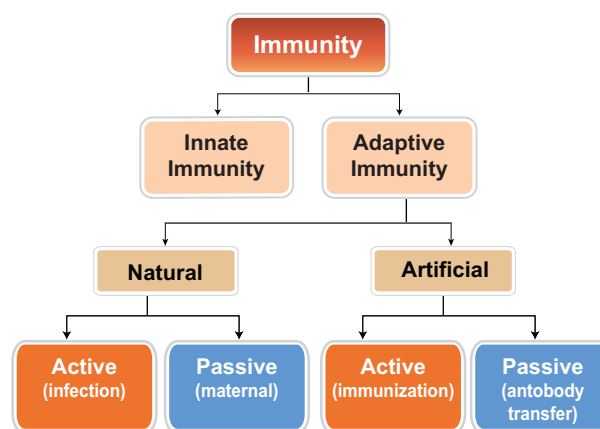


Fig. 8.1 Immune system

8.2 Innate immunity

Innate immunity is the natural phenomenon of resistance to infection which an individual possesses right from the birth.

Table 8.1 Innate immunity- types and mechanisms

Type of innate immunity	Mechanism
1. Anatomical barriers	
Skin	Prevents the entry of microbes. Its acidic environment (pH 3-5) retards the growth of microbes.
Mucus membrane	Mucus entraps foreign microorganisms and competes with microbes for attachment.
2. Physiological barriers	
Temperature	Normal body temperature inhibits the growth of pathogens. Fever also inhibits the growth of pathogens.
Low pH	Acidity of gastric secretions (HCl) kills most ingested microbes.
Chemical mediators	Lysozyme acts as antibacterial agent and cleaves the bacterial cell wall. Interferons induce antiviral state in the uninfected cells. Complementary substances produced from leucocytes lyse the pathogenic microbes or facilitate phagocytosis.
3. Phagocytic barriers	Specialized cells (Monocytes, neutrophils, tissue macrophages) phagocytose, and digest whole microorganisms.
4. Inflammatory barriers	Tissue damage and infection induce leakage of vascular fluid, containing chemotactic signals like serotonin, histamine and prostaglandins. They influx the phagocytic cells into the affected area. This phenomenon is called diapedesis.

The innate defense mechanisms are non-specific in the sense that they are effective against a wide range of potentially infectious agents. It is otherwise known as **non-specific immunity** or **natural immunity**.

A number of innate defense mechanisms are operative non-specifically against a large number of microorganisms as shown in the **Table 8.1** and **Fig. 8.2**.

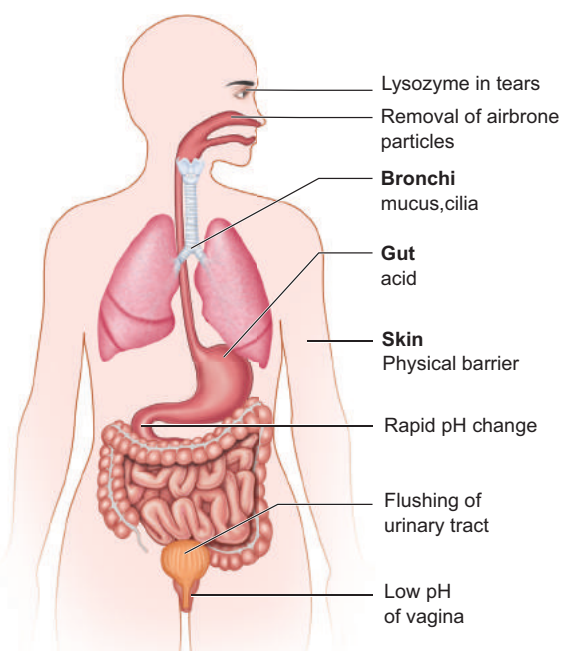


Fig. 8.2 Various anatomical and physiological barriers to microbial attack

8.3 Acquired immunity

The immunity that an individual acquires after birth is known as **acquired immunity**. It is the body's resistance to a specific pathogen.

The unique features of acquired immunity are antigenic specificity, diversity, recognition of self and non-self and immunological memory.

Components of acquired immunity

Acquired immunity has two components – **cell mediated immunity (CMI)** and **antibody mediated immunity or humoral immunity**.

1. Cell mediated immunity

When pathogens are destroyed by cells without producing antibodies, then it is known

as cell mediated immune response or cell mediated immunity. This is brought about by T cells, macrophages and natural killer cells.

2. Antibody mediated immunity or humoral immunity

When pathogens are destroyed by the production of antibodies, then it is known as antibody mediated or humoral immunity. This is brought about by B cells with the help of antigen presenting cells and T helper cells. Antibody production is the characteristic feature of **vertebrates** only.

Types of acquired immunity

Acquired immunity may be **active immunity** or **passive immunity** (Table 8.2).

The immunological resistance developed by the organisms through the production of antibodies in their body is called active immunity. Active immunity is acquired through the use of a person's immune responses, which lead to the development of memory cells. Active immunity results from an infection or an immunization.

Passive immunity does not require the body to produce antibodies to antigens. The antibodies are introduced from outside into the organism. Thus, passive immunity is acquired without the activation of a person's immune response, and therefore there is no memory.

The process of production of blood cells in the bone marrow is called **haematopoiesis**.

8.4 Immune responses

The immune responses may be **primary** or **secondary** (Table 8.3).

Primary immune response

The primary immune response occurs when a pathogen comes in contact with the

Table 8.2 Differences between active and passive immunity

Sl.No	Active Immunity	Passive Immunity
1	Active immunity is produced actively by host's immune system.	Passive immunity is received passively and there is no active host participation.
2	It is produced due to contact with pathogen or by its antigen.	It is produced due to antibodies obtained from outside.
3	It is durable and effective in protection.	It is transient and less effective.
4	Immunological memory is present.	No memory.
5	Booster effect on subsequent dose is possible.	Subsequent dose is less effective.
6	Immunity is effective only after a short period.	Immunity develops immediately.

immune system for **the first time**. During this, the immune system has to learn to recognize the antigen, produce antibody against it and eventually produce memory lymphocytes. The primary immune response is slow and short-lived.

Within hours after recognition of the antigen, a new army of plasma cells are generated. Within 2 to 3 days, the antibody concentration in the blood **rises steeply** to reach much higher level than primary response. This is also called as “**booster response**”.

Secondary immune response

The secondary immune response occurs when a person is exposed to the same antigen again. During this time, immunological memory has been established and the immune system can start producing antibodies **immediately**.

8.5 Lymphoid organs

Immune system of an organism consists of several structurally and functionally different organs and tissues that are widely dispersed in the body. The organs involved in the origin, maturation and proliferation of lymphocytes are called **lymphoid organs (Fig. 8.3)**. Based on

Table 8.3 Differences between primary and secondary immune responses

Sl.No	Primary Immune Response	Secondary Immune Response
1	It occurs as a result of primary contact with an antigen.	It occurs as a result of second and subsequent contacts with the same antigen.
2	Antibody level reaches peak in 7 to 10 days.	Antibody level reaches peak in 3 to 5 days.
3	Prolonged period is required to establish immunity.	It establishes immunity in a short time.
4	There is rapid decline in antibody level.	Antibody level remains high for longer period.
5	It appears mainly in the lymph nodes and spleen.	It appears mainly in the bone marrow, followed by the spleen and lymph nodes.

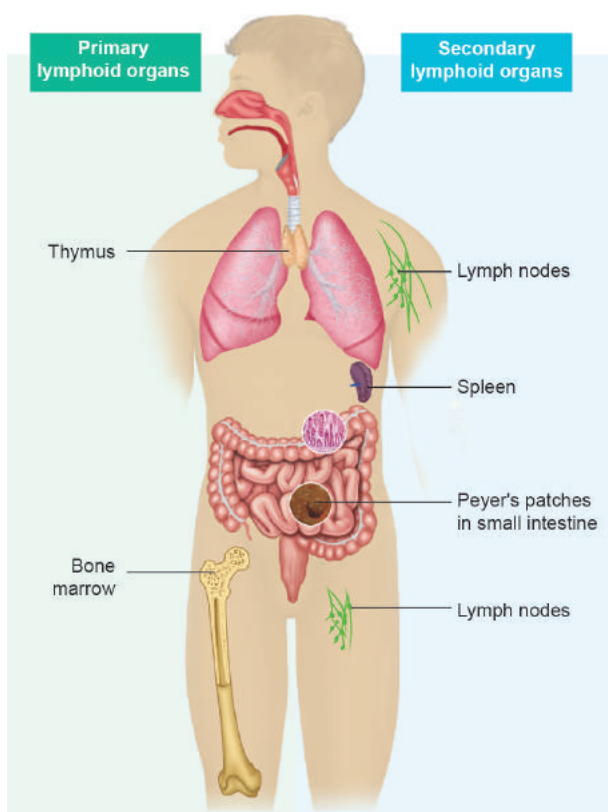
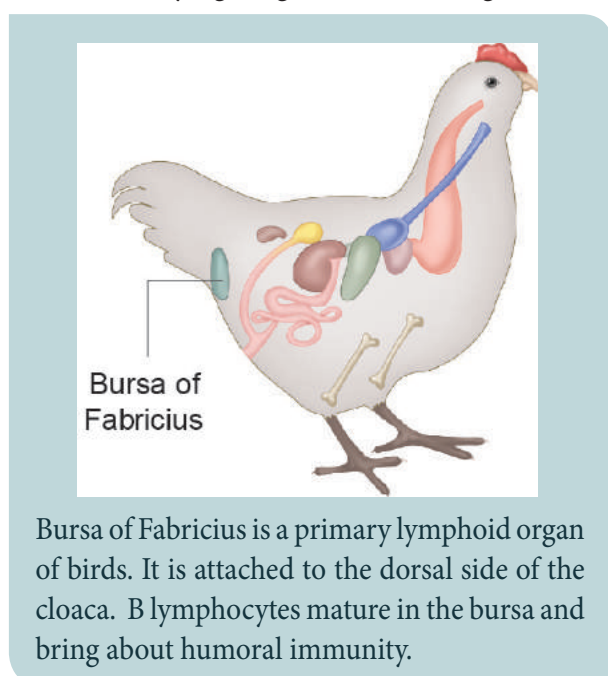


Fig. 8.3 Lymphoid organs in human body

their functions, they are classified into **primary or central lymphoid organs** and **secondary or peripheral lymphoid organs**. The primary lymphoid organs provide appropriate environment for lymphocytic maturation. The secondary lymphoid organs trap antigens and make it available for mature lymphocytes, which can effectively fight against these antigens.



Bursa of Fabricius is a primary lymphoid organ of birds. It is attached to the dorsal side of the cloaca. B lymphocytes mature in the bursa and bring about humoral immunity.

Primary lymphoid organs

Bursa of Fabricius of birds, bone marrow and thymus gland of mammals constitute the primary lymphoid organs involved in the production and early selection of lymphocytes. These lymphocytes become dedicated to a particular **antigenic specificity**. Only when the lymphocytes mature in the primary lymphoidal organs, they become **immunocompetent cells**. In mammals, B cell maturation occurs in the bone marrow and T cells maturation occurs in the thymus.

Thymus

The thymus is a flat and bilobed organ located behind the sternum, above the heart. Each lobe of the thymus contains numerous lobules, separated from each other by connective tissue called septa. Each lobule is differentiated into two compartments, the outer compartment or **outer cortex**, is densely packed with immature T cells called thymocytes, whereas the inner compartment or medulla is sparsely populated with thymocytes. One of its main secretions is the hormone **thymosin**. It stimulates the T cell to become mature and **immunocompetent**. By the early teens, the thymus begins to atrophy and is replaced by adipose tissue (**Fig. 8.4**). Thus thymus is **most active** during the **neonatal and pre-adolescent periods**.

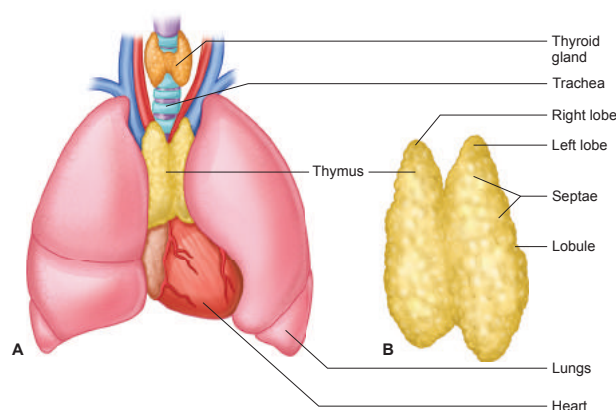


Fig. 8.4 Primary lymphoid organ - Thymus
A) Location B) Structure

Bone marrow

Bone marrow is a lymphoid tissue found within the spongy portion of the bone. Bone marrow contains stem cells known as haematopoietic cells. These cells have the potential to multiply through cell division and either remain as stem cells or differentiate and mature into different kinds of blood cells.

Secondary or peripheral lymphoid organs

In secondary or peripheral lymphoid organs, antigen is localized so that it can be effectively exposed to mature lymphocytes. The best examples are lymph nodes, appendix, Peyer's patches of gastrointestinal tract, tonsils, adenoids, spleen, **MALT** (Mucosal-Associated Lymphoid Tissue), **GALT** (Gut-Associated Lymphoid Tissue), **BALT** (Bronchial/Tracheal-Associated Lymphoid Tissue).

Peyer's patches are oval-shaped areas of thickened tissue that are embedded in the mucus-secreting lining of the small intestine of humans and other vertebrate animals. Peyer's patches contain a variety of immune cells, including macrophages, dendritic cells, T cells, and B cells.

The **tonsils** (palatine tonsils) are a pair of soft tissue masses located at the back of the throat (pharynx). The tonsils are part of the lymphatic system, which help to fight infections. They stop invading germs including bacteria and viruses.

Spleen is a secondary lymphoid organ located in the upper part of the abdominal cavity close to the diaphragm. Spleen contains B and T cells. It brings humoral and cell mediated immunity.



The **adenoids** are glands located in the roof of the mouth, behind the soft palate where the nose connects to the throat. The adenoids produce antibodies that help to fight infections. Typically, the adenoids shrink during adolescence and may disappear by adulthood.

Lymph node

Lymph node is a small bean-shaped structure and is part of the body's immune system. It is the **first one to encounter** the antigen that enters the tissue spaces. Lymph nodes filter and trap substances that travel through the lymphatic fluid. They are packed tightly with white blood cells, namely lymphocytes and macrophages. There are hundreds of lymph nodes found throughout the body. They are connected to one another by lymph vessels. **Lymph** is a clear, transparent, colourless, mobile and extracellular fluid connective tissue. As the lymph percolates through the lymph node, the particulate antigen brought in by the lymph will be **trapped** by the phagocytic cells, follicular and interdigitating dendritic cells.

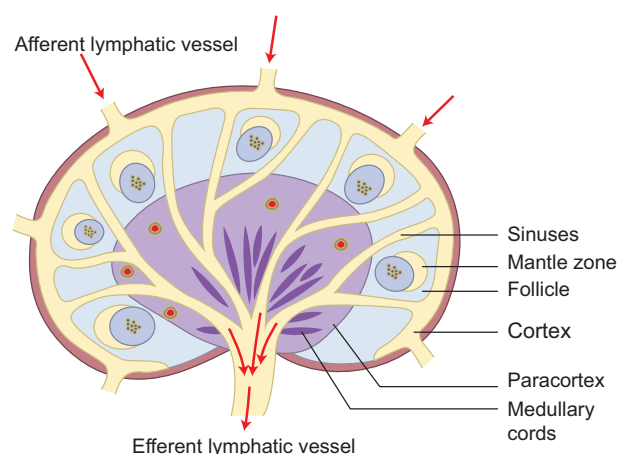


Fig. 8.5 Secondary lymphoid organ – Structure of lymph node



Lymph node has three zones (**Fig. 8.5**). They are the **cortex, paracortex and medulla**. The outer most layer of the lymph node is called cortex, which consists of B-lymphocytes, macrophages, and follicular dendritic cells. The **paracortex** zone is beneath the cortex, which is richly populated by T lymphocytes and interdigitating dendritic cells. The inner most zone is called the medulla which is sparsely populated by lymphocytes, but many of them are plasma cells, which actively secrete antibody molecules. As the lymph enters, it slowly percolates through the cortex, paracortex and medulla, giving sufficient chance for the phagocytic cells and dendritic cells to trap the antigen brought by the lymph. The lymph leaving a node carries enriched antibodies secreted by the medullary plasma cells against the antigens that enter the lymph

The mucosa-associated lymphoid tissue (**MALT**) is a diffuse system of small concentrations of lymphoid tissue in the alimentary, respiratory and urogenital tracts. **MALT** is populated by lymphocytes such as T and B cells, as well as plasma cells and macrophages, each of which is well situated to encounter antigens passing through the mucosal epithelium.

Gut-associated lymphoid tissue (**GALT**) is a component of the mucosa-associated lymphoid tissue (**MALT**) which works in the immune system to protect the body from invasion in the gut.

Bronchus Associated Lymphoid Tissues (**BALT**) also a component of **MALT** is made of lymphoid tissue (tonsils, lymph nodes, lymph follicles) is found in the respiratory mucosae from the nasal cavities to the lungs.

node. Sometimes visible swelling of lymph nodes occurs due to active immune response and increased concentration of lymphocytes. Thus swollen lymph nodes may signal an infection. There are several groups of lymph nodes. The most frequently enlarged lymph nodes are found in the neck, under the chin, in the armpits and in the groin.

Cells of the immune system

The immune system is composed of many interdependent cells that protect the body from microbial infections and the growth of tumour cells. The cellular composition of adult human blood is given in **Table 8.4**.

Table 8.4 The cellular composition of adult human blood

Cell type	Number of cells per μl	Approximate percentage
Red blood cells	4200,000 - 6500,000	-
White blood cells		
Agranulocytes		
Lymphocytes	1500 - 4000	20-30
Monocytes	200 - 950	2-7
Granulocytes		
Neutrophils	2000-7000	50-70
Basophils	50-100	<1
Eosinophils	40-500	2-5
Platelets	150,000-500,000	-

All these cells are derived from pluripotent haematopoietic stem cells. Each stem cell has the capacity to produce RBC, WBC and platelets.

The only cells capable of specifically recognising and producing an immune response are the lymphocytes. The other types of white blood cells play an important role in non specific immune response, antigen presentation and cytokine production.

Lymphocytes

About 20-30% of the white blood cells are lymphocytes. They have a large nucleus filling most of the cell, surrounded by a little cytoplasm. The two main types of lymphocytes are B and T lymphocytes. Both these are produced in the bone marrow. B lymphocytes (B cells) stay in the bone marrow until they are mature. Then they circulate around the body. Some remain in the blood, while others accumulate in the lymph nodes and spleen. T lymphocytes leave the bone marrow and mature in the thymus gland. Once mature, T cells also accumulate in the same areas of the body as B cells. Lymphocytes have receptor proteins on their surface. When receptors on a B cell bind with an antigen, the B cell becomes activated and divides rapidly to produce plasma cells. The plasma cells produce antibodies. Some

B cells do not produce antibodies but become memory cells. These cells are responsible for secondary immune response. T lymphocytes do not produce antibodies. They recognize antigen-presenting cells and destroy them. The two important types of T cells are Helper T cells and Killer T cells. Helper T cells release a chemical called cytokine which activates B cells. Killer cells move around the body and destroy cells which are damaged or infected (**Fig. 8.6**).

Apart from these cells neutrophils and monocytes destroy foreign cells by phagocytosis. Monocytes when they mature into large cells, they are called macrophages which perform phagocytosis on any foreign organism.

Dendritic cells are called so because its covered with long, thin membrane extensions that resemble dendrites of nerve cells. These cells present the antigen to T-helper cells. Four types of dendritic cells are known. They are langerhans, interstitial cells, myeloid and lymphoid cells

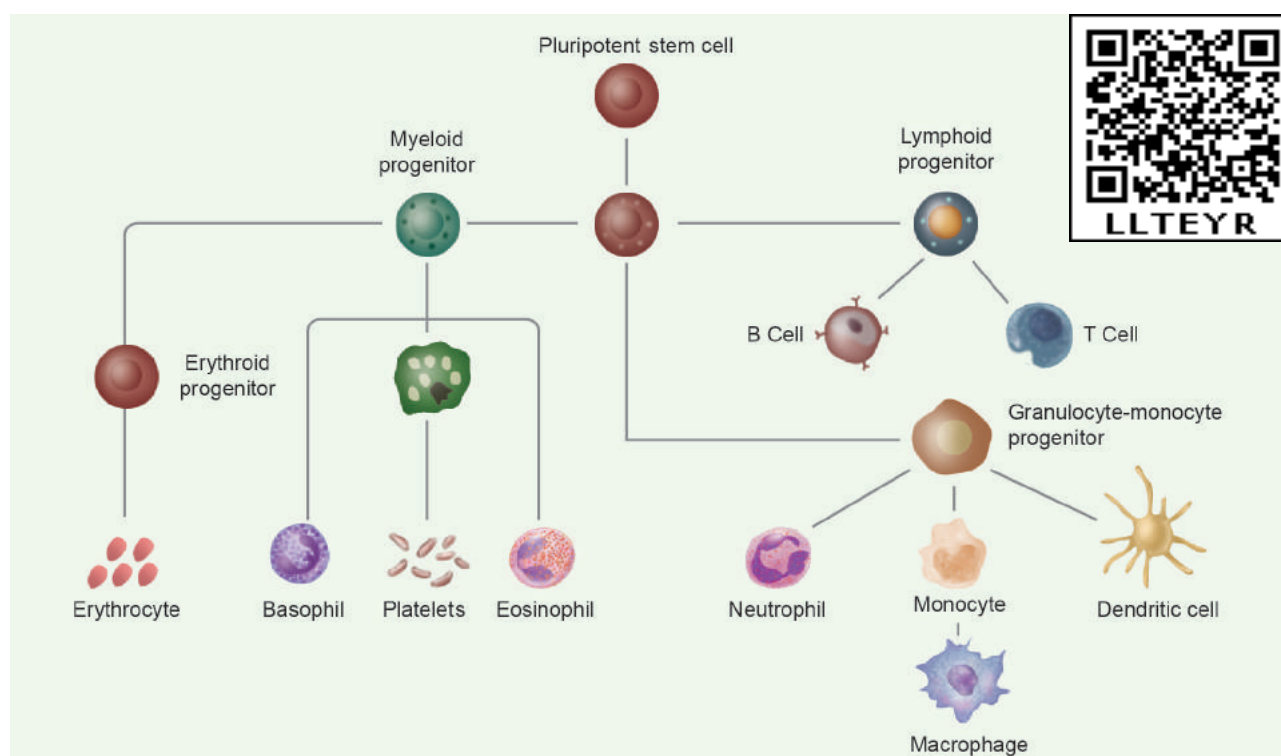


Fig. 8.6 Cells of the immune system

8.6 Antigens

The term **antigen** (Ag) is used in two senses, the first to describe a molecule which generates an immune response and the second, a molecule which reacts with antibodies. In general antigens are large, complex molecular substances that can induce a detectable immune response. Thus an antigen is a substance that is specific to an antibody or a T-cell receptor and is often used as a synonym for immunogen.



The histocompatibility antigens are cell surface antigens that induce an immune response leading to rejection of allografts.

An **immunogen** is a substance capable of initiating an immune response. **Haptens** are substance that are non-immunogenic but can react with the products of a specific immune response. Substances that can **enhance the immune response** to an antigen are called **adjuvants**. **Epitope** is an antigenic determinant and is the active part of an antigen. A **paratope** is the antigen – binding site and is a part of an antibody which recognizes and binds to an antigen.



Antigenicity is the property of a substance (antigen) that allows it to react with the products of the specific immune response.

Types of antigens

On the basis of origin, antigens are classified into **exogenous antigens** and **endogenous antigens**.

The antigens which enter the host from the outside in the form of microorganisms, pollens, drugs, or pollutants are called **exogenous antigens**. The antigens which are formed within the individual are **endogenous antigens**. The best examples are blood group antigens.

8.7 Antibodies

Antibodies are immunoglobulin (Ig) protein molecules synthesized on exposure to antigen that can combine specifically with the antigen. Whenever pathogens enter our body, the B-lymphocytes produce an army of proteins called antibodies to fight with them. Thus, they are secreted in response to an antigen (Ag) by the effect of B cells called plasma cells. The antibodies are classified into five major categories, based on their physiological and biochemical properties. They are **IgG** (gamma), **IgM** (mu), **IgA** (alpha), **IgD** (delta) and **IgE** (epsilon).

In the 1950s, experiments by **Porter and Edelman** revealed the basic structure of the immunoglobulin. An antibody molecule is Y shaped structure that comprises of four polypeptide chains, two identical light chains (L) of molecular weight 25,000 Da (approximately 214 amino acids) and two identical heavy chains (H) of molecular weight 50,000 Da (approximately 450 amino acids). The polypeptide chains are linked together by di-sulphide (S-S) bonds. One light chain is attached to each heavy chain and two heavy chains are attached to each other to form a Y shaped (**Fig. 8.7**) structure. Hence, an antibody is represented by $H_2 L_2$. The heavy chains have a flexible hinge region at their approximate middles.

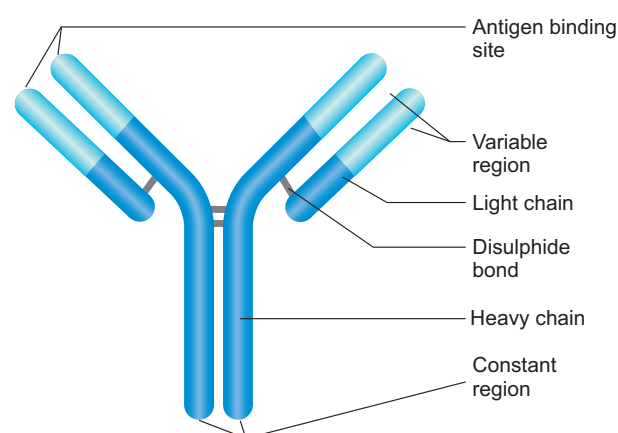


Fig. 8.7 Structure of immunoglobulin



Each chain (**L** and **H**) has two terminals. They are C - terminal (Carboxyl) and amino or N-terminal. Each chain (**L** and **H**) has two regions. They have variable (**V**) region at one end and a much larger constant (**C**) region at the other end. Antibodies responding to different antigens have very different (**V**) regions but their (**C**) regions are the same in all antibodies. In each arm of the monomer antibody, the (**V**) regions of the heavy and light chains combines to form an antigen – binding site shaped to ‘fit’ a specific antigenic determinant. Consequently each antibody monomer has two such antigen – binding regions. The (**C**) regions that forms the stem of the antibody monomer determine the antibody class and serve common functions in all antibodies.

The functions of immunoglobulin are agglutination, precipitation, opsonisation, neutralization etc.,

8.8 Antigen and antibody interaction

The reaction between an antigen and antibody is the basis for humoral immunity or antibody mediated immunity. The reaction between antigen and antibody occurs in three stages. During the first stage, the reaction involves the formation of antigen - antibody complex. The next stage leads to visible events like precipitation, agglutination, etc., The final stage includes destruction of antigen or its neutralization (**Fig. 8.8**).



Binding force of antigen - antibody reaction

The binding force between antigen and antibody is due to **three factors**. They are closeness between antigen and antibody, non-covalent bonds or intermolecular forces and affinity of antibody.

When antigen and antibody are closely fitted, the strength of binding is great. When they are apart binding strength is low. The bonds that hold the antigen to the antibody combining site are all **non-covalent** in nature. These include **hydrogen bonds, electrostatic bonds, Van der Waals forces and hydrophobic bonds**. Antibody affinity is the strength of the reaction between a single antigenic determinant and a single combining site on the antibody.

The chief **application** of antigen - antibody reactions are to determine blood groups for transfusion, to study serological ascertainment of exposure to infectious agents, to develop immunoassays for the quantification of various substances, to detect the presence or absence of protein in serum and to determine the characteristics of certain immunodeficiency diseases.

Different types of antigen and antibody reactions

The reaction between **soluble antigen** and antibody leads to visible precipitate formation, which is called **precipitin reaction**. Antibodies that bring about precipitate formation on reacting with antigens are called as **precipitins**.

Whenever a **particulate antigen** interacts with its antibody, it would result in **clumping or agglutination** of the particulate antigen, which is called **agglutination reaction**. The antibody involved in bringing about agglutination reaction is called **agglutinin**.

Opsonisation or enhanced attachment is the process by which a pathogen is marked of ingestion and destruction by a phagocyte. Opsonisation involves the binding of an **opsonin** i.e., antibody, to a receptor on the pathogen's cell membrane. After opsonin binds to the membrane, phagocytes are attracted to the pathogen. So, opsonisation is a process in which **pathogens are coated with**

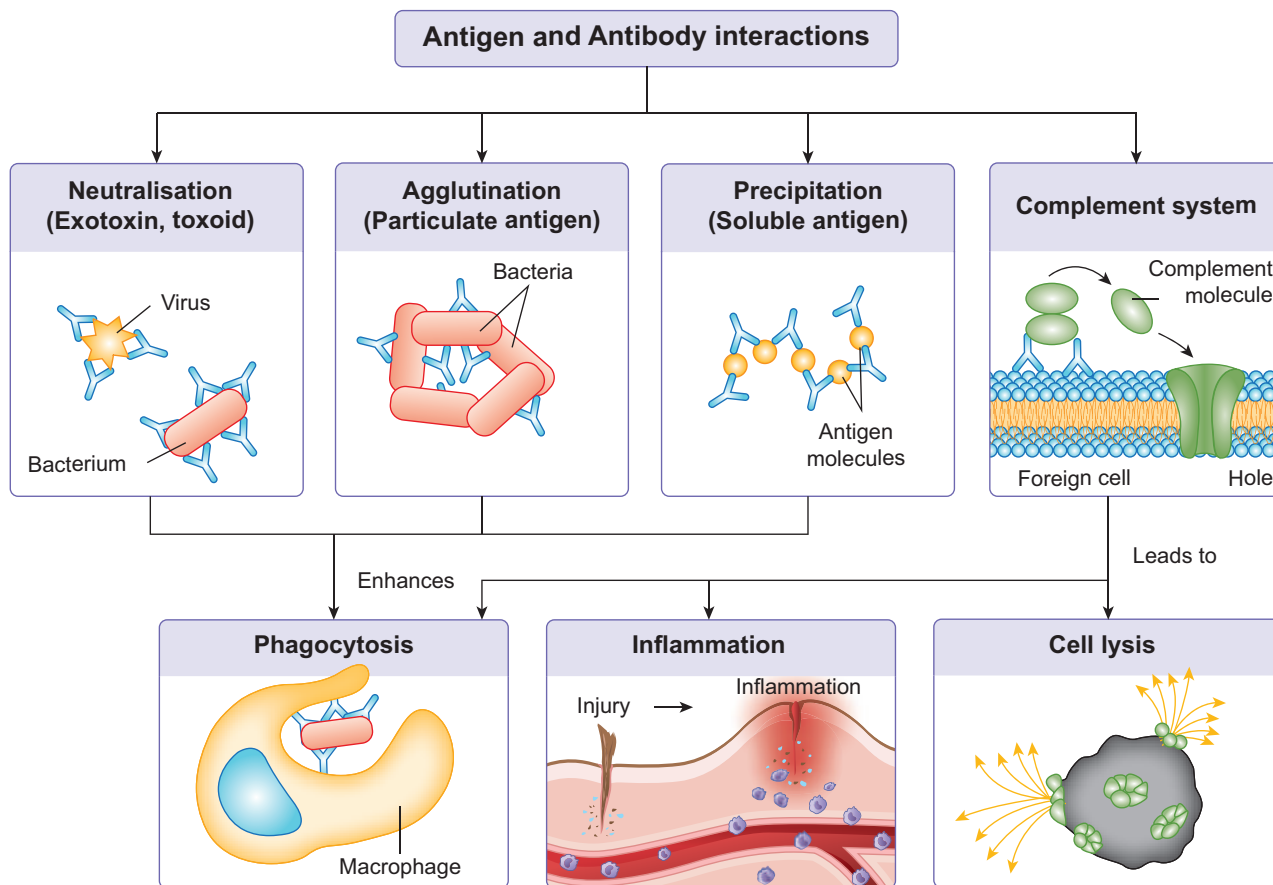


Fig. 8.8 Antigen and antibody reaction

a substance called an **opsonin**, marking the pathogen out for destruction by the immune system. This results in a much more **efficient phagocytosis**.

The **neutralization** reactions are the reactions of antigen-antibody that involve the **elimination of harmful effects** of bacterial exotoxins or a virus by specific antibodies. These neutralizing substances i.e., antibodies

are known as **antitoxins**. This specific antibody is produced by a host cell in response to a bacterial exotoxin or corresponding toxoid (inactivated toxin).

8.9 Vaccines

A vaccine is a **biological preparation that provides active acquired immunity** to a particular disease and resembles a

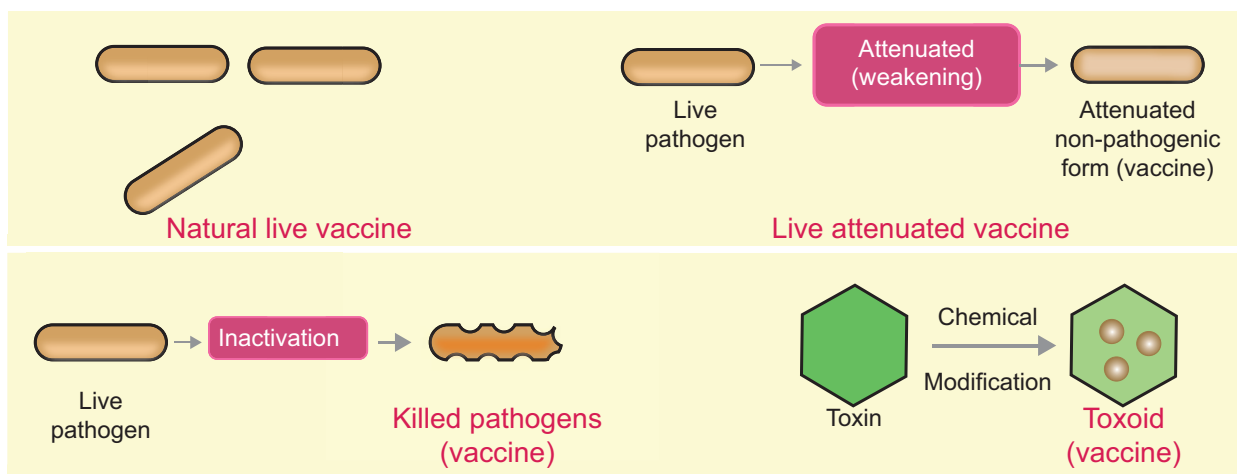


Fig. 8.9 Types of vaccines



disease-causing microorganism and is often made from weakened or attenuated or killed forms of the microbes, their toxins, or one of its surface proteins. Vaccines “**teach**” our body how to defend itself when viruses or bacteria, invade it. Vaccines deliver only very little amounts of inactivated or weakened viruses or bacteria, or parts of them. This allows the immune system to recognize the organism **without actually experiencing the disease**. Some vaccines need to be given more than once (i.e., a ‘booster’ vaccination) to make sure the immune system can overcome a real infection in the future.

Vaccine initiates the immunization process. The vaccines are classified as first, second and third generation vaccines.

First generation vaccine is further subdivided into live attenuated vaccine, killed vaccine and toxoids (Fig. 8.9). **Live attenuated vaccines** use the **weakened (attenuated), aged, less virulent** form of the virus. E.g. Measles, mumps and rubella (MMR) vaccine and the Varicella (chickenpox) vaccine, **Killed (inactivated) vaccines** are killed or inactivated by heat and other methods. E.g. Salk’s polio vaccine. **Toxoid vaccines** contain a **toxin or chemical** secreted by the bacteria or virus. They make us immune to the harmful effects of the infection, instead of to the infection itself. E.g. DPT vaccine (Diphtheria, Pertussis and Tetanus).

Second generation vaccine contains the pure surface antigen of the pathogen. E.g. Hepatitis-B vaccine. **Third generation vaccine** contains the purest and the highest potency vaccines which are synthetic in generation. The latest revolution in vaccine is **DNA vaccine** or **recombinant vaccine** (Refer Chapter- 10 for details).



Vaccino therapy is the method of use of vaccine for treatment of disease. Dr. Edward Jenner prepared first vaccine for small pox in 1796. Polio vaccine was developed by Dr. Jonas Salk (vaccine consists of inactivated microorganism) and Dr. Albert Sabin (live attenuated oral polio vaccine). Louis Pasteur (1885) discovered vaccine against rabies, anthrax and cholera. BCG vaccine was developed by Calmette and Guerin against tuberculosis in France in the year 1908.

8. 10 Vaccination and immunization

“**Vaccination** is the process of administering a vaccine into the body or the act of introducing a vaccine into the body to produce immunity to a specific disease.” **Immunization** is the process of the body building up immunity to a particular disease. Immunization describes the actual changes in the body after receiving a vaccine. Vaccines work by fighting the pathogen and then recording it in their **memory system** to ensure that the next time this pathogen enters the body, it is eliminated far quickly. Once, the body is able to fight against the disease, it is believed to have built the immunity for it, also known as the body being immunized against the disease.

8.11 Hypersensitivity – Overactive Immune Response

Some of the individuals are very sensitive to some particles present in the environment. The exaggerated response of the immune system to certain antigens present in the environment is called **allergy (allo-altered, erg-reaction)**. The substances to which such an immune response is produced are called **allergens**. An

allergen is an antigen that causes an allergic reaction. Allergic reactions begin within few seconds after the contact with the allergen and last about half an hour. The common examples of allergens are mites in dust, pollens and some proteins in insect venom. Hay fever and asthma are some common examples of allergy. **Symptoms** of allergic reactions include sneezing, watery eyes, running nose and difficulty in breathing. Allergy is a form of over active immune response mediated by **IgE** and **mast cells**. It can also be due to the release of chemicals like histamine and serotonin from the mast cells.

Anaphylaxis is the classical immediate hypersensitivity reaction. It is a sudden, systematic, severe and immediate hypersensitivity reaction occurring as a result of rapid generalized mast-cell degranulation.

8.12 Immunodeficiency disease – Ineffective immune response – AIDS

Immunodeficiency results from the failure of one or more components of the immune system. Primary immune deficiencies are caused by genetic developmental defects. Secondary immune deficiencies arise due to various reasons like radiation, use of cytolytic and immunosuppressive drugs and infections. **AIDS** is an acronym for Acquired Immuno Deficiency Syndrome. It is the deficiency of immune system, acquired during the life time of an individual indicating that it is not a congenital disease. AIDS is caused by Human Immuno Deficiency Virus (**HIV**). It selectively infects helper T cells. The infected helper T cells will not stimulate antibody production by B-cells resulting in loss of natural defence against viral infection. On the basis of genetic characteristics and differences in the viral antigens, HIV is classified into the types 1 and 2 (**HIV-1**, **HIV-2**).

Structure of HIV

The human immunodeficiency virus belongs to the genus **Lentivirus**. When observed under the electron microscope, HIV is seen as a spherical virus, **100-120 nm** in diameter, containing a dense core surrounded by a lipoprotein envelope. The envelope has **glycoprotein (gp)** spikes termed gp 41 and gp 120. At the core, there are two large **single stranded RNA**. Attached to the RNA are molecules of reverse transcriptase. It also contains enzymes like protease and ribonuclease. The core is covered by a capsid made of proteins. This is followed by another layer of **matrix proteins** as shown in the **Fig 8.10**.

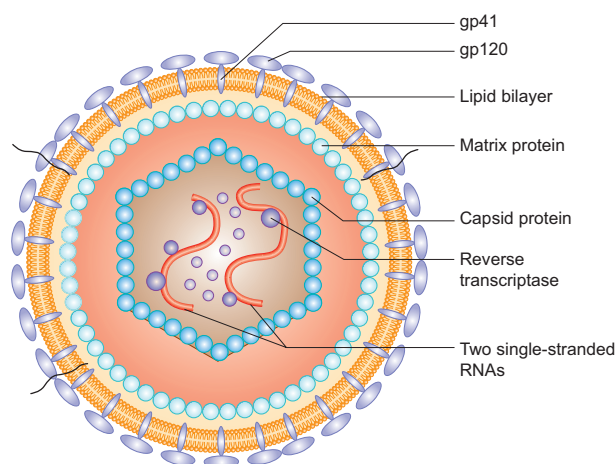


Fig. 8. 10 Structure of HIV

HIV Transmission

The HIV is often located within the cells especially in macrophages. HIV can survive for 1.5 days inside a cell but only about 6 hours outside a cell. Routes of HIV transmission include unsafe sexual contact, blood-contaminated needles, organ transplants, blood transfusion and vertical transmission from HIV infected mother to child. HIV is not transmitted by insects or by casual contact.



After getting into the body of the person, the virus enters into macrophages where **RNA genome** of the virus replicates to form **viral DNA** with the help of the enzyme **reverse transcriptase**. This viral DNA gets incorporated into the DNA of host cells and directs the infected cells to produce viral particles. The macrophages continue to produce virus and in this way acts like a HIV factory. Simultaneously, HIV enters into helper T-lymphocytes, replicates and produces progeny viruses. The progeny viruses released in the blood attack other helper T-lymphocytes. This is repeated, leading to a progressive decrease in the number of helper T lymphocytes in the body of the infected person. During this period, the person suffers from bouts of fever, diarrhoea and weight loss. Due to decrease in the number of helper T lymphocytes, the person starts suffering from infections and becomes immune deficient and unable to protect against any infection.

A simple blood test is available that can determine whether the person has been infected with HIV. The **ELISA** test (Enzyme Linked ImmunoSorbent Assay) detects the presence of HIV antibodies. It is a preliminary test. **Western blot** test is more reliable and a confirmatory test. It detects the viral core proteins. If both tests detect the presence of the antibodies, the person is considered to be HIV positive.

AIDS has no cure. **Prevention** of AIDS is the best option. Advocating safe sex and promoting regular check-up, safe blood for transfusion, use of disposable needles, use of condoms during sexual contact, prevention of drug abuse, AIDS awareness programme by **NACO** (National AIDS Control Organisation), **NGOs** (Non-Governmental Organisations) and **WHO** are to prevent the spreading of AIDS.

8.13 Autoimmune diseases

Autoimmunity is due to an abnormal immune response in which the immune system fails to properly distinguish between self and

non-self and attacks its own body. Our body produces antibodies (**auto antibodies**) and **cytotoxic T cells** that destroy our own tissues. If a disease-state results, it is referred to as auto-immune disease. Thus, autoimmunity is a misdirected immune response. Autoimmunity is evidenced by the presence of **auto antibodies and T cells** that are reactive with host antigens. When the cells act as antigens in the same body, they are called autoantigens.

Autoimmune diseases in human can be divided into two broad categories, namely organ-specific and non-organ-specific (systemic) autoimmune diseases. In organ-specific disease, the autoimmune process is directed mostly against one organ. The autoantibodies may block the functions performed by the organs. Examples include Hashimoto's thyroiditis, Graves' disease (thyroid gland) and Addison's disease (adrenal glands).

In non-organ specific (systemic) disorders, autoimmune activity is widely spread throughout the body. Rheumatoid arthritis and multiple sclerosis are example for systemic disorder.

8.14 Tumour immunology

A **tumour** or **neoplasm** is a group of cells whose growth has gone unchecked. When a tumour continues to grow and invades healthy tissue, it is called cancer. They spread to other parts of the body from the tumour and give rise to secondary tumour. This is known as **metastasis**. Tumour may be benign or malignant depending on its characteristics. Benign or non-cancerous tissues are capable of indefinite growth and do not invade other body parts. In the malignant tumour, the cells grow indefinitely, detach and migrate into healthy surrounding tissues.

In normal cells, cell growth and differentiation is highly controlled and regulated. But in cancer cells, there is breakdown of this regulatory

mechanism. Normal cells show a property called **contact inhibition**, which inhibits uncontrolled growth. Cancer cells do not have this property. As a result, cancerous cells divide continuously giving rise to mass of tissues called tumours (**Table 8.5**).

When a cell undergoes malignant transformation, it acquires new surface antigen and may also lose some normal antigens. These antigens are present on the membranes of malignant cells and they induce an immune response. Both humoral and cellular responses can be observed in malignancy. Cancer cells can avoid immune detection as they are not foreign bodies but are abnormally functioning body cells. This makes them difficult to treat.

The concept of immunological surveillance postulates that the primary function of the immune system is to “**seek and destroy**” malignant cells that arise by somatic mutation. The efficiency of the surveillance mechanism reduces either as a result of ageing or due to congenital or acquired immunodeficiencies, leads to increased incidence of cancer. Thus, if immunological surveillance is effective, cancer should not occur. The development of tumour represents a lapse in surveillance.

Immunotherapy of cancer

Immunotherapy also called biological therapy uses substances made by the body or in a laboratory (monoclonal antibodies) to improve or to resist the immune system function. Different approaches have been attempted in the immunotherapy of cancer. Immunotherapy appears to be important in getting rid of the residual malignant cells after the gross tumour has been removed. The best results in the treatment of cancer is to follow an integrated approach to therapy, combining surgery, radiotherapy, chemotherapy and immunotherapy.

Scope of Immunology

The younger graduates in this field can find number of employment opportunities in Government as well as private hospitals. The scope of the immunology is immunotherapy, microbial immunology, clinical immunology, cellular immunology, allergy and immunology, translational immunology, transplantation immunology, neuro-inflammatory disorders, tumour immunology, vaccine immunology, inflammatory disorders, ocular immunology and inflammation.

Table 8.5. Differences between normal cell and cancer cell

Normal Cells	Cancer cells
Small, uniformly shaped nuclei Relatively large cytoplasmic volume	Large, variable shaped nuclei Relatively small cytoplasmic volume
Conformity in cell size and shape Cells arranged into discrete tissues	Variation in cell size and shape Disorganised arrangement of cells
May possess differentiated cell structures Normal presentation of cell surface markers	Loss of normal specialised features Elevated expression of certain cell markers
Lower levels of dividing cells Cell tissues clearly demarcated	Large number of dividing cells Poorly defined tumor boundaries



Summary

Immunology deals with a study of the immune system. The immune system recognises and eliminates the invaders, and the ability of the body to overcome the pathogen is called immunity. Immunity is classified into innate immunity and acquired immunity. Acquired immunity is further classified into cell mediated immunity and antibody mediated immunity as its components. Acquired immunity may be active or passive immunity. Immune response is the body's response to pathogens and it may be primary or secondary. The organs involved in the origin, maturation and proliferation of lymphocytes are called lymphoid organs. Thymus, bone marrow are primary lymphoid organs. The secondary lymphoid organs are lymph node, MALT, GALT and BALT.

An antigen is a substance that is specific to an antibody. An immunogen is a substance capable of initiating an immune response. Haptens are substance that are non-immunogenic but can react with the product of a specific immune response. Substances that can enhance the immune response to an antigen are called adjuvants. An epitope is also known as antigenic determinant and is the active part of the antigen. A paratope is the part of antibody. Precipitation, agglutination, neutralization, opsonisation etc. are the different types of antigen and antibody reaction. A vaccine is biological preparation that provides active acquired immunity. The malfunctioning of immune system leads to hypersensitivity, immunodeficiency or autoimmune diseases. A tumour or neoplasm is a group of cells whose growth has gone unchecked. The best results in the treatment of cancer is achieved by an integrated approach to therapy, surgery, radiotherapy, chemotherapy and immunotherapy.

Evaluation

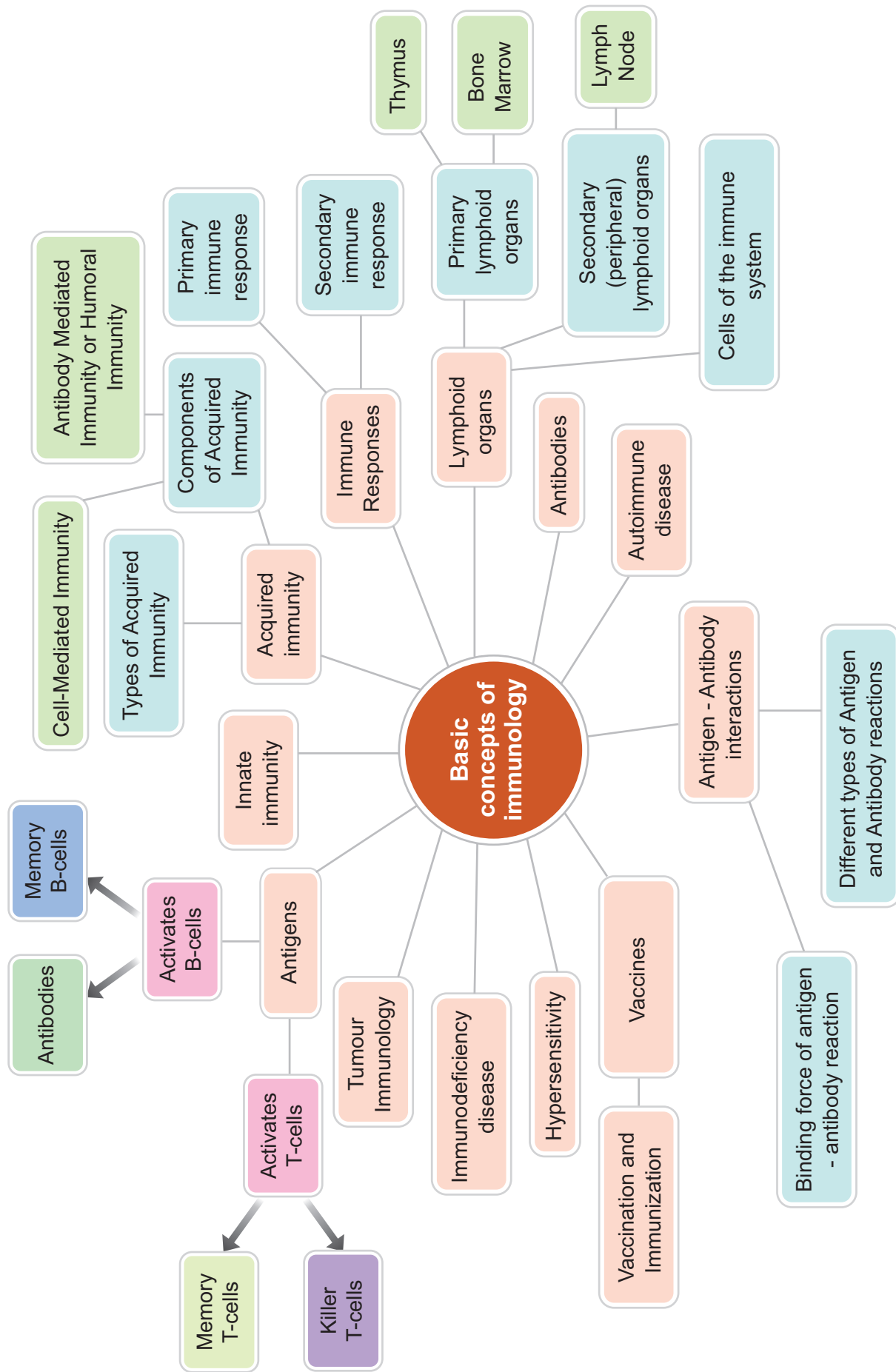
1. Colostrum provides
 - a) Naturally acquired active immunity
 - b) **Naturally acquired passive immunity**
 - c) Artificially acquired active immunity
 - d) Artificially acquired passive immunity
2. Paratope is an
 - (A) Antibody binding site on variable regions
 - (B) Antibody binding site on heavy regions
 - (C) **Antigen binding site on variable regions**
 - (D) Antigen binding site on heavy regions
3. Allergy involves
 - a) **IgE**
 - b) IgG
 - c) IgA
 - d) IgM
4. Anaphylactic shock is due to
 - (A) **Allergic reaction**
 - (B) Secretion of toxins
 - (C) Secretion of histamines
 - (D) All the above
5. Spread of cancerous cells to distant sites is termed as
 - (A) **Metastasis**
 - (B) Oncogenes
 - (C) Proto-oncogenes
 - (D) Malignant neoplasm
6. AIDS virus has
 - (A) **Single stranded RNA**
 - (B) Double stranded RNA
 - (C) Single stranded DNA
 - (D) Double stranded DNA
7. All are peripheral lymphoid organs except
 - (A) Lymph nodes
 - (B) Spleen
 - (C) Mucosa associated lymphoid tissue
 - (D) **Thymus**
8. Which is not a macrophage?
 - (A) Monocyte
 - (B) Microglia
 - (C) Kupffer cell
 - (D) **Lymphocyte**





9. True about interferon is that
(A) **It is synthetic antiviral agent**
(B) It inhibits viral replication in cells
(C) It is specific for a particular virus
(D) It causes infection
10. Cell mediated immunity is carried out by..... while humoral immunity is mainly carried out by
(A) B cells/T cells
(B) Epitopes/antigens
(C) **T cells/B cells**
(D) antibodies/antigens
11. B Cells are activated by
(A) Complement
(B) Antibody
(C) Interferon
(D) **Antigen**
12. In agglutination and precipitation reactions, the antigen is a _____ and _____ respectively
(A) **Whole cell/soluble molecule**
(B) Soluble molecule/whole cell
(C) Bacterium/virus
(D) Protein/Antibody
13. B cells that produce and release large amounts of antibody are called
(A) Memory cells (B) Basophils
(C) **Plasma cells** (D) killer cells
14. Raja is injured and got swelling. The swelling is due to the infection of tissue is an example of
(A) Mechanical barrier
(B) Physiological barrier
(C) Phagocytosis
(D) **Inflammation**
15. Given below are some human organs. Identify one primary and one secondary lymphoid organ. Explain its role.
Liver, thymus, stomach, thyroid, tonsils
16. How does saliva act in body defence?
17. How does immune system work?
18. Name and explain the type of barriers which involve macrophages.
19. What are interferons? Mention their role.
20. List out chemical alarm signals produced during inflammation.
21. Differentiate between
(A) Innate immunity and acquired immunity
(B) Primary and secondary immune responses
(C) Active and passive immunity
(D) Humoral and CMI immunity
(E) Autoimmune disease and Immunodeficiency disease
22. Where are B-cells and T-cells produced in the human body? How do they differ from each other? Mention any two differences.
23. Explain the process of replication of retrovirus after it gains entry into the human body.
24. Why is an antibody molecule represented as H₂ L₂?
25. Explain the structure of immunoglobulin with suitable diagram.
26. What are the cells involved innate immune system?
27. Why is opsonisation efficient in phagocytosis?
28. What is vaccine? What are its types?
29. A person is infected by HIV. How will you diagnose for AIDS?
30. Autoimmunity is a misdirected immune response. Justify.

Concept Map

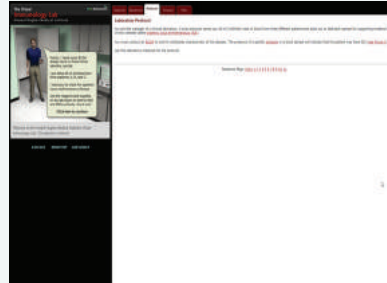




ICT CORNER

IMMUNOLOGY

Let us do examine to know the chronic disease - systemic lupus erythematosus (SLE)



Procedure :

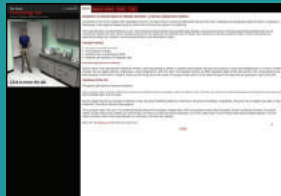
Step -1 : Type the **URL** or scan the **QR** code to open the activity page. Click **“To enter the lab”** to start the test.

Step -2 : Follow the interactive steps guided by the virtual lab starting from centrifugation and to **ELISA**.

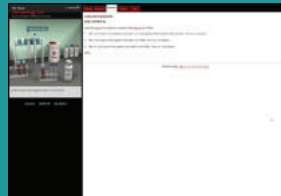
Step -3 : On the right, Find the different headers such as **“Diagnosis, Background, Notebook, Glossary and Help”** and **click** to know the virtual procedure happening aside on the left.

Step - 4 : Find **“Launch Gene Body”** on the right bottom of the window, and Click it to analyse and understand about the cloning.

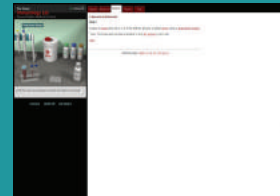
Step -5: Complete this **ELISA** to know a patient acquired the disease or not.



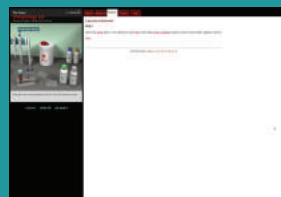
Step 1



Step 2



Step 3



Step 4

IMMUNOLOGY URL:

http://media.hhmi.org/biointeractive/vlabs/immunology/index.html?_ga=2.219254809.1253796128.1545143882-264360672.1545143882

*Pictures are indicative only

*Allow flash player



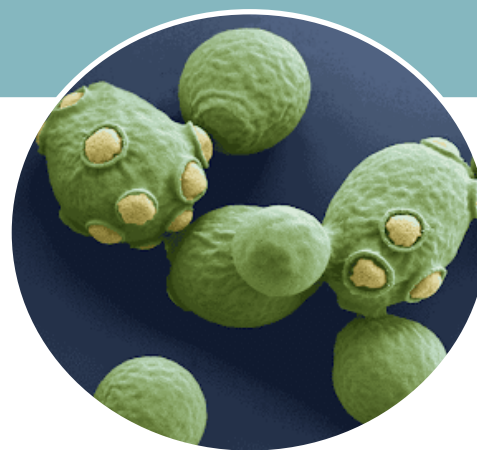
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9

CHAPTER

UNIT - III

Microbes in Human Welfare



Saccharomyces cerevisiae, a species of yeast used in baking and brewing industry.

Chapter outline

- 9.1 Microbes in household products
- 9.2 Microbes in industrial products
- 9.3 Microbes in sewage treatment and energy generation
- 9.4 Microbes in the production of biogas
- 9.5 Microbes as bio-control agents and bio-fertilisers
- 9.6 Bioremediation



Learning objectives

- Differentiates probiotics from pathogens.
- Understands the use of microbes in household products.
- Learns about antibiotic production and fermented beverages.
- Realizes the importance of microbes in sewage treatment and energy generation.
- Learns the role of bio-fertilisers in farming.
- Realizes the applications of microbes in bio-remediation.



Microbes such as bacteria, fungi, protozoa, certain algae, viruses, viroids and prions are some of the major components of the biological system on Earth. Several microorganisms are beneficial and contribute to human welfare. Microbes are present everywhere – in soil, water, air and within bodies of animals and plants. Microbes like bacteria and fungi can be grown on nutritive media to form colonies which can be visibly seen. Some of the microbes useful to human welfare are discussed here.

9.1 Microbes in household products

In every day life, microbes and their products are used in the preparation of idli, dosa, cheese, curd, yogurt, dough, bread, vinegar, etc., Bacteria like *Lactobacillus acidophilus*, *L. lactis* and *Streptococcus lactis* commonly called **lactic acid bacteria** (LAB) are probiotics which check the growth of pathogenic microbes in the stomach and other parts of the digestive tract.

The LAB bacteria grows in milk and convert it into curd, thereby digesting the milk protein casein. A small amount of curd added to fresh milk as a starter or inoculum contains millions of *Lactobacilli*, which under suitable



temperature ($\leq 40^{\circ}\text{C}$) multiply and convert milk into curd. Curd is more nutritious than milk as it contains a number of organic acids and vitamins.



Prebiotics are compounds in food (fibers) that induce the growth or activity of beneficial microorganisms.

Probiotics are live microorganisms intended to provide health benefits when consumed, generally by improving or restoring the gut flora.

Yogurt is produced by bacterial fermentation of milk, and lactic acid is produced as a byproduct. Microorganisms such as *Streptococcus thermophilus* and *Lactobacillus bulgaricus* coagulate the milk protein and convert the lactose in the milk to lactic acid. The flavour in yogurt is due to acetaldehyde.

Cheese is a dairy product produced in a wide range of flavours, textures and is formed by coagulation of the milk protein, casein. During cheese production, milk is usually acidified and the enzyme rennet is added to cause coagulation. The solids are separated and pressed to form cheese. Most cheese are made with a starter bacteria, *Lactococcus*, *Lactobacillus* or *Streptococcus*.

Paneer (cottage cheese) is fresh cheese common in South Asia, especially in India. It is made by curdling milk with lemon juice, vinegar and other edible acids. Large holes in Swiss cheese is due to the production of large amount of carbon-di-oxide by the bacterium *Propionibacterium shermanii*.

The dough used in the preparation of idlis and dosas are fermented by the bacteria *Leuconostoc mesenteroides* whereas the dough used in bread making is fermented by *Saccharomyces cerevisiae* (Baker's Yeast). Fermentation of glucose mainly forms ethyl alcohol and carbon-

di-oxide, which is responsible for leavening of dough. When leavened dough is baked, both carbon-di-oxide and ethyl alcohol evaporate making the bread porous and soft.

Single cell protein (SCP)

Single cell protein refers to edible unicellular microorganisms like *Spirulina*. Protein extracts from pure or mixed cultures of algae, yeasts, fungi or bacteria may be used as ingredient or as a substitute for protein rich foods and is suitable for human consumption or as animal feed.

9.2 Microbes in industrial products

Microbes are used to synthesize a number of products valuable to human beings. Products like beverages, antibiotics, organic acids, amino acids, vitamins, biofuels, single cell protein, enzymes, steroids, vaccines, pharmaceutical drugs, etc., are produced in industries. Production on a large scale requires growing microbes in very large vessels called fermentors. A fermentor (bioreactor) is a closed vessel with adequate arrangement for aeration, agitation, temperature, pH control and drain or overflow vent to remove the waste biomass of cultured microorganisms along-with their products.

9.2.1 Antibiotic production

Antibiotics are chemical substances produced by microorganisms which can kill or retard the growth of other disease causing microbes even in low concentration. Antibiotic means “**against life**”. Antibiotics are used to treat diseases such as plague, meningitis, diphtheria, syphilis, leprosy, tuberculosis etc., **Selman Waksman** discovered Streptomycin and was the first to use the term “**antibiotic**” in 1943.

While working on *Staphylococci* bacteria, Alexander Fleming observed a green mould growing in one of his unwashed culture plates around which *Staphylococci* could not grow. He

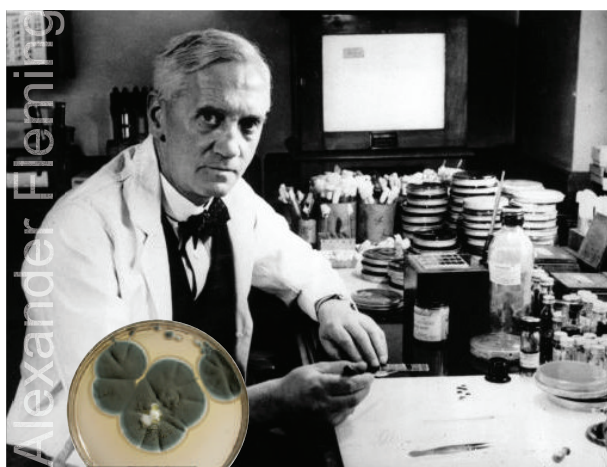
found that it was due to a chemical produced by the mould and he named it as penicillin, which was the first antibiotic discovered by Alexander Fleming in 1926 (Fig. 9.1). Penicillin is produced by the fungi *Penicillium notatum* and *Penicillium chrysogenum*. It is bactericidal (antibiotics that kill bacteria) in action and inhibits the synthesis of the bacterial cell wall.

Penicillin is also referred as the “**queen of drugs**” and its full potential as an effective antibiotic was established much later by **Ernest Chain** and **Howard Florey** when they treated the wounded soldiers in World War II with penicillin. **Fleming, Chain** and **Florey** were awarded the **Nobel prize** in 1945 for the discovery of penicillin.

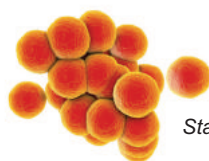
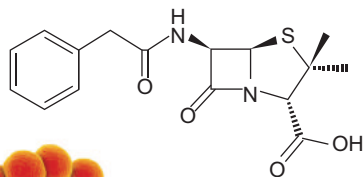
Antibiosis is the property of antibiotics to kill microorganisms.

Broad-spectrum antibiotics act against a wide range of disease-causing bacteria.

Narrow-spectrum antibiotics are active against a selected group of bacterial types.



Penicillium chrysogenum



Staphylococcus aureus

Fig. 9.1 Discovery of penicillin



Hypersensitivity reaction is a major problem with the use of penicillin, resulting in nausea, vomiting, wheezing and ultimately cardiovascular collapse. To check the sensitivity reaction, doctors use a needle to prick the forearm of the patients to give a weak dose of penicillin. An itchy red region in the forearm is an indication that the patient is allergic to penicillin. This test is important before administration of penicillin to a patient.

Tetracycline is a broad spectrum bacteriostatic antibiotic (antibiotics that limit the growth of bacteria) that inhibits microbial protein synthesis. **Chlortetracycline** is the first antibiotic of this group, isolated from the cultures of *Streptomyces aureofaciens*. **Streptomycin** is a broad spectrum antibiotic isolated from the actinomycetes, *Streptomyces griseus*. It is bactericidal against both gram positive and gram negative bacteria, especially against *Mycobacterium tuberculosis*. Antibiotics, such as **erythromycin, chloromycetin, griseofulvin, neomycin, kenamycin, bacitracin**, etc., are also isolated as microbial products.

Antibiotic resistance

Antibiotic resistance occurs when bacteria develop the ability to defeat the drug designed to kill or inhibit their growth. It is one of the most acute threat to public health. Antibiotic resistance is accelerated by the misuse and over use of antibiotics, as well as poor infection prevention control. Antibiotics should be used only when prescribed by a certified health professional. When the bacteria become resistant, antibiotics cannot fight against them and the bacteria multiply. Narrow spectrum antibiotics are preferred over broad spectrum antibiotics. They effectively and accurately target specific pathogenic organisms and are less likely to cause resistance. “**Superbug**” is a term used to

describe strains of bacteria that are resistant to the majority of antibiotics commonly used today.

9.2.2 Fermented beverages

Microbes especially yeast is being used from time immemorial for the production of beverages like wine, beer, whisky, brandy and rum. Wine is among the oldest alcoholic beverages known and is produced by fermentation of fruit juice by yeast. **Zymology** is an applied science which deals with the biochemical process of fermentation and its practical uses.

Saccharomyces cerevisiae commonly called brewer's yeast is used for fermenting malted cereals and fruit juices to produce various alcoholic beverages. Wine and beer are produced without distillation, whereas whisky, brandy and rum are obtained by fermentation and distillation.



The Pasteur effect is the inhibiting effect of oxygen on the fermentation process.

Oenology is the science and study of **wine** and wine making. Wine is made from the fermentation of grape juice. Grape juice is fermented by various strains of *Saccharomyces cerevisiae* into alcohol. Grape wine is of two types, red wine and white wine. For red wine, black grapes are used including skins and sometimes the stems also are used. In contrast white wine is produced only from the juice of either white or red grapes without their skin and stems.

Beer is produced from germinated barley malt grain by *Saccharomyces carlsbergensis* or *Saccharomyces cerevisiae*. Rum is made from fermented sugarcane or molasses or directly from sugarcane juice by *Saccharomyces cerevisiae*. **Whisky** is a type of distilled alcoholic beverage made from fermented grain mash by *Saccharomyces cerevisiae*.

Alcohol content in various beverages

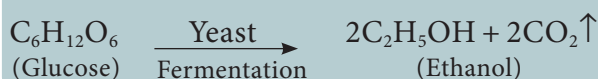
- Beer contains 3 to 5 percent of alcohol.
- Wine contains 9 to 14 percent alcohol. Wine coolers are made of wine mixed with carbonated water and flavourings. Wine coolers have about 4 to 6 percent alcohol.
- Distilled spirits such as whiskey, gin, scotch and vodka usually contain 35 to 50 percent alcohol.

In some parts of South India, a traditional drink called **pathaneer** is obtained from fermenting sap of palms and coconut trees. A common source is tapping of unopened spadices of coconut. It is a refreshing drink, which on boiling produces jaggery or palm sugar. When pathaneer is left undisturbed for few hours it gets fermented to form **toddy** with the help of naturally occurring yeast, to form a beverage that contains 4 percent alcohol. After 24 hours **toddy** becomes unpalatable and is used for the production of vinegar.

Saccharomyces cerevisiae is the major producer of ethanol (C_2H_5OH). It is used for industrial, laboratory and fuel purposes. So ethanol is referred to as **industrial alcohol**. Bacteria such as *Zymomonas mobilis* and *Sarcina ventriculi* are also involved in ethanol production. The principal substrates for the commercial production of industrial alcohol include molasses or corn, potatoes and wood wastes. The process of ethanol production starts by milling a feed stock followed by the addition of dilute or fungal **amylase (enzyme)** from *Aspergillus* to break down the starch into fermentable sugars. Yeast is then added to convert the sugars to ethanol which is then distilled off to obtain ethanol which is upto 96 percent in concentration. The two most common type of biofuels in use today are ethanol and biodiesel, both of them represent the first generation of biofuel technology. Ethanol is often used as a fuel, mainly as a biofuel additive for gasoline.



Biodiesel is a fuel made from vegetable oils, fats or greases. Biodiesel fuel can be used in diesel engines without altering the engine. Pure biodiesel is non-toxic, biodegradable and produces lower level of air pollutants than petroleum-based diesel fuel. The Government of India approved the National Policy on Biofuels in December 2009 and identified *Jatropha curcas* as the most suitable oilseed for biodiesel production. *Pongamia* species is also a suitable choice for production of biodiesel.



World biofuel day is observed every year on **10th August** to create awareness about the importance of renewable bio-fuels as an alternative to conventional non-renewable fossil fuels. This day also highlights the various efforts taken by the Government in the biofuel sector.

9.2.3 Chemicals, enzymes and other bioactive molecules

Microbes are not only used for commercial and industrial production of alcohol, but also used for production of chemicals like organic acids and enzymes. Examples of organic acid producers are *Aspergillus niger* for **citric acid**, *Acetobacter aceti* for **acetic acid**, *Rhizopus oryzae* for **fumaric acid**, *Clostridium butyricum* for **butyric acid** and *Lactobacillus* for **lactic acid**.

Yeast (*Saccharomyces cerevisiae*) and bacteria are used for commercial production of enzymes. Lipases are used in detergent formulations and are used for removing oily stains from the laundry. Bottled juices are clarified by the use of **pectinase**, **protease** and **cellulase**. Rennet can also be used to separate milk into solid curds for cheese making. Streptokinase produced by the bacterium *Streptococcus* and genetically engineered *Streptococci* are used as “**clot buster**” for

removing clots from the blood vessels of patients who have undergone myocardial infarction.

Cyclosporin A, an immunosuppressant used in organ transplantation is produced from the fungus *Trichoderma polysporum*. It is also used for its anti-inflammatory, anti-fungal and anti-parasitic properties. **Statins** produced by the yeast *Monascus purpureus* have been used to lower blood cholesterol levels. It acts by competitively inhibiting the enzyme responsible for the synthesis of cholesterol. Recombinant **human insulin** has been produced predominantly using *E. coli* and *Saccharomyces cerevisiae* for therapeutic use in human.

9.3 Microbes in sewage treatment and energy generation

Sewage is the waste generated every day in cities and towns containing human excreta. It contains large amounts of organic matter and microbes, which are pathogenic to humans and are bio-degradable pollutants. Domestic waste consists of approximately 99 percent water, suspended solids and other soluble organic and inorganic substances. Sewage should not be discharged directly into natural water bodies like rivers and streams. Before disposal, sewage should be treated in sewage treatment plants to make it less polluting (**Fig. 9.2**).

9.3.1 Wastewater treatment

The main objective of a wastewater treatment process is to reduce organic and inorganic components in wastewater to a level that it no

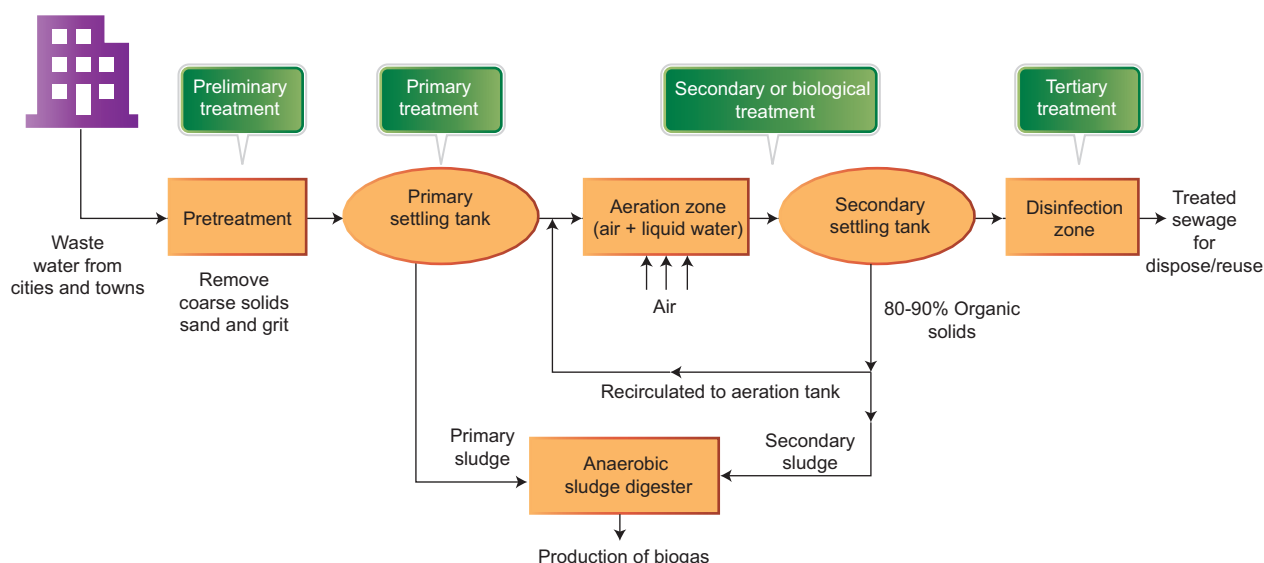


Fig. 9.2 Sewage treatment process

longer supports microbial growth and to eliminate other potentially toxic materials. Microorganisms mainly bacteria and some protozoa play an essential part in the treatment of sewage to make it harmless. Sewage contains pathogenic bacteria. These bacteria must be destroyed in order to prevent the spread of diseases. Sewage treatment is usually performed in the following three stages.

Primary treatment

Primary treatment involves the physical removal of solid and particulate organic and inorganic materials from the sewage through filtration and sedimentation. Floating debris is removed by sequential filtration. Then the grit (soil and small pebbles) are removed by sedimentation. All solids that settle form the primary sludge and the supernatant forms the effluent. The effluent from the primary settling tank is taken for secondary treatment.

Secondary treatment or biological treatment

The primary effluent is passed into large aeration tanks where it is constantly agitated mechanically and air is pumped into it. This allows vigorous growth of useful aerobic microbes into floc (masses of bacteria associated with fungal filaments to form mesh like structures). While growing, these microbes consume the

major part of the organic matter in the effluent. This significantly reduces the BOD (Biochemical oxygen demand or Biological oxygen demand). BOD refers to the amount of the oxygen that would be consumed, if all the organic matter in one litre of water were oxidized by bacteria. The sewage water is treated till the BOD is reduced. The greater the BOD of the waste water more is its polluting potential.

Once the BOD of sewage water is reduced significantly, the effluent is then passed into a settling tank where the bacterial “flocs” are allowed to sediment. This sediment is called **activated sludge**. A small part of activated sludge is pumped back into the **aeration tank** to serve as the inoculum. The remaining major part of the sludge is pumped into large tanks called **anaerobic sludge digesters**. Here, the bacteria which grow anaerobically, digest the bacteria and the fungi in the sludge. During this digestion, bacteria produce a mixture of gases such as methane, hydrogen sulphide and CO_2 . These gases form biogas and can be used as a source of energy.

Tertiary treatment

Tertiary treatment is the final process that improves the quality of the waste water before it is reused, recycled or released into natural water bodies. This treatment removes the remaining inorganic compounds and

substances, such as nitrogen and phosphorus. UV is an ideal disinfectant for wastewater since it does not alter the water quality – except for inactivating microorganisms. UV is a chemical-free process that can completely replace the existing chlorination system and also inactivates chlorine-resistant microorganisms like *Cryptosporidium* and *Giardia*.

Act enforced by Government to conserve water bodies

National river conservation plan (NRCP) was enacted in 1995 to improve the water quality of the rivers, which are the major fresh water resources in our country. This important assignment taken up under the NRCP includes,

- To capture the raw sewage flowing into the river through open drains and divert them for treatment.
- Setting up sewage treatment plants for treating the diverted sewage.
- Construction of low cost sanitation toilets to prevent open defecation on river banks.

The ministry for environment, forest and climate change has initiated the Ganga action plan and the Yamuna action plan to save the major rivers of the country.

The Ganga action plan was launched on 14th January 1986. The main objective of the programme is to improve the water quality of River Ganges by interception, diversion and treatment of domestic sewage and to identify grossly polluting units to prevent pollution.

The Yamuna Action Plan is a bilateral project between the Government of India and Japan. It was formally launched in April 1993. It was proposed to build large number of sewage treatment plants to discharge treated wastewater into the rivers.

9.3.2 Microbial fuel cell(MFC)

A microbial fuel cell is a bio-electrochemical system that drives an electric current by using

bacteria and mimicking bacterial interaction found in nature (**Fig. 9.3**). Microbial fuel cells work by allowing bacteria to oxidize and reduce organic molecules. Bacterial respiration is basically one big redox reaction in which electrons are being moved around. A MFC consists of an anode and a cathode separated by a proton exchange membrane. Microbes at the anode oxidize the organic fuel generating protons which pass through the membrane to the cathode and the electrons pass through the anode to the external circuit to generate current.

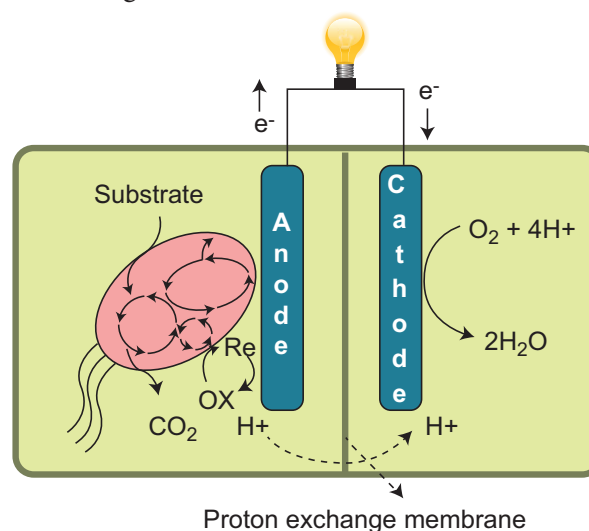


Fig. 9.3 Microbial fuel cell

9.4 Microbes in the production of biogas (Gobar gas)

Biogas is a mixture of different gases produced by the breakdown of organic matter in the absence of oxygen. Biogas can be produced from raw materials such as agricultural wastes, manure, municipal wastes, plant material, sewage, food waste, etc., Biogas is produced under anaerobic condition, when the organic materials are converted through microbiological reactions into gas and organic fertilizer. Biogas primarily consists of methane (63 percent), along with CO₂ and hydrogen. Methane producing bacteria are called **methanogens** and one such common bacterium is *Methanobacterium*. Biogas is devoid of smell and burns with a blue flame without smoke. The *Methanogens* are also present in anaerobic sludge and rumen of cattle.

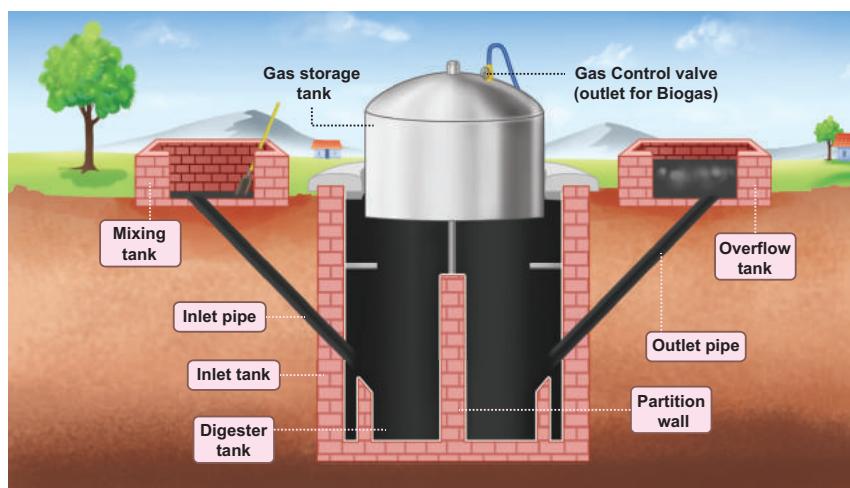


Fig. 9.4 Biogas unit

In rumen, these bacteria help in the breakdown of cellulose. The excreta of cattle called dung is commonly called “Gobar”. Gobar gas is generated by the anaerobic decomposition of cattle dung. It consists of methane, CO_2 with some hydrogen, nitrogen and other gases in trace amounts.

In a biogas plant, anaerobic digestion is carried out in an air tight cylindrical tank known as digester (Fig. 9.4). It is made up of concrete bricks and cement or steel. Bio-wastes are collected and slurry of dung is fed into this digester. It has a side opening into which organic materials for digestion are incorporated for microbial activity. Anaerobic digestion is accomplished in three stages: solubilisation, acidogenesis and methanogenesis. The outlet is connected to a pipe to supply biogas. The slurry is drained through another outlet and is used as fertilizer. Biogas is used for cooking and lighting. The technology of biogas production was developed in India mainly due to the efforts of Indian Agricultural Research Institute (IARI) and Khadi and Village Industries Commission (KVIC).

9.5 Microbes as bio control agents and biofertilisers

Large scale application of chemical insecticides and pesticides have a deleterious effect on the health of human beings and pollute our environment. Biocontrol is a method of controlling pest by use of microbes

such as fungi, bacteria, viruses or by naturally occurring substances derived from plants and animals. The use of a microbes or other biological agents to control a specific pest is called a biopesticide. Biopesticides are used to control insect pests. The **lady bird beetle** and **dragonflies** are useful to control aphids and mosquito larvae respectively.

Bacillus thuringiensis is a soil dwelling bacterium which is commonly used as a biopesticide and contains a toxin called **cry toxin** (Fig. 9.5). Scientists have introduced this toxin producing genes into plants and have raised genetically engineered insect resistant plants. E.g. Bt-cotton.

During sporulation *Bacillus thuringiensis* produces crystal proteins called **Delta-endotoxin** which is encoded by **cry genes**. Delta-endotoxins have specific activities against the insects of the orders **Lepidoptera**, **Diptera**, **Coleoptera** and **Hymenoptera**. When the insects ingest the toxin crystals their alkaline digestive tract denatures the insoluble crystals making them soluble. The **cry** toxin then gets inserted into the gut cell membrane and paralyzes the digestive tract. The insect then stops eating and starves to death.

Weedicides are substances, which destroy weeds without harming the useful plants. Bioweedicides are compounds and secondary metabolites derived from microbes such as fungi, bacteria or protozoa. The first bioherbicide developed in 1981 was a **Mycoherbicide** derived from the fungus *Phytophthora palmivora*. It controls the growth of strangler vine in citrus crops.

Trichoderma species are free living fungi that are very common in the root ecosystem. They are effective biocontrol agents for several plant pathogens. **Buculoviruses** are pathogens that

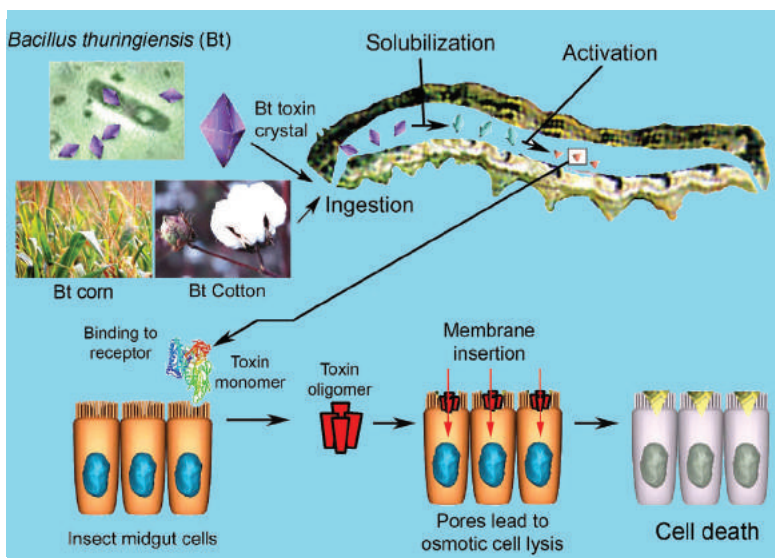


Fig. 9.5 Actions of cry toxin

attack insects and other arthropods. The genus **Nucleopolyhedrovirus** is used as a biocontrol agent. These viruses are species specific and have narrow spectrum insecticidal applications.

9.5.1 Biofertilisers

Biofertilisers are formulation of living microorganisms that enrich the nutrient quality of the soil. They increase physico – chemical properties of soils such as soil structure, texture, water holding capacity, cation exchange capacity and pH by providing several nutrients and sufficient organic matter. The main sources of biofertilisers are bacteria, fungi and cyanobacteria. *Rhizobium* is a classical example for symbiotic nitrogen fixing bacteria. This bacterium infects the root nodules of leguminous plants and fixes atmospheric nitrogen into organic forms. *Azospirillum* and *Azotobacter* are free living bacteria that fix atmospheric nitrogen and enrich the nitrogen content of soil.

A symbiotic association between a fungus and the roots of the plants is called **mycorrhiza**. The fungal symbiont in these associations absorbs the phosphorus from soil and transfers to the plant. Plants having such association show other benefits such as resistance to root-borne pathogens, tolerance to salinity, drought, enhances plant growth and developments. For example, many members of the genus *Glomus*

form mycorrhiza. **Cyanobacteria** (or) blue green algae (BGA) are prokaryotic free-living organisms which can fix nitrogen. *Oscillatoria*, *Nostoc*, *Anabaena*, *Tolypothrix* are well known nitrogen fixing cyanobacteria. Their importance is realized in the water logged paddy fields where **Cyanobacteria** multiply and fix molecular nitrogen. Cyanobacteria secrete growth promoting substances like indole-3-acetic acid, indole-3-butyric acid, naphthalene acetic acid, amino acids, proteins, vitamins which

promotes plant growth and production.

Biofertilisers are commonly used in organic farming methods. Organic farming is a technique, which involves cultivation of plants and rearing of animals in natural ways. This process involves the use of biological materials, avoiding synthetic substances to maintain soil fertility and ecological balance thereby minimizing pollution and wastage.

Key features of organic farming

- Protecting soil quality using organic materials and encouraging biological activity.
- Indirect provision of crop nutrients using soil microorganisms.
- Nitrogen fixation in soils using legumes.
- Weed and pest control based on methods like crop rotation, biological diversity, natural predators, organic manures and suitable chemical, thermal and biological interventions.

9.6 Bioremediation

The use of naturally occurring or genetically engineered microorganisms to reduce or degrade pollutants is called bioremediation. Bioremediation is less expensive and more sustainable than other remediations available. It is grouped into *in situ* bioremediation



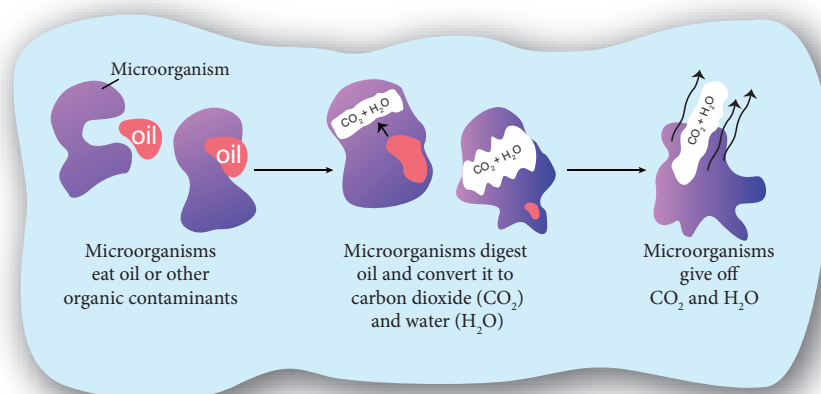


Fig. 9.6 The process of bioremediation

(treatment of contaminated soil or water in the site) and *ex situ* bioremediation (treatment of contaminated soil or water that is removed from the site and treated) .

9.6.1 Microorganisms involved in bioremediation

Aerobic microbes degrade the pollutants in the presence of oxygen. They mainly degrade pesticides and hydrocarbons. *Pseudomonas putida* is a genetically engineered microorganism (GEM). Ananda Mohan Chakrabarty obtained patent for this recombinant bacterial strain. It is multi-plasmid hydrocarbon-degrading bacterium which can digest the hydrocarbons in the oil spills (Fig. 9.6).

Nitrosomonas europaea is also capable of degrading benzene and a variety of halogenated organic compounds including trichloroethylene and vinyl chloride. *Ideonella sakaiensis* is currently tried for recycling of PET plastics (Fig. 9.7). These bacteria use PETase and MHETase enzymes to breakdown PET plastic into terephthalic acid and ethylene glycol.

Anaerobic microbes degrade the pollutants in the absence of oxygen. *Dechloromonas aromatica* has the ability to degrade benzene anaerobically and to oxidize toluene and xylene. *Phanerochaete*

chrysosporium an anaerobic fungus exhibits strong potential for bioremediation of pesticides, polyaromatic hydrocarbons, dyes, trinitrotoluene, cyanides, carbon tetrachloride, etc., *Dehalococcoides* species are responsible for anaerobic bioremediation of toxic trichloroethene to non-toxic ethane. *Pestalotiopsis microspora* is a species of endophytic fungus capable

of breaking down and digesting polyurethane. This makes the fungus a potential candidate for bioremediation projects involving large quantities of plastics.

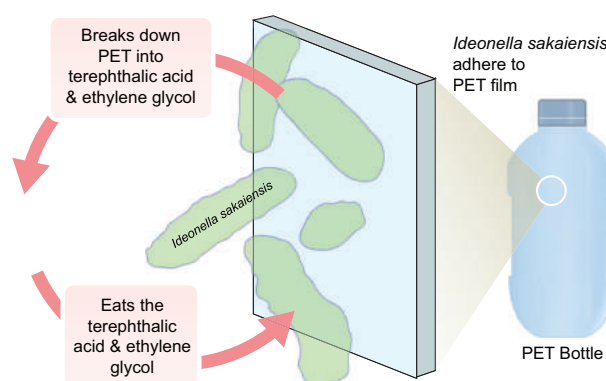


Fig. 9.7 Actions of *Ideonella sakaiensis*

Summary

All microbes are not pathogenic, many of them are beneficial to human beings. We use microbes and their derived products almost every day. Lactic acid bacteria convert milk into curd. *Saccharomyces cerevisiae* (yeast) is used in bread making. Idly and dosa are made from dough fermented by microbes. Bacteria and fungi are used in cheese making. Industrial products like lactic acid, acetic acid and alcohol are produced by microbes. Antibiotics are produced from useful microbes to kill the disease causing harmful microbes. For more than a hundred years, microbes are being



used to treat sewage by the process of activated sludge formation. Bio-gas produced by microbes is used as a source of energy in rural areas. Microbes are also used as bio-control agents to avoid the use of toxic pesticides. Now a days chemical fertilisers are gradually replaced by bio-fertilisers. In bio-remediation naturally occurring or genetically engineered microorganisms are used to reduce or degrade pollutants.

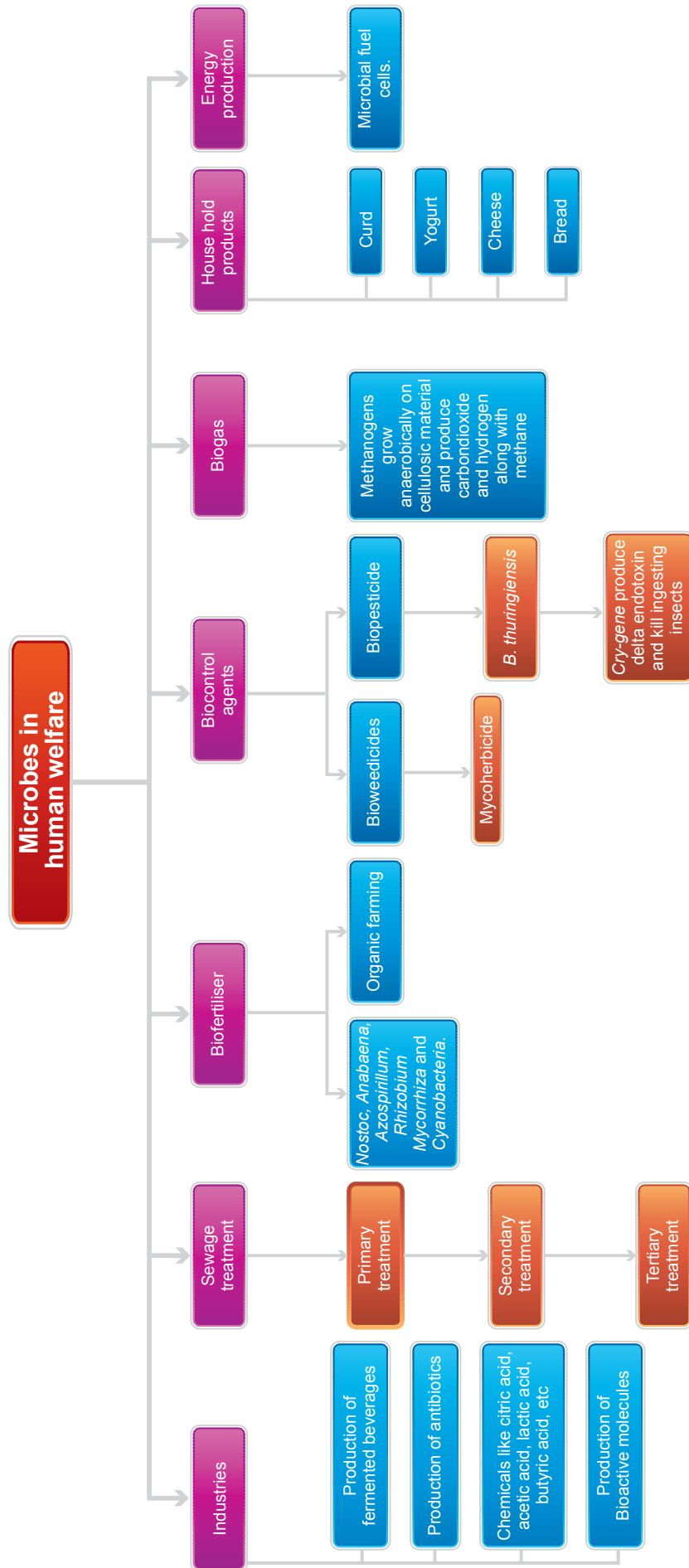
Evaluation

- Which of the following microorganism is used for production of citric acid in industries?
a) *Lactobacillus bulgaris*
b) *Penicillium citrinum*
c) ***Aspergillus niger*** d) *Rhizopus nigricans*
- Which of the following pair is correctly matched for the product produced by them?
a) *Acetobacter aceti* - Antibiotics
b) *Methanobacterium* - Lactic acid
c) *Penicillium notatum* - Acetic acid
d) ***Saccharomyces cerevisiae* - Ethanol**
- The most common substrate used in distilleries for the production of ethanol is _____
a) Soyameal b) Groundgram
c) **Molasses** d) Corn meal
- Cry toxins obtained from *Bacillus thuringiensis* are effective against for _____
a) Mosquitoes b) Flies
c) Nematodes d) **Bollworms**
- Cyclosporin – A is an immunosuppressive drug produced from _____
a) *Aspergillus niger*
b) *Monascus purpureus*
c) *Penicillium notatum*
d) ***Trichoderma polysporum***
- Which of the following bacteria is used extensively as a bio-pesticide?



- a) ***Bacillus thuringiensis***
b) *Bacillus subtilis*
c) *Lactobacillus acidophilus*
d) *Streptococcus lactis*
- Which of the following is not involved in nitrogen fixation?
a) ***Pseudomonas*** b) *Azotobacter*
c) *Anabaena* d) *Nostoc*
- CO₂ is not released during
a) Alcoholic fermentation
b) **Lactate fermentation**
c) Aerobic respiration in animals
d) Aerobic respiration in plants
- The purpose of biological treatment of waste water is to _____
a) **Reduce BOD** b) Increase BOD
c) Reduce sedimentation
d) Increase sedimentation
- The gases produced in anaerobic sludge digesters are
a) Methane, oxygen and hydrogen sulphide.
b) Hydrogen sulphide, methane and sulphur dioxide.
c) Hydrogen sulphide, nitrogen and methane.
d) **Methane, hydrogen sulphide and CO₂.**
- How is milk converted into curd? Explain the process of curd formation.
- Give any two bioactive molecules produced by microbes and state their uses.
- What is biological oxygen demand?
- Explain the role of cry-genes in genetically modified crops.
- Write the key features of organic farming.
- Justify the role of microbes as a bio-fertilizer.
- Write short notes on the following.
a) Brewer's yeast b) *Ideonella sakaiensis*
c) Microbial fuel cells
- List the advantages of biogas plants in rural areas.
- When does antibiotic resistance develop?
- What is the key difference between primary and secondary sewage treatment?

Concept Map





ICT CORNER

MICROBES IN HUMAN WELFARE

How the fermentation takes place?
Let's us experiment it virtually



Procedure :

- Step -1:** Type the **URL** or scan the **QR** code to open the activity page and click “**START**” to begin the fermentation experiment.
- Step -2:** Click “**next**” for all the flasks combination.
- Step -3:** When the “**Matching Game**” starts to know the result, “**Drag and place**” the combination perfectly to their respective flasks.
- Step -4:** Go on through the other tests, explanations and the principle involved in the fermentation process.



Step 1



Step 2



Step 3



Step 4

MICROBES IN HUMAN WELFARE URL:

<http://www.bch.cuhk.edu.hk/vlab2/animation/fermentation/>

*Pictures are indicative only

*Allow flash player



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10

CHAPTER

UNIT - IV

Applications of biotechnology



"Our world is built on biology"

Chapter outline

- 10.1 Applications in Medicine
- 10.2 Gene therapy
- 10.3 Stem Cell Therapy
- 10.4 Molecular Diagnosis
- 10.5 Transgenic Animals
- 10.6 Biological products and their uses
- 10.7 Animal cloning
- 10.8 Ethical issues
- 10.9 Regulation in biotechnology
- 10.10 Possible threats of Genetically Modified Organisms
- 10.11 Biosafety guidelines



Learning objectives

- Understand the applications of rDNA technology in the field of medicine.
- Analyse the role of diagnostic tools in Molecular diagnosis.
- Learn animal cloning and its applications.
- Create awareness on the ethical issues involved in biotechnology.
- Realise the need for biosafety guidelines and regulations in Biotechnology.



Before we start this chapter, it will be helpful if you revise the structure of DNA, Protein synthesis and genetic engineering. Genetic engineering involves the manipulation of DNA and naturally occurring processes such as protein synthesis for a wide range of applications including the production of therapeutically important proteins. This also involves extracting a gene from one organism and transferring it to the DNA of another organism, of the same or another species. The DNA produced in this way is referred to as recombinant DNA (rDNA) and this technique as recombinant DNA technology. All these are part of the broad field biotechnology which can be defined as the applications of scientific and engineering principles to the processing of material by biological agents to provide goods and services.

Biotechnology is an umbrella term that covers various techniques for using the properties of living things to make products or provide services. The term biotechnology was first used before 20th century for such traditional activities as making idli, dosa, dairy products, bread or wine, but none of these would be considered biotechnology in the modern sense.

In this chapter we will study the applications of bio-technology in various fields including the field of Medicine. Recombinant DNA technology has led to the large scale production of various hormones and proteins of therapeutic use.

10.1 Applications in Medicine

10.1.1 Recombinant Human Insulin

The Human insulin is synthesized by the β cells of Islets of Langerhans in the pancreas. It is formed of 51 amino acids which are arranged in two polypeptide chains, A and B. The polypeptide chain A has 21 amino acids while the polypeptide chain B has 30 amino acids. Both A and B chains are attached together by disulphide bonds. Insulin controls the levels of glucose in blood. It facilitates the cellular uptake and utilization of glucose for the release of energy. Deficiency of insulin leads to diabetes mellitus which is characterized by increased blood glucose concentration and a complex of symptoms which may lead to death, if untreated. A continuous program of insulin dependence is required to treat this deficiency.

In the early years, insulin isolated and purified from the pancreas of pigs and cows was used to treat diabetic patients. Due to minor differences in the structure of

the animal insulin as compared to human insulin, it resulted in the occurrence of allergic reactions in some diabetic patients. Production of insulin by recombinant DNA technology started in the late 1970s. This technique involved the insertion of human insulin gene on the plasmids of *E.coli*. The polypeptide chains are synthesized as a precursor called pre-pro insulin, which contains A and B segments linked by a third chain (C) and preceded by a leader sequence. The leader sequence is removed after translation and the C chain is excised, leaving the A and B polypeptide chains (Fig. 10.1).

Insulin was the first ever pharmaceutical product of recombinant DNA technology administered to humans. The approval to use recombinant insulin for diabetes mellitus was given in 1982. In 1986 human insulin was marketed under the trade name Humulin.

Best and Banting in 1921, isolated insulin from the pancreatic islets of a dog and demonstrated its effectiveness against diabetes.

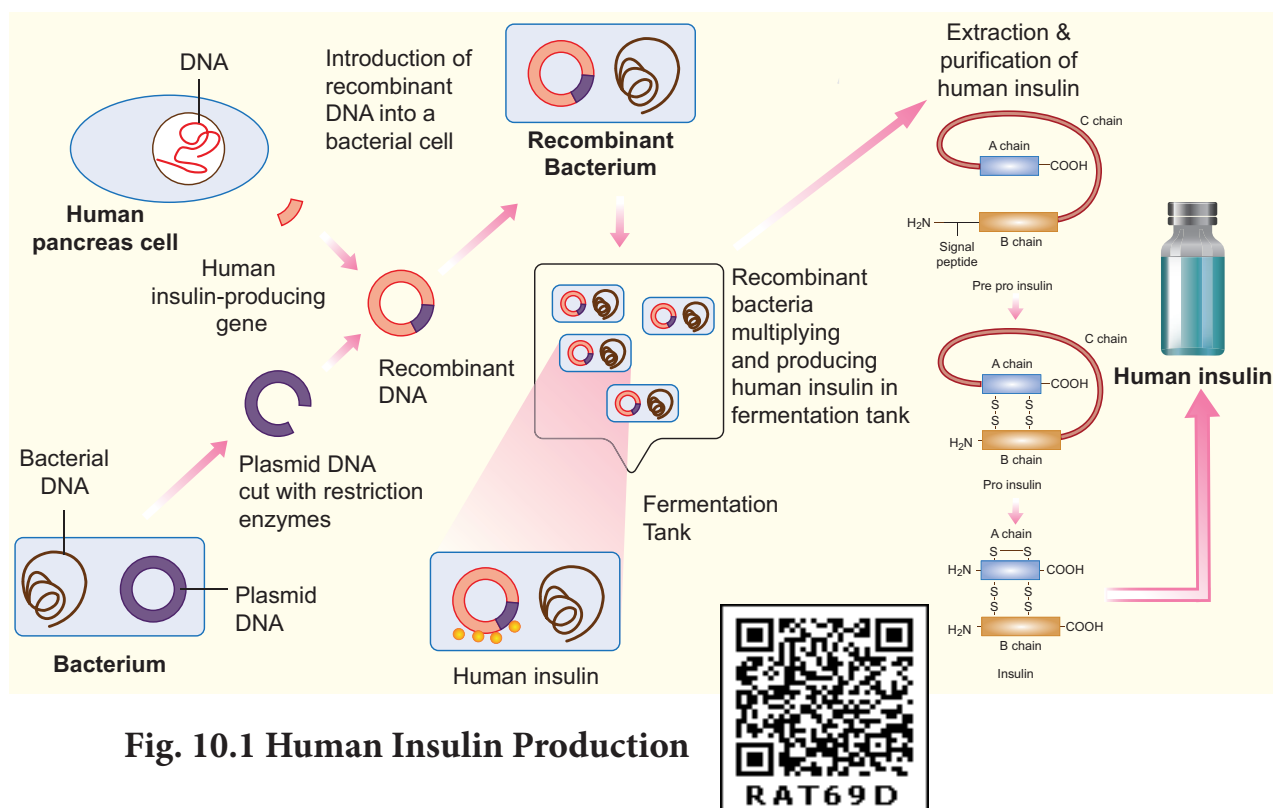


Fig. 10.1 Human Insulin Production

10.1.2 Human alpha lactalbumin

Alpha lactalbumin is a protein composed of 123 amino acids and 4 disulphide bridges, with a molecular weight of 14178 Da. In human milk, α lactalbumin is the most abundant protein comprising 25% of total protein found in human milk. It is synthesized by the mammary glands. α lactalbumin binds calcium and zinc ions and possesses bactericidal and anti tumour activities.

Improvement of the nutritional value of cow's milk with transgenic expression of recombinant human alpha lactalbumin has been attempted. Healthy transgenic cows were produced by somatic nuclear transfer, in which expression of upto 1.55g/L of recombinant human alpha lactalbumin was achieved. Similarly transgenic goats were also produced, in which the expression of Human alpha lactalbumin was about 0.1 to 0.9mg/mL.

Somatic cell nuclear transfer is a technique for creating a viable embryo from a body cell and an egg cell. This technique is discussed later in animal cloning.



In 1997, Rosie, the first transgenic cow produced human protein enriched milk, which contained the human alpha lactalbumin. The protein rich milk (2.4 gm/litre) was a nutritionally balanced food for new born babies than the normal milk produced by the cows.

10.1.3 Human Growth Hormone (hGH)

At about the same time when recombinant insulin was first made in *E. coli*, other research groups worked on human growth hormones somatostatin and somatotropin. These are peptide hormones secreted by the pituitary gland that helps in the growth and development by increasing the uptake of amino acids and promoting protein synthesis. Deficiency of human growth hormone causes dwarfism, which could be treated by injecting hGH extracted from the human pituitary glands.

Using recombinant DNA technology hGH can be produced (Fig. 10.2). The gene for hGH is isolated from the human pituitary gland cells.

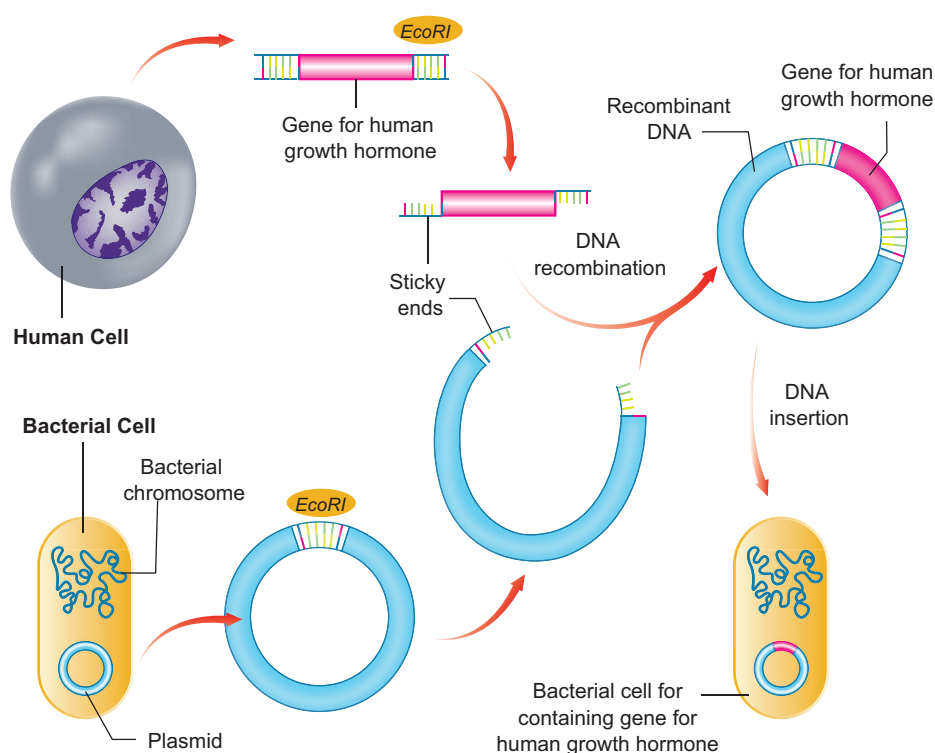


Fig. 10.2 Production of human growth hormone



The isolated gene is inserted into a plasmid vector and then is transferred into *E. coli*. The recombinant *E. coli* then starts producing human growth hormone. The recombinant *E. coli* are isolated from the culture and mass production of hGH is carried out by fermentation technology.

A recombinant form of human growth hormone called somatropin is used as a drug to treat growth disorders in children.

10.1.4 Human Blood-Clotting Factor VIII

You would have studied in your earlier class that many factors are required for normal blood clotting process and the factor VIII is one of them. The genes for the formation of factor VIII is located in the X chromosome. A genetic defect in the synthesis of factor VIII results in Haemophilia A, a sex-linked disease characterized by prolonged clotting time and internal bleeding (Refer Chapter 4). Clotting factor VIII isolated from blood of normal human being was used in the treatment of Haemophilia A. Requirement of large quantities of blood for this purpose and the risk of transmission of infectious diseases like AIDS is a disadvantage. Recombinant DNA technology was used to produce Recombinant Factor VIII in the Chinese Hamster ovary and in the baby Hamster kidney cells. More recently a cell line of human origin has been used for the first time to produce human blood clotting factor VIII.

10.1.5 Interferons

Interferons are proteinaceous, antiviral, species specific substances produced by mammalian cells when infected with viruses. Interferons were discovered by Alick Isaacs and Jean Lindemann in 1957. Based on the structure of interferons they are classified as α , β and γ interferons. They stimulate the cellular DNA to produce antiviral enzymes which inhibit viral replication and protect the cells. Similar to factor VIII, interferons could

be isolated from blood, but the amount of blood required for isolation of interferons is enormous and not practical. To overcome this issue interferons could be produced by rDNA technology. The yeast *Saccharomyces cerevisiae* is more suitable for production of recombinant interferons than *E. coli*, since *E. coli* does not possess the machinery for glycosylation of proteins. Interferons are used for the treatment of various diseases like cancer, AIDS, multiple sclerosis, hepatitis C and herpes zoster. In spite of the therapeutic applications interferons are not within the reach of the common man due to high cost for its production.

10.1.6 Recombinant Vaccines

Recombinant DNA technology has been used to produce new generation vaccines. The limitations of traditional vaccine production could be overcome by this approach.

The recombinant vaccines are generally of uniform quality and produce less side effects as compared to the vaccines produced by conventional methods. Different types of recombinant vaccines include subunit recombinant vaccines, attenuated recombinant vaccines and DNA vaccines.

Subunit recombinant vaccines

Vaccines that use components of a pathogenic organism rather than the whole organism are called **subunit vaccines**; recombinant DNA technology is very suited for developing new subunit vaccines. It includes components like proteins, peptides and DNAs of pathogenic organisms. The advantages of these vaccines include their purity in preparation, stability and safe use.

Attenuated recombinant vaccines

This includes genetically modified pathogenic organisms (bacteria or viruses) that are made nonpathogenic and are used as vaccines. It is now possible to genetically engineer the organisms (bacteria or viruses) and use them as live vaccines and such vaccines are referred to as attenuated recombinant vaccines.

Edible vaccines are prepared by molecular pharming using the science of genetic engineering. Selected genes are introduced into plants and the transgenic plants are induced to manufacture the encoded protein. Edible vaccines are mucosal targeted vaccines which cause stimulation of both systemic and mucosal immune response. At present edible vaccines are produced for human and animal diseases like measles, cholera, foot and mouth disease and hepatitis.

DNA Vaccines

Genetic immunisation by using DNA vaccines is a novel approach that came into being in 1990. The immune response of the body is stimulated by a DNA molecule. A DNA vaccine consists of a gene encoding an antigenic protein,

inserted onto a plasmid, and then incorporated into the cells in a target animal. DNA instructs the cells to make antigenic molecules which are displayed on its surfaces. This would evoke an antibody response to the free floating antigen secreted by the cells. The DNA vaccine cannot cause the disease as it contains only copies of a few of its genes. DNA vaccines are relatively easy and inexpensive to design and produce.

Vaccines produced by these new techniques have definite advantages like producing target proteins, long lasting immunity and trigger immune response only against specific pathogens with less toxic effects.

Recombinant hepatitis B vaccine as a subunit vaccine is produced by cloning hepatitis B surface antigen (HbsAg) gene in the yeast, *Saccharomyces cerevisiae* (Fig. 10.3).

The recombinant vaccine for hepatitis B (HbsAg) was the first synthetic vaccine launched in 1997 which was marketed by trade names Recombivax and Engerix-B. India is the fourth country in the world after USA, France and Belgium to develop an indigenous hepatitis B vaccine.

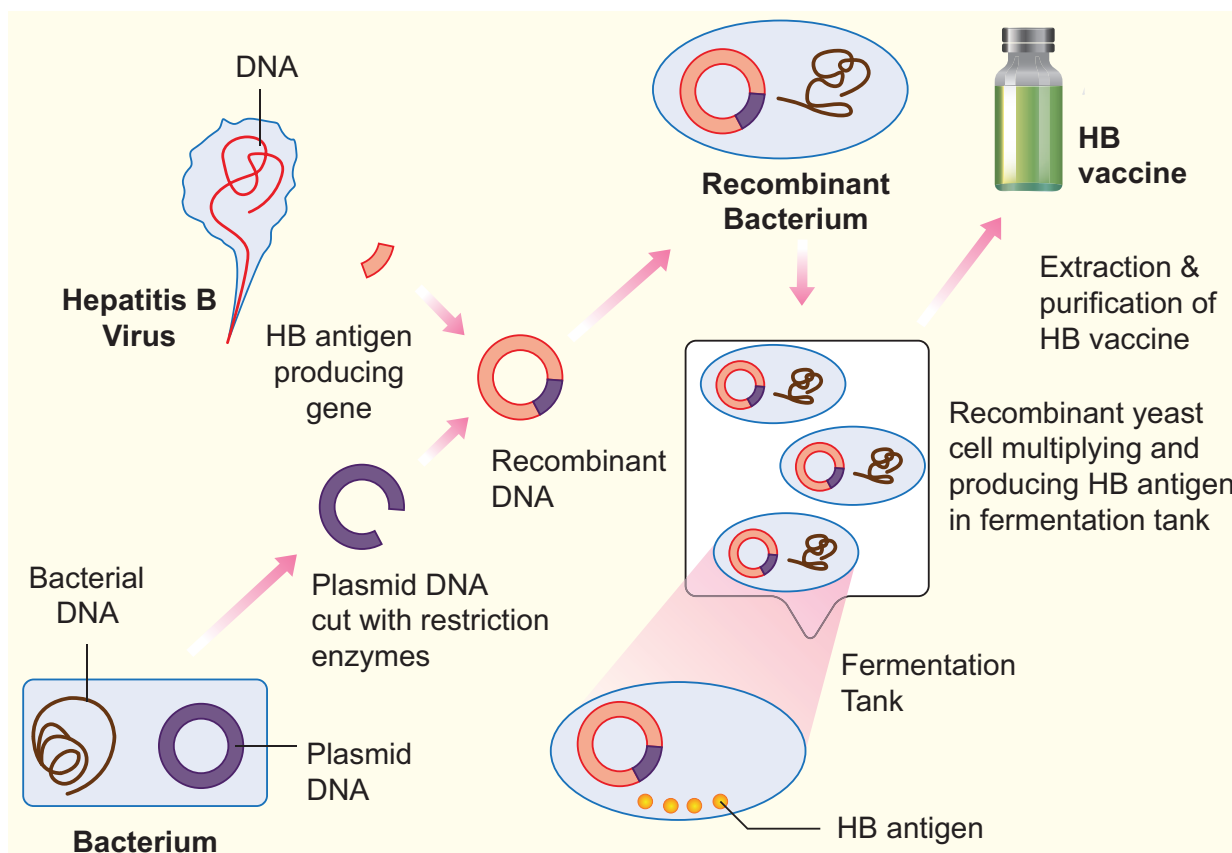


Fig. 10.3 Production of recombinant HB Vaccine

10.2 Gene Therapy

If a person is born with a hereditary disease, can a corrective therapy be given for such disease? Yes, this can be done by a process known as gene therapy. This process involves the transfer of a normal gene into a person's cells that carries one or more mutant alleles. Expression of normal gene in the person results in a functional gene product whose action produces a normal phenotype. Delivery of the normal gene is accomplished by using a vector. The main thrust of gene therapy has been directed at correcting single gene mutations as in cystic fibrosis and haemophilia. At present

most genetic diseases have no effective treatment and so gene therapy could offer hope for many people. There are two strategies involved in gene therapy namely; **Gene augmentation** therapy which involves insertion of DNA into the genome to replace the missing gene product and **Gene inhibition** therapy which involves insertion of the anti sense gene which inhibits the expression of the dominant gene (**Fig. 10.4**).

The two approaches to achieve gene therapy are **somatic** cell and **germ line gene therapy**. Somatic cell therapy involves the insertion of a fully functional and expressible gene into a target somatic cell to correct a genetic disease

Table 10.1 Differentiation between somatic cell gene therapy and germ line gene therapy

SOMATIC CELL GENE THERAPY	GERM LINE GENE THERAPY
Therapeutic genes transferred into the somatic cells.	Therapeutic genes transferred into the germ cells.
Introduction of genes into bone marrow cells, blood cells, skin cells etc.,	Genes introduced into eggs and sperms.
Will not be inherited in later generations.	Heritable and passed on to later generations.

The first clinical gene therapy was given in 1990 by French Anderson to a four year old girl with adenosine deaminase (ADA) deficiency. ADA deficiency or SCID (Severe combined immunodeficiency) is an autosomal recessive metabolic disorder. It is caused by the deletion or dysfunction of the gene coding for ADA enzyme. In these patients the nonfunctioning T-Lymphocytes cannot elicit immune responses against invading pathogens. The right approach for SCID treatment would be to give the patient a functioning ADA which breaks down toxic biological products.

In some children ADA deficiency could be cured by bone marrow transplantation, where defective immune cells could be replaced with healthy immune cells from a donor. In some patients it can be treated by enzyme replacement therapy, in which functional ADA is injected into the patient.

During gene therapy the lymphocytes from the blood of the patient are removed and grown in a nutrient culture medium. A healthy and functional human gene, ADA cDNA encoding this enzyme is introduced into the lymphocytes using a retrovirus. The genetically engineered lymphocytes are subsequently returned to the patient. Since these cells are not immortal, the patient requires periodic infusion of such genetically engineered lymphocytes. The disease could be cured permanently if the gene for ADA isolated from bone marrow cells are introduced into the cells of the early embryonic stages.

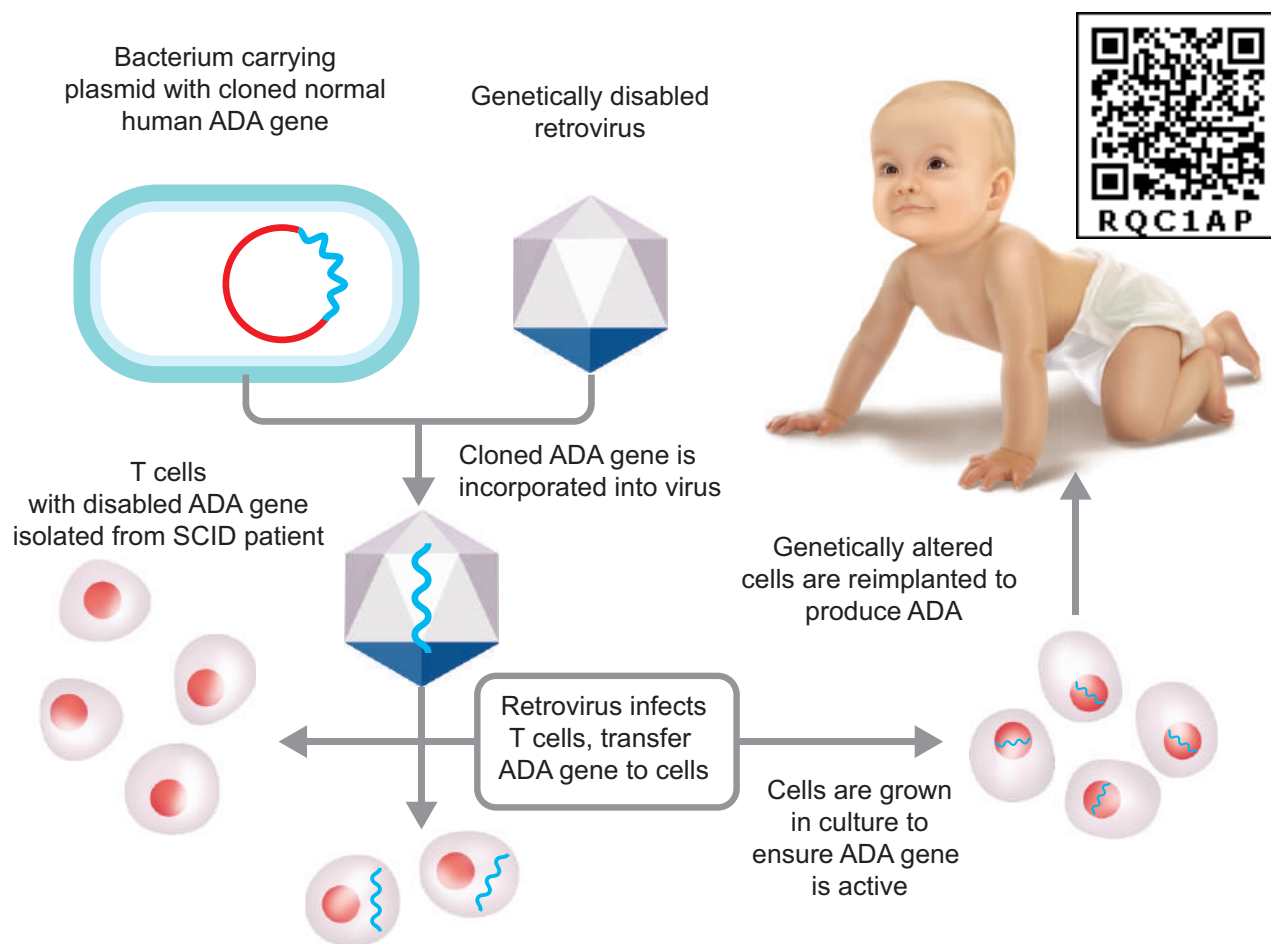


Fig. 10.4 Process of gene therapy

permanently whereas Germline gene therapy involves the introduction of DNA into germ cells which is passed on to the successive generations. Gene therapy involves isolation of a specific gene and making its copies and inserting them into target cells to make the desired proteins. It is absolutely essential for gene therapists to ensure that the gene is harmless to the patient and it is appropriately expressed and that the body's immune system does not react to the foreign proteins produced by the new genes.

10.3 Stem Cell Therapy

Stem cells are undifferentiated cells found in most of the multi cellular animals. These cells maintain their undifferentiated state even after undergoing numerous mitotic divisions.

Stem cell research has the potential to revolutionize the future of medicine with the

ability to regenerate damaged and diseased organs. Stem cells are capable of self renewal and exhibit 'cellular potency'. Stem cells can differentiate into all types of cells that are derived from any of the three germ layers ectoderm, endoderm and mesoderm.

In mammals there are two main types of stem cells – embryonic stem cells (ES cells) and adult stem cells. ES cells are pluripotent and can produce the three primary germ layers ectoderm, mesoderm and endoderm. Embryonic stem cells are multipotent stem cells that can differentiate into a number of types of cells (**Fig. 10.5**). ES cells are isolated from the epiblast tissue of the inner cell mass of a blastocyst. When stimulated ES can develop into more than 200 cells types of the adult body. ES cells are immortal i.e., they can proliferate in a sterile culture medium and maintain their undifferentiated state.

Adult stem cells are found in various tissues of children as well as adults. An adult stem cell or somatic stem cell can divide and create another cell similar to it. Most of the adult stem cells are multipotent and can act as a repair system of the body, replenishing adult tissues. The red bone marrow is a rich source of adult stem cells.

The most important and potential application of human stem cells is the generation of cells and tissues that could be used for cell based therapies. Human stem cells could be used to test new drugs.

Totipotency (Toti-total) is the ability of a single cell to divide and produce all of the differentiated cells in an organism.

Pluripotency (Pluri-several) refers to a stem cell that has the potential to differentiate into any of the three germ layers-ectoderm, endoderm and mesoderm.

Multipotency (multi-Many) refers to the stem cells that can differentiate into various types of cells that are related. For example blood stem cells can differentiate into lymphocytes, monocytes, neutrophils etc.,

Oligopotency (Oligo-Few) refers to stem cells that can differentiate into few cell types. For example lymphoid or myeloid stem cells can differentiate into B and T cells but not RBC.

Unipotency (Uni- Single) refers to the ability of the stem cells to differentiate into only one cell type.

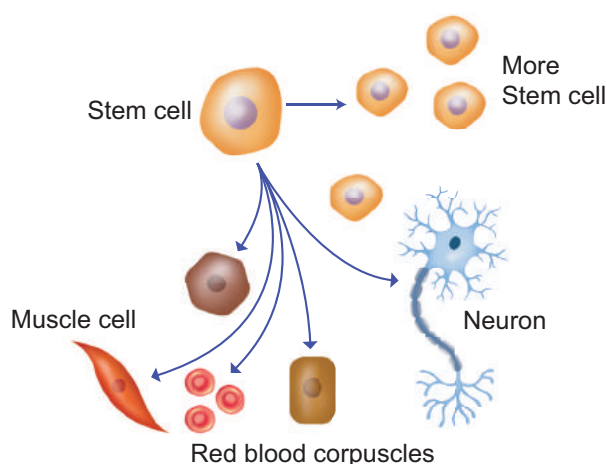


Fig. 10.5 Embryonic stem cells

Stem Cell Banks

Stem cell banking is the extraction, processing and storage of stem cells, so that they may be used for treatment in the future, when required. Amniotic cell bank is a facility that stores stem cells derived from amniotic fluid for future use. Stem cells are stored in banks specifically for use by the individual from whom such cells have been collected and the banking costs are paid. Cord Blood Banking is the extraction of stem cells from the umbilical cord during childbirth. While the umbilical cord and cord blood are the most popular sources of stem cells, the placenta, amniotic sac and amniotic fluid are also rich sources in terms of both quantity and quality.

10.4 Molecular Diagnostics

Early diagnosis of infectious diseases or inherent genetic defects is essential for appropriate treatment. Early detection of the disease is not possible using conventional diagnostic methods like microscopic examinations, serum analysis and urine analysis. These laboratory techniques are indirect and not always specific. Scientists are continuously searching for specific, sensitive and simple diagnostic techniques for diagnosis of diseases. Recombinant DNA technology, Polymerase Chain Reactions (PCR) and Enzyme Linked Immunosorbent Assay (ELISA) are some of the techniques that are reliable and help in early diagnosis. Presence of pathogens like virus, bacteria, etc., is detected only when the pathogen produces symptoms in the patient. By the time the symptoms appear concentration of pathogen becomes very high in the body. However very low concentration of a bacteria or a virus, even when the symptoms of the disease does not appear, can be detected by amplification of their nucleic acid.

ELISA [Enzyme Linked Immunosorbent Assay]

ELISA is a biochemical procedure discovered by **Eva Engvall** and **Peter Perlmanin (1971)** to detect the presence of specific antibodies or antigens in a sample of serum, urine, etc.,. It is a very important diagnostic tool to determine if a person is HIV positive or negative. ELISA is a tool for determining serum antibody concentrations (such as the antibodies produced in a person infected by pathogens such as HIV) and also for detecting the presence of specific antigens and hormones such as human chorionic gonadotropins.

During diagnosis the sample suspected to contain the antigen is immobilized on the surface of an ELISA plate (**Fig. 10.6**). The antibody specific to this antigen is added and allowed to react with the immobilized antigen. The anti-antibody is linked to an appropriate enzyme like peroxidase. The unreacted anti-antibody is washed away and the substrate of the enzyme (hydrogen peroxidase) is added with certain reagents such as 4-chloronaphthol. The activity of the enzyme yields a coloured product indicating the presence of the antigen. The intensity of the colour is directly proportional to the amount of the antigen. ELISA is highly sensitive and can detect antigens in the range of a nanogram.

There are four kinds of ELISA namely, Direct ELISA, Indirect ELISA, sandwich ELISA and competitive ELISA. It is a highly sensitive and specific method used for diagnosis. ELISA possesses the added

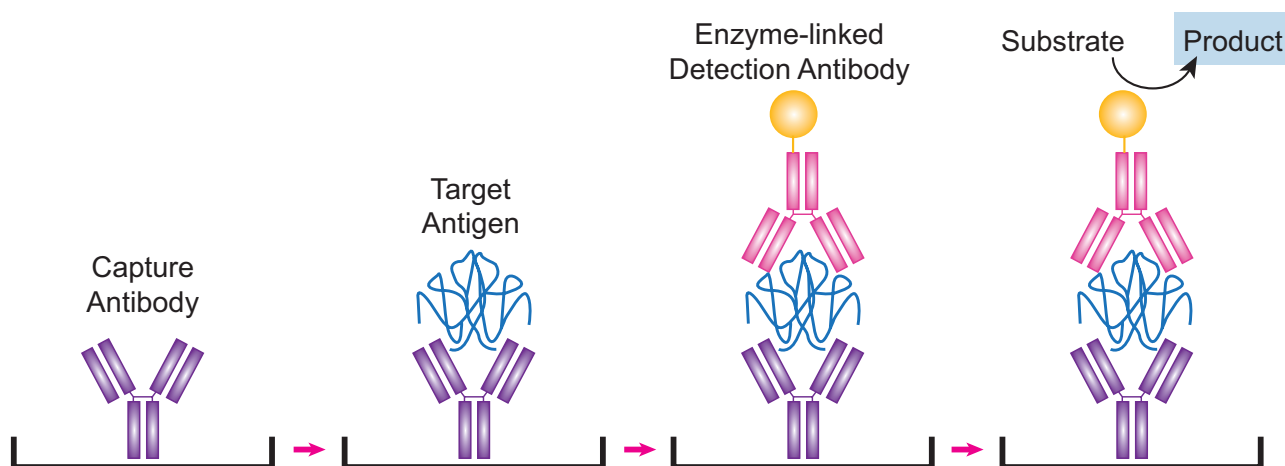
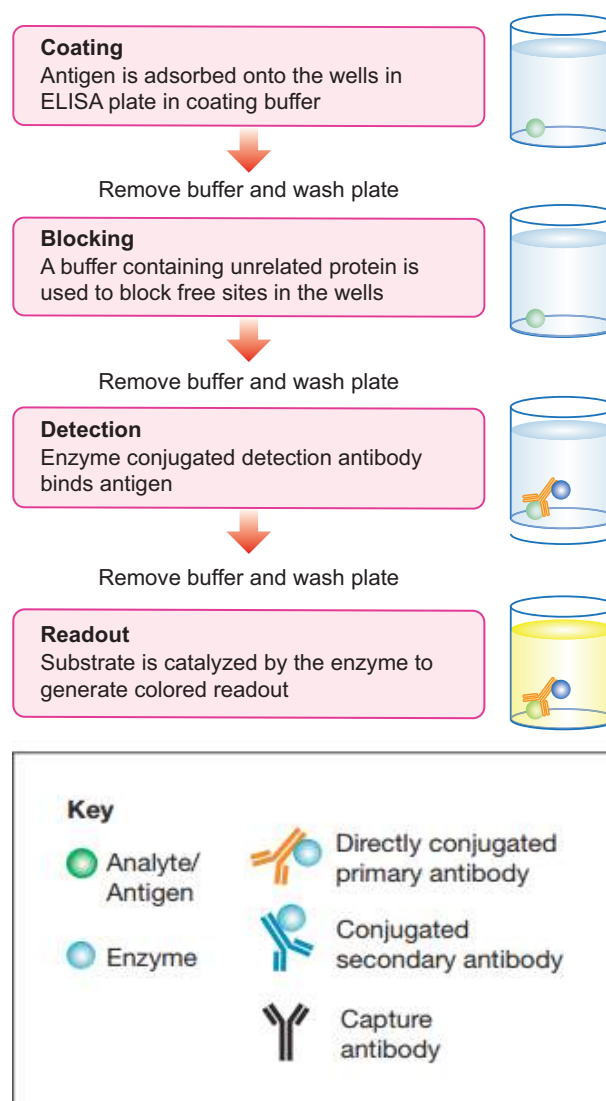


Fig. 10.6 Enzyme Linked ImmunoSorbent Assay

advantages of not requiring radioisotopes or a radiation counting apparatus.

PCR (Polymerase Chain Reaction)

The polymerase chain reaction (PCR) is an *invitro* amplification technique used for synthesising multiple identical copies (billions) of DNA of interest. The technique was developed by **Kary Mullis** (Nobel laureate, 1993) in the year 1983.

Denaturation, renaturation or primer annealing and synthesis or primer extension, are the three steps involved in PCR (**Fig. 10.7**). The double stranded DNA of interest is denatured to separate into two individual strands by high temperature. This is called **denaturation**. Each strand is allowed to hybridize with a primer (renaturation or primer annealing). The primer template is used to synthesize DNA by using Taq – DNA polymerase.

During denaturation the reaction mixture is heated to 95°C for a short time to denature the target DNA into single strands that will act as a template for DNA synthesis. Annealing is done by rapid cooling of the mixture, allowing the primers to bind to the sequences on each of the two strands flanking the target DNA. During primer extension or synthesis the temperature of the mixture is increased to 75°C for a sufficient period of time to allow Taq DNA polymerase to extend

each primer by copying the single stranded template. At the end of incubation both single template strands will be made partially double stranded. The new strand of each double stranded DNA extends to a variable distance downstream. These steps are repeated again and again to generate multiple forms of the desired DNA. This process is also called DNA amplification (**Fig. 10.8**).

The PCR technique can also be used for amplifications of RNA in which case it is referred to as reverse transcription PCR (RT-PCR). In this process the RNA molecules (mRNA) must be converted to complementary DNA by the enzyme reverse transcriptase. The cDNA then serves as the template for PCR.

PCR In Clinical Diagnosis

The specificity and sensitivity of PCR is useful for the diagnosis of inherited disorders (genetic diseases), viral diseases, bacterial diseases, etc., The diagnosis and treatment of a particular disease often requires identifying a particular pathogen. Traditional methods of identification involve culturing these organisms from clinical specimens and performing metabolic and other tests to identify them. The concept behind PCR based diagnosis of infectious diseases is simple – if the pathogen is present in a clinical specimen its DNA will be present.

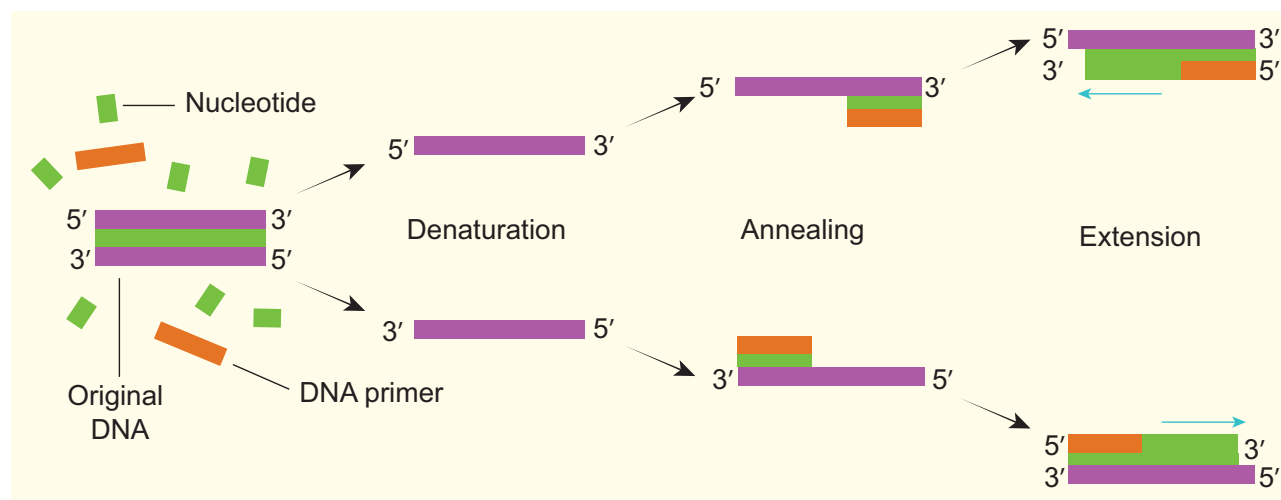


Fig. 10.7 Steps involved in PCR

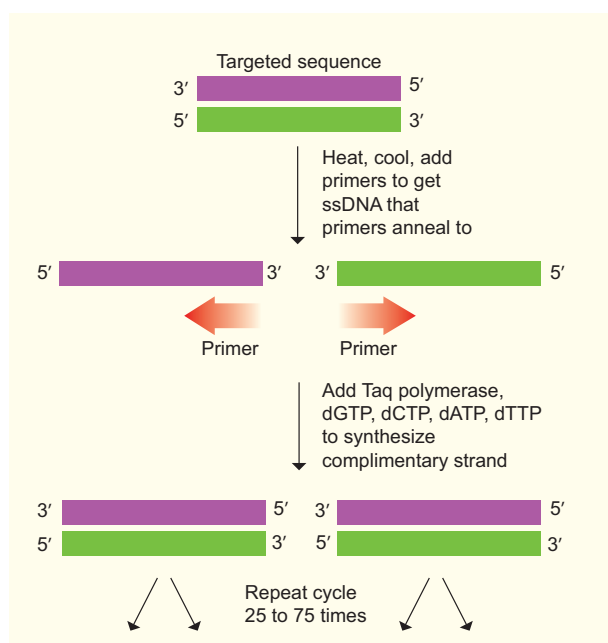


Fig. 10.8 Polymerase chain reaction

Its DNA has unique sequences that can be detected by PCR, often using the clinical specimen (for example, blood, stool, spinal fluid, or sputum) in the PCR mixture. PCR is also employed in the prenatal diagnosis of inherited diseases by using chorionic villi samples or cells from amniocentesis. Diseases like sickle cell anemia, β -thalassemia and phenylketonuria can be detected by PCR in these samples. cDNA from PCR is a valuable tool for diagnosis and monitoring retroviral infections – e.g., Tuberculosis by *Mycobacterium tuberculosis*.

Several virally induced cancers, like cervical cancer caused by Papilloma virus can be detected by PCR. Sex of human beings and live stocks, embryos fertilized *in vitro* can be determined by PCR by using primers and DNA probes specific for sex chromosomes. PCR technique is also used to detect sex-linked disorders in fertilized embryos.

Applications of PCR

The differences in the genomes of two different organisms can be studied by PCR. PCR is very important in the study of evolutions, more specifically phylogenetics.

As a technique which can amplify even minute quantities of DNA from any source, like hair, mummified tissues, bones or any fossilized materials.

PCR technique can also be used in the field of forensic medicine. A single molecule of DNA from blood stains, hair, semen of an individual is adequate for amplification by PCR. The amplified DNA is used to develop DNA fingerprint which is used as an important tool in forensic science. Thus, PCR is very useful for identification of criminals. PCR is also used in amplification of specific DNA segment to be used in gene therapy.

10.5 Transgenic Animals

In early days selective breeding methods were carried out to improve the genetic characteristics of live stock and other domestic animals. With the advent of modern biotechnology it is possible to carry out manipulations at the genetic level to get the desired traits in animals. **Transgenesis** is the process of introduction of extra (foreign/exogenous) DNA into the genome of the animals to create and maintain stable heritable characters. The foreign DNA that is introduced is called the transgene and the animals that are produced by DNA manipulations are called **transgenic animals** or the **genetically engineered** or genetically modified organisms.

The various steps involved in the production of transgenic organisms are

- Identification and separation of desired gene.
- Selection of a vector (generally a virus) or direct transmission.
- Combining the desired gene with the vector.
- Introduction of transferred vector into cells, tissues, embryo or mature individual.



- Demonstration of integration and expression of foreign gene in transgenic tissue or animals. Transgenic animals such as mice, rat, rabbit, pig, cow, goat, sheep and fish have been produced (Fig. 10.9).

Uses Of Transgenesis

- Transgenesis is a powerful tool to study gene expression and developmental processes in higher organisms.
- Transgenesis helps in the improvement of genetic characters in animals. Transgenic animals serve as good models for understanding human diseases which help in the investigation of new treatments for diseases. Transgenic models exist for many human diseases such as cancer, Alzheimer's, cystic fibrosis, rheumatoid arthritis and sickle cell anemia.
- Transgenic animals are used to produce proteins which are important for medical and pharmaceutical applications.
- Transgenic mice are used for testing the safety of vaccines.
- Transgenic animals are used for testing toxicity in animals that carry genes which make them sensitive to toxic substances than non-transgenic animals exposed to toxic substances and their effects are studied.
- Transgenesis is important for improving the quality and quantity of milk, meat, eggs and wool production in addition to testing drug resistance.

10.6 Biological products and their uses

A biological product is a substance derived from a living organism and used for the prevention or treatment of disease. These products include antitoxins, bacterial and viral vaccines, blood products and hormone extracts. These products may be produced through biotechnology in a living system, such

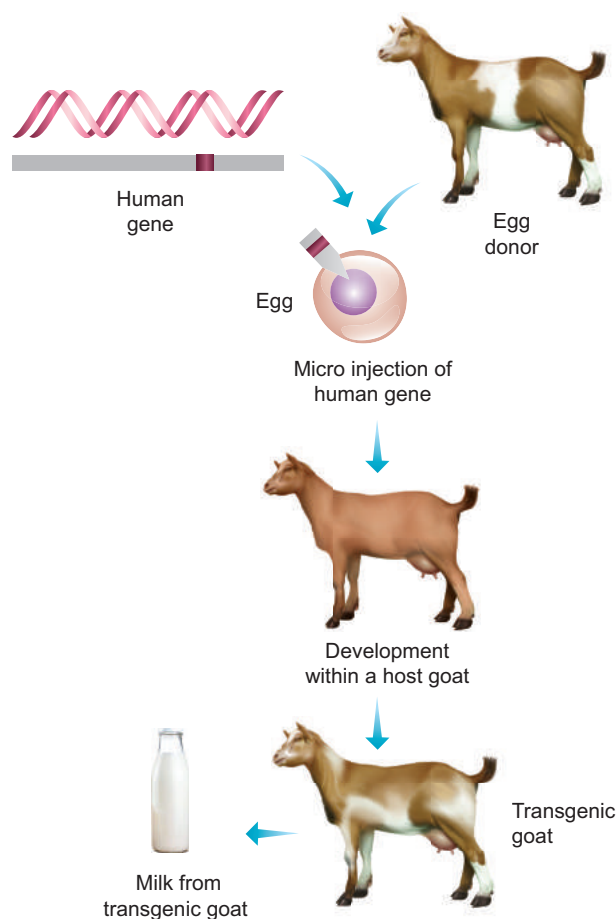


Fig. 10.9 Production of transgenic animals

as a microorganism, plant cell or animal cell, and are often more difficult to characterize than small molecule drugs. Through recombinant DNA technology it is possible to produce these biological products on demand. There are many types of biological products approved for use -they are, therapeutic proteins, monoclonal antibodies and vaccines. Health care and pharmaceutical industries have been revolutionised by biotechnological proteins. Hormones and antibodies are produced commercially, primarily for the medical industry. Recombinant hormones like Insulin, Human growth hormone, Recombinant vaccines and recombinant proteins like human alpha lactalbumin are available today.

Animals are used as bioreactors to produce desirable proteins. Antibodies are substances that react against the disease causing antigens

and these can be produced using transgenic animals as bioreactors. Monoclonal antibodies, which are used to treat cancer, heart disease and transplant rejection are produced by this technology. Natural protein adhesives are non toxic, biodegradable and rarely trigger an immune response, hence could be used to reattach tendons and tissues, fill cavities in teeth, and repair broken bones.

10.7 Animal Cloning

Cloning is the process of producing genetically identical individuals of an organism either naturally or artificially. In nature many organisms produce clones through asexual reproduction.

Cloning in biotechnology refers to the process of creating copies of organisms or copies of cells or DNA fragments (molecular cloning).

Dolly was the first mammal (Sheep) clone developed by Ian Wilmut and Campbell in 1997. Dolly, the transgenic clone was developed by the nuclear transfer technique and the phenomenon of totipotency. **Totipotency** refers to the potential of a cell to develop different cells, tissues, organs and finally an organism.

The mammary gland udder cells (somatic cells) from a donor sheep (ewe) were isolated and subjected to starvation for 5 days. The udder cells could not undergo normal growth cycle, entered a dormant stage and became totipotent. An ovum (egg cell) was taken from another sheep (ewe) and its nucleus was removed to form an enucleated ovum. The dormant mammary gland cell/udder cell and the enucleated ovum were fused. The outer membrane of the mammary cell was ruptured allowing the ovum to envelope the nucleus. The fused cell was implanted into another ewe which served as a surrogate mother. Five months later dolly was born. Dolly was the first animal to be cloned from a differentiated somatic cell taken from an adult animal without

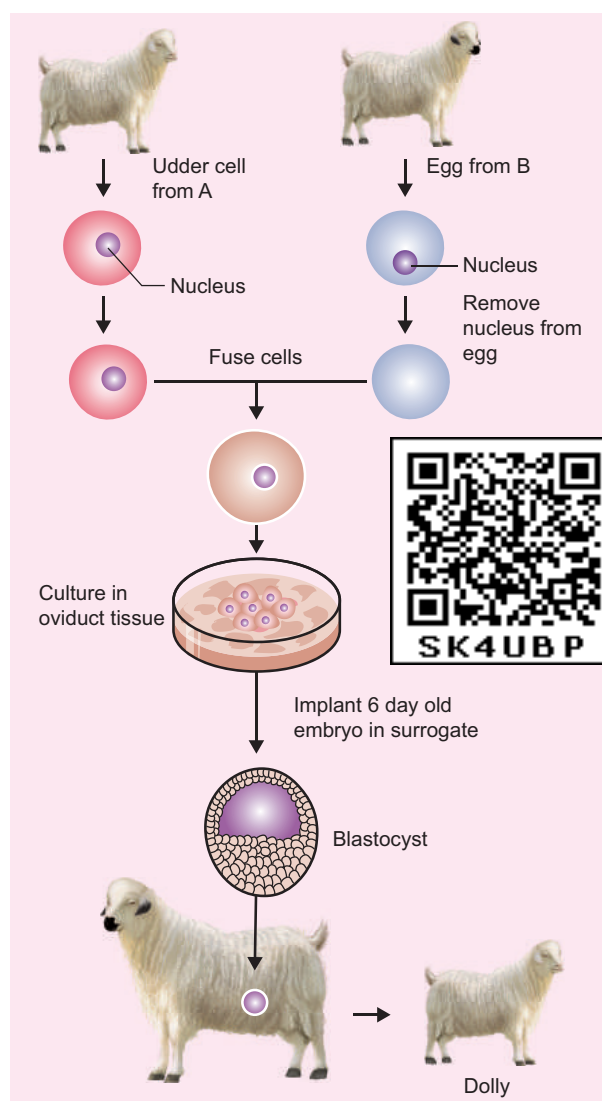


Fig. 10. 10 Cloning of dolly

the process of fertilization (Fig. 10.10).

Advantages and Disadvantages Of Cloning Animals

- Offers benefits for clinical trials and medical research. It can help in the production of proteins and drugs in the field of medicine.
- Aids stem cell research.
- Animal cloning could help to save endangered species.
- Animal and human activists see it as a threat to biodiversity saying that this alters evolution which will have an impact on populations and the ecosystem.
- The process is tedious and very expensive.
- It can cause animals to suffer.



- Reports show that animal surrogates were manifesting adverse outcomes and cloned animals were affected with disease and have high mortality rate.
- It might compromise human health through consumption of cloned animal meat.
- Cloned animals age faster than normal animals and are less healthy than the parent organism as discovered in Dolly.
- Cloning can lead to occurrence of genetic disorders in animals.
- More than 90% of cloning attempts fail to produce a viable offspring.



Ian Wilmut and Campbell removed 277 cells from the udder of an adult sheep and fused those cells with 277 unfertilised egg cells from which the nuclear material was removed. After culturing the resulting embryos for 6 days, they implanted 29 embryos into the surrogate mother's womb and only one Dolly was produced.

A gene 'knock out' is a genetically engineered organism that carries one or more genes in its chromosomes that have been made inoperative.

10.8 Ethical Issues

Biotechnology has given to the society cheap drugs, better fruits and vegetables, pest resistant crops, indigenous cure to diseases and lot of controversy. This is mainly because the major part of the modern biotechnology deals with genetic manipulations. People fear that these genetic manipulations may lead to unknown consequences. The major apprehension of recombinant DNA technology is that unique microorganisms either inadvertently or deliberately for the purpose of war may be developed that could cause epidemics or

environmental catastrophies. Although many are concerned about the possible risk of genetic engineering, the risks are in fact slight and the potential benefits are substantial.

10.9 Regulations in Biotechnology

Regulations apply to the production, sale and use of biotech products and genetically modified organisms. GMOs are carefully tested and documented before the products are available. GMOs should be labelled and used according to instructions. These regulations are designed to protect the people, living organisms and the environment. The Biotechnology Regulatory Authority of India (BRAI) is a proposed regulatory body in India for uses of biotechnology products including GMOs. The Genetic Engineering Approval Committee (GEAC), a body under the Ministry of Environment, forests and climate change (India) is responsible for approval of genetically engineered products in India. If the bill is passed the responsibility will be taken over by the Environmental Appraisal Panel, a subdivision of the BRAI. The bill also proposes setting up an inter ministerial governing body to oversee the performance of BRAI and a National Biotechnology Advisory Council of stakeholders to provide feedback on the use of, import and manufacture of biotechnology products and organisms in the society. The regulatory body is an autonomous and statutory agency to regulate the research, transport, import and manufacture of biotechnology products and organisms.

GEAC is assisted by the State Biotechnology Co-ordination Committee (SBCC) and District Level committee (DLC). The most important committees are The Institutional Biosafety Committee (IBSC), responsible for the local implementation of guidelines; Review Committee on Genetic Manipulation (RCGM) is responsible



- | | | |
|--|---|-------------------|
| 1. The Recombinant DNA Advisory Committee (RDAC) | → | Advisory |
| 2. Institutional Biosafety Committee (IBSC) | } | Approval |
| 3. Review Committee on Genetic Manipulation (RCGM) | | |
| 4. Genetic Engineering Approval Committee (GEAC) | | |
| 5. State Biotechnology Coordination Committee (SBCC) | } | Monitoring |
| 6. District Level Committee (DLC) | | |

Industrial licensing under the Industrial (Development and Regulation) Act, 1951 is compulsory for bulk drugs produced by the use of recombinant DNA technology.

Being a signatory to the Trade Related Intellectual Property Rights (TRIPS) Agreement of WTO, India has amended its legislations pertaining to intellectual property through various legislations including Patents (Amendment) Act, 1999.

Biopiracy can be defined as “the use of bioresources by multinational companies and other organisations without proper authorization from the countries and the people concerned without compensatory payment”.

Bioethics is the study of the ethical issues emerging from the advances in Biology and medicine. It is also a moral discernment as it relates to the medical policy and practice.

10.10 Possible threats of Genetically Modified Organisms

Genetically Modified Organisms (GMOs) also called Genetically Engineered organisms (GEOs) are created to play a role in agriculture, forestry, aquaculture, bioremediation and environmental management in developed and developing countries. However, deliberate or inadvertent release of GMOs into the environment could have negative ecological effects under certain circumstances.

for issuing permits and the GEAC is responsible for monitoring the large scale and commercial use of transgenic materials.

The biotechnology industry is governed by different enactments depending on their relevance / applicability on a case to case basis. “Recombinant DNA safety guidelines, 1990” were released by the Department of Biotechnology (DBT) which cover areas of research involving genetically engineered organisms and these guidelines were further revised in 1994.

RCGM under the DBT comprises representatives of DBT, Indian Council for Medical Research, Indian Council for Agricultural research and Council for Scientific and Industrial Research.

The possible risks of GMOs

Creating new or more vigorous pests and pathogens. Worsening the effects of existing pests through hybridization with related transgenic organisms.

- Harming non-target species such as soil organisms, non-pest insects, birds and other animals.
- Disrupting biotic communities including agro ecosystems.
- Irreparable loss or changes in species diversity or genetic diversity within species.
- Creating risks for human health.

The release of GMOs into the environment could also have far reaching consequences. This is because the living GMOs proliferate, persist,

Risks of GMOs

Environmental	Health	Agricultural
Toxins in pest-resistant GMOs could negatively impact non-target organisms and harm ecosystems.	Proteins transcribed and translated from transferred genes could cause allergic reactions in humans or other animals – <i>currently GM foods are not properly labeled.</i>	GMOs with pest toxins could increase evolution of resistance in certain pest populations.
Cross-species pollination could spread herbicide resistance genes and create 'super-weeds'.	Antibiotic resistance genes used as markers during gene transfer could spread to pathogenic bacteria.	Big biotech companies hold monopolistic legal rights (patents) over GM seeds.
Biodiversity could be negatively affected by destruction of pests, weeds, and even competing plants.	Transferred genes could mutate and cause unexpected risks.	GMOs do present two major agricultural problems in the forms of pesticide- and herbicide-resistance.

disperse and sometimes may transfer their DNA into other organisms. GEOs could also displace the existing organism and create new species which may cause severe environmental damage. Due to these risks the regulatory authorities are very careful in permitting the field trials of GMOs into the environment.

10.11 Biosafety Guidelines

Due to the growing concerns arising from Genetically Modified Organisms (GMOs) throughout the globe the WHO has built an informal working group on biosafety in 1991. This group prepared the 'voluntary code for the release of organisms into the environment'. ICGB (International Centre for Genetic Engineering and Biotechnology) has played a significant role in issues related to biosafety and the environmentally sustainable use of biotechnology. The main 'topic of concern' related to the release of GMO's are risks for human health, environment, and agriculture which is found on the website of ICGB.

In India, DBT has evolved 'rDNA safety guidelines' to exercise powers conferred through the Environmental Protection Act

1986 for the manufacture, use, import, export and storage of hazardous micro organisms and genetically engineered organisms, cells etc., These guidelines are implemented and monitored by the Institutional Biosafety Committees (IBSCs), the Review Committee on Genetic Manipulation (RCGM) and the Genetic Engineering Approval Committee (GEAC) of the Ministry of Environment and Forest.

Intellectual Property Rights (IPR) and Protection (IPP)

The physical objects like household goods or land or properties of a person and the ownership and rights on these properties is protected by certain laws operating in the country. This type of physical property is tangible; but the transformed microorganisms, plants, animals and technologies for the production of commercial products are exclusively the property of the intellectuals. The discoverer or inventor has complete rights on his property or invention. The rights of intellectuals are protected by laws framed by a country. The intellectual property is an intangible asset. Legal rights or patents provide an inventor only a



temporary monopoly on the use of an invention, in return for disclosing the knowledge to the others who may use the knowledge to develop further inventions and innovations.

The laws are formulated from time to time at national and international levels. Development of new crop varieties is also an intellectual property right. It is protected by 'plant breeders rights' (PBRs). PBRs recognize the fact that farmers and rural communities have contributed to the creation, conservation, exchange and knowledge of genetic and species utilization of genetic diversity. IPR and IPP are granted by the Government to plant breeders for producing a specific plant variety that is new and never existed before.

IPR is protected by different ways like patents, copyrights and trade marks.

Patents

The science of biotechnology involves the production of enormous number of commercial products of economic importance. The inventions include biotechnology products and processes. The products include living entities like micro organisms, animals, plants, cell lines, cell organelles, plasmids and genes and naturally occurring products like primary and secondary metabolites produced by living systems e.g. alcohol, antibiotics.

Thomas Alva Edison was the only scientist in the world with more than 1000 patents to his credit.

The biotechnological processes involve isolation, purification, cultivation, bioconversion of novel, innovative, simple and cost effective processes, and creation of biotechnological products.

A patent is a Government issued document that allows the person for an exclusive right to manufacture, use or sell an

invention for a defined period (usually 20 years). It is a legal document safeguarding the rights and privileges of an inventor / invention. The purpose of patenting in biotechnology ensures fair financial returns for those who have invested finances, ideas, time and hard work for an invention.

The following criteria must be satisfied for patenting :

- The invention must be novel and useful;
- The product must be inventive and reproducible;
- The patent application should provide the full description of the invention and the invention must be patentable.



The first living organism that was patented was a genetically engineered species of bacteria - *Pseudomonas putida* in 1980 which was genetically engineered by Ananda Mohan Chakrabarty in 1971.

General agreement of tariffs and trade (GATT) and trade related IPRs (TRIPs)

GATT was framed in 1948 by developed countries to settle dispute, among the countries regarding share of world trade. The benefits of GATT was enjoyed only by developed countries. In 1988 US congress enacted a law 'the omnibus trade and competitiveness act' (OTCA) which gave powers to US to investigate the laws related to trade.

Geographical indication (GI)

A geographical indication is a name or sign used on products which correspond to a specific geographical origin and possess qualities or a reputation that are due to that origin. Geographical indications are typically used for agricultural products, food products,



handicrafts and industrial products. Darjeeling tea was the first GI tagged product in India in 2004-05. In Tamilnadu, Kancheepuram silk, Coimbatore wetgrinder, Thanjavur paintings, Madurai Malli and Temple jewellery of Nagercoil are GI tagged.

Copyright

The protection of authorships of published work comes under copyrights of IPRs. Copyright protection is given for form of expressions of ideas. For example the authors, editors, publishers or both the publisher/ editor of a book have copyrights. The content of the book cannot be reproduced or reprinted without written permission from copyright holders. Patents and trade secrets provide protection for the basic knowhow but copyright protects the expressed materials in printed, video recorded or taped forms. In the field of biotechnology the data base of DNA sequences or any published forms, photomicrographs, etc., are subject to copyright.

Trade marks

Any specific symbol or words to identify a particular product or process of a company constitute trademark. This enables the public to distinguish between a trader's goods from similar goods of other traders

Biotechnology as an independent discipline has drawn world wide attention from the Governments and the corporate world because of its limitless applications. It is looked upon as a panacea for treating diseases and genetic disorders. The global demand of the biotechnological products is on the increase. It is the science for the future with solutions to many of the problems related to health, agriculture, environment and industries.

Summary

Biotechnology is defined as “any technological application that uses biological

systems, living organisms or derivatives thereof, to make or modify products or processes for specific use”. In 1919, Hungarian agricultural engineer Karl Ereky coined the term Biotechnology. Biotechnology includes two major technologies, Genetic engineering and Chemical engineering.

Biotechnology has application in four major industrial areas, including health care (medical) agriculture, industrial and environment. Biotechnology techniques are used in the field of medicine for diagnosis, prevention and treatment of different diseases. Production of recombinant hormones, recombinant clotting factor VIII and recombinant interferons have helped in the treatment of diseases. Recombinant vaccines have been used to prevent various diseases. The recombinant vaccines are of three types- subunit recombinant vaccines, attenuated recombinant vaccines and gene recombinant vaccines.

Genetic defects could be corrected by a process called Gene therapy. It is of two types somatic cell gene therapy and germline gene therapy.

Stem cells are undifferentiated cells found in multicellular organisms. These cells are of two types -Embryonic stem cells and adult stem cells. Stem cells have the ability to regenerate damaged and diseased organs. Recombinant DNA technology, Polymerase chain reaction and Enzyme Linked Immunosorbent Assay are techniques that are reliable and help in early diagnosis.

Transgenesis is the process of introduction of a foreign gene into the genome of animals to create and maintain stable heritable characters.

A biological product is a substance derived from a living organism and used for the prevention or treatment of diseases.



Cloning is the process of producing genetically identical individuals of an organism either naturally or artificially.

Advances in Biotechnology and their applications are most frequently associated with controversies, ethical issues and concerns. Statutory bodies are constituted to monitor and approve the biotechnological processes and products.

Genetically modified organisms can play a positive role in sustainable agriculture, forestry, aquaculture, bioremediation and environmental management in developed and developing countries. Biosafety guidelines have been formulated by many countries for DNA recombinant manipulations.

Evaluation

- The first clinical gene therapy was done for the treatment of
 - AIDS
 - Cancer
 - Cystic fibrosis**
 - SCID
- Dolly, the sheep was obtained by a technique known as
 - Cloning by gene transfer
 - Cloning without the help of gametes
 - Cloning by tissue culture of somatic cells
 - Cloning by nuclear transfer**
- The genetic defect adenosine deaminase deficiency may be cured permanently by
 - Enzyme replacement therapy**
 - periodic infusion of genetically engineered lymphocytes having ADA cDNA
 - administering adenosine deaminase activators
 - introducing bone marrow cells producing ADA into embryo at an early stage of development.
- GEAC stands for
 - Genome Engineering Action Committee
 - Ground Environment Action Committee
 - Genetic Engineering Approval Committee**
 - Genetic and Environment Approval Committee
- How many amino acids are arranged in the two chains of Insulin?
 - Chain A has 12 and Chain B has 13
 - Chain A has 21 and Chain B has 30 amino acids**
 - Chain A has 20 and chain B has 30 amino acids
 - Chain A has 12 and chain B has 20 amino acids.
- PCR proceeds in three distinct steps governed by temperature, they are in order of
 - Denaturation, Annealing, Synthesis**
 - Synthesis, Annealing, Denaturation
 - Annealing, Synthesis, Denaturation
 - Denaturation, Synthesis, Annealing
- Which one of the following statements is true regarding DNA polymerase used in PCR?
 - It is used to ligate introduced DNA in recipient cells
 - It serves as a selectable marker
 - It is isolated from a Virus
 - It remains active at a high temperature.**
- ELISA is mainly used for
 - Detection of mutations
 - Detection of pathogens**
 - Selecting animals having desired traits
 - Selecting plants having desired traits
- Transgenic animals are those which have
 - Foreign DNA in some of their cells
 - Foreign DNA in all their cells**
 - Foreign RNA in some of their cells
 - Foreign RNA in all their cells
- Recombinant Factor VIII is produced in the ----- cells of the Chinese Hamster
 - Liver cells
 - blood cells





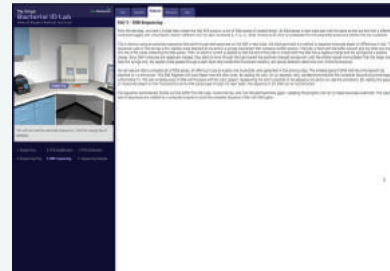
- c) ovarian cells d) brain cells.
11. Vaccines that use components of a pathogenic organism rather than the whole organism are called
 - a) **Subunit recombinant vaccines**
 - b) attenuated recombinant vaccines
 - c) DNA vaccines
 - d) conventional vaccines.
 12. Mention the number of primers required in each cycle of PCR. Write the role of primers and DNA polymerase in PCR. Name the source organism of the DNA polymerase used in PCR.
 13. How is the amplification of a gene sample of interest carried out using PCR?
 14. What is genetically engineered Insulin?
 15. Explain how “Rosie” is different from a normal cow.
 16. How was Insulin obtained before the advent of rDNA technology? What were the problems encountered?
 17. ELISA is a technique based on the principles of antigen-antibody reactions. Can this technique be used in the molecular diagnosis of a genetic disorder such as Phenylketonuria?
 18. Gene therapy is an attempt to correct a Genetic defect by providing a normal gene into the individual. By this the function can be restored. An alternate method would be to provide gene product known as enzyme replacement therapy, which would also restore the function. Which in your opinion is a better option? Give reasons for your answer.
 19. What are transgenic animals? Give examples.
 20. If a person thinks he is infected with HIV, due to unprotected sex, and goes for a blood test. Do you think a test such as ELISA will help? If so why? If not, why?
 21. Explain how ADA deficiency can be corrected?
 22. What are DNA vaccines?
 23. Differentiate between Somatic cell gene therapy and germline gene therapy.
 24. What are stem cells? Explain its role in the field of medicine.
 25. What are the possible risks of GMOs?
 26. One of the applications of biotechnology is ‘gene therapy’ to treat a person born with a hereditary disease.
 - i) What does “gene therapy” mean?
 - ii) Name the hereditary disease for which the first clinical gene therapy was used.
 - iii) Mention the steps involved in gene therapy to treat this disease.
 27. PCR is a useful tool for early diagnosis of an Infectious disease. Elaborate.
 28. What are recombinant vaccines?. Explain the types.
 29. Explain why cloning of Dolly, the sheep was such a major scientific breakthrough?
 30. Mention the advantages and disadvantages of cloning.
 31. Explain how recombinant Insulin can be produced.
 32. Explain the steps involved in the production of recombinant hGH.



ICT CORNER

Applications of biotechnology Science for a better life

A Transgenic fly. Come let us create and use



Procedure :

- Step -1:** Type the **URL** or scan the **QR** code to open the activity page and click “Click to enter the lab” to begin.
- Step -2:** Click wherever the cursor symbol becomes as “**Hand**” symbol as that would lead for the next step.
- Step -3** Follow the instructions for all the six steps “**Prepare DNA** to Examine Light Output”.
- Step – 4 :** Explore the “**Use Transgenic flies**” a dialog box option found below the lab area to know uses.



Step 1



Step 2



Step 3



Step 4

Applications of biotechnology Science for a better life URL:

http://media.hhmi.org/biointeractive/vlabs/transgenic_fly/index.html?_ga=2.234689054.1812412497.1546851037-264360672.1545143882

*Pictures are indicative only
*Allow flash player



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11

CHAPTER

UNIT - V

Organisms and Populations



Save nature – save our future

Chapter Outline

- 11.1. Organism and its Environment
- 11.2. Habitat
- 11.3. Major Abiotic Components or Factors
- 11.4. Concept of Biome and Distribution
- 11.5. Responses to abiotic factors
- 11.6. Adaptations
- 11.7. Populations
- 11.8. Population attributes
- 11.9. Population age distribution
- 11.10. Growth models / Curves
- 11.11. Population regulation
- 11.12. Population interactions



Learning Objectives

To gain knowledge / insight about:

- The local and geographical distribution - abundance of organisms.
- Temporal changes in the occurrence, abundance and activities.
- Interrelationship between organism in population and communities.
- Structural adaptation and functional adjustment of organisms to their physical environment.
- The evolutionary development of all these interrelations.
- Population growth, models, regulation.
- Animal associations – intraspecific, interspecific.



The word '**ecology**' is derived from the Greek term '*oikos*', meaning 'house' and *logos*, meaning 'study'. Thus, the study of the environmental 'house' includes all the organisms in it and all the functional processes that make the house habitable.

The study of ecology encompasses different levels-organism, population, community, ecosystem, etc., In ecology, the term population, originally coined to denote a group of people is broadened to include groups of individuals of any one kind of organism. Community in the ecological sense (designated as 'biotic community') includes all the populations occupying a given area. The community (Biotic) and the non-living environment (Abiotic) function together as an ecological system (or) ecosystem. Biome is a term in wide use for a large regional or sub continental system characterized by a major vegetation type. The largest and most nearly self-sufficient biological system is often designated as the Ecosphere, which includes all the living organisms of the Earth, interacting with the physical environment to regulate their distribution, abundance, production and evolution.



11.1 Organism and its environment

Every living organism has its own specific surrounding, medium or environment with which it continuously interacts and develops suitable adaptations for survival there. Environment is a collective term which includes the different conditions in which an organism lives or is present. The common and influencing factors in any environment are light, temperature, pressure, water, salinity. These are collectively referred to as Abiotic components.

Environments are variable and dynamic, in which temperature changes and light changes are diurnal and seasonal. These influence the organisms inhabiting them. An organism's growth, distribution, number, behavior and reproduction is determined by the different factors present in the environment.

11.2 Habitat

A habitat can be considered as the 'address' of the organism. The collection of all the habitat areas of a species constitutes its geographical range. Organisms in a habitat interact with each other and can be part of trophic levels to form food chains and food webs.

Examples: In a xerophytic habitat, the camel is able to use water efficiently and effectively for evaporative cooling through their skin and respiratory system. They excrete highly concentrated urine and can also withstand dehydration upto 25% of the body weight. The hoofs and hump are also suitable adaptations for survival in this dry sandy environment.

In an aquatic media, maintaining homeostasis and osmotic balance is a challenge. So, marine animals have appropriate adaptations to prevent cell shrinkage. While freshwater organisms have suitable adaptations to withstand bursting of their cells. Apart from this, organisms such as fish have a wide range of adaptations like fins (locomotion), streamlined body (aerodynamic), lateral line system (sensory), gills

(respiration), air sacs (floatation) and kidneys (excretion).

Niche (or) Ecological Niche

As every organism has its unique habitat, so also it has an ecological niche which includes the physical space occupied by an organism and its functional role in the community. The ecological niche of an organism not only depends on where it lives but also includes the sum total of its environmental requirements.

Charles Elton (1927) was the first to use the term 'niche' as the functional status of an organism in its community. Groups of species with comparable role and niche dimensions within a community are termed 'guilds'. Species that occupy the same niche in different geographical regions, are termed 'ecological equivalents'.

Many animals share the same general habitat. But their niches are well defined. The life style of an individual population in the habitat is known as its niche. For example, crickets and grasshoppers are closely related insects that live in the same habitat, yet they occupy different ecological niches. The grasshopper is very active during daylight. It can usually be found on a plant, feeding on the plant parts. Although the cricket lives in the same field, it is quite different. During the day, the cricket hides under leaves or plant debris and is usually inactive. It is active at night time (nocturnal). The cricket and the grasshopper do not interfere with each other's activities in the same habitat. Thus, niche of an organism can be defined as the total position and function of an individual in its environment.

In a pond ecosystem, where Catla, Rohu and Mrigal are present, the ecological niche of the Catla is a surface feeder, Rohu is a column feeder and Mrigal is a bottom feeder. Their mouths are designed to suit their niche and hence have different positions and functions in their habitat. (Fig.11.1)

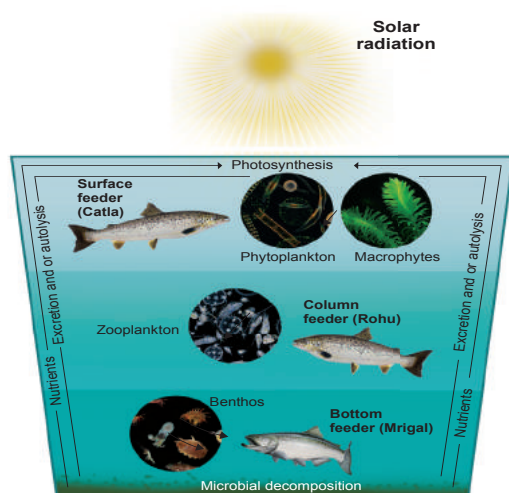


Fig.11.1 Types of feeders (niche) in pond ecosystem

11.3 Major Abiotic Components or Factors

The abiotic factors include the chemical and physical factors which influence or affect organisms and their functioning in their environment. The common abiotic factors are:

Temperature

Temperature or degree of hotness and coldness is an essential and variable factor in any environment. It influences all forms of life by affecting many vital activities of organisms like metabolism, behaviour, reproduction, development and even death in the Biosphere. The minimum and maximum temperature of an environment regulates the survival of a cell.

van't Hoff's rule

van't Hoff proposed that, with the increase of every 10°C , the rate of metabolic activity doubles or the reaction rate is halved with the decrease of 10°C . This rule is referred as the van't Hoff's rule. The effect of temperature on the rate of reaction is expressed in terms of temperature coefficient or Q_{10} value. The Q_{10} values are estimated taking the ratio between the rate of reaction at $X^{\circ}\text{C}$ and rate of reaction at $(X-10^{\circ}\text{C})$. In the living system the Q_{10} value is about 2.0. If the Q_{10} value is 2.0, it means 10°C increase and the rate of metabolism doubles.

The metabolism of organisms is regulated by enzymes which are temperature sensitive. In many organisms, determination of sex and sex ratio, maturation of gonads, gametogenesis and reproduction is influenced by temperature. In certain environments, the size and colouration of animals are influenced by temperature. Birds and mammals attain greater body size in colder regions than warmer regions (**Bergmann's rule**). Warm blooded animals, living in colder climates, tend to have shorter limbs, ears and other appendages when compared to the members of the same species in warmer climates (**Allen's rule**). In some aquatic environments, an inverse relationship between water temperature and fish meristic characters is observed - lower the temperature, more the vertebrae (**Jordon's rule**).

Bergman's rule

Bergman's rule is an eco geographic principle that states that within broadly distributed taxonomic clade, populations and species of larger size are found in colder and of smaller size are in warmer regions.



The Allen Rule

• From the northern arctic hare (*L. arcticus*) through the more southerly desert jackrabbit (*L. alleni*), hares show progressively longer extremities (legs & ears) and leaner bodies.



Temperature influences the distribution of organisms. The tropics have higher diversity and density of populations, when compared to temperate and polar regions.

Adaptations to temperature

Adaptation to temperature is essential for the survival of the species/organisms. Organisms which can survive a wide range of temperature are referred to as **Eurytherms**

(cat, dog, tiger, human). Eurythermy can be an evolutionary advantage: adaptations to cold temperatures (cold-eurythermy) are seen as essential for the survival of species during ice ages. In addition, the ability to survive in a wide range of temperatures increases a species' ability to inhabit other areas, an advantage for natural selection. Eurythermy is an aspect of thermoregulation in organisms.

Those organisms which can tolerate only a narrow range of temperature are **Stenotherms** (Fish, Frogs, Lizards and Snakes).

Over the course of time, by evolution, animals of different ecological habitats have developed different variations and adaptations to temperature changes. It enabled them to survive in different habitats and develop niches. In case of extreme temperatures, organisms have adapted by forming heat resistant spores, cysts (*Entamoeba*), antifreeze proteins (Arctic fishes). Hibernation (winter sleep) and Aestivation (Summer sleep) are useful adaptations to overcome extreme winters and summers. In certain conditions, migration is an appropriate adaptation to overcome extreme temperatures and resultant water and food scarcity. (Fig 11.2).

Light

It is an important and essential abiotic factor. Ecologically, the quality (wavelength or colour), the intensity (actual energy in gram

calories) and duration (length of day) of light are considered significant for organisms.

Light influences growth, pigmentation, migration and reproduction. The intensity and frequency of light influences metabolic activity, induce gene mutations (UV, X- rays). Light is essential for vision. This is proved by the poorly developed or absence of eyes in cave dwelling organisms. Diapause is also influenced by light in animals. Gonads of birds become more active with increasing light

Phototaxis: The movement of organism in response to light, either towards the source of light as in Moths (positive phototaxis) or away from light (*Euglena*, *Volvox*, earthworm (negative phototaxis).

Phototropism: The growth or orientation of an organism in response to light, either towards the source of light (positive phototropism) as seen in Sunflower, or a way from light (negative phototropism) as in case of the root of plants.

Photokinesis: A change in the speed of locomotion (or frequency of turning) in a motile organism or cell which is made in response to a change in light intensity is called Photokinesis. It involves undirected random movement in response to light.

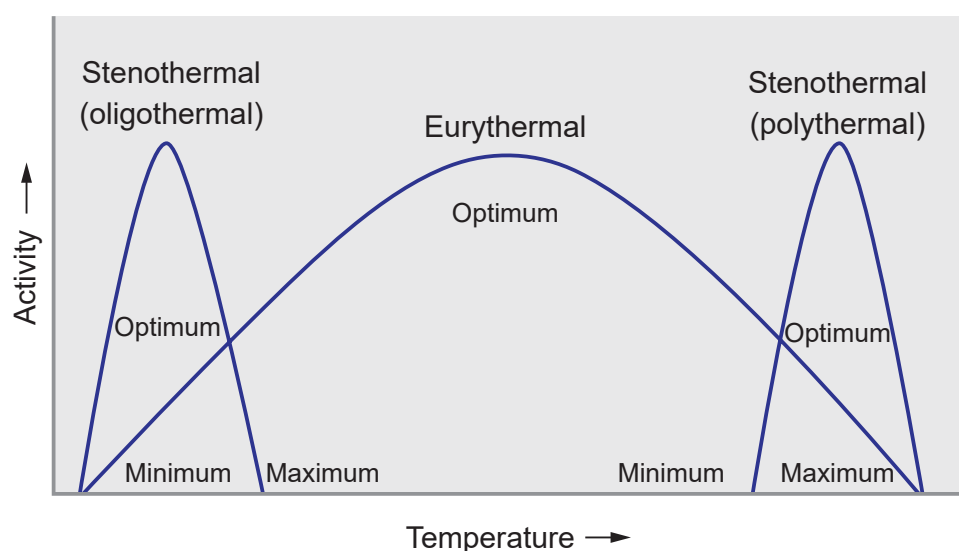


Fig. 11.2 Types of Organisms based on temperature tolerance

in summer. Light influences the locomotion and movement of lower animals.

WATER

Life on earth began in the seas and water is essential for the survival of all forms of life. About three-fourth of the earth's surface is covered with water (hydrosphere). Water is found in three states: gaseous, liquid, and solid.

There are two types of water on Earth. They are the Fresh water (rivers, lakes, ponds) and the Salt water (seas and oceans). Based on the dissolved salts, water can be hard water (sulphates/nitrates of Calcium/Magnesium) or soft water. If hardness can be removed by boiling, it is temporary hard water, and if boiling does not help, it is permanent hard water.

Essential properties of water

- Water is one of the main agents in Pedogenesis (soil formation).
- It is the medium for several different ecosystems.
- It is present as moisture in the atmosphere and the outer layers of the lithosphere and is uneven in distribution on the earth.
- Water is heavier than air and imparts greater buoyancy to the aquatic medium. This enables organism to float at variable levels.
- Water has high heat capacity and latent heat, due to which it can withhold large amounts of heat. Thus, oceans and lakes tend to maintain a relatively constant temperature, and the biosphere is relatively thermostable.
- Water is physically unique because it is less dense as a solid (ice) than as a liquid.
- When water freezes (0°C), it contracts. The maximum density of liquid water occurs at 4°C. Below that, it expands markedly. This enables ice to float on the top of water bodies. Hence, only the surface of water bodies will

freeze, while below the surface, water will be in liquid form, sustaining life (Fig. 11.3).

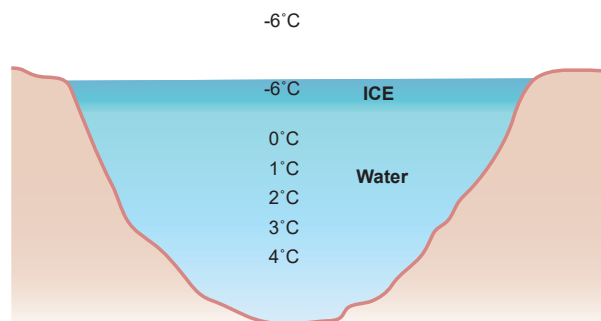


Fig. 11.3 Thermal zones in cold water bodies

- Water is considered as the Universal solvent. It is the main medium by which chemical constituents are transported from abiotic components to the living components of an ecosystem.
- Water has high surface tension. This allows pollen, dust, and even water striders to remain at the surface of a water body even though they are denser than the water.

Soil

It is a mixture of organic matter, minerals, gases, liquids and organisms that together support life. The soil zone is known as **Pedosphere**. Soil is formed from rocks which are the parent materials of soil, by weathering and is called embryonic soil (Pedogenesis).

It has four major functions-

- medium for plant growth
- means for water storage and purification
- modifier of earth's atmosphere
- habitat for many organisms, which in turn modify the soil

Soil is formed of many horizontal layers called as Soil Profile.

Properties of Soil

1. **Texture of soil** – The texture of soil is determined by the size of the soil particles. The types of soil include sand, silt and clay on the basis of their size differences.



2. **Porosity** – The space present between soil particles in a given volume of soil are called pore spaces. The percentage of soil volume occupied by pore space or by the interstitial spaces is called porosity of the soil.
3. **Permeability of soil**-The characteristic of soil that determines the movement of water through pore spaces is known as soil permeability. Soil permeability is directly dependent on the pore size. Water holding capacity of the soil is inversely dependent on soil porosity.
4. **Soil Temperature**-Soil gets its heat energy from solar radiation, decomposing organic matter, and heat from the interior of earth. Soil temperature effects the germination of seeds, growth of roots and biological activity of soil-inhabiting micro-and macro-organisms.
5. **Soil water**-In soil, water is not only important as a solvent and transporting agent, but also maintains soil texture, arrangement and compactness of soil particles, making soil habitable for plants and animals.

Wind

Wind is the natural movement of air of any velocity from a particular direction. The two main causes are differential heating between the equator and the poles and the rotation of the planet (Coriolis effect). Wind helps to transport pollen grains, seeds, and even flight of birds. While it is the source of wind energy, it also causes erosion. Wind speed is measured with an Anemometer.

Humidity

Moisture in the form of invisible vapor in the atmosphere is called humidity. which is generally expressed in terms of absolute humidity, relative humidity or specific humidity. Absolute humidity is the total mass of water vapour present in a given volume or mass of air. It does not take temperature into consideration.

Relative humidity is the amount of water vapour present in air and is expressed as a percentage of the amount needed for saturation at the same temperature. Relative humidity is expressed as a percentage; a high percentage means that the air-water mixture is more humid at a given temperature. Humidity is measured with a Hygrometer.

Altitude

This factor is mainly the elevation or gradient and it affects temperature and precipitation in an ecosystem or biome. As altitude increases, temperature and density of oxygen decreases. Higher altitudes usually receive snow instead of rain because of low temperature.

Animals are known to modify their response to environmental changes (stress) in reasonably short time spans. This is known as **Acclimatization**. This is observed when people who have moved from the plains to higher altitudes show enhanced RBC count within a few days of settling in their new habitat. This helps them cope with lower atmospheric oxygen and higher oxygen demand.

11.4 Concept of biome and their distribution

Biomes are large regions of earth that have similar or common vegetation and climatic conditions. They play a crucial role in sustaining life on Earth. They are defined by their soil, climate, flora and fauna. Biomes have distinct biological communities that have been formed in response to a shared physio-chemical climate. Biomes are seen to even spread across continents. Thus, it can be observed that a biome is a broader term than habitat. Any biome can comprise a variety of habitats. Factors such as temperature, light, water availability determine what type of organisms and adaptations are observed in a biome (**Fig. 11.4**).

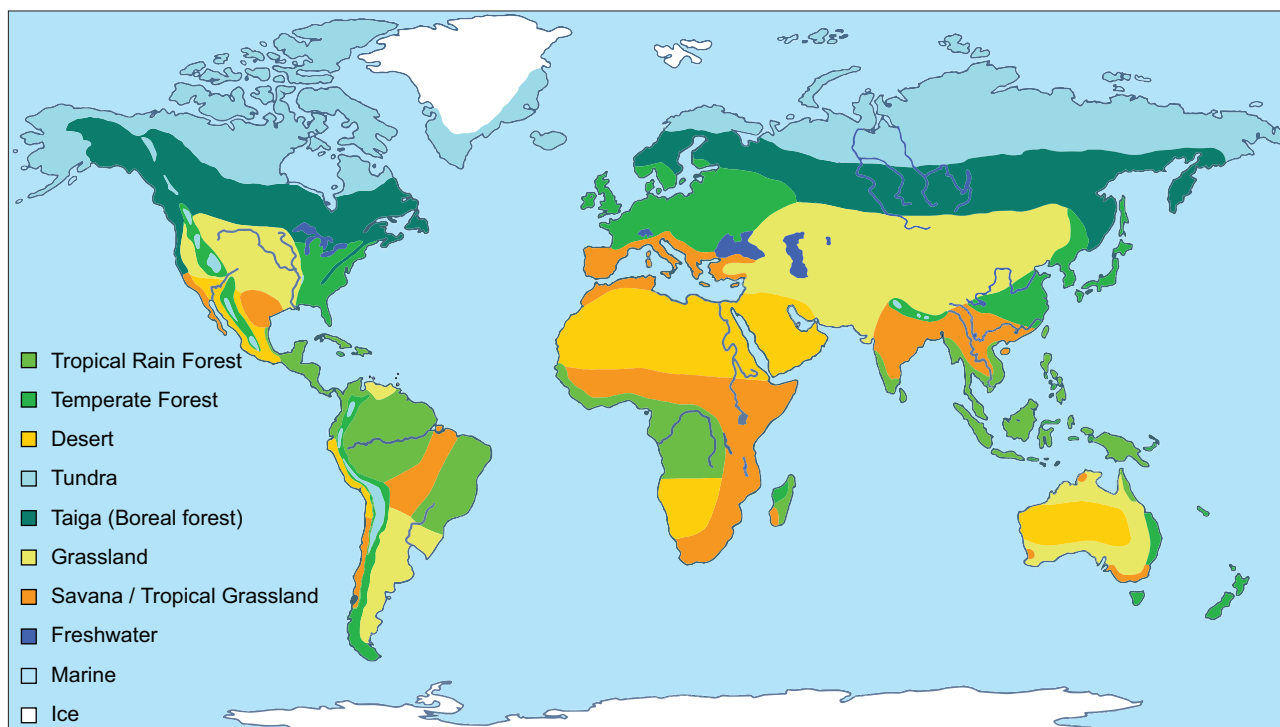


Fig. 11.4 Biomes and their geographical distribution

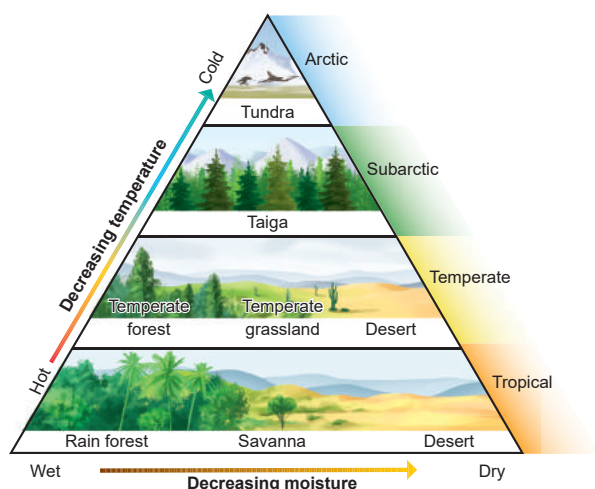


Fig. 11.5 Biomes can be broadly classified as Aquatic biomes and Terrestrial biomes

Characters of a biome

- Location, Geographical position (Latitude, Longitude)
- Climate and physiochemical environment
- Predominant plant and animal life
- Boundaries between biomes are not always sharply defined. Transition or transient zones are seen as in case of grassland and forest biomes. (Fig. 11.5)

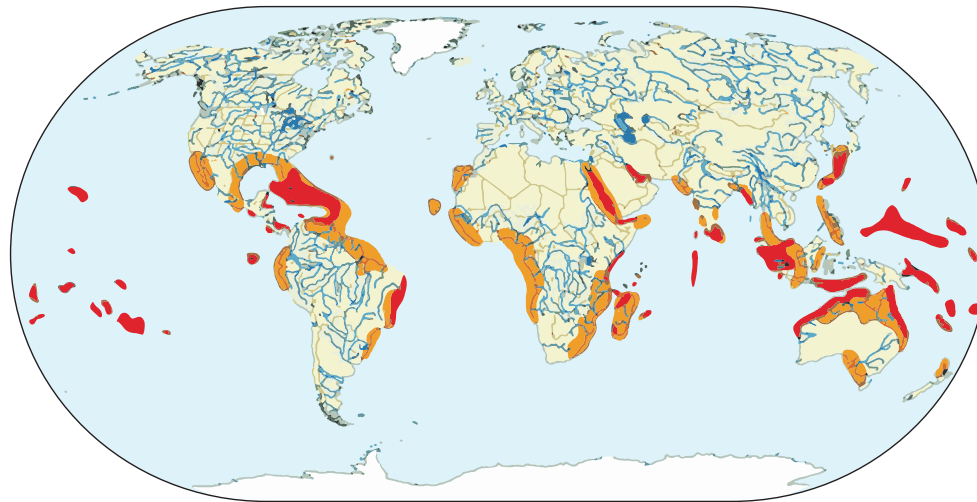
Aquatic Biomes: They occupy about 71% of the biosphere. The aquatic biome is home to millions of aquatic organisms like fishes. The climate of coastal zones are influenced by aquatic bodies. (Fig. 11.6).

Aquatic biomes of earth

1. Freshwater (Lakes, ponds, rivers)
2. Brackish water (Estuaries / Wetlands)
3. Marine (Coral reefs, pelagic zones and abyssal zones)

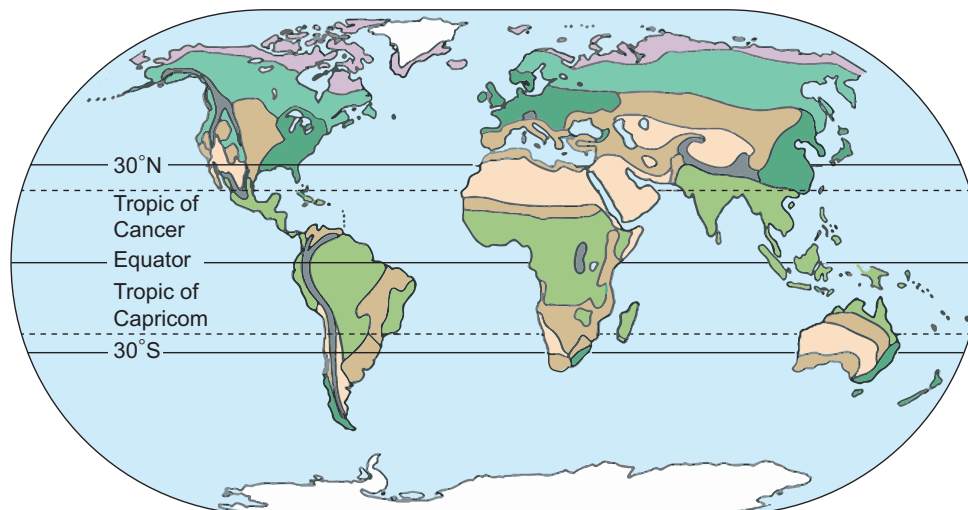
Terrestrial biomes

These are large communities of plants and animals that occupy a distinct region. They include grassland, tundra, desert, tropical rainforest, and deciduous and coniferous forests. Terrestrial biomes are distinguished primarily by their predominant vegetation, and are mainly determined by climate, which in turn, determines the organisms inhabiting them. These include the keystone species and indicator species which are unique to their respective biomes. The terrestrial biomes are a source of food, O_2 and act as CO_2 sink, apart from the climate regulatory role. (Fig. 11.7).



□ Ocean ■ Coral reefs 〰 Rivers ■ Mangroves ■ Lakes

Fig. 11.6 Aquatic Biomes



■ Tropical forest ■ Savana ■ Desert ■ Chaparral ■ Temperate grassland ■ Tundra
■ Temperate broadleaf forest ■ Northern coniferous forest ■ High mountains ■ Polar ice

Fig. 11.7 The distribution of major terrestrial biomes

Major Biomes of the Earth

Tundra biome, Taiga biome, Grassland biome, Alpine biome, Forest biome and Desert biome.

TUNDRA BIOME

- This is the almost treeless plain in the northern parts of Asia, Europe and North America.
- Winters are long with little daylight, Summers are short, with long daylight hours.
- Precipitation is less than 250 mm per year. It is a zone of permafrost.
- Dwarf willows, birches, mosses, grasses, sedges are the flora here.
- Reindeer, arctic hare, musk ox, lemmings are important Tundra herbivores. Some important carnivores are the arctic fox, arctic wolf, bobcat and snowy owl. Polar bears live along coastal areas.
- Because of the severe winters, many of the animals are migratory. For example, the many shore birds and waterfowl such as ducks and geese, nest in the Tundra during the summer and migrate south for the winter.



Historically biomes are known to move as climate changes. A classic example is the Sahara Desert, which years ago was supposed to be a lush landscape with river flowing through it. Accordingly, appropriate fauna like Hippos, Giraffes, Crocodiles lived amid abundant trees. Over course of time the climate dried out. It has now become the planets largest desert. The animals have migrated out to adjacent regions with more favourable conditions.

(Source: National Geography)

Characteristics of Tundra:

- Extremely cold climate
- Low biotic diversity
- Simple vegetation structure
- Limitation of drainage
- Short season of growth and reproduction
- Energy and nutrients in the form of dead organic material
- Large population oscillations

TAIGA BIOME

- The Taiga is 1300-1450 km wide zone south of the Tundra.
- This area has long and cold winters.
- Summer temperature ranges from 10° C to 21° C.
- Precipitation ranges about 380-1000 mm annually.
- The Taiga is a forest of coniferous trees such as spruce, fir and pine. This is a major source for the logging industry.
- Important migratory herbivores include moose, elk, deer and reindeer. Moose and reindeer migrate to the Taiga for winter and to the Tundra for summers. The common smaller mammals are herbivorous squirrels, snowshoe

hare and predatory pine martens. Important predators include the timber wolf, grizzly bear, black bear, bobcat and wolverines. (Fig. 11.8)



Fig. 11.8 Taiga biome

GRASSLAND BIOME

- Grasslands occur in temperate and in the tropical regions.
- They have hot summers, cold winters, and irregular rainfall.
- Often they are characterized by high winds.
- The low irregular rainfall is the factor which makes the difference between a temperate deciduous forest and a temperate grassland.
- Herbivores like antelope, bison, wild horse, jack rabbit, ground squirrel and prairie dogs are abundant.
- Predators include coyotes, foxes, hawks and snakes.
- In India, fauna of grasslands includes Elephant, Gaur, Rhino, Antelope.
- Flora of grasslands include purple needle grass, wild oats, foxtail, ryegrass and buffalo grass (Fig. 11.9).



Fig. 11.9 Grassland biome



Alpine biome

- The alpine zone (zone between timber line and snow zone) includes in the descending order, a sub-snow zone immediately below the snow zone, a meadow zone in the centre and a shrub zone which gradually merges into the timber zone.
- The snow zone of Himalayas lies over 5100m above mean sea level and alpine zone exists at a height of 3600m. From an ecological view point, the zone above the limits of tree growth (timber line) exhibits extreme environmental conditions which greatly influence the biota of this region.
- Alpine zone of Himalayas is characterized by sparseness of animal groups. Many invertebrates of alpine zone are predatory and occur in lakes, streams and ponds. Among fishes, amphibians and vertebrates are totally lacking and reptilian fauna is greatly impoverished.
- Flora of alpine includes alpine phacelia, bear grass, bristlecone pine, moss campion, polylepsis forest, pygmy bitterroot, and wild potato.

Forest biomes

Forest is a broad term used to describe areas where there are a large number of trees (Fig. 11.10). The forest biomes include a complex assemblage of different kinds of biotic communities. The major forest biomes are the Tropical forests and the Temperate forests.

Tropical forest

- They occur near the equator (between latitudes 23.5° at north and 23.5° at south).
- The major characteristic of tropical forests is their distinct seasons. Only two seasons are present (rainy and dry). Winter is absent. The length of daylight is about 12 hours and varies little.
- The average annual temperature ranges between 20° C and 25° C.

- Precipitation is evenly distributed throughout the year with annual rainfall exceeding 2000 mm.
- Soil is nutrient-poor and acidic. Decomposition is rapid and soils are subject to heavy leaching.
- Tree canopy is multilayered and continuous, allowing little light penetration.
- Flora is highly diverse: one square kilometer may contain as many as 100 different tree species. Trees are 25-35 m tall, with buttressed trunks and shallow roots, mostly evergreen, with large dark green leaves. Common vegetation are orchids, bromeliads, vines (lianas), ferns, mosses, and palms.
- They are characterized by the greatest diversity of fauna which includes birds, bats, small mammals, and insects.

Based on the seasonal distribution of rainfall, the types of tropical forests are

- **Evergreen rainforest:** no dry season.
- **Seasonal rainforest:** short dry period in a very wet tropical region.
- **Semi evergreen forest:** longer dry season (the upper tree storey consists of deciduous trees, while the lower storey is still evergreen).
- **Moist/dry deciduous forest (monsoon):** the length of the dry season increases further as rainfall decreases (all trees are deciduous).

More than half of earth's tropical forests have already been destroyed.



Fig. 11.10 Forest biome



Temperate forest

- These forests occur in eastern North America, northeastern Asia and western and central Europe.
- Have well-defined seasons with a distinct winter. Moderate climate and a growing season of 140-200 days during 4-6 frost-free months distinguish temperate forests.
- Annual temperature varies from -30°C to 30°C .
- Precipitation (750-1500 mm) is distributed evenly throughout the year.
- Soil is fertile, enriched with decaying litter.
- Canopy is moderately dense and allows light to penetrate, resulting in well-developed and richly diversified understorey vegetation and stratification of animals.
- Flora is characterized by 3-4 tree species per km^2 . Trees have broad leaves that are lost annually such as oak, hickory, beech, hemlock, maple, basswood, cottonwood, elm, willow, and spring-flowering herbs.
- Fauna consists of squirrels, rabbits, skunks, birds, deer, mountain lion, bobcat, timber wolf, fox, and black bear.

Based on seasonal distribution of rainfall, the types of temperate forests are

- **Moist conifer and evergreen broad-leaved forests:** wet winters and dry summers.
- **Dry conifer forests:** dominate higher elevation zones; low precipitation.
- **Mediterranean forests:** precipitation is concentrated in winter ($<1000\text{ mm/year}$).
- **Temperate coniferous forests:** mild winters, high annual precipitation ($>2000\text{ mm/year}$).
- **Temperate broad-leaved rainforests:** mild, frost-free winters, high precipitation ($>1500\text{ mm/year}$), evenly distributed throughout the year.

Only scattered remnants of original temperate forests remain today.

Desert biomes

- Deserts cover about one fifth of the earth's surface and occur where rainfall is $>500\text{ mm/year}$.
- Rainfall is usually very low and/or concentrated in short bursts between long rainless periods. Evaporation rates regularly exceed rainfall rates.
- Soils are coarse-textured, shallow, rocky or gravely with good drainage and have no subsurface water. The finer dust and sand particles are blown elsewhere, leaving heavier pieces behind. Sand dunes are common.
- Mean annual temperatures range from $20-25^{\circ}\text{C}$. The extreme maximum ranges from $43.5-49^{\circ}\text{C}$. Minimum temperatures sometimes drop to -18°C . Based on the temperature range, deserts can be Hot deserts and Cold deserts.
- Hot deserts such as the Sahara of North Africa and the deserts of the southwestern U.S., Mexico, Australia and India (Thar desert) occur at low latitudes.
- **Hot deserts** have a considerable amount of specialized vegetation (xerophytes), *aloe*, *agave*, *Opuntia species*, *Euphorbia royleana* as well as specialized vertebrate and invertebrate animals.
- Soils often have abundant nutrients because they need only water to become very productive and have little or no organic matter.
- Only animals which can tap available water or capable of storing sufficient water and withstand the heat can survive in the desert. The animals include small nocturnal (active at night) carnivores. The dominant animals

are burrowers and have cursorial, fossorial and saltatorial adaptations.

- The animals stay inactive in protected hideaways during the hot day and come out to forage at dusk, dawn or at night, when the desert is cooler.
- The dominant animals of warm deserts are reptiles and small mammals. The Indian Spiny-tailed lizard, the blackbuck, the white-footed fox are the common fauna of the Thar deserts. There are also insects, arachnids and birds (Fig. 11.11).



Fig. 11.11 Desert biome



Rainfall is lowest in the Atacama Desert of Chile, where it averages less than 15 mm. Some years are even rainless.

Inland Sahara also receives less than 15 mm rainfall a year. Rainfall in American deserts is higher — almost 280 mm a year.

- **Cold deserts** are characterized by cold winters with snowfall and high overall rainfall throughout the winter and occasionally over the summer.
- They occur in the Antarctic, Greenland and the Nearctic realm, parts of USA and in parts of western Asia and the Ladakh region in India.
- They have short, moist, and moderately warm summers with fairly long, cold winters. The mean winter temperature

is between -2°C and 4°C and the mean summer temperature is between 21°C and 26°C .

- Winters receive quite a bit of snow. The mean annual precipitation ranges from 150-250 mm.
- The soil is heavy, silty and salty.
- Widely distributed animals are jack rabbits, kangaroo rats, kangaroo mice, pocket mice, grasshopper mice, antelope and ground squirrels.

11.5 Responses To Abiotic Factors

Every living organism responds to its environment. There are various ways by which organisms respond to abiotic conditions. Some organisms can maintain constant physiological and morphological conditions or undertake steps to overcome the environmental condition, which in itself is a response (Fig. 11.12).

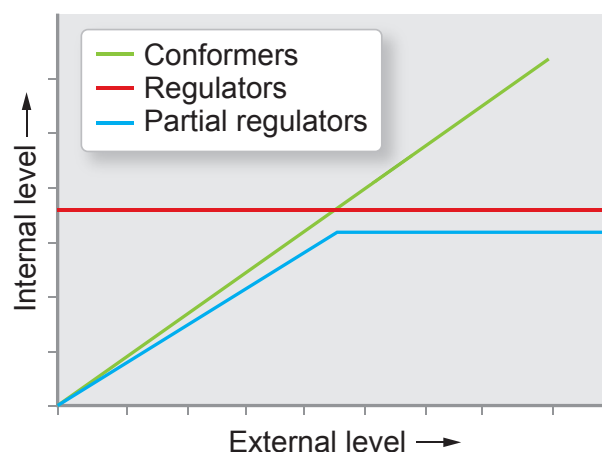


Fig. 11.12 Organisms' response to environmental stressors

The types of responses observed are

- **Regulate:** Some organisms are able to maintain homeostasis by physiological means which ensures constant body temperature, ionic / osmotic balance. Birds, mammals and a few lower vertebrate and invertebrate species are capable of such regulation.



- **Conform:** Most animals cannot maintain a constant internal environment. Their body temperature changes with the ambient temperature. In aquatic animals like fishes, the osmotic concentration of the body fluids changes with that of the ambient water osmotic concentration. Such animals are called **Conformers**. In case of extreme condition, the inhabitants relocate themselves as in migration.
- **Migrate:** Organisms tend to move away temporarily from a stressful habitat to a new, hospitable area and return when the stressful period is over. Birds migrate from Siberia to Vedanthangal in Tamilnadu to escape from the severe winter periods.
- **Suspend:** In certain conditions, if the organisms are unable to migrate, they may avoid the stress by becoming inactive. This is seen commonly in bears going into **hibernation** during winter. Some snails and fish go into **aestivation** to avoid summer related problems like heat and desiccation. Some lower animals suspend a certain phase of their life cycle, which is referred to as **diapause**.

11.6 Adaptations

In biology, **adaptation** is a dynamic evolutionary process that fits organisms to their environment and enhances their evolutionary fitness.

Adaptations can be a phenotypic or **adaptive trait** with a functional role in each individual organism that is maintained and has been evolved by natural selection. The adaptive traits may be structural adaptation, behavioural adaptation and physiological adaptation.

a) Structural adaptations

The external and internal structures of animals can help them to **adapt better to their environment**. Some of the most common examples are mammals growing thicker fur

to survive freezing climates. Some of the most attractive adaptations in nature occur for reasons of crypsis (e.g. camouflage) and mimicry. Cryptic animals are those which **camouflage perfectly** with their environment and are almost impossible to detect. Certain reptiles and insects such as chameleons and stick insects show this type of adaptation, which helps in prey capture or to evade from predators. Likewise, horse legs are suitable for fast running and adapted for grasslands and similar terrestrial environments.

b) Behavioural adaptations

Action and behaviour of animals are instinctive or learned. Animals develop certain behavioural traits or adaptations for survival. Fleeing from a predator, hiding during sleep, seeking refuge from climate change or moving to find different food sources are all behavioral adaptations. The two most characteristic forms of behavioral adaptations are migration and courtship. Migration allows the animals to find better resources or evade threat. Courtship is a set of behavioral patterns to find a mate to reproduce. Most nocturnal animals remain underground or inactive during daytime. This is a modification of their feeding and activity pattern or habit or behaviour.

Ethology is the scientific study of animal behaviour, under natural conditions.

c) Physiological adaptations

These are adaptations of organisms that help them to live and survive in their environment with unique niches. Example: Lions have sharp canines to hunt and tear meat and a digestive system suitable for digesting raw meat. The two most well-known physiological adaptations are **hibernation and aestivation**. These are two different types of inactivity where the metabolic rate slows down





so much that the animal can survive without eating or drinking. Aquatic medium and terrestrial habitats have their own respective environmental conditions. Hence organisms have to evolve appropriate adaptations to select suitable habitats and niches.

Adaptations of aquatic animals

1. The pectoral fins and dorsal fins act as stabilizers or balancers and the caudal fin helps in changing the direction as a rudder.
2. Arrangement of body muscles in the form of bundles (myotomes) help in locomotion.
3. Stream lined structure helps in the swift movement of the animals in water.
4. Respiration by gills making use of gases dissolved in water.
5. Presence of air-bladders filled with air for buoyancy.
6. Presence of lateral-line system. They function as rheoreceptors which is helpful in echolocating objects in water.
7. Integuments rich in mucous glands are protected by scales.
8. Maintain water and ionic balance in its body with excretory structures.

Adaptations of terrestrial animals

1. Earthworms, land Planarians secrete a mucus coating to maintain a moist situation for burrowing, coiling, respiration, etc.,
2. Arthropods have an external covering over the respiratory surfaces and well-developed tracheal systems.
3. In vertebrate skin, there are many cellular layers besides the well protected respiratory surfaces that help in preventing loss of water.

4. Some animals obtain their water requirement from food as partial replacement of water lost through excretion.
5. Birds make nests and breed before the rainy season as there is availability of abundant food. But during drought birds rarely reproduce.
6. Camels are able to regulate water effectively for evaporative cooling through the skin and respiratory system and excrete highly concentrated urine, and can also withstand dehydration up to 25% of their body weight.

11.7 Populations

Population is defined as any group of organisms of the same species which can interbreed among themselves, and occupy a particular space and function as part of a biotic community. A population has various properties like population density, natality (birth rate), mortality (death rate), age distribution, biotic potential, dispersion and 'r', 'K' selected growth forms. A population possesses genetic characteristics that are directly related to their adaptiveness, reproductive success, and persistence in their habitats over time. Life history of an organism is an important part of this attribute. The population has a definite structure and function that can be described with reference to time.



11.8 Population Attributes

Population density

The density of a population refers to its size in relation to unit of space and time. Population density is the total number of that species within a natural habitat. The size of

the population can be measured in several ways, including abundance (absolute number in population), numerical density (number of individuals per unit area (or) volume) and biomass density (biomass per unit area (or) volume). The population density of a species can also be expressed with reference to the actual area of habitat available to the species (ecological density - **Table 11.1**). When the size of individuals in the population is relatively uniform then density is expressed in terms of number of individuals (numerical density).

Natality

Populations increase because of natality. Natality is equivalent to birth rate and is an expression of the production of new individuals in the population by birth, hatching, germination (or) fission. The two main aspects of reproduction, namely fertility and fecundity play a significant role in a population. Natality rate may be expressed in crude birth rate number of organisms born per female per unit time.

$$\text{Birth rate (b)} = \frac{\text{number of birth per unit time}}{\text{average population}}$$

Mortality

Mortality is the population decline factor and is opposite to natality. Mortality can be expressed as a loss of individuals in unit time or death rate. Generally, mortality is expressed as specific mortality, that is, the number of members of an original population dying after the lapse of a given time. The crude death rate of a population can be calculated by the equation.

$$\text{Death rate (d)} = \frac{\text{number of deaths per unit time}}{\text{average population}}$$

The rate of mortality (death) is determined by density. Mortality is high at high density because of the hazards of overcrowding, increased predation and spread of disease.

Mortality rates vary among species and are correlated and influenced by a number of factors such as destruction of nests, eggs or young by storms, wind, floods, predators, accidents and desertion by parents.

Table 11.1 Indices of density

S.No.	Indices of Density	Keys
1	Population density	It is usually expressed as the number of individuals per unit area or volume. Eg.100 trees per acre
2	Crude density	It is the size of a population in relation to the numbers per unit of total space. Eg.1000 fish in a pond.
3	Ecological density	It is the size of a population in relation to the numbers per unit of habitat space. (Available area or volume that can be colonized by a population). Eg. 1000 fish in the volume of water in the pond.
4	Relative abundance	These are time relative indices which can show the changes in number (increase and decrease) with respect to time. Number of birds of a species spotted per hour in an unit area over a specified time.

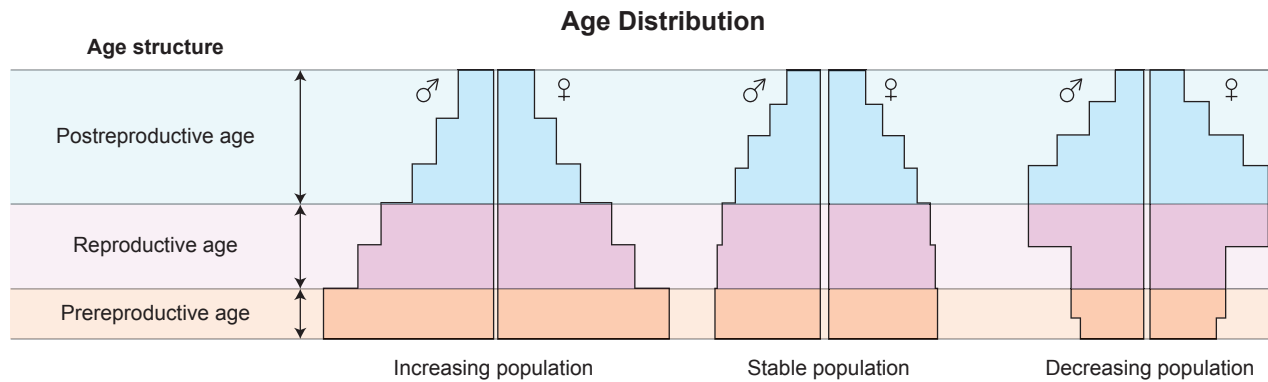


Fig. 11.13 Age distribution pyramids

Population Dispersion

Populations have a tendency to disperse or spread out in all directions, until some barriers are reached. This is observed by the migration of individuals into (Immigration) or out (Emigration) of the population area.

Migration

Migration is a peculiar and unique kind of mass population movement from one place to another and back. To avoid the severe winter cold, Siberian cranes migrate from Siberia to Vedanthangal in Tamil Nadu and return back in spring. Some fishes are known to migrate from sea to fresh water (anadromous migration, Salmon) and some from fresh water to sea (catadromous migration, Eel).

Emigration

Under natural conditions, emigration usually occurs when there is overcrowding. This is regarded as an adaptive behavior that regulates the population in a particular site and prevents over exploitation of the habitat. Further, it leads to occupation of new areas elsewhere.

Immigration

It leads to a rise in population levels. If the population increases beyond the carrying capacity, it can result in increased mortality among the immigrants or decreased reproductive capacity of the individuals.

Both emigration and immigration are initiated or triggered by weather and other abiotic and biotic factors.

11.9 Population Age Distribution:

The proportion of the age groups (pre-reproductive, reproductive and post reproductive) in a population is its age distribution attribute. This determines the reproductive status of the population at the given time and is an indicator of the future population size.

Usually a rapidly growing population will have larger proportion of young individuals. A stable population will have an even distribution of various age classes. A declining population tends to have a larger proportion of older individuals (**Fig. 11.13**).

11.10 Growth Models / Curves

Populations show characteristic growth patterns or forms. These patterns can be plotted and termed as J-shaped growth form and S-shaped growth form (Sigmoid form).

J shaped growth form:

When a population increases rapidly in an exponential fashion and then stops abruptly due to environmental resistance or due to sudden appearance of a limiting factor, they are said to exhibit J-shaped growth form. Many insects show explosive increase in number during the

rainy season followed by their disappearance at the end of the season (Fig. 11.14).

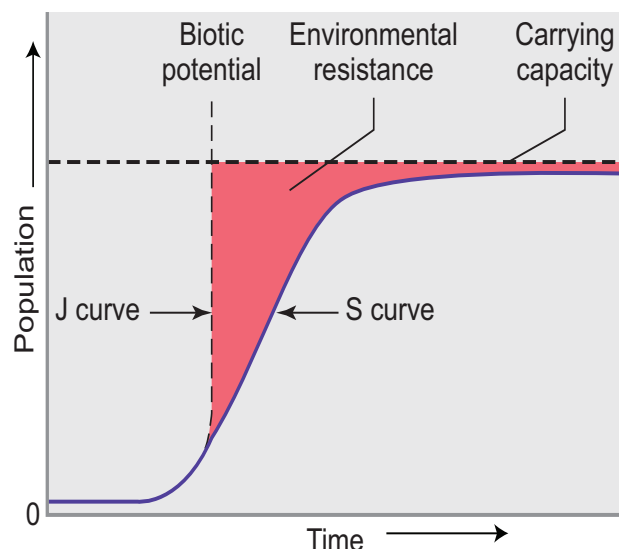


Fig. 11.14 J shaped and S shaped growth curves

Biotic potential

It is the maximum reproductive capacity of an organism under optimum environmental conditions.

Carrying capacity

The maximum number of organism that a region can support without environmental degradation is called carrying capacity.

Environmental resistance

Is the sum total of the environmental limiting factors, both biotic and abiotic, which together act to prevent the biotic potential of an organism from being realized.

S-Shaped growth form (sigmoid growth)

Some populations, as in a population of small mammals, increase slowly at first then more rapidly and gradually slow down as environmental resistance increases whereby equilibrium is reached and maintained. Their growth is represented by S shaped growth curve.

Table 11.2 Differences between r- selected and K selected species

r selected species	K selected species
Smaller sized organisms	Larger sized organisms
Produce many offspring	Produce few offspring
Mature early	Late maturity with extended parental care
Short life expectancy	Long life expectancy
Each individual reproduces only once or few times in their life time	Can reproduce more than once in lifetime
Only few reach adulthood	Most individuals reach maximum life span
Unstable environment, density independent	Stable environment, density dependent

11.11 Population Regulation

The inherent tendency of all animal populations is to increase in number. But it does not increase indefinitely. Once the carrying capacity of the environment is reached, population numbers remain static or fluctuate depending on environmental conditions. This is regulated by many factors which are

1. Density independent – Extrinsic factors
2. Density dependent - Intrinsic factors

Extrinsic factors include availability of space, shelter, weather, food, etc. Intrinsic factors include competition, predation, emigration, immigration and diseases.

11.12 Population Interaction

Organisms belonging to different populations interact for food, shelter, mating or for other necessities. Interaction may be intra specific (interaction within the members of same species) or inter specific (among organisms of different species).

Intra specific association is observed for all livelihood processes like feeding, territoriality, breeding and protection.

Interspecific associations or interactions can be:

Neutral: where different species live together but do not affect each other.

Positive: it is a symbiotic relationship in which no organism in association is harmed and either one or both may be benefitted. It is of two types – Mutualism and Commensalism.

Negative: One or both of the interacting organisms will be affected as in case of competition, predation, parasitism.

The common types of interspecific interactions are:

AMENSALISM (–, 0): This is the ecological interaction in which an individual species harm another without obtaining benefit, large powerful animals harm weak animals. eg., animals destroyed at the feet of elephants

MUTUALISM (+, +): It is the type of interaction where both species benefit from the interaction. Mutualism may be facultative when the species involved are capable of existence independent of one another, or obligate, when the relationship is imperative of the existence of one or both species. Examples:

- Certain bacteria in the caeca and intestine of herbivores aid in the digestion of cellulose. In return the host provides suitable environment for the growth of the bacteria.
- The cross pollination of flowers by insects and birds seeking nectar and pollen which is of great importance in agriculture.
- Small birds cleaning the teeth of crocodiles. Here the birds gets food and the teeth of crocodile is cleaned.

Table 11.3 Analysis of two species population interactions

SN. NO.	TYPES OF INTERACTION	SPECIES 1	SPECIES 2	GENERAL NATURE OF INTERACTION	EXAMPLES
<u>1</u>	Amensalism	–	0	The most powerful animal or large organisms inhibits the growth of other lower organisms	Cat and Rat
<u>2</u>	Mutualism	+	+	Interaction favorable to both and obligatory	Between crocodile and bird
<u>3</u>	Commensalism	+	0	Population 1, the commensal benefits, while 2 the host is not affected	Sucker fish on shark
<u>4</u>	Competition	–	–	Direct inhibition of each species by the other	Birds compete with squirrels for nuts and seeds.
<u>5</u>	Parasitism	+	–	Population 1, the parasite, generally smaller than 2, the host	<i>Ascaris</i> and tapeworm in human digestive tract.
<u>6</u>	Predation	+	–	Population 1, the predator, generally larger than 2, the prey	Lion predatory on deer



- The hermit crab carries along on its shell a Sea anemone (a sedentary coelenterate). The crab is protected from its enemies by the stinging cells of the anemone while the anemone gets its food (Fig. 11.15).



Fig. 11.15 Sea anemone on hermit crab; Crocodile and bird

COMMENSALISM (+, 0): This defines the interaction in which two or more species are mutually associated in activities centering on food and one species at least, derives benefit from the association while the other associates are neither benefited nor harmed. The concept of commensalism has been broadened in recent years, to apply to coactions other than those centering on food such as cover, support, production, and locomotion. Examples:

- Barnacles attached to Whales travel thousands of miles collecting and filtering food from the moving water. The whales are not affected by the barnacles.
- Egrets usually are present near cattle. They catch insects which are disturbed by the cattle. The bird benefits, while the cattles are not affected (Fig. 11.16).



Fig. 11.16 Egrets near cattle; barnacles on whale

COMPETITION (–, –): It refers to the type of interaction in which individuals of a species or members of different species vie for limited availability of food, water, nesting space, cover,

mates or other resources. When resources are in more than adequate to meet the demands of the organisms seeking them, competition does not occur, but when inadequate to satisfy the need of the organisms seeking them, the weakest, least adapted, or least aggressive individuals are often forced to face challenges. This phenomenon is known as the **competitive exclusion** principle of Hardin.

DEGREE OF COMPETITION - Competition is usually keen between individuals of the same species (intraspecific competition) because they have identical requirements for food, mates, and so on. Interspecific competition occurs where different species require at least some resource materials or conditions in common. The severity of competition depends on the extent of similarity or overlap in the requirements of different individuals and the shortage of the supply in the habitat as birds compete with squirrels for nuts, and seeds; insects and ungulates compete for food in grasslands (Fig. 11.17).



Fig. 11.17 Owls competing for food

PARASITISM (+, –): It is a kind of harmful interaction between two species, wherein one species is the 'parasite' and the other its 'host'. The parasite benefits at the expense of the host. A parasite derives shelter, food and protection from the host. Parasites exhibit adaptations to exploit their hosts. The parasites may be viral parasites (plant / animal viruses), microbial parasites (e.g., bacteria / protozoa / fungi), phytoparasites



(plant parasites) and zooparasites (animal parasites such as Platyhelminthes, nematodes, arthropods). Parasites may inhabit or attach to the surface of the host (Ectoparasites - Head lice, Leech) or live within the body of the host (endoparasites – ascaris, tapeworm). The endoparasites usually live in the alimentary tract, body cavities, various organs or blood or other tissues of the host.

Parasites may be permanent or temporary. Temporary parasites spend only a part of their life cycle as parasites. For example, Glochidium larva of *Anadonia* (fresh water mussel) attaches itself to the body of fish. Permanent parasites spend their life completely dependent on their host organism. The common examples of permanent parasites are *Plasmodium*, *Entamoeba*, Round worms, Pin worms, Tape worms, etc.,

PREDATION (+, -): It is a form of interaction, where one animal kills another animal for food. Like parasitism, predation is important in community dynamics, but both differ in the point that a predator tends to be larger than its prey, and it catches its prey from without, while a parasite is smaller than its host and consumes it from within.



Fig. 11.18 Lion predating on deer

By their hunting activities predators can be regarded as specialized or generalized.

Specialized predators are those adapted to hunt only a few specific species. Lion and deer exhibit predator – prey relationship, where the Lion is the predator and the deer is the prey. This type of interaction helps in the transfer of energy up the trophic levels and is an essential strategy in population regulation (**Fig. 11.18**).

Summary

Ecology is the study of the relationships of living organisms with the abiotic and biotic components of their environment. Temperature, Light, Water, Soil, Humidity, Wind and Topographic factors are the important physical components of the environment to which the organisms are adapted in various ways. Maintenance of a constant internal environment by the organisms contributes to optimal performance, but only some organisms (regulators) are capable of homeostasis in the face of changing external environment. Others simply conform. Many species have evolved adaptations to avoid unfavourable conditions in space or in time.

Population ecology is an important area of ecology. A population is a group of individuals of a given species sharing or competing for similar resources in a defined geographical area. Populations have attributes that individual organisms do not, such as natality and mortality, sex ratio and age distribution. The proportion of different age groups of males and females in a population is often presented graphically as age pyramid, its shape indicating whether a population is stationary, growing or declining.

Ecological effects of any factors on a population are generally reflected in population density. Population grows through births and immigration and declines through deaths and emigration. When resources are unlimited, the growth is usually exponential but when

resources become progressively limiting the growth pattern turns logistic. In either case, growth is ultimately limited by the carrying capacity of the environment. The intrinsic rate of natural increase is a measure of the inherent potential of a population to grow.

Population of the same or different species in a habitat do not live in isolation but interact in many ways. These interactions may be intra specific or interspecific. They may be positive, negative or neutral in nature.

Evaluation:

- All populations in a given physical area are defined as
 - Biome**
 - Ecosystem
 - Territory
 - Biotic factors
- Organisms which can survive a wide range of temperature are called
 - Ectotherms
 - Eurytherms**
 - Endotherms
 - Stenotherms
- The interaction in nature, where one gets benefit on the expense of other is...
 - Predation
 - Mutualism
 - Amensalism
 - Commensalism**
- Predation and parasitism are which type of interactions?
 - (+, +)
 - (+, 0)
 - (-, -)
 - (+, -)**
- Competition between species leads to
 - Extinction**
 - Mutation
 - Amensalism
 - Symbiosis
- Which of the following is an r-species
 - Human
 - Insects**
 - Rhinoceros
 - Whale

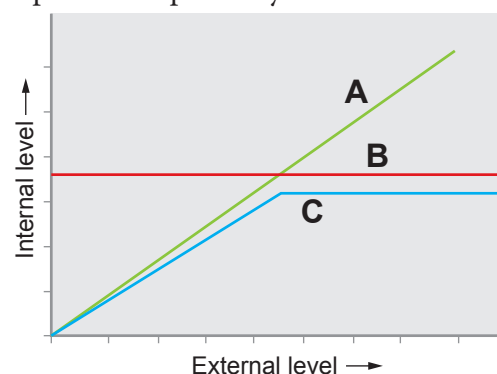


- Match the following and choose the correct combination from the options given below.

Column I	Column II
A. Mutualism	1. Lion and deer
B. Commensalism	2. Round worm and man
C. Parasitism	3. Birds compete with squirrels for nuts
D. Competition	4. Sea anemone on hermit crab
E. Predation	5. Barnacles attached to Whales.

Dispersal

- A- 4, B-5, C-2, D-3, E-1
 - A- 3, B-1, C-4, D- 2, E-5
 - A- 2, B-3, C-1, D- 5, E-4
 - A- 5, B-4, C-2, D- 3, E-1
- The figure given below is a diagrammatic representation of response of organisms to abiotic factors. What do A, B and C represent respectively.



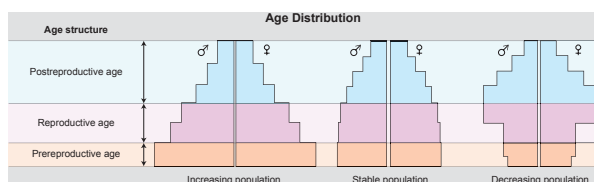
S. No.	A	B	C
a.	Conformer	Regulator	Partial Regulator
b.	Regulator	Partial Regulator	Conformer
c.	Partial Regulator	Regulator	Conformer
d.	Regulator	Conformer	Partial Regulator



9. The relationship between sucker fish and shark is.....

- a) Competition **b) Commensalism**
c) Predation d) Parasitism.

10. What type of human population is represented by the following age pyramid?



- a) Vanishing population
b) Stable population
c) Declining population
d) Expanding population

11. Which of the following is correct for r-selected species

- a) Large number of progeny with small size**
b) large number of progeny with large size
c) small number of progeny with small size
d) small number of progeny with large size

12. Animals that can move from fresh water to sea called as.....

- a) Stenothermal b) Eurythermal
c) Catadromous d) Anadromous

13. Some organisms are able to maintain homeostasis by physical means ...

- a) Conform **b) Regulate**
c) Migrate d) Suspend.

14. What is a Habitat?

15. Define ecological niche.

16. What is Acclimatisation?

17. What is Pedogenesis?

18. What is Zero Stress?

19. What is soil permeability?

20. Differentiate between Eurytherms and Stenotherms.

21. Explain hibernation and aestivation with examples.

22. Give the diagnostic characters features of a Biome?

23. Classify the aquatic biomes of Earth.

24. What are the ways by which organisms respond to abiotic factors?

25. Classify the adaptive traits found in organisms.

26. Differentiate Natality and Mortality.

27. Differentiate J and S shaped curve.

28. Give an account of population regulation.

29. What is ecological density, crude density and population density?

30. Give an account of the properties of soil.

31. Differentiate between Tundra and Taiga Biomes.

32. List the adaptations seen in terrestrial animals.

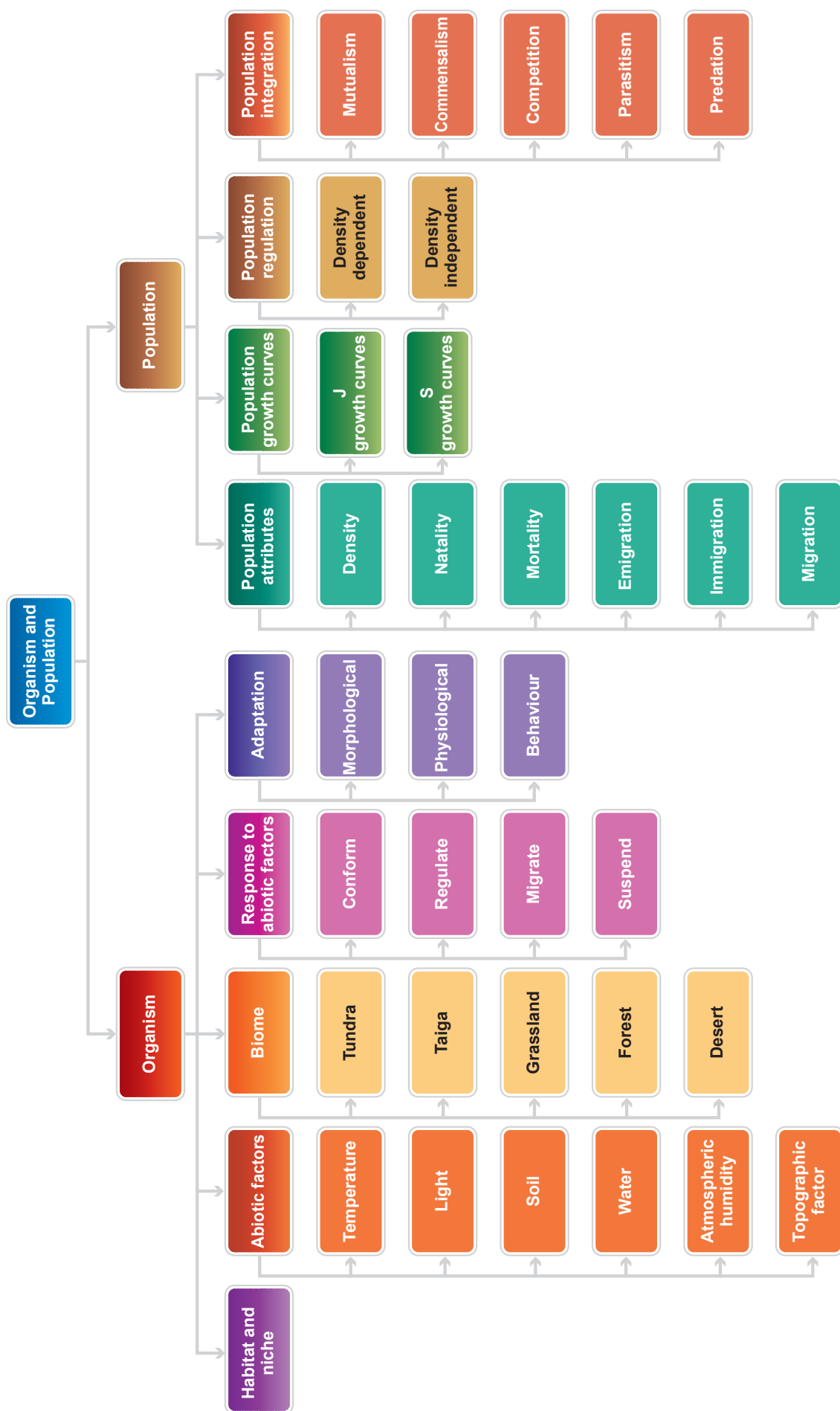
33. Describe Population Age Distribution.

34. Describe Growth Models/Curves.

35. Tabulate and analysis of two species population interaction.

36. Explain parasitism with an example.

37. Differentiate between predator and prey.





ICT CORNER

Organisms and Population

How the fermentation takes place?
Let's us experiment it virtually



Procedure :

Step:-1: Type the **URL** or scan the **QR** code to open the activity page.

Step:-2 Click "**Background Information**" to know the general on "**Population Genetics**".

Step:-3 Click "**Tutorial**" to learn the steps that aligned with the "**experiment**".

Step - 4: Click "**Run Experiments**" on home page to test the experiment by altering the variables under various parameters.



Step 1



Step 2



Step 3



Step 4

Organisms and Population URL:

<http://virtualbiologylab.org/ModelsHTML5/PopGenFishbowl/PopGenFishbowl.html>

*Pictures are indicative only

*Allow flash player



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12

CHAPTER

UNIT - V

Biodiversity and its conservation



Nilgiri tahr is an endangered species in the IUCN Red List of Threatened Species due to hunting and poaching

Chapter outline

- 12.1 Biodiversity
- 12.2 Importance of biodiversity – Global and India
- 12.3 Biogeographical regions of India
- 12.4 Threats to biodiversity
- 12.5 Causes of Biodiversity Loss
- 12.6 IUCN
- 12.7 Biodiversity and its conservation
- 12.8 Restoration of degraded habitats
- 12.9 Biodiversity Act (BDA)



Learning objectives

- Acquire knowledge about concept, level and patterns of biodiversity.
- Appreciate the magnitude of India's biodiversity.
- Understand biogeographical regions and resources of India.
- Gain insight into the threats to biodiversity.
- Understand the reasons/causes and effects of extinction.
- Create awareness to restore degraded habitats and environment.
- To be aware of the Biodiversity Act and its provisions.



A wide variety of living organisms including plants, animals and micro-organisms with whom we share this planet earth makes the world a beautiful place to live in. Living organisms exist almost everywhere from mountain peaks to the ocean depths; from deserts to the rainforests. They vary in their habit and behaviour, shape, size and colour. The remarkable diversity of living organisms forms an inseparable and significant part of our planet, however, the ever increasing human population is posing serious threats to bio-diversity. In this chapter, we shall discuss biodiversity – concepts, levels, magnitude and patterns, importance of biodiversity, biogeographical regions of India, threats to biodiversity, causes of biodiversity loss, extinction, and biodiversity conservation.

12.1 Biodiversity

The 1992 UN Earth Summit defined **Biodiversity** as the variability among living organisms from all sources, including terrestrial, marine and other aquatic ecosystems and the ecological complexes of which they are a part. This includes diversity within species, between species and ecosystems of a region. It reflects the number of different organisms and their relative frequencies in an ecological system and constitutes the most important functional component of a natural ecosystem.

It helps to maintain ecological processes, create soil, recycle nutrients, influence climate, degrade waste and control diseases. It provides an index of health of an ecosystem. The survival of human race depends on the existence and wellbeing of all life forms (plants and animals) in the biosphere.

12.1.1 Concept of biodiversity

The term biodiversity was introduced by Walter Rosen (1986). Biodiversity is the assemblage of different life forms. Each species is adapted to live in its specific environments.

The changes in climatic conditions are reflected in the distribution and pattern of biodiversity on our planet. The number of species per unit area declines as we move from tropics towards the poles. The Tundra and Taiga of northern Canada, Alaska, northern Europe and Russia possess less than 12 species of trees. The temperate forests of the United states have 20-35 species of trees, while the tropical forests of Panama have over 110 species of trees in a relatively small area.

12.1.2 Levels of biodiversity

Edward Wilson popularized the term 'Biodiversity' to describe diversity at all levels of biological organization from populations to biomes. There are three levels of biodiversity – Genetic diversity, Species diversity and Community/Ecosystem diversity (**Fig. 12.1**).

Genetic diversity refers to the differences in genetic make-up (number and types of genes) between distinct species and to the genetic variation within a single species; also covers genetic variation between distinct populations of the same species. Genetic diversity can be measured using a variety of molecular techniques. India has more than 50,000 genetic variants of Paddy and 1000 variants of Mango. Variation of genes of a species increases with diversity in size and habitat. It results in the

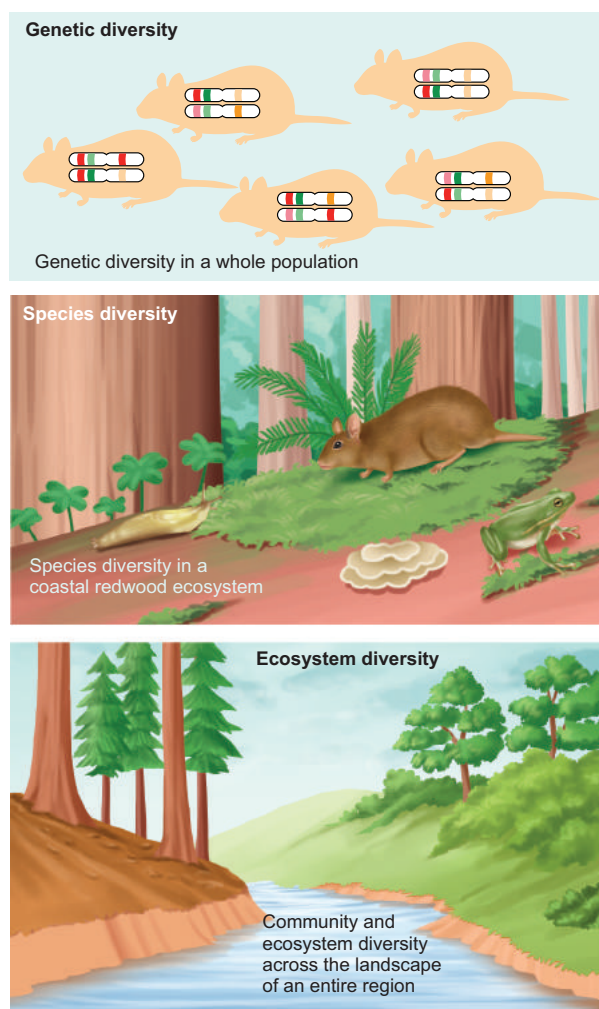


Fig. 12.1 Three levels of biodiversity

formation of different races, varieties and subspecies. *Rouwolfia vomitaria*, a medicinal plant growing in different ranges of the Himalayas shows differences in the potency and concentration of the active ingredient reserpine due to genetic diversity. Genetic diversity helps in developing adaptations to changing environmental conditions.

Species diversity refers to the variety in number and richness of the species in any habitat. The number of species per unit area at a specific time is called species richness, which denotes the measure of species diversity. The Western Ghats have greater amphibian species diversity than the Eastern Ghats. The more the number of species in an area the more is the species richness (**Fig. 12.1a**). The three indices of diversity are - Alpha, Beta and Gamma diversity



- i. Alpha diversity: It is measured by counting the number of taxa (usually species) within a particular area, community or ecosystem.
- ii. Beta diversity: It is species diversity between two adjacent ecosystems and is obtained by comparing the number of species unique to each of the ecosystem.
- iii. Gamma diversity refers to the diversity of the habitats over the total landscape or geographical area.

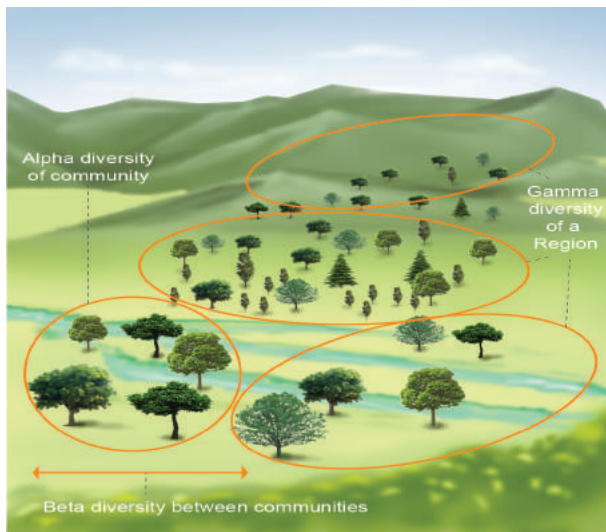


Fig. 12.1a Species biodiversity

Community/Ecosystem diversity is the variety of habitats, biotic communities, and ecological processes in the biosphere. It is the diversity at ecosystem level due to diversity of niches, trophic levels and ecological processes like nutrient cycles, food webs, energy flow and several biotic interactions. India with its alpine meadows, rain forests, mangroves, coral reefs, grass lands and deserts has one of the greatest ecosystem diversity on earth.

12.1.3 Magnitude of biodiversity

Biodiversity is often quantified as the number of species in a region at a given time. The current estimate of different species on earth is around 8-9 million. However, we really don't know the exact magnitude of our natural wealth. This is called the 'The Taxonomic impediment'. So far about 1.5 million species of microorganisms, animals and plants have been

described. Each year about 10-15 thousand new species are identified and published worldwide, of which 75% are invertebrates. The number of undescribed species is undoubtedly much higher.

India is very rich in terms of biological diversity due to its unique bio-geographical location, diversified climatic conditions and enormous eco-diversity and geo-diversity. According to world biogeographic classification, India represents two of the major realms (The Palearctic and Indo-Malayan) and three biomes (Tropical humid forests, Tropical Dry/Deciduous forests and Warm Deserts/Semi deserts). With only about 2.4% of the world's total land surface, India is known to have over 8 % of the species of animals that the world holds and this percentage accounts for about 92,000 known species.

India is the seventh largest country in the world in terms of area. India has a variety of ecosystems, biomes with its varied habitats like, hills, valleys, plateaus, sea shores, mangroves, estuaries, glaciers, grasslands and river basins. It also reflects different kinds of climates, precipitation, temperature distribution, river flow and soil. India is one of the 17 mega biodiversity countries of the world and has ten biogeographic zones with characteristic habitat and biota.

"The world is currently undergoing a very rapid loss of biodiversity comparable with the great mass extinction events that have previously occurred only five or six times in the earth's history."

- World Wildlife Fund

12.1.4 Patterns of biodiversity distribution

The distribution of plants and animals is not uniform around the world. Organisms require different sets of conditions for their

optimum metabolism and growth. Within this optimal range (habitat) a large number and type of organisms are likely to occur, grow and multiply. The habitat conditions are determined by their latitudes and altitudes.

Latitudinal and altitudinal gradients:

Temperature, precipitation, distance from the equator (latitudinal gradient), altitude from sea level (altitudinal gradient) are some of the factors that determine biodiversity distribution patterns. The most important pattern of biodiversity is latitudinal gradient in diversity. This means that there is an increasing diversity from the poles to equator. Diversity increases as one moves towards the temperate zones and reaches the maximum at the tropics. Thus, tropics harbour more biodiversity than temperate or polar regions, especially between the latitudes of 23.5°N and 23.5°S (Tropic of Cancer to the Tropic of Capricorn). Harsh conditions exist in temperate areas during the cold seasons while very harsh conditions prevail for most of the year in polar regions.

Columbia located near the equator (0°) has nearly 1400 species of birds while New York at 41°N has 105 species and Greenland at 71°N has 56 species. India, with much of its land area in the tropical latitudes, is home for more than 1200 species of birds. Thus it is evident that the latitude increases the species diversity.

Decrease in species diversity occurs as one ascends a high mountain due to drop in temperature (temperature decreases @ 6.5° C per Km above mean sea level)

The reasons for the richness of biodiversity in the Tropics are:

- Warm tropical regions between the tropic of Cancer and Capricorn on either side of equator possess congenial habitats for living organisms.
- Environmental conditions of the tropics are favourable not only for speciation



Mean Sea Level (MSL) is an average level of the surface of one or more of Earth's oceans (or seas) from which heights such as elevations may be measured.

As we travel by train we notice names of stations on big yellow signboards on which is usually written how much elevated that place is compared to MSL. For example, Erode junction is about 171 meters above MSL.

but also for supporting both variety and number of organisms.

- The temperatures vary between 25°C to 35°C, a range in which most metabolic activities of living organisms occur with ease and efficiency.
- The average rainfall is often more than 200 mm per year.
- Climate, seasons, temperature, humidity, photoperiods are more or less stable and encourage both variety and numbers.
- Rich resource and nutrient availability.

Species - Area relationships

German Naturalist and Geographer **Alexander von Humboldt** explored the wilderness of south American jungles and found that within a region the species richness increased with increasing area but upto a

certain limit. The relationship between species richness and area for a wide variety of taxa (angiosperm plants, birds, bats, freshwater fishes) turned out to be the rectangular hyperbola. On a logarithmic scale, the relationship is a straight line described by the equation.

$$\log S = \log C + Z \log A$$

where

S = Species richness

A = Area

Z = Slope of the line (regression coefficient)

C = Y-intercept

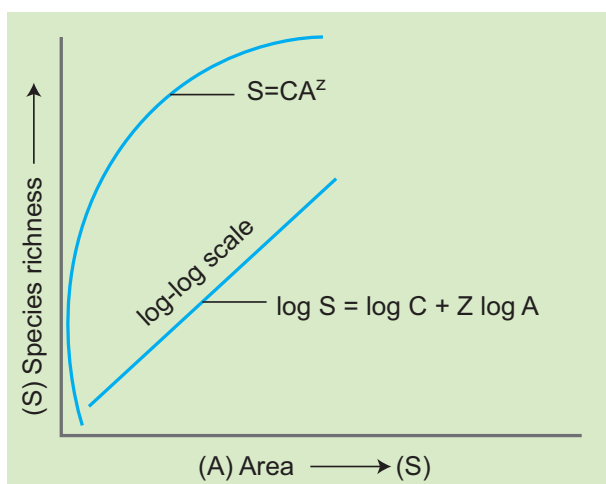


Fig. 12.2 Species - Area relationship on log scale

Regression coefficient Z generally has a value of 0.1-0.2 regardless of taxonomic group or region. However, in case of the species – area relationship in very large areas like entire continents, the slope of the line appears to be much steeper (Z-value in the range of 0.6-1.2). For example, in case of the fruit eating (frugivorous) birds and mammals in the tropical forests of different continents, the slope is found to be a steeper line of 1.15 (Fig. 12.2)

12.2 Importance of biodiversity – Global and India

Biodiversity is the variety of life on earth. That is, it is the number of different species

of flora and fauna including microorganisms. These organisms can inhabit different ecosystems with varying conditions like the Rainforests, Coral reefs, Grasslands, Deserts, Tundra and the Polar ice caps. This variety (Biodiversity) is essential for the wellbeing of our planet and sustenance of life as a whole. The importance of biodiversity can be viewed and measured as

a) Ecosystem services b) Biological resources c) Social benefits of biodiversity

The organization and functioning of ecosystems world over is effected and dependent on biodiversity and its richness. The major functional attributes are:

- continuity of nutrient cycles or biogeochemical cycles (N_2 , C, H_2O , P, S cycles)
- soil formation, conditioning or maintenance of soil health (fertility) by soil microbial diversity along with the different trophic members
- increases ecosystem productivity and provide food resources
- act as water traps, filters, water flow regulators and water purifiers (forest cover and vegetation)
- climate stability (forests are essential for rainfall, temperature regulation, CO_2 absorption, which in turn regulate the density and type of vegetation)
- forest resource management and sustainable development
- maintaining balance between biotic components
- cleaning up of pollutants – microbes are the biggest degraders of molecules including many anthropogenic ones which are present in effluents, sewage, garbage and agro-chemicals
- ecological stability – the varieties and richness of species contribute to ecological



stability and survival of species. Biodiverse regions are reservoirs of biological resources like food resources, gene pool, genetic resource, medicinal resources, bio-prospecting

- to provide unique aesthetic value and hot spots for Ecotourism. Along with forest resources and wildlife it has commercial significance
- an indicator of the health of the ecosystem. Endemism is a crucial indicator of richness.



The interrelationship and interdependence of all living components in a system can be seen from the example of the fruit bats of Guam (South East Asia). The fruit bats are a delicacy here, and hence their population has dwindled which is not surprising. What is surprising is that local fruit production has got affected as it was identified that the bats served as pollinators. Hence there is a need for conservation of diversity as that could avert such situations.

12.3 Biogeographical regions of India

As per the international 'biome' type of classification based upon climate, fauna and flora and the soil conditions, India can be divided into ten different biogeographic zones, (Fig. 12.3) namely:

1. **Trans Himalayan Region:** An extension of the Tibetan plateau, high-altitude cold desert in Ladakh (J&K) and Lahaula Spiti (H.P) comprising 5.7% of the country's landmass. The mountains of this region have the richest wild sheep and goat community in the world, renowned for its quality wool and wool products. Other fauna include Chiru and Black-rocked Crane.
2. **Himalayas:** The entire mountain chain running from north-western to north-eastern India, comprising a diverse range of biotic provinces and biomes and covers 7.2% of the country's landmass. The common fauna of the Himalayan ranges, are the wild sheep, mountain goats, shrew, snow leopard and panda, many of which are endangered.
3. **Indian Desert:** The extremely arid area west of the Aravalli hill range, comprising both the salty desert of Gujarat and the sand desert of Rajasthan. It comprises 6.9% of the country's land-mass. Wild ass is endemic to this region. It is also the habitat for the Indian Bustard, camel, foxes and snakes, many of which are endangered.
4. **Semi – Arid Zones:** This zone is between the desert and the Deccan plateau, including the Aravalli hill range covering 15.6% of the country's landmass. Fauna found here are nilghai, blackbuck, four horned antelopes, sambar, chital and spotted deer which are herbivores along with predators like Asiatic lion, tiger, leopard and jackal.
5. **Western Ghats:** Western Ghats, are mountain ranges along the west coast of India, extending over almost 1,500km from Sat Pena in south Gujarat to the southernmost tip of Kerala. The annual rainfall is about 2000 mm. This zone has large populations of Nilgiri tahr (State animal of Tamil Nadu), Nilgiri langur, tiger, leopard, and Indian elephant. The grizzled squirrel and lion tailed macaque are endemic to this region.
6. **Deccan Peninsula:** This covers much of the southern and south-central plateau with a predominantly deciduous

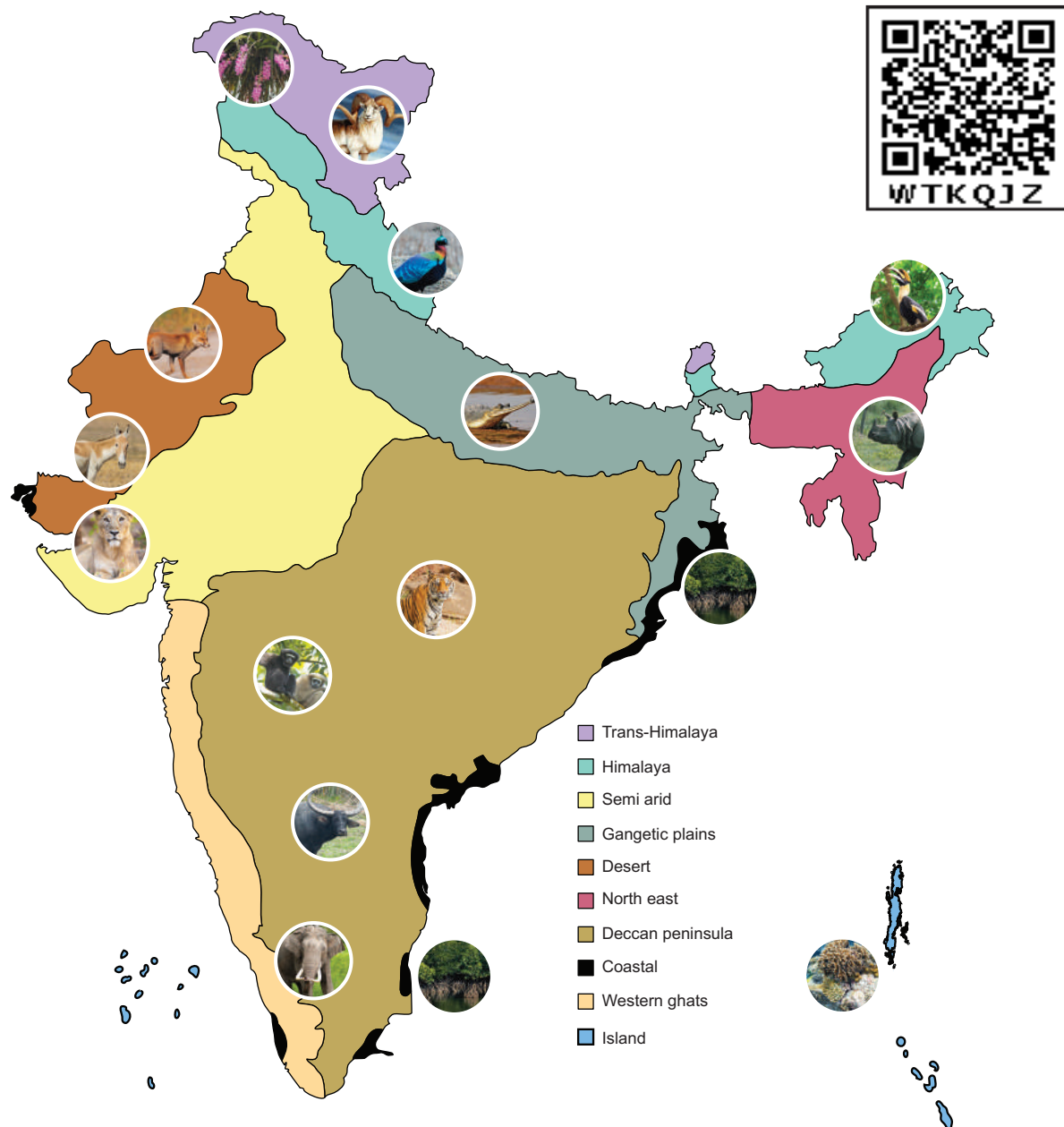


Fig. 12.3 Biogeographical regions of India

vegetation and 4.3% of the country's landmass. It is known for deciduous forests, thorn forests and pockets of semi ever green forests. Fauna found here are Chital, Sambhar, Nilghai, elephant, sloth bear, black buck and barking deer. It is the catchment area of major Indian rivers like Godavari, Tapi, Narmada and Mahanadi.

7. **Gangetic Plains:** These plains are relatively homogenously defined by the Ganges river system and occupy about 11% of the country's landmass. This region is very fertile and extends up to

the Himalayan foothills. Fauna includes rhinoceros, elephant, buffalo, swamp deer, hog-deer.

8. **North-East India:** The plains and non-Himalayan hill ranges of north eastern India are home to a wide variety of vegetation. With 5.2% of the country's landmass, this region represents the transition zone between the Indian, Indo-Malayan and Indo-Chinese biogeographical regions and is the meeting point of the Himalayan Mountains and



peninsular India. The North-East is thus the biogeographical 'Gateway' for much of India's fauna and flora and also biodiversity hotspot (Eastern Himalaya), which includes the Indian rhinoceros, leopard and golden langur.

9. **Coastal Region:** Coastal region of India with sandy beaches, mud flats, coral reefs, mangroves constitutes 2.5% of the total geographical area. The coastline from Gujarat to Sundarbans is estimated to be 5423km long. Apart from this a total of 25 islets constitute the Lakshadweep, which are of coral origin and have a typical reef lagoon system, rich in biodiversity. The fauna includes native crabs, turtles and tunas
10. **Andaman and Nicobar Islands:** The Andaman and Nicobar Islands in the Bay of Bengal have highly diverse set of biomes, constituting 0.3% of the total geographical area. They are centers of high endemism and contain some of India's finest evergreen forests and support a wide diversity of corals. Fauna includes Narcondam hornbills of the Andamans and the South Andaman Krait.

12.4 Threats to biodiversity

Even though India is one of the 17 identified mega diverse countries of the world, it faces lots of threats to its biodiversity.

Apart from natural causes, human activities, both directly and indirectly are today's main reason for habitat loss and biodiversity loss. Fragmentation and degradation due to agricultural practices, extraction (mining, fishing, logging, harvesting) and development (settlements, industrial and associated infrastructures) leads to habitat loss and fragmentation leads to formation of isolated, small and scattered populations and as endangered species.

Some of the other threats include specialised diet, specialized habitat requirement, large size, small population size, limited geographic distribution and high economic or commercial value. Large mammals by virtue of their size require larger areas to obtain the necessities of life - food, cover, mates than do smaller mammals. Individual home range of Lion can be about 100 square Km. Mammals have specialized dietary needs such as carnivores, frugivores and the need to forage over much larger areas than general dietary herbivores and omnivores. Mammals also have low reproductive output other than small rodents.

12.5 Causes of biodiversity loss

The major causes for biodiversity decline are:

- Habitat loss, fragmentation and destruction (affects about 73% of all species)
- Pollution and pollutants (smog, pesticides, herbicides, oil slicks, GHGs)
- Climate change
- Introduction of alien/exotic species
- Over exploitation of resources (poaching, indiscriminate cutting of trees, over fishing, hunting, mining)
- Intensive agriculture and aquacultural practices
- Hybridization between native and non-native species and loss of native species
- Natural disasters (Tsunami, forest fire, earth quake, volcanoes)
- Industrialization, Urbanization, infrastructure development, Transport – Road and Shipping activity, communication towers, dam construction, unregulated



tourism and monoculture are common area of specific threats

- Co-extinction

Habitat Loss

Development of human society is inevitable. Natural habitats are destroyed for the purpose of settlement, agriculture, mining, industries and construction of highways. As a result species are forced to adapt to the changes in the environment or move to other places. If not, they become victim to predation, starvation, disease and eventually die or results in human animal conflict.

Over population, urbanization, industrialization and agricultural advancements require additional land, water and raw materials every year. This is made possible only through fragmentation or destruction of natural habitats by filling wetlands, ploughing grasslands, cutting down trees, forest, desilting rivers, constructing transport ways, caving mountains, extracting, ores, changing the course of rivers and filling of seashore.

The most dramatic example of habitat loss comes from the tropical rainforests 14% of the earth's land surface once covered by these tropical forests, is not more than 6% now. The Amazon rainforest, a vast area, harbouring millions of species, also called "Lungs of the planet" is destroyed and being replaced for agriculture and human settlements. 90% of New Zealand's wetlands have been destroyed and cleared for cultivating soya beans and raising grass for beef cattle. Kodaikanal and Nilgiri hills of Tamil Nadu have been destroyed rapidly for human occupancy. Loss of habitat results in annihilation of plants, microorganisms and forcing out animals from their habitats.

Where are the Sparrows?

Common Sparrows are going extinct because of mindless urbanization. They are losing not just their natural habitats but also the essential human touch they need and thrive upon. The population of sparrows is dwindling due to the use of packed food, insecticides in farming and changing lifestyles, and match box-styled architecture resulting in an inadequate availability of food and shelter for the birds. Unlike pigeons that can make nests on ledges, sparrows need cavities to build their nests.

Habitat fragmentation

Habitat fragmentation is the process where a large, continuous area of habitat is both, reduced in area and divided into two or more fragments. Fragmentation of habitats like forest land into crop lands, orchard lands, plantations, urban areas, industrial estates, transport and transit systems has resulted in the destruction of complex interactions amongst species, (food chain and webs) destruction of species in the cleared regions, annihilation of species restricted to these habitats (endemic) and decreased biodiversity in the habitat fragments. Animals requiring large territories such as mammals and birds are severely affected. The elephant corridors and migratory routes are highly vulnerable. The dwindling of many well-known birds (sparrows) and animals can be attributed to this.

Over exploitation:

We depend on nature for our basic needs such as food and shelter. However, when the need becomes greed, it leads to over exploitation of natural resources. Excessive exploitation of a species, reduces the size of its population to such a level that it becomes

vulnerable to extinction. Dodo, passenger pigeon and Steller's sea cow have become extinct in the last 200-300 years due to over exploitation by humans. Overfishing due to population pressure leads to many marine fish (populations) declining around the world.

Exotic species invasion:

Exotic species (non-native; alien) are organisms often introduced unintentionally or deliberately for commercial purpose, as biological control agents and other uses. They often become invasive and drive away the local species and is considered as the second major cause for extinction of species. Exotic species have proved harmful to both aquatic and terrestrial ecosystems.

Tilapia fish (Jilabi kendai) (*Oreochromis mosambicus*) introduced from east coast of South Africa in 1952 for its high productivity into Kerala's inland waters, became invasive, due to which the native species such as *Puntius dubius* and *Labeo kontius* face local extinction. Amazon sailfin catfish is responsible for destroying the fish population in the wetlands of Kolkata. The introduction of the Nile Perch, a predatory fish into Lake Victoria in East Africa led to the extinction of an ecologically unique assemblage of more than 200 nature species of cichlid fish in the lake.

African apple snail (*Achatina fulica*) is the most invasive among all alien fauna in India. This mollusc was first reported in the Andaman and Nicobar Islands. It is now found across the country and threatens the habitat of several native species. Moreover it is becoming a vicious pest in vegetable farms.

Exotic earthworms compete for food with native varieties and deplete their population in soil. Papaya Mealy Bug (*Paracoccus marginatus*) is native of Mexico and Central America, is believed to have destroyed huge crops of papaya in Assam, West Bengal and TamilNadu.

Global Climate changes

Industrialization is a major contributor to climate change and a major threat to biodiversity. Energy drives our industries, which is provided by burning of fossil fuels. This increases the emission of CO₂, a GHG, leading to climate change. Due to large scale deforestation, the emitted CO₂ cannot be absorbed fully, and its concentration in the air increases. Climate change increases land and ocean temperature, changes precipitation patterns and raises the sea level. This inturn results in melting of glaciers, water inundation, less predictability of weather patterns, extreme weather conditions, outbreak of squalor diseases, migration of animals and loss of trees in forest. Thus, climate change is an imminent danger to the existing biodiversity (Fig. 12.4).

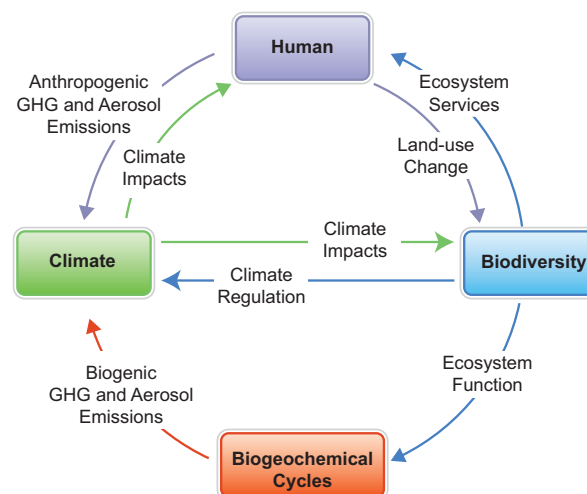


Fig. 12.4 Links between biodiversity, climate change and human well - being

Shifting or Jhum cultivation (Slash-and-burn agriculture)

In shifting cultivation, plots of natural tree vegetation are burnt away and the cleared patches are farmed for 2-3 seasons, after which their fertility reduces to a point where crop production is no longer profitable. The farmer then abandons this patch and cuts down a new patch of forest trees elsewhere for crop production. This system is practiced in north-eastern regions of India. When vast



areas are cleared and burnt, it results in loss of forest cover, pollution and discharge of CO₂ which in turn attributes to loss of habitat and climate change which has an impact on the faunal diversity of that regions.

Coextinctions

Coextinction of a species is the loss of a species as a consequence of the extinction of another. (Eg., orchid bees and forest trees by cross pollination). Extinction of one will automatically cause extinction of the other. Another example for co-extinction is the connection between Calvaria tree and the extinct bird of Mauritius Island, the Dodo. The Calvaria tree is dependent on the Dodo bird for completion of its life cycle. The mutualistic association is that the tough horny endocarp of the seeds of Calvaria tree are made permeable by the actions of the large stones in bird's gizzard and digestive juices thereby facilitating easier germination. The extinction of the Dodo bird led to the imminent danger of the Calvaria tree coextinction.

Pollution

Pollutants and pollution are a major cause for biodiversity loss. Excessive use of fertilisers, pesticides and heavy metals have polluted the land, ground and surface water bodies. There is a tendency of pesticide biomagnification which results in high concentrations at higher trophic levels which has resulted in drastic decline in the population of fish eating birds and falcons. Run off from fertilizer rich fields causes nutrient enrichment of water bodies leading to eutrophication. Mercury, arsenic, cadmium, chromium poisoning has led to depletion of biotic resources in vulnerable ecosystems. Death of vulture population is attributed to the veterinary medicine Diclofenac, which is responsible for the thinning of the egg shells.

Intensive agriculture:

Spread of agriculture is sometimes at the cost of wetlands, grasslands and forests. Intensive agriculture is based on a few high yielding varieties. As a result, there is reduction in the genetic diversity. It also increases vulnerability of the crop plants to sudden attack by pathogens and pests. There are only few varieties of traditional paddy strains today due to use to hybrid varieties in Tamil Nadu.

Forestry

There is a tendency to grow economically important and viable trees like Teak, Sandal, Oak, Sal in forests resulting in loss of other forest trees.

Natural threats

These include spontaneous jungle fires, tree fall, land slide, defoliation by insects or locust attack.

12.5.1 Loss of biodiversity

Species have been evolving and dying out (extinction) ever since the origin of life. However, species are now becoming extinct at a faster rate. This is destabilizing the ecological stability and the distribution of biological diversity on earth. Human activities greatly contribute to the loss of biodiversity. Natural resources such as land, water and organisms are indiscriminately exploited by human beings.

According to the Convention of Biological Diversity, direct and indirect human activities have a detrimental effect on biodiversity. Direct human activities like change in local land use, species introduction or removal, harvesting, pollution and climate change contribute a greater pressure on loss of biodiversity. Indirect human drivers include demographic, economic, technological, cultural and religious factors.



Even though new species are being discovered, there is little hope for adding new species through speciation into the biodiversity treasure. Monsoon failure, global warming, depletion in ozone layer, landslides in hilly states, pollution are a few indirect effects of human activities which results in the loss biodiversity. IUCN Red List (2004) documents the extinction of 784 species in the 500 years.

It is estimated that the current rate of biodiversity loss is 100 to 1000 times higher than the naturally occurring extinction rate and is still expected to grow in the future. This loss of biodiversity has a immense impact on plant animal and human life. The negative effects include dramatic influence on the food web. Even reduction in one species can adversely affect the entire food chain which further leads to an overall reduction in biodiversity. Reduced biodiversity leads to immediate danger for food security by reducing ecosystem services.

12.5.2 Hotspots

Hotspots are areas characterized with high concentration of endemic species experiencing unusual rapid rate of habitat modification loss. Norman Myers defined hot spots as “regions that harbour a great diversity of endemic species and at the same time, have been significantly impacted and altered by human activities.”

A hotspot is a region that supports at least 1500 endemic vascular plant species (0.5% of the global total) has lost more than 70% of its original vegetation. There are 35 biodiversity hotspots in the world. India is home to four biodiversity hotspots (as per ENVIS). They are

- a. Himalaya (the entire Indian Himalayan region)
- b. Western Ghats
- c. Indo-Burma: includes entire North-eastern India, except Assam and Andaman group of

Islands (and Myanmar, Thailand, Vietnam, Laos, Cambodia and Southern China)

- d. Sundalands: includes Nicobar group of Islands (and Indonesia, Malaysia, Singapore, Brunei, Philippines)

12.5.3 Endangered organisms

A species that has been categorized as very likely to become extinct is an Endangered species. Endangered (EN), as categorized by the International Union for Conservation of Nature (IUCN) Red List, is the second most severe conservation status for wild populations in the IUCN's scheme after Critically Endangered (CR).

In 1998 there were 1102 animal and 1197 plant species in the IUCN Red List. In 2012, the list features 3079 animal and 2655 plant species as endangered (EN) worldwide.

12.5.4 Extinction:

Species is considered extinct when none of its members are alive anywhere in the world. If individuals of a species remain alive only in captivity or other human controlled conditions, the species is said to be extinct in the wild. In both of these situations, the species would be considered globally extinct. A species is considered to be locally extinct when it is no longer found in an area it once inhabited but is still found elsewhere in the wild.

In the 450 million years of life on Earth, there had been 5 mass extinctions, which had eliminated at least 50% of the species of flora and fauna on the globe.

The extinction of species is mainly due to drastic environmental changes and population characteristics.

There are three types of Extinctions

- i. **Natural extinction** is a slow process of replacement of existing species with better adapted species due to changes in environmental conditions, evolutionary



changes, predators and diseases. A small population can get extinct sooner than the large population due to inbreeding depression (less adaptivity and variation).

- ii. **Mass extinction:** The earth has experienced quite a few mass extinctions due to environmental catastrophes. A mass extinction occurred about 225 million years ago during the Permian, where 90% of shallow water marine invertebrates disappeared.
- iii. **Anthropogenic extinctions** These are abetted by human activities like hunting, habitat destruction, over exploitation, urbanization and industrialization. Some examples of extinctions are Dodo of Mauritius and Steller's sea cow of Russia. Amphibians seem to be at higher risk of extinction because of habitat destruction.

The most serious aspect of the loss of biodiversity is the extinction of species. The unique information contained in its genetic material (DNA) and the niche it possesses are lost forever.

One more species goes extinct...



George the tree snail (*Achatinella apexfulva*) died on January 1, 2019, at the age of 14. He was the last snail of his species, and is emblematic of the loss of native Hawaiian molluscs.

12.6 IUCN

The International Union for Conservation of Nature (IUCN) is an organization working in the field of nature conservation and sustainable

use of natural resources. It was established in 1948 and located at Gland VD, Switzerland. It is involved in data gathering and analysis research, field projects and education on conservation, sustainable development and biodiversity. IUCN's mission is to influence, encourage and assist societies throughout the world to conserve nature and to ensure that any use of natural resources is equitable and ecologically sustainable. It influences governments and industries through partnerships by providing information and advice. The organization collects, compiles and publishes the IUCN red list of threatened species and their conservation status in the world. It plays a vital role in the implementation of several international conventions on nature conservation and biodiversity.

Red Data Book

Red Data book or Red list is a catalogue of taxa facing risk of extinction. IUCN – International Union of Conservation of Nature and Natural Resources, which is renamed as WCU – World Conservation Union (Morges Switzerland) maintains the Red Data book. The concept of Red list was mooted in 1963. The purpose of preparation of Red List are:

- To create awareness on the degree of threat to biodiversity
- Identification and documentation of species at high risk of extinction
- Provide global index on declining biodiversity
- Preparing conservation priorities and help in conservation of action
- Information on international agreements on conservation of biological diversity

Red list has eight categories of species
i) Extinct ii) Extinct in wild iii) Critically Endangered iv) Endangered v) Vulnerable vi) Lower risk vii) Data deficiency viii) Not evaluated.

12.7 Biodiversity and its conservation

The natural resources of the Earth, including air, water, land, flora and fauna of natural ecosystems must be safeguarded for the benefit of the present and future generations through careful planning and management, as appropriate – Principle of the Stockholm Declaration, 1972.



The large-scale loss of biodiversity and its global impact makes conservation the need of the hour.

Conservation of biodiversity is protection and scientific management of biodiversity so as to maintain it at its optimum level and derive sustainable benefits for the present as well as future generations. It aims to protect species from extinction and their habitats and ecosystems from degradation.

General strategies in conservation

- identify and protect all threatened species
- identify and conserve in protected areas the wild relatives of all the economically important organisms
- identify and protect critical habitats for feeding, breeding, nursing, resting of each species
- resting, feeding and breeding places of the organisms should be identified and protected
- Air, water and soil should be conserved on priority basis
- Wildlife Protection Act should be implemented

There are two aspects of conservation strategies (**Fig. 12.3**)

i) *In-situ* conservation

ii) *Ex-situ* conservation

12.7.1 In-situ Conservation

(*Conservation in the natural habitat*):

This is the conservation of genetic resources through their protection within a natural or manmade ecosystem in which they occur. It is conservation and protection of the whole ecosystem and its biodiversity at all levels in order to protect the threatened species.

Maximum protection of biodiversity hotspots regions with very high levels of species richness. Although all the biodiversity hotspots together cover less than 2 percent of the earth land area, the number of species they harbour is extremely high and protection of these hotspots could reduce the ongoing mass.

Protected Areas:

These are biogeographical areas where biological diversity along with natural and cultural resources is protected, maintained and managed through legal measures. protected areas include national parks, wild life sanctuaries, community reserves and biosphere reserves. World Conservation monitoring centre has recognized 37,000 protected areas world-wide. India has about 771 protected areas covering 162099 km² comprising of National Parks (104), Wild Life Sanctuaries (544), biosphere reserves (18) and several sacred groves.

National Parks (NP):

It is a natural habitat that is notified by the state government to be constituted as a National Park due to its ecological, faunal, floral, geomorphological, or zoological association of importance. No human activity is permitted inside the national park except the activities permitted by the Chief Wildlife Warden of the state under the conditions given in CHAPTER IV, of the Wildlife Protection Act (WPA) 1972 (Table 12.1).

Project Tiger: The Government of India launched the 'Project Tiger' in 1973 to protect our national animal. From 9 tiger reserves since its inception, the Project Tiger coverage has increased to 50 at present. Project Tiger is an ongoing Centrally Sponsored Scheme of the Ministry of Environment and Forests, providing central assistance to the states for tiger conservation in designated tiger reserves. Project Tiger was launched in the Jim Corbett National Park, Uttarakhand in 1973. The project ensures a viable population of Bengal tigers in their natural habitats, protecting them from extinction and preserving areas of biological importance as a natural heritage.

The National Tiger Conservation Authority (NTCA) is a statutory body of the Ministry, created under the Wildlife (Protection) Act, 1972. India holds over half the world's tiger population. According to the latest tiger census report released on 20th January 2015 by NTCA, the current tiger population is estimated at 2,212. There are 50 tiger reserves in the country.

Table 12.1 National Parks in Tamil Nadu

National Parks in Tamil Nadu	Year of establishment	District(s)
Guindy NP	1976	Chennai
Gulf of Mannar Marine NP	1980	Ramanathpuram and Tuticorin
Indira Gandhi (Annamalai) NP	1989	Coimbatore
Mudumalai NP	1990	Nilgiris
Mukurthi NP	1990	Nilgiris

There are 104 existing national parks in India covering an area of 40,501 km², which is 1.23% of the geographical area of the country (National Wildlife Database, Aug. 2018). National Park is an area which is strictly reserved for the betterment of wildlife

and biodiversity and where activities like development, forestry, poaching, hunting, grazing and cultivation are not permitted. They are large areas of scenic and national beauty maintained for scientific educational and recreational use. They are not used for commercial extraction of resources. Kaziranga National park is a protected area for the one Horned Rhinoceros in Assam.

Wild Life Sanctuaries (WLS):

Any area other than the area comprised with any reserve forest or the territorial waters can be notified by the State Government to constitute as a sanctuary if such area is of adequate ecological, faunal, floral, geomorphological, natural or zoological significance. This is for the purpose of protecting, endangered factual species. Some restricted human activities are allowed inside the Sanctuary area details of which are given in CHAPTER IV, of the Wildlife Protection Act (WPA) 1972. Ecotourism is permitted, as long as animal life is undisturbed.

There are 544 existing wildlife sanctuaries in India covering an area of 118,918 km², which is 3.62 % of the geographical area of the country (National Wildlife Database, 2017).

Sanctuaries are tracts of land where wild animals and fauna can take refuge without being hunted or poached. Other activities like collection of forest products, regulated harvesting of timber, private ownership of land are permitted. Periyar wild life sanctuary in Kerala is famous for the Indian Tiger and Asiatic Elephant (Table 12.2).

Table 12.2 Wild life sanctuaries in Tamil Nadu

Prominent WLS in Tamil Nadu	Year of establishment	Districts
Vedanthangal Lake Birds WLS	1936	Chengalpet
Mudumalai WLS	1942	Nilgiris
Point Calimere WLS	1967	Nagapattinam
Indira Gandhi (Annamalai) WLS	1976	Coimbatore
Mundanthurai WLS	1977	Tirunelveli



THE MADRAS CROCODILE BANK TRUST

The Madras Crocodile Bank Trust and Centre for Herpetology was the brain child of the legendary Romulus Whitaker and a handful of like-minded conservation visionaries, who began work on the facility in 1976. It aimed to save India's dwindling crocodilian population. The mission is to promote the conservation of reptiles and amphibians and their habitats through education, scientific research and capture breeding. The crocodile bank remains a world leader in the field of frontline conservation and the preservation of natural landscapes. The Crocodile Bank currently consists of a large reptile park near Chennai and several field projects located throughout the subcontinent reaching as far as the Nicobar Islands. About half a million people visit the bank every year, making it one of the most popular tourist attractions along the East Coast Road.

Biosphere Reserve (BR):

Biosphere Reserve (BR) is an international designation by UNESCO for representative parts of natural and cultural landscapes extending over large area of terrestrial or coastal/ marine ecosystems or a combination thereof. BRs are designated to deal with the conservation of biodiversity, economic and social development and maintenance of associated cultural values. Biosphere Reserves are thus special environments for both people and nature and are living examples of how human beings and nature can co-exist while respecting each other's needs. The Biosphere Reserve Programme is guided by UNESCO's Man and Biosphere (MAB) programme, as India is a signatory to the landscape approach supported by MAB programme. The scheme called Biosphere Reserve was implemented by the Government of India in 1986. There are 18 Biosphere Reserves in the country.

Arignar Anna Zoological Park, Vandalur

Arignar Anna Zoological Park is spread over an area of 602 hectares. of Reserve Forest at Vandalur, Chennai. It is one of the largest zoo in South East Asia in terms of area. The Zoological Park exhibits different classes of animals – it has around 2500 wild animals of nearly 180 species which includes Mammals, Birds and Reptiles. 34 years since its establishment, the Zoological Park has emerged as a successful ex-situ conservation centre and a captive breeding centre for many endangered species like Royal Bengal Tiger, Lion Tailed Macaque, Nilgiri Langur, Gray Wolf, etc.,

The Zoo has many attractive features like Butterfly Park, Childrens Park, Walk Through Aviary, Lion & Deer Safari, Forest Museum, Interpretation centre, etc., which attracts more than 21 lakh visitors every year. The Zoo has strengthened its protection by means

of installing CCTV Cameras for both visitors and animal management under the name of Zoo e-Eye. 24 x 7 Animal Live Streaming was introduced for the benefit of the visitors for the first time in the world. Vandalur Zoo Mobile Application was introduced to provide services to the visitors like facility to book tickets, Zoo navigation, Animal information in text and audio format. Digital payments at ticket counters are also available.

The Zoo school has been involved in education and outreach programmes. One such successful programme is 'Zoo Ambassador' which is been conducted for school children. In the year 2018, more than 400 students were trained and titled as Zoo Ambassadors. The Zoo also has a Rescue Centre which accommodates rescued wild animals and treats them to come out of stress.

Source: Director, Arignar Anna Zoological Park, Vandalur, Chennai

Agasthyamalai (Karnataka - Tamil Nadu - Kerala), Nilgiri (Tamil Nadu - Kerala), Gulf of Mannar (Tamil Nadu) are the BRs notified in Tamil Nadu

Sacred Groves

A sacred grove or sacred woods are any grove of trees that are of special religious importance to a particular culture. Sacred groves feature in various cultures throughout the world.

12.7.2 Ex-Situ Conservation

It is conservation of selected rare plants/ animals in places outside their natural homes. It includes offsite collections and gene banks.

Offsite Collections:

They are live collections of wild and domesticated species in Botanical gardens, Zoological parks, Wildlife safari parks, Arborata (gardens with trees and shrubs). The organisms are well maintained for captive breeding programmes. As a result, many animals which have become extinct in the world continue to be maintained in Zoological Parks. As the number increases in captive breeding, the individuals are selectively released in the wild. In this way the Indian crocodile and gangetic dolphin have been saved from extinction.

Gene Banks:

Gene banks are a type of biorepository which preserve genetic materials. Seeds of different genetic strains of commercially important plants can be stored in long periods in seed banks, gametes of threatened species can be preserved in viable and fertile condition for long periods using cryopreservation techniques.

However, it is not economically feasible to conserve all biological wealth and all the ecosystems. The number of species required to be saved from extinction far exceeds the conservation efforts.

Table 12.3 Difference between *Insitu* and *Exsitu* Conservation

<i>Insitu</i> Conservation	<i>Exsitu</i> Conservation
It is the on-site conservation or the conservation of genetic resources in natural populations of plant or animal species.	This is a conservation strategy which involves placing of threatened animals and plants in special care locations for their protection.
It is the process of protecting an endangered plant or animal species in its natural habitat, either by protecting or restoring the habitat itself, or by defending the species from predators.	It helps in recovering populations or preventing their extinction under simulated conditions that closely resemble their natural habitats.
National Parks, Biosphere Reserve, Wild Life Sanctuaries form <i>insitu</i> conservation strategies.	Zoological parks and Botanical gardens are common <i>exsitu</i> conservation programs.

12.7.3 Role of WWF and CITES

World Wild Fund for Nature (WWF) is an international non-governmental charitable trust founded in 1961, with headquarters at Gland, Vaud, Switzerland. It aims at wildness preservation and the reduction of human impact on the environment. It was formerly named the World Wildlife Fund. The living planet report is being published every two years by WWF since 1998.

The vision of WWF is to conserve nature and reduce the most pressing threats to the diversity of life on Earth by conserving the world's most ecologically important regions, protect and restore species and their habitats, strengthen local communities' ability to conserve the natural resources they depend upon and to ensure that the value of nature is reflected in decision made by individuals, communities, governments and businesses.

CITES:

The Convention on International Trade in Endangered Species (CITES) of wild fauna



and flora, also known as the Washington Convention, is a multilateral treaty to protect endangered plants and animals. It was drafted from a resolution adopted from a meeting of members of the IUCN in 1963 and opened for signature in 1973. It came into force during July 1975.

It aims to ensure that international trade in specimens of wild animals and plants should not be a threat to the survival of the species in the wild. It accords varying degrees of protection to more than 35,000 species of animals and plants.

ZOOLOGICAL SURVEY OF INDIA

The Zoological Survey of India (ZSI) was established in 1916 to promote survey, exploration and research leading to the advancement in our knowledge of various aspects of biodiversity of our country.

The objectives of ZSI are:

- Exploration, Survey, Inventorying and Monitoring of faunal diversity in various states, ecosystems and protected areas of India.
- Periodic review of the status of threatened and endemic species.
- Preparation of Red Data Book and Fauna of India.
- Biological studies on selected important species.
- Maintenance and Development of National Zoological Collections.

12.8 Restoration of Degraded Habitat

Biodiversity conservation through eco development – an Indian case study

The Forestry Research Education and Extension Project FREEP (A World Bank Initiative) in India is employing a strategy called 'eco development' which enlists local commodities in the preservation of biodiversity. The strategy involves developing alternate resources and sources of income for those who depend on the protected natural habitat (forest) for their livelihood.

FREEP is conducting pilot eco-development programmes in the Kalakad-Mundanthurai Tiger Reserve (KMTR) in Tamil Nadu. The reserve contains a unique and varied array of flora ranging from thorn and dry teak to tropical evergreen, and supports a rich variety of birds and mammals, including tigers, leopards and elephants. The last tiger refuge in Tamil Nadu, the KMTR is one of 50 sites covered under the Indian Government's Project Tiger, a programme receiving international assistance to enhance tiger habitat.

Over 100 villages are now participating in the KMTR project. Communities and individual farmers have planted fuelwood and fodder plantations. Some villagers have installed cow dung-based gas plants for home fuel needs and are using fuel-saving pressure cookers and more efficient wood-burning stoves (smokeless chulas). Loans for a wide array of alternative income-generating activities such as dairy and poultry farming, tailoring, coconut leaf weaving, and setting up tea and dry goods shops are made available. Thus, the eco-development programme at the KMTR is rapidly coming to be seen as a model for conserving biodiversity through local participation.

CONVENTION ON BIOLOGICAL DIVERSITY (CBD)

The United Nations convention on Biological Diversity, known as CBD in short, was signed by India and 172 other nations on December 29, 1993. The CBD was an attempt to establish an international program for conserving and using the world's biological resources. This historical treaty recognizes the "sovereign right of nation over their genetic resources" and considers "appropriate access to genetic resources." The treaty also takes into account the "fair and equitable sharing" of benefits arising from the use of genetic resources.

12.9 Biodiversity Act (BDA)

The Convention on Biological Diversity (CBD) is a United Nations initiative to protect Biodiversity and encourage the sustainable use of natural resources. The convention was held in 1992 at the 'Earth Summit' in Brazil. India is a signatory of the CBD. The Biological Diversity Act, 2002 is an Act of the Parliament of India for preservation of biological diversity in India, and provides mechanism for equitable sharing of benefits arising out of the use of traditional biological resources and knowledge. The Act was enacted to meet the obligations under Convention on Biological Diversity (CBD), to which India is a party.

The National Biodiversity Authority (NBA) was established by the Central Government in 2003 to implement India's Biological Diversity Act (2002). The NBA is a Statutory Body and it performs facilitative, regulatory and advisory functions for the Government of India on issues of conservation, sustainable use of biological resources and fair and equitable sharing of benefits arising out of the use of biological resources. The Headquarters of the NBA is situated in Chennai.

Fresh water, wildlife, food and climate are things which are not just 'Nice to have' they are 'Need to have'. These are things indispensable for the survival of mankind..... together, we can protect LIFE on our planet – including our own.



Summary:

Biodiversity is the variety of all life on Earth, encompassing genetic, species and ecosystem diversity. Today's biodiversity is the fruit of billions of years of evolution, shaped by natural processes and, increasingly, by the influence of humans. To date, about two million species have been identified on Earth.

Biodiversity supplies a large number of goods and services that sustain human life, including the provision of food, fuel and building materials; purification of air and water; stabilization and moderation of the earth's climate; moderation of floods, droughts, temperature extremes and wind forces; generation and renewal of soil health; maintenance of genetic resources as inputs to crop varieties and livestock breeds, medicines, and other products; and cultural, recreational and aesthetic benefits.

Over the past few hundred years, biodiversity has faced major challenges, including a growing demand for biological resources caused by population growth and increased consumption. This increased exploitation of biological resources has resulted in the loss of species at levels currently estimated to be 100 times faster than the natural rate of loss prior to significant human intervention. Though many species were lost and new ones formed, it is likely we will lose all this natural wealth in less than two centuries, if the present rate of biodiversity losses persist.

The biodiversity and its conservation is the important global issue of international concern. Recognition of this problem has made scientists and policy makers to work and develop mechanisms to document, conserve and sustainably use biodiversity.

The younger generation should be made to realize the critical state of biodiversity today and volunteer to protect and conserve it, so as to enable the future generations get to enjoy the benefits of Nature.

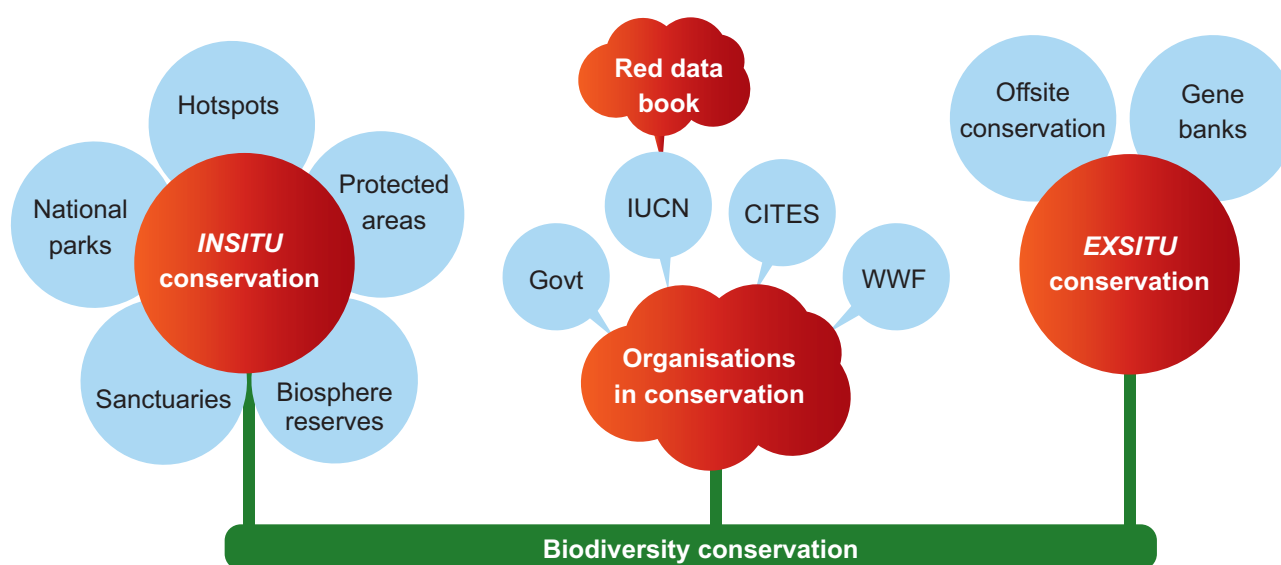
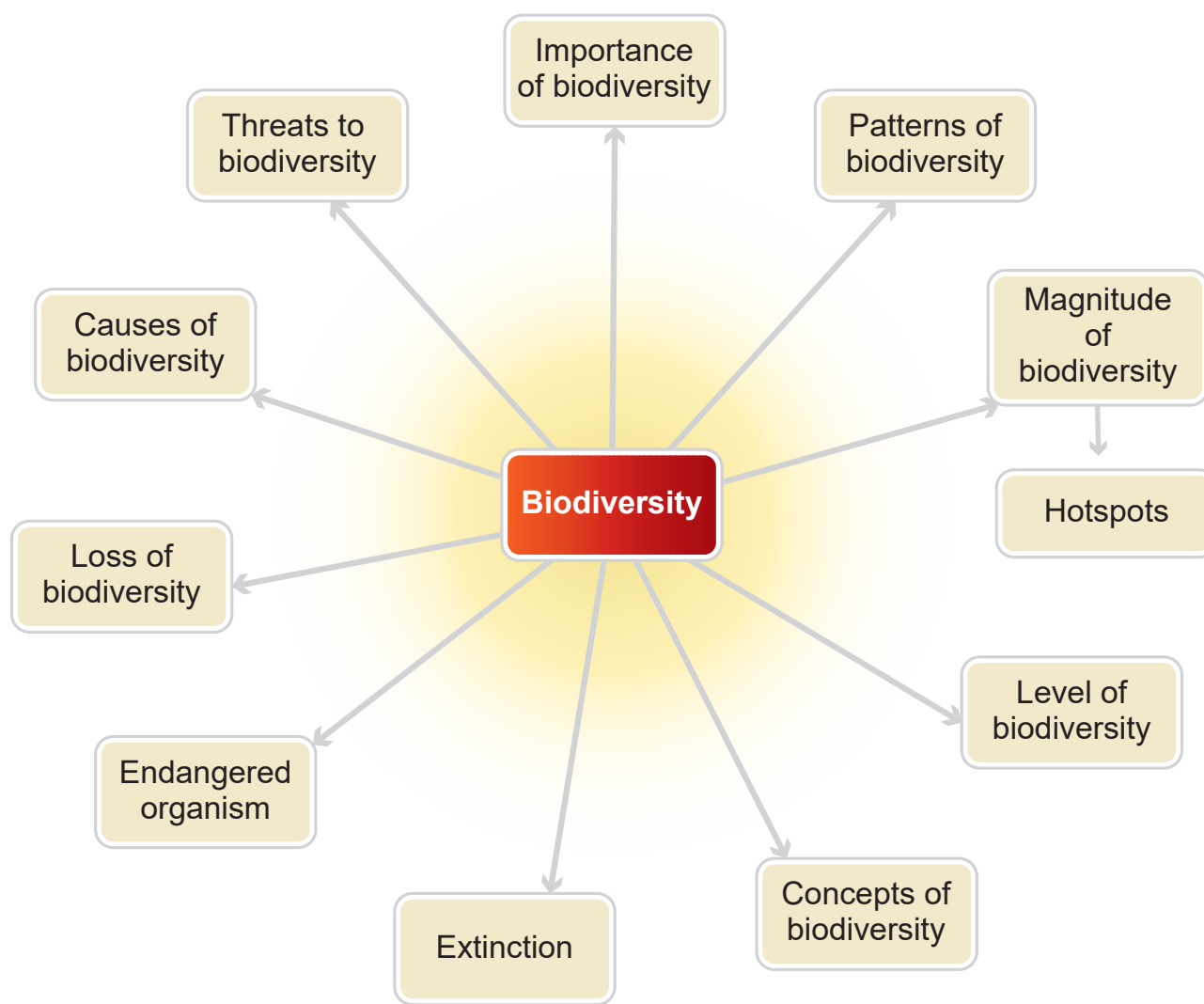


Evaluation



- Which of the following region has maximum biodiversity
a) Taiga
b) Tropical forest
c) Temperate rain forest d) Mangroves
 - Conservation of biodiversity within their natural habitat is
a) Insitu conservation
b) Exsitu conservation
c) In vivo conservation
d) In vitro conservation
 - Which one of the following is not coming under insitu conservation
a) Sanctuaries b) Natural parks
c) Zoological park d) Biosphere reserve
 - Which of the following is considered a hotspots of biodiversity in India
a) Western ghats b) Indo-gangetic plain
c) Eastern Himalayas **d) A and C**
 - The organization which published the red list of species is
a) WWF **b) IUCN** c) ZSI d) UNEP
 - Who introduced the term biodiversity?
a) Edward Wilson **b) Walter Rosen**
c) Norman Myers d) Alice Norman
 - Which of the following forests is known as the lungs of the planet earth?
a) Tundra forest
b) Rain forest of north east India
c) Taiga forest
d) Amazon rain forest
 - Which one of the following are at high risk extinction due to habitat destruction
a) Mammals b) Birds
c) Amphibians d) Echinoderms
 - Assertion:** The Environmental conditions of the tropics are favourable for speciation and diversity of organisms.
Reason: The climate seasons, temperature, humidity and photoperiod are more or less stable and congenial.
a) Both Assertion and Reason are true and Reason explains Assertion correctly.
b) Both Assertion and Reason are true but Reason is not the correct explanation of Assertion.
c) Assertion is true, but Reason is false.
d) Both Assertion and Reason are false.
- Define endemism.
 - How many hotspots are there in India? Name them.
 - What are the three levels of biodiversity?
 - Name the active chemical found in the medicinal plant *Rauwolfia vomitoria*. What type of diversity it belongs to?
 - "Amazon forest is considered to be the lungs of the planet"-Justify this statement.
 - 'Red data book'-What do you know about it?
 - Extinction of a keystone species led to loss of biodiversity – Justify.
 - Compare and Contrast the insitu and exsitu conservation.
 - What are called endangered species? Explain with examples.
 - Why do we find a decrease in biodiversity distribution, if we move from the tropics towards the poles?
 - What are the factors that drive habitat loss?
 - Where are biodiversity hotspots normally located? Why?
 - Why is biodiversity so important and worthy of protection?
 - Why do animals have greater diversification than plant diversity?
 - Alien species invasion is a threat to endemic species – substantiate this statement.
 - Mention the major threats to biodiversity caused by human activities. Explain.
 - What is mass extinction? Will you encounter one such extinction in the near future. Enumerate the steps to be taken to prevent it.
 - In north eastern states, the jhum culture is a major threat to biodiversity – substantiate.
 - List out the various causes for biodiversity losses.
 - How can we contribute to promote biodiversity conservation?
 - 'Stability of a community depends upon its species diversity' Justify the statement.
 - Write a note on i) Protected areas, ii) Wild life sanctuaries, iii) WWF.

Concept Map

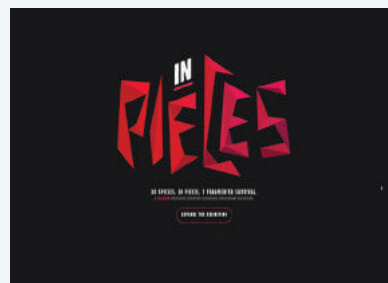




ICT CORNER

BIO DIVERSITY AND ITS CONSERVATION

Let us go out for an virtual exhibition, to know about 30 endangered animals.



Procedure :

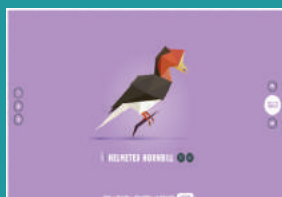
Step -1: Type the **URL** or scan the **QR** code to open the activity page. Click “**Explore the exhibition**” to start the exhibition.

Step -2: Find the species name below the figure (Ex: Helmeted Hornbill). Find a grey dot right next to the name. Click the same to know about its extinction.

Step -3: Click “<” on the left top of this page to play a video about the same species. Click “x” to run to the homepage.

Step - 4 : On the left “**top first**” option to load all the species. Middle square in a circle is for slide show of all the species.

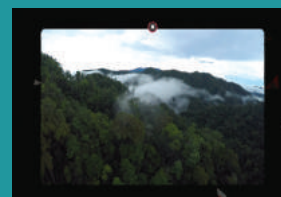
Step -5: On the right of the page, find ^ and down button to move on from one to the next.



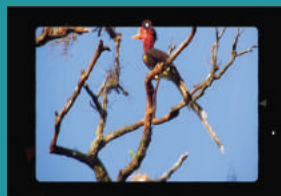
Step 1



Step 2



Step 3



Step 4

BIO DIVERSITY AND ITS CONSERVATION URL:

<http://www.species-in-pieces.com/>

*Pictures are indicative only

*Allow flash player



B267_12_ZOO_EM

13

CHAPTER

UNIT - V

Environmental Issues



Environment is my prime teacher

- Masanabu Fukuoka

Chapter Outline

- 13.1 Pollution
- 13.2 Air Pollution
- 13.3 Water Pollution
- 13.4 Noise Pollution
- 13.5 Agrochemicals
- 13.6 Biomagnification
- 13.7 Eutrophication
- 13.8 Organic Farming and its Implementation
- 13.9 Solid Waste Management
- 13.10 Global Environment Change
- 13.11 Impact on Specific Ecosystem
- 13.12 Ozone Depletion
- 13.13 Deforestation
- 13.14 Ecosan Toilets
- 13.15 Peoples Participation in Conservation of Forests



Learning Objectives

- Gain knowledge about our environment and its importance.
- Get to know about the effects and after effects of human activities on climate and ecosystem.
- Realize the need and importance of forests.
- Know about eco-friendly practices for pollution mitigation.
- Acquire insights into solutions to environmental problems.
- Understand the need for peoples' participation in environmental protection.
- Know about the global level conventions on climate change.
- Understand the importance of clean environment.



A clean environment is very necessary to live a peaceful and healthy life. But our environment is getting dirty day by day because of our negligence. Earth is currently facing a lot of environmental concerns like air pollution, water pollution, and noise pollution, global warming, acid rain, biomagnification, eutrophication, deforestation, waste disposal, ozone layer depletion and climate change. Over the last few decades, the exploitation of our planet and degradation of our environment have gone up at an alarming rate. As our actions have not been in favour of protecting this planet, we have seen natural disasters striking us more often in the form of flash floods, tsunami and cyclones.

“Every individual should be environmentally aware, regardless of whether they work with environmental issues or not.”

13.1 Pollution

Pollution is any undesirable change in the physical, chemical and biological characteristics of the environment due to natural causes and human activities. The agents which cause pollution are called pollutants. Pollution is

classified according to the types of environment that is affected. They are mainly air, water and soil pollution.

13.1.1 Classification of Pollutants

In terms of eco-system, pollutants can be classified into two basic groups – **Non-degradable and degradable**. Based on the time taken to breakdown into their ingredients, degradable pollutants are classified as rapidly degradable (non-persistent) and slowly degradable (persistent).

a) **Rapidly degradable or non-persistent pollutants:** These can be broken down by natural processes. Domestic sewage and vegetable waste are examples of such pollutants.

b) **Slowly degradable or persistent pollutants:** These are pollutants that remain in the environment for many years in an unchanged condition and take decades or longer to degrade, as in the case of DDT.

c) **Non-degradable pollutants:** These cannot be degraded by natural processes. Once they are released into the environment, they are difficult to be eliminated and

continue to accumulate (biomagnification). Toxic elements like lead, mercury, cadmium, chromium and nickel are such common pollutants.

13.2 Air Pollution

Earth is surrounded by a gaseous envelope which is called atmosphere. The gaseous blanket of the atmosphere acts as a thermal insulator and regulates the temperature of the earth by selectively absorbing The UV rays of solar radiation. The adverse effects of pollution include depletion of Ozone by Chlorofluorocarbons or CFCs, used as refrigerants and global warming by elevated CO₂ (industries, deforestation, and partial combustion).

The alterations or changes in the composition of the earth's atmosphere by natural or human activities (anthropogenic factors) are referred as **Air Pollution**. Pollutants include the abundant presence of solid, liquid or gaseous substances produced by human or natural activity. The nature and concentration of a pollutant determines the severity of detrimental effects

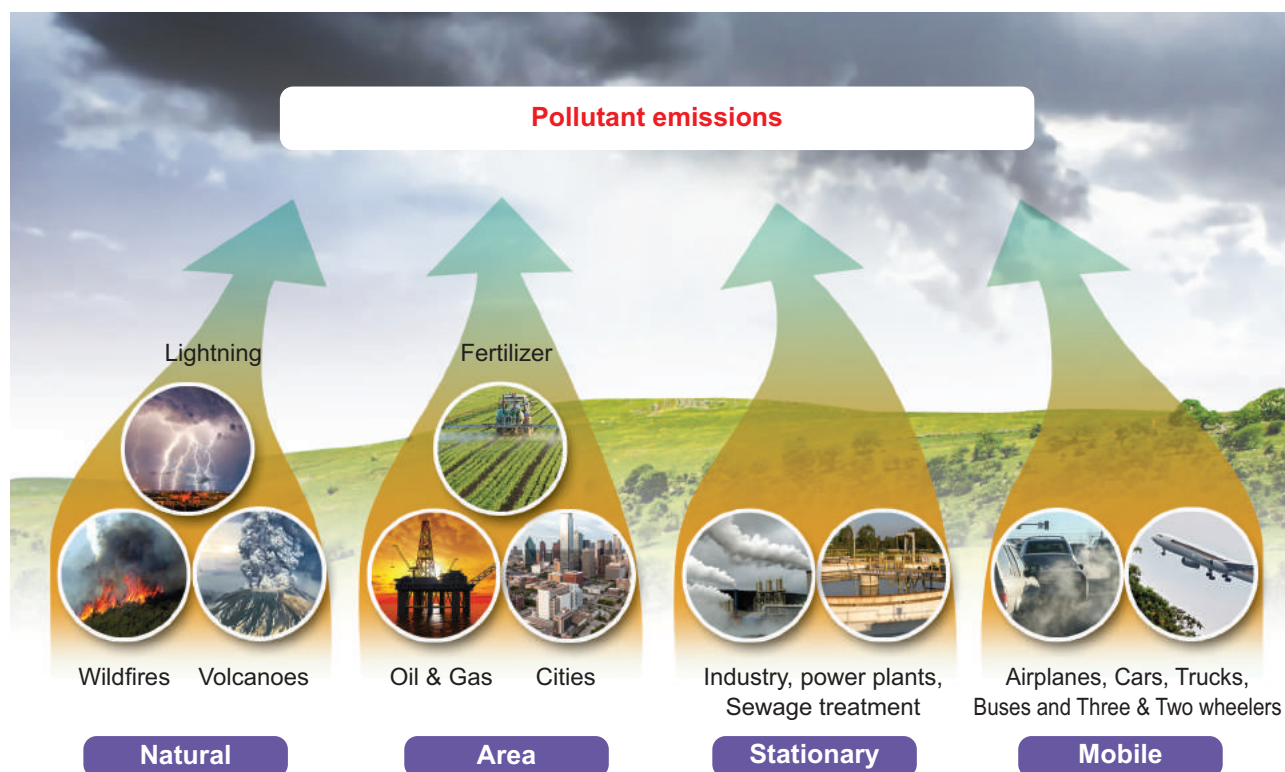


Fig. 13.1 Sources of air pollution.



on organisms and human health. Along with atmospheric factors (humidity, precipitation, wind, air currents, altitude) prevailing at a place and time, its effects can be far reaching and catastrophic.

Air pollutants can be

- discharge of dusts or particulate matter (PM: 2.5, 10)
- discharge of gases (SO_2 , NO_2 , CO , CO_2)

Carbon monoxide (CO) is produced mainly due to incomplete combustion of fossil fuels. Automobiles are major causes of CO pollution in large cities and towns. Automobile exhausts, fumes from factories, emission from power plants, forest fires and burning of fire-wood contribute to CO pollution.

With rapid urbanization, major amount of carbon dioxide and sulphur dioxide (SO_2) is released in the atmosphere. From automobiles, aeroplanes, power plants and other human activities that involving the burning of fossil fuels (coal, oil etc.) CO_2 is the main pollutant that is leading to **global warming**.

Nitrogen oxides are also major air pollutants. Fossil fuel combustion and automobiles exhausts are the source of nitrogen oxides. Sulphur dioxide and nitrogen oxides are the major causes of acid rain.

Particulate matters are tiny particles of solid matter suspended in a gas or liquid. Combustion of fossil fuels, fly ash produced in thermal power plants, forest fires, asbestos mining units, cement factories are the main sources of particulate matter pollution.

13.2.1 Sources

The main sources of air pollution are:

- **Transport sources (Fig 13.1)** – cars, buses, airplanes, trucks, trains
- **Stationary sources** – power plants, incinerators, oil refineries, industrial facilities, and factories

- **Area sources** – agricultural - wood / stubble burning, fireplaces
- **Natural sources** – wind-blown dust, wildfires, volcanoes (Fig. 13.1).

13.2.2 Effects of Air Pollution

- Affects all organisms as they depend on the atmosphere for respiration.
- Causes irritation in the throat, nose, lungs and eyes. It causes breathing problems and aggravates existing health conditions such as emphysema and asthma.
- Contaminated air reduces the body's defense mechanism and decreases the body's capacity to fight other infections in the respiratory system.
- Frequent exposure to polluted air increases the risk of cardiovascular diseases. Breathing air that is filled with fine particulate matter can induce hardening of the arteries, triggering cardiac arrhythmia or even a heart attack.
- People who exercise outdoors can sometimes be susceptible to adverse effects of air pollution because it involves deeper and faster breathing. Hence it is advisable to walk or jog in the mornings in places with ample tree cover.
- Gas leaks can be lethal or affect the quality of air in the affected area.
- CO in the atmosphere interferes with O_2 transport since haemoglobin has greater affinity for carbon monoxide. At low concentration it causes headache and blurred vision. In higher concentration, it can lead to coma and death.



Sameer, an App provides hourly updates on the National Air Quality Index (AQI) published by CPCB.



13.2.3 Other notable effects of Air Pollution

Smog is a type of air pollution caused by tiny particles in the air. The word comes from a mixture of the words smoke and fog.

Today, smog generally refers to photochemical smog, which is created when sunlight reacts with nitrogen oxides and volatile organic compounds found in fossil fuel emissions from automobiles, factories, and power plants. These reactions create ground-level ozone and particulate matter, reducing visibility. Smog can make breathing more difficult, especially for people with asthma.

Smog also affects plants and animals. It damages crops as well as causes health problems in pets, farm animals and human beings. Smog has also been known to cause corrosive damage to buildings and vehicles.

Peroxyacetyl nitrate (PAN) is a secondary pollutant present in photochemical smog. It is thermally unstable and decomposes into peroxyethanol radicals and nitrogen dioxide gas causing eye irritation.

Global warming: Increase in the concentrations of greenhouse gases such as CO₂, methane, nitrous oxide, CFCs, and ozone causes greenhouse effect, warming of the earth, resulting in sea level rise, submerging of islands and sea shores of various parts of the world.

Ozone depletion: Thinning of the stratospheric ozone layer is known as ozone depletion. Such depletion causes the 'ozone hole', resulting in poor screening of the harmful UV rays and increase in incidences of skin cancer. Some of the common agents that deplete ozone are CFCs.

Acid rain: Acid rain is a form of precipitation that contains acidic components, such as sulfuric acid or nitric acid. It damages trees, crops and harms marine animals (coral reefs) and induces corrosion.

13.2.4 Control of Air Pollution

Certain measures help to remove pollutants, reduce their presence or prevent their entry into the atmosphere.

- Trees are the best remedy for urban particulate and gaseous pollution
- Forests act as carbon sinks and lungs of the planet
- Catalytic converters in vehicles help to reduce polluting gases drastically
- Diesel exhaust filters in automobiles cut particulates
- Electrostatic precipitators reduce release of industrial pollutants.
- Cost effective air pollution treatment systems like indoor plants and high performance biofilters can improve indoor air quality.

The Taj Mahal, a UNESCO world heritage site, is facing deterioration and damage by industrial gases due to several industrial units around Agra. The white marble has decolorized to yellow.

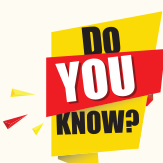
13.2.5 Legal Protection

- The **Air (Prevention and Control of Pollution) Act** was enacted in 1981 and amended in 1987 for the prevention, control and abatement of Air pollution in India.
- **Traffic Emissions Standards:** The Government has decided to enforce Bharat Stage VI norms from 2020.
- The Green Bench and the National Green Tribunal (NGT) give judicial safeguard to environmental protection.

Steps taken by the Central and the State governments in India:

- Road traffic rationing, encourage public transport, carpooling.

- Increase green cover alongside roads (planting avenue trees).
- Promoting Swachh Bharat Abhiyan
- Enactment and Enforcement of stricter environmental laws
- Maintenance of air standards by proper enforcement and monitoring



Average human consumption of Oxygen per day = 550 L

Cost of 2.75 L Oxygen cylinder = ₹ 6500

Cost of 550 L of oxygen from tree = ₹ 13,00,000

Oxygen production by one healthy tree per year = 1,00,375 L

Cost of 2.75 L oxygen cylinder = ₹ 6500

Cost of 1,00,375 L of oxygen from one tree /year = ₹ 23,72,50,000

- Reducing carbon emissions
- Encourage use of renewable energy
- Limiting the sale of firecrackers and developing eco-friendly crackers
- Make Environmental Impact Assessment mandatory

Air Quality Index (AQI) is a number used by government agencies to communicate to the public how polluted the air is at a given time.

Air Quality Index		
AQI	Air Pollution Level	Colour
0-50	Good	Green
51-100	Moderate	Yellow
101-150	Unhealthy for Sensitive Groups	Orange
151-200	Unhealthy	Red
201-300	Very Unhealthy	Dark Red
301+	Hazardous	Maroon

13.3 Water Pollution

13.3.1 Quality of Water

Water is essential for life and for the health of the environment. As a valuable natural resource, it comprises marine, estuarine, freshwater (river and lakes) and groundwater environments that stretch across coastal and inland areas. Water has two dimensions that are closely linked: **quantity** and **quality**. Water quality is commonly defined by its physical, chemical, biological and aesthetic (appearance and smell) characteristics. A healthy environment is one in which the water quality supports a rich and varied community of organisms and protects public health.

13.3.2 Water Pollution

Water pollution occurs when there is a change in the chemical, physical or biological quality of water that has harmful effect(s) on living organisms that consume it or live in it.

Water pollution adversely affects water bodies due to the large amounts of natural or man-made materials let into it. When it becomes unfit for its intended use, water is considered polluted.

13.3.3 Sources of Water Pollution

Even though water bodies or sources can be polluted by natural causes, water pollution is usually caused by human activities. There are three main types of sources: point sources, non-point sources, leaks and spills.

Point sources: Discharge of pollutants at specific locations through pipelines or sewers into the water body. Factory effluents, sewage, underground mines, oil wells, oil tankers and agriculture are common point sources (**Fig. 13.2 a**).

Non-point sources: Sources that cannot be traced to a single site of discharge like acid rain, dumping of the plastics in water bodies, agriculture chemical run off are common examples (**Fig. 13.2 b**).

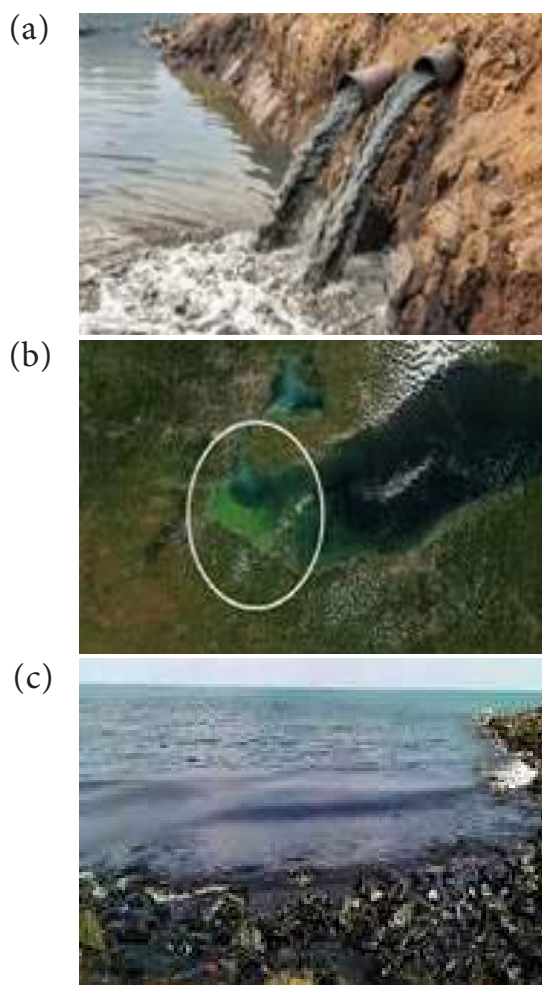
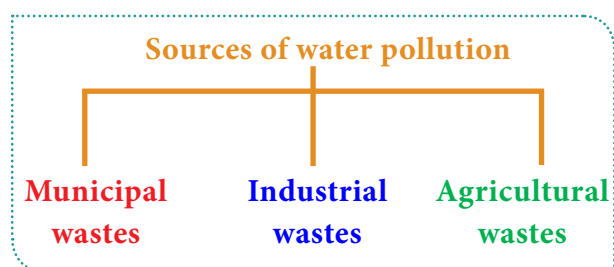


Fig 13.2 Sources of water pollution

Leaks and Spills: This occurs mostly due to ship collision, off shore oil rigs, oil leakages and discharges into sea (Fig. 13.2 c).

Sources of water pollution can also be classified in three ways. They are municipal wastes, industrial wastes, and agricultural wastes.



1. Municipal waste water is from homes and commercial establishments.
2. Industrial discharge (effluents) may contain varieties of compounds such as heavy metals (cadmium, chromium, lead), and organic / inorganic chemicals

containing waste water, sometimes in toxic concentrations. These discharges can affect temperatures of the water bodies as well as dissolved oxygen level.

3. Agricultural wastes include fertiliser and pesticide runoff from agricultural fields, food processing waste, tree and saw dust from logging operations and bacteria from sewage or livestock operations.

Water pollutants reach water bodies like rivers, streams and the marine system by precipitation, run-off and the groundwater by seepage or percolation.

13.3.4 Effect of Water pollution on Ecosystems

1. **Destruction of ecosystems:** Ecosystems, especially aquatic systems, can be severely affected or destroyed by water pollution. Water pollutants affect existing niches and habitats and the survival of organisms. Soil fertility is affected and the system becomes uninhabitable.
2. **Disruption of food-chains:** Water pollution disrupts the natural food chains as well as food webs. Pollutants such as lead and cadmium are taken up by primary consumers where they can be lethal or get stored. Later, when these animals are consumed by secondary consumers, the food chain can get disrupted at any trophic level or result in enhanced concentration of these pollutants (biomagnification). Hot water from industries when released into the water bodies affects aquatic density and diversity.

13.3.5. Effect of Water pollution on Organisms

1. Water pollution can be lethal to aquatic organisms and others that depend on these water bodies.

Accidental oil spills from tanker ships can cause substantial environmental damage. Oil

spreads on the water surface, prevents the entry of light and oxygen into the water. This increases BOD and COD, resulting in mass death of organisms and degradation of water quality. It also clogs fish gills and the feathers of aquatic birds.

On January 28, 2017, two cargo ships collided off the Ennore coast in Chennai causing oil to spill into the sea. Due to wave action and the southern current, the spill spread over to 34 km down south affecting the coast. Beach sand also got spoiled by the oil sludge. It took more than a thousand volunteers to clean the oil sludge.

2. Humans and other organisms can get affected by diseases such as hepatitis and typhoid by consuming contaminated water and food. Excess of fluoride in drinking water causes fluorosis. In many poor nations, outbreak of water borne diseases and epidemics are a result of contaminated water and poor or absence of water treatment processes.
3. Water pollution can cause eutrophication due to nutrient enrichment. This causes algal blooms which affect the quality of water bodies (**Fig. 13.3**). Red tides, if occur, can be lethal to aquatic organisms.



Fig. 13.3 Algal bloom

13.3.6 Control Measures

1. Right to clean water is a fundamental right under the Indian Constitution.
2. Water (Prevention and Control of Pollution) Act, 1974, sections 17 to 40 prohibit the pollution of a stream or well by disposal of polluting matter.
3. The Central/State Pollution Control Boards have the power to advise the central/state government on various matters concerned with the prevention and control of pollution of water.
4. The Ministry of Environment, Forest and Climate Change (MoEFCC) is the nodal agency of the Central Government for the planning, promotion, co-ordination and for overseeing the implementation of India's environmental and forestry policies and programmes.

Prevention

- Regulate or control of pollutant(s) discharge at the point of generation.
- Wastewater can be pretreated by scientific methods before discharge to municipal treatment sources.
- Setting up of Sewage Treatment Plants (STP) and Effluent Treatment Plants (ETP).
- Regulate or restrict the use of synthetic fertilisers and pesticides.
- Public awareness and peoples' involvement is essential.

Assessment by CPCB

The number of polluted stretches in India's rivers has increased to 351 from 302 (in 2006), and the number of critically polluted stretches – where water quality indicators are the poorest – has gone up to 45 from 35 (Source: The Hindu, 17 September, 2018).



Case study

Namami Gange (National Mission for Clean Ganga) Programme is an Integrated Conservation Mission approved as the 'Flagship Programme' of the Union Government in June 2014 with a budget outlay of 20,000 crores to accomplish the twin objectives of effective abatement of pollution, conservation and rejuvenation of River Ganga.

13.4 Noise Pollution

Sound that is unwanted and undesirable or can disrupts one's quality of life is called as Noise. When there is lot of 'noise' in the environment, it is termed as Noise Pollution. The intensity of noise is measured in **decibels** (dB).

13.4.1 Sources of Noise Pollution

Vehicle engines, air horns, audio video systems, trains, low flying aircrafts, factory machines, sirens, motors, drillers and crushers, compressor machines, crackers, explosives, modern supersonic transports are the common sources of noise pollution.

The threshold of pain is about 120 db. World Health Organization has proposed that noise must be recognized as a major threat to human well-being. This is applicable for all living organisms.

13.4.2 Effect of Noise Pollution

- According to the USEPA (United States Environmental Protection Agency) there are direct links between noise and health. Heart disease, high blood pressure, stress related illness, sleep disruption, hearing loss (deafness), and productivity loss are the problems related to noise pollution.
- Increased stress and tension, nervousness, irritability, anxiety, depression and panic attacks.

- Peptic ulcer, severe head ache, memory loss.
- Marine animals are affected by noise pollution from offshore activities and port activities.
- Fire crackers frighten animals. Birds are often affected by increased air traffic.

13.4.3 Control

- Planting trees in and around noise sources is an effective solution for noise pollution as plants are known to absorb noise and bring down sound levels.
- Regular servicing and tuning of automobile engines can effectively reduce noise pollution by vehicles and machinery.
- Workers should be provided with ear plugs and earmuffs at work sites that generate high noise levels.
- Lubrication of machinery and regular servicing minimizes noise levels.
- Regulations should be imposed to restrict the usage of loudspeakers in crowded areas and public places.

13.4.4 Legal Protection

Article 48-A and Article 51-A of the Constitution of India, Noise Pollution (Regulation and Control) Rules 2000, and Tamil Nadu State Environment Policy 2017 are some of the legal relief from noise pollution.

According to Noise Pollution (Regulation and Control) Rules, 2000, the permissible limit of noise in areas categorized as commercial is 65 decibels (dB) during day and 55 dB during night.

13.5 Agrochemicals

Chemicals which are used in agriculture for growth of plants and pest control are called agrochemicals or agrichemicals.

Overuse of agrochemicals have been observed to generate residues that cause nutrient imbalance, and

- May kill beneficial bacteria and soil organisms.
- Can cause eutrophication in water bodies.
- Affect aquatic animals and their productivity.
- Pesticide containing water, even in trace quantities is unfit for human consumption.
- Particles (aerosols) and residues of these chemicals cause air pollution.
- Inhalation of contaminated air can cause respiratory problems.
- Consumption can lead to poisoning, side effects and after effects.
- Chemicals can cause skin rashes and irritation of eyes.
- Many of these chemicals are reported to be carcinogenic.
- They can trigger hormonal disorders and neurotoxicity.
- Beneficial insects and animals can be affected.

1. Mosquito Repellents

DEET (n-n-diethylmetatoluamide) and allethrin used in mosquito coils may cause itching, burning, tingling sensation or numbness.

2. **Colony collapse syndrome** in Honey bees due to pesticides/herbicides can lead to destruction of hives and lower agricultural productivity. **!!Remember bees are Nature's best pollinators!!**



13.6 Biomagnification

Food chains are components of all ecosystems. Producers and consumers form trophic levels in a chain through which energy flow is carried out by the process of eating and being eaten. Usage, storage and transformation of food and biomolecules by metabolism are a normal process. Degradation or breakdown is an essential part of any food chain and hence all naturally occurring substances are degradable.

Biomagnification of DDT

When non-degradable substances enter the food chain, they do not get metabolized or broken down or expelled and instead get transferred up the trophic levels of the food chain. During this process, they show an increase in concentration which is referred to as **biomagnification**. This results in increased toxicity and may even be lethal. This phenomenon is well established for mercury and DDT. **Figure 13.4** schematically shows biomagnification of DDT in an aquatic food chain where the concentration of DDT is enhanced at successive trophic levels.

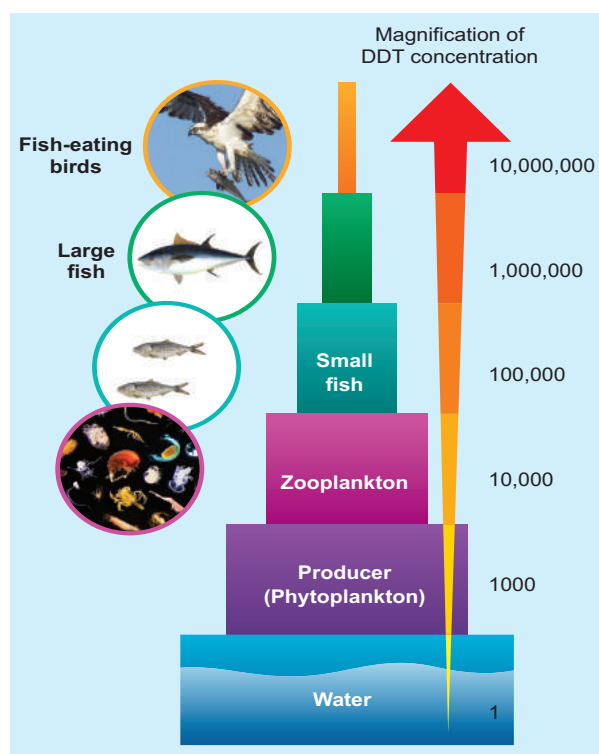


Fig. 13.4 Biomagnification

13.7 Eutrophication

When run-off from land containing nutrients reaches water bodies like lakes, it results in dense growth of plant life. This phenomenon is called **Eutrophication**. Natural aging of lakes also leads to nutrient enrichment of its water. In a lake, the water is cold and clear (**oligotrophic stage**), supporting little life. With time, streams draining into the lake introduce nutrients such as nitrates and phosphates, which encourage the growth of aquatic organisms. Aquatic plants and animal life grow rapidly, and organic remains begin to be deposited on the lake bottom (**mesotrophic stage**) (Fig. 13.5).

Pollutants from anthropogenic activities like effluents from the industries and homes can radically accelerate the aging process. This phenomenon is known as **Cultural or Accelerated Eutrophication**.

Nutrients stimulate the growth of algae, water hyacinth and can cause clogging of canals, rivers and lakes as well as, displacing native plants. It causes unsightly foam and unpleasant odours, and deprives the water of dissolved oxygen.

13.7.1 Integrated Wastewater Management

Wastewater Treatment

Wastewater or sewage originates from domestic waste waters, industrial wastes and

animal wastes. Realizing the importance of clean potable water, the Government passed the Water (Prevention and Control of Pollution) Act in 1974, which made it mandatory to treat wastewater in treatment plants. The treatment can be carried out by three ways:

1. Physical methods
2. Chemical methods
3. Biological methods

1. Physical methods of wastewater treatment

Wastewaters containing insoluble substances or colloids are treated through processes such as flotation, sedimentation, filtration and centrifugal separation.

2. Chemical methods of Wastewater treatment

Chemical methods of wastewater treatment include:

- Generation of insoluble solids.
- Produce an insoluble gas.
- Produce biologically degradable substances from a non-biodegradable substance.
- Oxidize or reduce to produce a non-objectionable substance.

3. Biological methods of Wastewater treatment

- (1) Bioremediation of wastewater includes the aerobic treatment (oxidation ponds, aeration lagoons) and anaerobic treatment (anaerobic bioreactors, anaerobic lagoons).

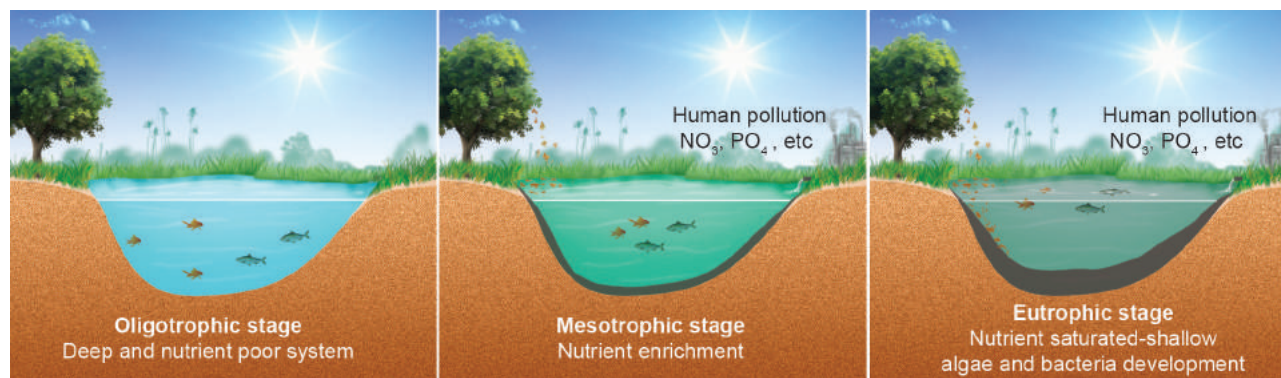


Fig. 13.5 Stages of Eutrophication

- (2) Phytoremediation of wastewater includes constructed wetlands, Root Zone Wastewater Treatment (RZWT), and Decentralized Waste Water Treatment System (DEWATS) (**Fig. 13.6 a**).



Fig .13.6 (a) DEWATS system at Auroville

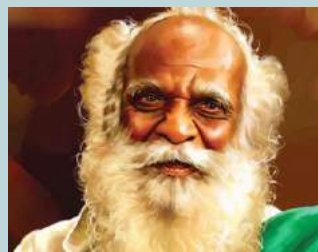


(b) RZWT system at Aravind Eye Hospital

Case Study: Auroville, located in South India near Puducherry has been experimenting with natural wastewater recycling systems (Fig:13.6a). Such treatment plants have now also been implemented in Aravind Eye Hospital, Puducherry (**Fig.13.6 b**) and the Chennai Mathematical Institute, Siruseri IT Park, Chennai.

13.8 Organic Farming and Its Implementation

It is a method of farming system which primarily aims at cultivating the land and raising crops in such a way, so as to keep the soil alive and in good health by use of organic wastes (crop, animal and farm wastes, aquatic wastes) and other biological materials along with beneficial microbes (biofertilizers) to release nutrients to crops for increased sustainable production in an eco-friendly pollution free environment.



G. Nammalvar was a supporter and expert of **organic farming**. He was an agricultural scientist, environmental activist celebrated for his work on spreading **Ecological farming & Organic farming**. He was against the use of chemical fertilisers and pesticides. He trained hundreds of farmers in natural farming. Nammalvar was the author of several **Tamil** and **English** books on natural farming, pesticides & fertilisers and was featured in magazines & television programs. He founded the Nammalvar Ecological Foundation for Farm Research and Global Food Security Trust or simply **Vaanagam** at Karur, Tamilnadu. He developed social forest at Ammankurai and the Kolunji Ecological Farm in Pudukottai. He and his friends made a 10-acre barren land into fertile cultivable land in the dry Pudukottai district. He planted 52 varieties of trees in the same waste land extending in 20 acres. His organization 'Kudumbam' preserves and regenerates hundreds of native flora and fauna, in order to ensure a sustainable livelihood.

13.9 Solid Waste Management

Every day, tonnes of solid wastes are disposed off at landfill sites. This waste comes from homes, offices, industries and various other agricultural related activities. These landfill sites produce foul smell if waste is not stored and treated properly. When hazardous wastes like pesticides, batteries containing lead, cadmium, mercury or zinc, cleaning solvents, radioactive materials, e-waste and plastics are mixed up with paper and other scraps and burnt, they produce gases such as dioxins. These gases are toxic and carcinogenic. These pollute the surrounding air, ground water and can seriously affect the health of humans,

wildlife and our environment. The following are major sources of solid waste (**Table 13.1**).



Dr. Sultan Ahmed Ismail is an Indian soil biologist and ecologist from Tamil Nadu. His work has centered on techniques for recycling biodegradable waste into fertiliser using varieties of earthworms, and on soil bioremediation.

Dr. Ismail received a D.Sc. in Zoology from the University of Madras for his research on the role of earthworms in soil ecology and waste management. He works on vermicomposting as a sustainable ecological practice. He has been instrumental in introducing as well as spreading awareness on environmental issues, solid waste management, vermicomposting, organic farming, vermitech and waste management to several educational institutions, industries and organic farmers in India and abroad.

Solid Waste management includes the activities and actions required to manage waste from its inception to its final disposal. This includes the collection, transport, treatment and disposal of waste, together with monitoring and regulation of the waste management process. It is all about how solid waste can be changed and used as a valuable resource.

Case Study: The Corporation of Chennai looks after clearance and management of solid waste in Chennai. Every day around 5400 Metric Tonnes (MT) of garbage is collected from the city. Door to door collection of garbage is done in most zones apart from sweeping, collecting, and storing the waste in the specified bins. At present garbage generated in Chennai is dumped at two sites. Proposals are there for remediation of the existing landfill or scientific closure and to have integrated waste processing facilities with waste to energy plants as one of the components at the existing Kodungaiyur and Perungudi sites.

13.9.1 Waste management practices

- a) Source segregation
- b) Composting
 1. Aerobic
 2. Anaerobic

Table 13.1 Major sources of solid waste

Waste category	Source
Residential	Food wastes, plastics, paper, glass, leather, cardboard, metals, yard wastes, ashes, tires, batteries, old mattresses
Industrial	Packaging wastes, ashes, chemicals, cans, plastics, metal parts
Commercial	Thin and thick plastics, food wastes, metals, paper, glass, wood, cardboard materials
Institutional	Wood, paper, metals, cardboard materials, electronics
Construction and Demolition	Steel materials, concrete, wood, plastics, rubber, copper wires, dirt and glass.
Agriculture	Agricultural wastes, spoiled food, pesticide containers
Biomedical	Syringes, bandages, used gloves, catheter, urine bags, drugs, paper, plastics, food wastes, sanitary napkins and diapers, chemicals.
E-Waste	Electronic items like used TVs, transistors, tape recorders, computer cabinets, mother boards, CDs, cassettes, mouse, wires, cords, switches., chargers.

- c) Vermicomposting
- d) Biogas generation
- e) Incineration

13.9.2 Radioactive waste

Radioactive wastes are generated during various operations of the nuclear power plant. Radioactive waste can be in gas, liquid or solid form, and its level of radioactivity can vary. The waste can remain radioactive for a few hours or several months or even hundreds of thousands of years. Depending on the level and nature of radioactivity, radioactive wastes can be classified as exempt waste, Low and Intermediate level waste and High Level Waste.

Radioactive waste management

Radioactive waste management involves the treatment, storage, and disposal of liquid, airborne, and solid effluents from the nuclear industry.



The Three Mile Island (Pennsylvania, United States), Chernobyl (Pripyat, Ukraine) and Fukushima Daiichi (Ōkuma, Japan) are nuclear disasters the world has seen in the recent period.

Methods of disposal of radioactive wastes are

1. Limit generation - Limiting the generation of waste is the first and most important consideration in managing radioactive wastes.
2. Dilute and disperse - For wastes having low radioactivity, dilution and dispersion are adopted.
3. Delay and decay - Delay and decay is frequently an important strategy because much of the radioactivity in nuclear reactors and accelerators is very short lived.
4. Concentrate and confine process - Concentrating and containing is the

objective of treatment activities for longer-lived radioactivity. The waste is contained in corrosion resistant containers and transported to disposal sites. Leaching of heavy metals and radionuclides from these sites is a problem of growing concern.

Control and Management

Three ways are employed to manage nuclear wastes

- **Spent Fuel Pools** - The spent fuel discharged from the reactors is temporarily stored in the reactor pool. The Spent fuel rods are used in stored cooling ponds. They protect the surroundings from radiation and absorb the heat generated during radioactive decay.
- **Vitrification method** - This prevents reaction or degradation of nuclear waste for extended periods of time and encased in dry cement caskets.
- **Geological Repositories** - A deep geological repository is a nuclear waste repository excavated deep within a stable geologic environment. It is suited to provide a high level of long-term isolation and containment without future maintenance. In India at Tarapur and Kalpakkam, a wet storage facility of Spent Fuel is the main mode of storage.

13.9.3 Medical waste

Any kind of waste that contains infectious material generated by hospitals, laboratories, medical research centers, Pharmaceutical companies and Veterinary clinics are called medical wastes.

Medical wastes contain body fluids like blood, urine, body parts and other contaminants, culture dishes, glasswares, bandages, gloves, discarded needles, scalpels, swabs and tissues.

Management: The safe and sustainable management of biomedical waste is the social

and legal responsibilities of people working in healthcare centers.

Waste disposal: Involved by incineration, chemical disinfection, autoclaving, encapsulation, microwave irradiation are methods of waste disposals. Final disposal includes landfill and burying as per norms inside premises.

13.9.4 E-Waste

Electronic waste or e-waste describes discarded electrical electronic devices as well as any refuse created by discarded electronic devices and components and substances involved in their manufacture or use. Their disposal is a growing problem because electronic equipment frequently contains hazardous substances. In a personal computer, for example, there may be lead (Pb) in the cathode ray tube (CRT) and soldering compound, mercury (Hg) in switches and housing, and cobalt (Co) in steel components, among other equally toxic substances. E-wastes are basically PCB (Polychlorinated biphenyl) based, which are non-degradable (Fig.13.7).



Fig.13.7 Types of E-wastes

Used electronics which are destined for reuse, resale, salvage, recycling, or disposal are also considered e-waste. Unauthorised processing of e-waste in developing countries

can lead to adverse human health effects and environmental pollution.

Recycling and disposal of e-waste may involve significant risk to the health of workers and communities in developed countries and great care must be taken to avoid unsafe exposure in recycling operations and leaking of materials such as heavy metals from landfills and incinerator ashes.

13.9.5 Plastic Waste – Solutions and Remedies

Plastics are low molecular weight organic polymers that are non-degradable in the natural environment. They are used in several items, including cars, bulletproof vests, toys, hospital equipment, carry bags and food containers. Packaging materials used in supermarkets, retail outlets, manufacturing industries, households, hotels, hospitals, restaurants and transport companies are major contributors to plastic waste generation. Plastic waste constitutes a major part of municipal solid waste.

- Remedies: '4R' - Refuse, Reduce, Reuse and Recycle mantra is the best available remedy for plastic waste pollution.
- Tamil Nadu State government successfully implemented the ban on single use plastics from 1st January 2019.

13.10 Global Environment Change Green House Effect and Global warming

Natural environment and climate are dynamic and keep changing over course of time. But with human population growth, industrialization and associated anthropological activities the changes are more pronounced and impactful in a much shorter time span, thus resulting in drastic Global environmental change.

Large-scale changes of global environment can lead to hazards, which may include climate change, stratospheric ozone depletion, changes

in ecosystems due to loss of biodiversity, changes in hydrological systems and the supplies of freshwater, land degradation, urbanization, and stress on food-producing systems.

Greenhouse gases (GHG) water vapour, carbon dioxide, methane, nitrous oxide, ozone and some artificial chemicals such as chlorofluorocarbons (CFCs) causes greenhouse effect. The absorbed energy warms the atmosphere and the surface of the Earth.

Major International Environmental Conventions

1972: UN conference on Human environment, Stockholm, Sweden

1972: UN environment programme (UNEP), Stockholm, Sweden

1987: Montreal Protocol, Vienna

1989: Intergovernmental panel on climate change, Geneva, Switzerland.

1992: Earth summit, Rio de Janeiro. Agenda 21, otherwise called Rio conference, Brazil

1997: Kyoto Protocol, Japan

2002: World Summit on Sustainable Development, Johannesburg, South Africa

2003: World climate change conference, Moscow, Russia

2012: UN Conference on Sustainable Development, Rio de Janeiro

2015: UN Sustainable Development Summit, New York

2016: Montreal Protocol amendment at Kigali, Rwanda

2017: The COP23 climate change summit in Bonn, Germany

2018: UN climate change conference, Katowice, Poland

- The large-scale global warming will have significant impact on people and nature. As global average temperatures rise,

precipitation patterns could be affected. Extreme wet and dry conditions can be expected (flooding and desertification). Coastal areas shall become more vulnerable to storm surges as sea level rises. Plant and animal species will migrate or disappear in response to climate change.

- Global warming can directly affect the flora and fauna. This could also result in shortage of food and even lead to food crisis; and affect the health of the people and organisms.

Climate change threatens Nilgiri Tahr: The endangered wild goat could lose approximately 60 % of its habitat, starting from the 2030s. (The Hindu, 12.08.2018)

The UNO has several measures to control or reduce pollution. Through various conventions organized by UNO, the countries assured to take steps to control or reduce emissions by factories and automobiles.

13.11. Impact on Specific Ecosystems

13.11.1 Marine Ecosystem

The marine ecosystem (**Fig. 13.8**) is the source of fish, sea weeds and other marine products. With the advent of intensive fishing by using giant nets and mechanized boats, fish catch has dropped significantly.



Fig. 13.8: Marine ecosystem

13.12 Ozone Depletion

At about 15 and 30 kilometers from the ground level, the earth's atmosphere has a thin layer of ozone, which absorbs ultraviolet sunlight. Ozone is found in the layer of the atmosphere called the Stratosphere. It acts as a protective covering that absorbs ultraviolet (UV) radiation from the sun. The ozone molecule (O_3) consists of three oxygen atoms. It is formed when atmospheric oxygen (O_2) on exposure to solar radiation breaks into two oxygen atoms; each atom then joins up with a single oxygen atom. The ozone molecule is unstable. It soon decays again to form molecular oxygen. This cycle is a continuous process in the upper reaches of the stratosphere.

World Ozone Day

September 16 has been designated by the United Nations as the International Day for the Preservation of the Ozone Layer.

The ozone layer was discovered in 1913 by the French physicists Charles Fabry and Henri Buisson.

Causes and effects of ozone layer depletion

Causes: Ozone layer depletion mainly occurs by anthropogenic actions.

The excessive release of chlorine and bromine from man-made compounds such as chlorofluorocarbons (CFCs) causes ozone layer depletion. CFCs, methyl chloroform, carbon tetrachloride, hydrochlorofluorocarbons, hydrobromofluorocarbons and methylbromide are found to have direct impact on the depletion of the ozone layer. These are categorized as ozone-depleting substances (ODS).

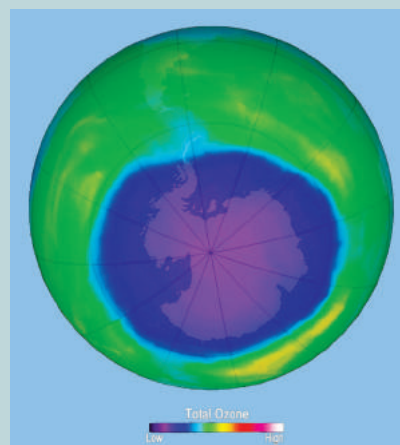
Effects: UV rays may penetrate deep into the skin and can lead to premature skin aging and wrinkling of skin; suppression of the immune system, skin cancer (melanoma) and chronic effects leading to eye damage. DNA damage

can result from free radicals and reactive oxygen and photons can damage the DNA itself.

Control: Ozone layer depletion can be controlled by

- (1) Phase down or ban the use of CFCs (CFC free refrigerants).
- (2) Minimizing the use of chemicals such as halons and halocarbons.
- (3) Creating awareness about ozone depleting agents.

Ozone hole (in purple colour), is the area above Antarctica, where the ozone layer is the thinnest.



Ozone depletion around Polar region

Ozone thickness is given in Dobson unit (see carefully the scale shown in colour from violet to red). The ozone hole over Antarctica develops each year between late August and early October.

Courtesy: NASA

13.13 Deforestation

Deforestation is the destruction of forests in order to clear the land and make it available for other uses. Forests cover about 30 percent of the world's landmass. But due to deforestation it is estimated that the earth loses 18.7 million acres of forests per year. In 2016, global tree cover loss reached a record of 29.7 million hectares.



Common methods of deforestation are burning trees and clear cutting.

13.14 People's Participation in Conservation of Forests

People's participation is vital in forest conservation, especially those living in them or close to the forest. This is referred to as Community forestry, which varies widely in legal, political and cultural settings and the term covers a wide range of experiences and practices.

The Bishnois, who are known conservators of their forest, were inspiration to many people's participatory movements for Environmental protection in India. The **Chipko movement** resisted the destruction of forests of India in the 1970s. **Sunderlal Bahuguna** was the leader of this movement. People in the movement hugged the trees, and prevented felling of trees by contractors.

The 'Forest man of India', **Jadav Payeng** who created 1,360 acres of dense and defiant forest was born in Arunasapori (a river island on the Brahmaputra). He had just completed his Class X exams in 1979 when he started to sow the seeds and shoots on the eroded island covered with sand and silt. Thirty-six years later he had converted the once unproductive land into a forest. Payeng's forest is now home to five Royal Bengal tigers, over a hundred deer, wild boar, vultures, and several species of birds. For his remarkable initiative, the Jawaharlal Nehru University invited Payeng in 2012 on Earth Day and honoured him with the title of the 'Forest Man of India'. Later, the President APJ Abdul Kalam felicitated him with a cash award in Mumbai. The same year, he received the 'Padma Shri'.

The Indian Constitution also stresses on the importance of the role of the People in protecting their environment.

Amrita Devi was a brave lady from Khejarli Village of Jodhpur District, Rajasthan. She sacrificed her life to maintain Bishnoi Dharma. In 1730, Maharaja Abhay Singh, ruler of Marwar, Rajasthan state wanted to log green Khejri (*Prosopis cineraria*) trees to burn lime for the construction of his new palace. Since there was a lot of greenery in the Bishnoi villages even in the middle of Thar Desert, the king ordered his men to get the wood from Khejri trees. When she came to know about the cutting of trees by the King's men, she and many others had hugged the Khejri trees to save from cutting. But king's men killed Amrita Devi along with more than 363 other Bishnois. It was a Tuesday, black Tuesday in Khejarli. This incident took place to save trees and is recorded in India's history.



To commemorate her bravery, the Government of Rajasthan and Madhya Pradesh have initiated the prestigious state level award named as 'Amrita Devi Bishnoi Smriti Award' for excellent contribution to the protection and conservation of wildlife.

13.15 Ecosan Toilets

About 150 liters of wastewater at an average is generated by an Indian individual daily, and a large amount of it is generated from toilets. Ecological sanitation (EcoSan) is a sustainable system for handling human excreta by using dry composting toilets. EcoSan toilets not only reduce wastewater generation but also generate the natural fertiliser from recycled human excreta, which forms an excellent substitute for chemical fertilisers. This method is based on the principle of recovery



and recycling of nutrients from excreta to create a valuable supply for agriculture. 'EcoSan' toilets are being used in several parts of India and Sri Lanka.

Summary

Degrading natural environments, depleting natural resources, pollution, vulnerability to large scale environmental changes and hazards are the core Environmental issues of today.

Air pollution by fossil fuel burning and other anthropological activities like industrialization is reaching alarming levels and affecting human health and testing the survival of sensitive species.

Domestic and industrial sewage, and agricultural run-off are the most common reasons for pollution of water bodies, resulting in reduced dissolved oxygen and increased Biochemical Oxygen demand of water bodies. Eutrophication and algal blooms are regular occurrences today. Industrial wastewaters are often rich in toxic chemicals, heavy metals and organic compounds which harm living organisms and may even result in death of aquatic life.

Noise pollution is a threat to human and other animals. It can affect health and disturb peaceful habitats. Agrochemicals and its usages cause many ill effects in human beings, other organisms and soil. Agrochemicals can also cause biomagnification. The solution is to revert to non-chemical farming (use of biofertilisers, biopesticides, protect pollinators) practices.

Generation of municipal wastes and their safe disposal are major issues faced by communities today. Solid wastes create environmental problems and must be disposed-off in safe ways. Disposal of solid wastes, radioactive wastes and e-wastes requires further efforts and research. Solid wastes like plastic can be combated by practicing the 4R - refuse, reduce, reuse and recycle. Ecosan toilets are some of the universally accepted eco-friendly practices.

Green house effect and depletion of ozone layer are aggravated by emissions of carbon dioxide, methane, nitrous oxide and CFCs and deforestation. Melting of ice caps, rising sea levels, change in rainfall patterns, increase in

average global temperature, are deleterious to living organisms. Increased risks of skin cancer, mutations and other disorders are potential threats.

Earth summits, Conventions on climate change, developing of protocols and creation of emission standards and control are some of the steps taken by governments towards protecting our environment and conserve for today and the future generations.

Evaluation

1. Right to Clean Water is a fundamental right, under the Indian Constitution
 - a) Article 12
 - b) Article 21**
 - c) Article 31
 - d) Article 41
2. With which of the following, the Agenda 21' of Rio Summit, 1992 is related to?
 - a) Sustainable development
 - b) Combating the consequences of population**
 - c) Mitigation norms of Green House Gases (GHGs) emission.
 - d) Technology transfer mechanism to developing countries for 'clean-energy' production.
3. Which among the following awards instituted by the Government of India for individuals or communities from rural areas that have shown extraordinary courage and dedication in protecting Wildlife?
 - a) Indira Gandhi Paryavaran Puraskar
 - b) Medini Puruskar Yojana
 - c) Amrita Devi Bishnoi Award**
 - d) Pitambar Pant National Award
4. The 'thickness' of Stratospheric Ozone layer is measured in/on:
 - a) Sieverts units
 - b) Dobson units**
 - c) Melson units
 - d) Beaufort Scale
5. Which among the following is the most abundant Green-House-Gas (GHG) in the earth's atmosphere?
 - a) Carbon dioxide
 - b) Water Vapour**





- c) Sulphur Dioxide d) Tropospheric Ozone
6. As per 2017 statistics, the highest per capita emitter of Carbon dioxide in the world is
a) USA **b) China**
c) Qatar d) Saudi Arabia
7. The use of microorganism metabolism to remove pollutants such as oil spills in the water bodies is known as
a) Biomagnification **b) Bioremediation**
c) Biomethanation d) Bioreduction
8. The Ozone Day is observed every year on September 16 as on this day in 1987 the _____ was signed for launching efforts to arrest the depletion of the fragile ozone layer in the stratosphere that prevents the harmful ultra-violet rays of the sun from reaching the earth. Fill the correct word in blank.
a) Montreal Protocol b) Geneva Protocol
c) Kyoto Protocol d) Nagoya Protocol
9. Which among the following always decreases in a Food chain across tropic levels?
a) Number b) Accumulated chemicals
c) Energy d) Force
10. In the E-waste generated by the Mobile Phones, which among the following metal is most abundant?
a) Copper b) Silver
c) Palladium d) Gold
11. The Hydrochlorofluorocarbons (HCFCs) are the compounds which have the following molecules:
a) Hydrogen b) Carbon
c) Chlorine d) Fluorine
12. SMOG is derived from :
a) Smoke b) Fog
c) Both A and B d) Only A
13. Excess of fluoride in drinking water causes:
a) Lung disease b) Intestinal infection
c) Fluorosis d) None of the above
14. Expand (i) CFC (ii) AQI (iii) PAN
15. What is SMOG and how it is harmful for us?
16. List all the wastes that you generate, at home, school or during your trips to other places. Could you very easily reduce the generation of these wastes? Which would be difficult or rather impossible to reduce?
17. Discuss the causes and effects of global warming. What measures need to be taken to control global warming?
18. What would Earth be like without the greenhouse effect?
19. Write notes on the following:
a. Eutrophication
b. Algal Bloom
20. What effect can fertilizer runoff have on an aquatic ecosystem?
21. How can we control eutrophication?
22. Why does ozone hole form over Antarctica?
23. Mention the causes of enhanced use of ultraviolet radiation.
24. Discuss the role of women in protection and conservation of forests.
25. Discuss the role of an individual to reduce environmental pollution.
26. How does recycling help reduce pollution?
27. What is the primary purpose of the Kyoto Protocol?
28. In what way Pongong conserves the forest?
29. Discuss briefly the following :
a. Catalytic converter
b. Greenhouse gases
c. Ecosan
30. What are some solutions to toxic dumping in our oceans?
31. Describe how deforestation might contribute to global warming.
32. How does forest conservation help to reduce air pollution?



Glossary

Abiogenesis – The emergence of life forms emerging from non-living chemical systems. In contrast with spontaneous generation, abiogenesis is not a process that biologists think continues in a particular environment, such as a planet or moon, once a living system has emerged.



Acidogenesis – Conversion of simple organic materials into acetate, H₂ and CO₂ by acidogenic bacteria.

Algal bloom – Presence of large amounts of nutrients in waste water causing excessive growth of planktonic algae.

Allergy - A hypersensitivity reaction that can involve various deleterious effects.

Anthropogenic causes– Problems created by human

Anthropology – The study of differences and similarities, both biological and cultural, in human populations. Anthropology is concerned with typical biological and cultural characteristics of human populations in all periods and in all parts of the world.

Antisense DNA– It is the non coding strand complementary to the coding strand in double stranded DNA. The antisense strand serves as a template for mRNA synthesis.

Apoptosis– Is a form of programmed cell death that occurs in multicellular organisms.

Attenuated – reduced in virulence.

Autoradiography – It is the use of X-ray or photographic film to detect radioactive materials.

Bacteriophages– Viruses which infect bacterial cells.

Biogeography - The scientific study of the geographic distribution of organisms.

Canopy – The canopy is the above ground portion of a plant community or crop, formed by the collection of individual plant crowns.

Carcinogens– Substance causing cancer

Cardiac arrhythmia– Any variation from the normal rhythm in the heartbeat.

Carrier – An individual heterozygous for a recessive gene that is not expressed

Catastrophic– Something or substance that involves or causes a sudden terrible disaster.

Changes in animals over time in response to changing environmental factors /conditions. Adaptations help develop physiological, behavioral and structural / functional traits which increase the chances of survival of the organisms.

Chemical oxygen demand - A measure of the oxygen required to oxidize soluble and particulate organic matter in water.

Cirrhosis– Scarring of the liver that impairs its functioning.

Co-dominance – In a heterozygote, the dominant and recessive allele is capable of phenotypic expression.

Coacervates – are the microscopic spontaneously formed spherical aggregates of lipid molecules that are held together by electrostatic forces and that may have been precursor of cells. They are the cluster of molecular aggregates in colloidal form which are bounded by a membrane and grows by absorbing molecules from the environment. Oparin believed that life developed from coacervates.

Cytolysis - Destruction of cells

Cursorial – A cursorial organism is one that is adapted specifically to run. Cursorial organisms are typically adapted to long-distance running at high speeds, rather than animals with high acceleration over short



distances; thus, a cheetah is considered cursorial, while a leopard is not.

Denaturing – Denaturing means separation or splitting of the double helix into single strands by breaking hydrogen bonds between the two strands.

Dendritic cells - Professional antigen presenting cells that have long membrane processes

Diapedesis - The movement of blood cells (leucocytes) out of the circulatory system and towards the site of tissue damage or infection accompanying inflammation.

Dinosaurs - a term coined by Sir Richard Owen for giant extinct reptiles. Group of animals that have bird-like and lizard-like facial appearance (Mesozoic).

Distribution – The occurrence of different organisms in a given area and the way they are distributed in their space, specific time and utilization of their resources.

DO – Dissolved Oxygen is the amount of gaseous oxygen (O₂) dissolved in the water.

Ecotourism - Travel undertaken to witness sites or regions of unique natural ecological quality the provision of services to facilitate such travel.

El Nino– Unusual warming of surface waters in the eastern tropical Pacific Ocean.

Emphysema– A serious medical condition that occurs when the lungs become larger and do not work properly, causing difficulty in breathing.

Endemism-The phenomenon in which the organisms are exclusively restricted to a given area.

Endometriosis – An abnormal condition in which endometrial tissue that normally lines the uterus grows outside .

Eohippus – ancestor of modern horse.

Euchromatin – Euchromatin is a tightly packed form of chromatin that is enriched in genes, and is often under active transcription.

Eutrophication - Excessive richness of nutrients in a lake or other water bodies frequently due to run of fertilizers from the land causing dense growth of plant life.

Fibroids – Fibroids are abnormal growths formed on the outside, inside or in the walls of the uterus.

Foetus – Developmental stage extending from the ninth week of development to birth.

Fossorial – Fossorial (from Latin fossor, meaning "digger") is an animal adapted to digging which lives primarily, but not solely, underground. Some examples are badgers, naked mole-rats, clams, and mole salamanders.

]Galaxy – a specific arrangement of stars.

Gene bank-A facility established for the ex-situ Conservation of individuals, seeds, tissues or reproductive cells .

Gene pool – the total gene content of a whole species.

Genetic drift – an alteration in the gene frequency.

Geology – the study of origin and structure of Earth.

Glaciers– A large mass of ice that moves slowly.

Group of individuals of the same species living in a given area at a given time and reproduce among themselves.

Haemophilia – A medical condition in which the ability of the blood to clot is severely reduced, causing the patient to bleed severely from even a slight injury.



Haemozoin - Toxic malarial pigment that causes malaria fever.

Hallucination - The sensation of seeing, hearing or sensing something that does not exist.

Heterochromatin - Heterochromatin is a tightly packed form of DNA or condensed DNA.

Homeostasis - It is the state of steady internal conditions maintained by living things.

Immune reaction - The production of antibodies in response to antigens

Interferon - An antiviral protein produced from virally infected fibroblasts and leucocytes induces antiviral state in uninfected cells.

Intersex - An individual showing a combination of male and female characters.

Intra-Uterine Insemination (IUI)-Processed sperm sample is infused into the uterus, by passing the vagina. Intracytoplasmic sperm injection (ICSI)-injection of a sperm directly into the ovum.

Intra uterine transfer (IUT)-Transfer of embryo with more than 8 celled blastomeres into the uterus.

In vitro fertilization (IVF)- Fertilization outside the body in the laboratory.

In vivo fertilization -fusion of gametes within the female

Inflammation - e.g., Vaginitis- inflammation in the vagina, urethritis- inflammation in the urethra, endocervicitis- inflammation inside the cervix, epididymitis - inflammation in the epididymis, prostatitis - inflammation in the prostate gland

Keystone species-A species whose loss from an ecosystem would cause a greater than

average change in other species population or ecosystem process.

Locus - The particular point on the chromosome at which the gene for a given trait occurs.

Macrophage - A large, leucocyte derived from a monocyte that functions in phagocytosis,

Malt - Mucosal Associated Lymphoid Tissue collective terms for secondary lymphoid organs located along various mucous membrane surfaces including Peyer's patches, tonsils, appendix

Mast cell - A bone marrow derived cell

Menarche - Starting of the first menstrual period.

Merozoite - A trophozoite of Plasmodium found in **RBC or** liver cells.

Methanogenesis - Conversion of acetate, H₂ and CO₂ into methane by methane producing bacteria

Molecular biology - The branch of biology which attempts to interpret biological events in terms of the physico chemical properties of molecules in a cell.

Molecular pharming - Production of active pharmaceutical substances in genetically modified organisms

Mould - an impression of a complete organism or a part of it in the rock that surrounds it.

Multiple sclerosis - is a demyelinating disease in which the insulating covers of nerve cells in the brain and spinal cord are damaged.

Mutation - sudden and inheritable changes.

Narcotic - A powerful drug that produced, relaxed, dreamy state, derived from Opium plant.



Nascent RNA – Nascent RNA is an immediately formed RNA. In this RNA no post transcriptional modification had occurred.

NBOD – Nitrogenous BOD

Nk cells - Natural Killer cells that kill infected and tumor cells.

Nondisjunction – Nondisjunction is the failure of homologous chromosomes or sister chromatids to separate properly during cell division

NPK fertilizers– Fertilizers with Nitrogen (N), Phosphorus (P) and Potassium (K).

Nucleosome – A morphologically repeating unit of DNA containing 190 base pairs of DNA folded together with eight histone molecules.

Null cell- A small population of peripheral blood lymphocytes that lack the membrane markers characteristic of B and T cells. **Natural killer** cells are included in this group.

Number of individuals in a population within a defined unit of space and time.

Ontogeny – life history of an individual.

Oocyte – The encysted zygote of Plasmodium

Operon – A cluster of genes whose expression is controlled by a single operator.

Panspermia – units of life in the forms of spores.

Permafrost – Any ground that remains completely frozen (32°F (0°C) or colder) for at least two years straight. These permanently frozen grounds are most common in regions with high mountains and in Earth's higher latitudes near the North and South Poles.

Phenotypic plasticity-the ability of one genotype to produce more than one phenotype when exposed to different environments.

Phylogeny – *recalling* of ancestral history.

Planetesimals – Planetesimals are the fundamental building blocks of the planets as well as the ancestors of asteroids and comets.

Polypeptide chain– It consists of smaller subunits or amino acids that are linked together. They are the building blocks of proteins.

Postpartum – Period of life following childbirth.

Precursor– A substance from which another is formed, especially by metabolic reaction

Primer – A short oligonucleotide that hybridizes the template strand and gives a 3' – OH end for the initiation of nucleic acid synthesis.

Probe – The probe is a single stranded DNA molecule that is 'complementary' to the gene of interest in a sample under study.

Pseudopodia – Blunt temporary protoplasmic projections found in Amoeba or in some amoeba-like cells.

Psychoactive drug-A chemical substance that acts on brain and affects the mind and behaviour of user.

Puberty – Period of reproductive maturity

Pyrolysis– Decomposition brought about by high temperatures.

Recombinant– A cell or organism whose genetic complement results from recombination

Redia – Larva in the life cycle of most trematodes.

Rheoreceptors – They are receptors in fish and some amphibians that respond to water currents.

Saltation – single step large mutation.

Satellite DNA – Short highly repeated eukaryotic DNA sequences, usually clustered in heterochromatin and generally not transcribed

Saltatorial – Saltatorial is an animal adapted to leaping. They have large, muscular hindlimbs and sometimes, reduced forelimbs. A few examples



for jumpers in the animal kingdom include fleas, froghoppers, grasshoppers, and frogs.

Schizogony - The process of multiple fission, in which one organism divides to produce many daughter cells.

Schizont - The trophozoite of Plasmodium grows in size to form the schizont.

Selection - choosing the better adapted alleles from the mixed population.

Sewage - Domestic waste water containing various solid and liquid waste materials including human excreta.

Single cell protein (SCP) - A protein derived from a culture of single celled organisms used especially as a food supplement.

SOD - Sediment Oxygen Demand is the rate at which dissolved oxygen is removed from the water column during the decomposition of organic matter in streambed or lakebed sediments.

Solubilisation - Dissolving the feed stock in water to make a slurry for anaerobic digestion.

Speciation - formation of new species from the pre-existing ones.

Structural gene - A gene coding for the structure of a protein.

Taq DNA polymerase - is a thermostable DNA polymerase obtained from thermophilic bacterium *Thermus aquaticus*. It helps in the synthesis of DNA.

Transgene - The target gene responsible for the development of transgenic organism.

Trophozoite stage - In Plasmodium life cycle, cryptomerozoites in the RBC become round and it modifies into a young trophozoite.

Umbilical cord - Structure bearing arteries and veins connecting the placenta and the foetus.

Variations - dissimilarity between the members of the same species.

Vitrification - Transformation of a substance into a glass.

Volatility - A liquid or substance is one that will quickly change into a gas.

Withdrawal symptoms - The reactions experienced by an addict after he/she stops using drugs.

Woolly mammoth - A hairy relative of modern elephant that lived in cold climates.

Zoogeography - study of details with the geographical distribution of animals.

Zygote intra fallopian transfer - (ZIFT) transfer of zygote or embryo with 8 or less than 8 celled blastomeres into the fallopian tube.



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MCQs for Higher Studies

Chapter 1 - Reproduction in Organisms

1. "Nothing lives forever, but life continues". What does it mean? [AIPMT 1995]
a) Older dies but new ones are produced by reproduction
b) Nothing can produce without death
c) Death has nothing to do with the continuation of life
d) Parthenogenesis is must for sexual reproduction
2. A few statements describing certain features of reproduction are given below. Select the options that are true for both sexual and asexual reproduction from the options given:
i. Gametic fusion takes place
ii. Transfer of genetic material takes place
iii. Reduction division takes place
iv. Progeny have some resemblance with parents
a) i and ii b) ii and iii
c) ii and iv d) i and ii
3. A few statements with regard to sexual reproduction are given below:
i. Sexual reproduction does not always require two individuals
ii. Sexual reproduction generally involves gametic fusion
iii. Meiosis never occurs during sexual reproduction
iv. External fertilization is a rule during sexual reproduction
Choose the correct statements from the options below:
a) i and iv b) i and iii
c) ii and iii **d) i and iv**
4. Given below are a few statements related to external fertilization. Choose the correct statements:
i. The male and female gametes are formed and released simultaneously
ii. Only a few gametes are released into the medium
iii. Water is the medium in a majority of organisms exhibiting external fertilization
iv. Offspring formed as a result of external fertilization have better chance of survival than those formed inside the organism
a) iii and iv **b) i and iii**
c) ii and iv d) i and iv
5. Which of the following statements, support the view that elaborate sexual reproductive process develops much later in the organic evolution?
i) Lower groups of organisms have simpler body design
ii) Asexual reproduction is common in lower groups
iii) Asexual reproduction is common in higher groups of organisms
iv) The high incidence of sexual reproduction is in angiosperms and vertebrates.
a) i, ii and iii b) i, iii and iv
c) i, ii, and iv d) ii, iii and iv

Chapter 2 - Human Reproduction

1. Select the incorrect statement. [NEET 2016, phase I]
a) LH and FSH trigger ovulation in ovary
b) LH and FSH decrease gradually during the follicular phase
c) LH triggers secretion of androgens from the Leydig cells.
d) FSH stimulates the sertoli cells which help in spermiogenesis
2. Identify the correct statement on 'inhibitin' [NEET 2016, phase I]
a) is produced by granulose cells in ovary and inhibits the secretion of FSH
b) is produced by granulose cells in ovary and inhibits the secretion of LH
c) is produced by nurse cells in testes and inhibits the secretion of LH
d) inhibits the secretion of LH, FSH and prolactin.
3. Several hormones like hCG, hPL, oestrogen and progesterone are produced by [NEET 2016, phase I]
a) ovary **b) placenta**
c) fallopian tube d) pituitary
4. Match column I with column II and select the correct option using the codes given below

[NEET 2016, phase I]

Column I	Column II
A. Mons pubis	1. Embryo formation
B. Antrum	2. Sperm
C. Trophoctoderm	3. Female external genitalia
D. Nebenkem	4. Graafian follicle

- | | | | | |
|-----------|----------|----------|----------|----------|
| | A | B | C | D |
| a) | 3 | 4 | 2 | 1 |
| b) | 3 | 4 | 1 | 2 |
| c) | 3 | 1 | 4 | 2 |
| d) | 1 | 4 | 3 | 2 |
5. Which one of the following is not the function of placenta? (NEET, 2013)
a) To facilitate supply of oxygen and nutrients to embryo
b) To secrete oestrogen
c) To facilitate the removal of carbondioxide and material from embryo
d) To secrete oxytocin during parturition
 6. The testes in human are situated outside the abdominal cavity inside a pouch called scrotum. The purpose served is for [AIPMT 2011]
a) escaping any possible compression by the visceral organs.
b) providing more space for the growth of epididymis.
c) providing a secondary sexual feature for exhibiting the male sex
d) maintaining the scrotal temperature lower than internal body temperature
 7. Hormones secreted by placenta to maintain pregnancy are [NEET, 2018]
a) hCG, hPL, progesterone, estrogen
b) hCG, hPL, estrogen, relaxin, oxytocin



- c) hCG, hPL, progesterone, prolactin
d) hCG, progesterone, estrogen, glucocorticoids
8. Match and select the correct option [NEET, 2018]

Column I	Column II
a. Proliferative phase	1. Breakdown of endometrium lining
b. Secretory phase	2. Follicular phase
c. Menstruation	3. Luteal phase

- a b c
A) 3 2 1
B) 2 3 1
C) 1 3 2
D) 3 1 2

Chapter 3 - Reproductive Health

1. Which of the following is a hormone releasing Intrauterine Device (IUD)? [AIPMT 2014]
a) Multiload 375 b) LNG-20
c) Cervical cap d) Vault
2. Assisted reproductive technology, IVF involves the transfer of [AIPMT 2014]
a) Ovum into the fallopian tube
b) **Zygote into the fallopian tube**
c) Zygote into the uterus
d) Embryo with 16 blastomeres into the fallopian tube
3. In context of amniocentesis, which of the following statements is incorrect? [NEET-I, 2016]
a) It is usually done when a woman is between 14-16 weeks pregnant
b) It is used for prenatal sex determination
c) It can be used for detection of Down syndrome
d) **It can be used for detection of Cleft palate**
4. Which of the following approach does not give the defined action of contraceptive? [NEET-I, 2016]

a) Barrier methods	Prevent fertilization
b) Intra uterine devices	Increases phagocytosis of sperms, suppresses sperm motility and fertilizing capacity of sperms
c) Hormonal contraceptives	Prevent retard entry of sperms, prevent ovulation and fertilization
d) Vasectomy	Prevents spermatogenesis

Chapter 4 - Principle of Inheritance and Variation

1. The fruit fly *Drosophila melanogaster* was found to be very suitable for experimental verification of chromosomal theory of inheritance by Morgan and his colleagues because [AIPMT MAINS 2010]
a) It reproduces parthenogenetically
b) A single mating produces two young flies
c) Smaller female is easily recognizable from large male
d) **It completes the life cycle in about two weeks**
2. Which one of the following cannot be explained on the basis of Mendel's Law of Dominance? [AIPMT PRE 2010]
a) The discrete unit controlling a particular character is called a factor

- b) Out of one pair factors one is dominant and the other recessive

- c) **Alleles do not show any blending and both the characters recover as such in F₂ generation**
d) Factors occur in pairs
3. ABO blood groups in humans are controlled by the gene I. It has three alleles – I^A, I^B and i. Since there are three different alleles, six different genotypes are possible. How many phenotypes can occur? [AIPMT PRE 2010]
a) Three b) One c) **Four** d) Two
4. Which one of the following symbols and its representation, used in human pedigree analysis is correct? [AIPMT PRE 2010]
a) $\square=\circ$ =**Mating between relatives**
b) \circ =Unaffected male
c) \square =Unaffected female
d) \diamond =Male affected
5. Which one of the following conditions correctly describes the manner of determining the sex in the given example? [AIPMT PRE 2011]
a) **XO type of sex chromosomes determine male sex in grasshopper**
b) XO condition in humans as found in Turner syndrome, determines female sex
c) Homozygous sex chromosomes (XX) produce male in *Drosophila*
d) Homozygous sex chromosomes (ZZ) determine female sex in birds
6. A normal-visioned man whose father was blind, marries a woman whose father was also colour blind. They have their first child as a daughter. What are the chances that this child would be colour blind? [AIPMT PRE 2012]
a) 100% b) **0%** c) 25% d) 50%
7. Which of the following statements is not true of two genes that show 50 per cent recombination frequency [AIPMT 2013]
a) The genes may be on different chromosomes
b) **The genes are tightly linked**
c) The genes show independent assortment
d) If the genes are present on the same chromosome
8. A pleiotropic gene: [RE-AIPMT 2015]
a) Is a gene evolved during Pliocene
b) Controls a trait only in combination with another gene
c) **Controls multiple traits in an individual**
d) Is expressed only in primitive plants
9. A gene showing codominance has: [RE-AIPMT 2015]
a) Alleles tightly linked on the same chromosome
b) Alleles that are recessive to each other
c) **Both alleles independently expressed in the heterozygote**
d) One allele dominant on the other
10. Pick out the correct statements: [NEET-I, 2016]
a) Haemophilia is a sex-linked recessive disease
b) Down's syndrome is due to aneuploidy
c) Phenylketonuria is an autosomal recessive gene disorder
d) Sickle cell anaemia is an X-linked recessive gene disorder



- c) Prove semi- conservative nature of DNA replication
d) Polymerises in the 5' to 3' direction and explain 3' to 5' DNA replication

8. During translation initiation in prokaryotes, a GTP molecules is needed in _____ [AIPMT 2003]

- a) **association of 30s, mRNA with formyl met tRNA**
 - b) association of 50s subunit of ribosome with initiation complex
 - c) formation of formyl met tRNA
 - d) binding of 30s subunit of ribosome with mRNA.
9. Reverse transcriptase is
- a) RNA dependent RNA polymerase
 - b) DNA dependent RNA polymerase
 - c) DNA dependent DNA polymerase
 - d) **RNA dependent DNA polymerase**
10. *Escherichia coli* fully labeled with N14 medium. The two strands of DNA molecules of the first generation bacteria have
- a) Different density and do not resemble parent DNA
 - b) **Different density but resemble parent DNA**
 - c) Same density and resemble parent DNA
 - d) Same density but do not resemble parents DNA

A B C

DNA ----→ mRNA -----→ protein -proposed by---

a) A- transcription, B- replication C-James Watson
b) A- transcription, B- transcription, C-Erwin
c) A- transcription, B- translation, C-Francis Crick
d) A- transcription, B- extension, C-Rosalind Franklin

5. Select the two statements out of the four (I –IV) given below about lac operon. [AIPMT 2010]

i. Glucose or galactose may bind with the repressor and inactive it.
ii. In the absence of lactose, the repressor binds with the operator region
iii. The z-gene codes for permease.
iv. This was elucidated by Francois Jacob and Jacques monod.

The correct statements are
a) i and ii b) i and iii **c) ii and iv** d) i and ii

6. Which one of the following pairs of codons is correctly matched with their function or the single for the particular amino acid? [AIPMT 2008]
a) GUU, GCU – Alanine
b) UAG, UGA – Stop codon
c) AUG, ACG - start/methionine
d) UUA, UCA – Leucine

7. The Okazaki fragments in DNA chain growth (AIPMT 2007)
a) Result in transcription
b) Polymerise in the 3' to 5' direction and forms replication fork

- The wings of a bird and of an insect are
 - homologous structure and represent convergent evolution
 - homologous structure and represent divergent evolution
 - c) analogous structure and represent convergent evolution**
 - analogous structure and represent divergent evolution
- Which one of the following statement is correct?
 - stem cells are specialized cells
 - there is no evidence of the existence of gills during embryogenesis of mammals
 - all plant and animal cells are totipotent
 - c) Ontogeny repeats phylogeny**
- In Hardy-Weinberg equation, the frequency of heterozygous individual is represented by
 - P²
 - b) 2pq**
 - pq
 - q²
- The correct order in Era is
 - Palaeozoic--- Archaeozoic --- Coenozoic
 - Archaeozoic ---Palaeozoic----- Proterozoic
 - c) Palaeozoic--- Mesozoic ----- Coenozoic**
 - Mesozoic ---- Archaeozoic--- Proterozoic
- The most apparent change during the evolutionary history of *Homo sapiens* is traced in (AIPMT 2010)
 - loss of body hair
 - walking upright
 - shortening of jaws
 - d) remarkable increase in the brain size.**
- The process by which organisms with different evolutionary history evolve similar phenotypic adaptations in response to a common environmental challenge is called (AIPMT 2013)
 - Natural selection
 - b) Convergent evolution**
 - Non-random evolution
 - Adaptive radiation

Chapter 7 & 8 - Human Health and Diseases and Immunology

1. Select the correct statement from the given below.

[AIPMT 2010]

- a) Barbiturates when given to criminals make them tell the truth
- b) Morphine is often given to persons who have under gone surgery as a pain killer**
- c) Chewing tobacco lowers blood pressure and heart rate
- d) Cocaine is given to patients after surgery as it stimulates recovery

2. Match the following [AIPMT 2008]

Column I	Column II
A) Amoebiasis	i) Treptonema pallidum
B) Diphtheria	ii) Use only sterilized food and water
C) Cholera	iii) DPT vaccine
D) Syphilis	iv) Use oral rehydration therapy

- | | | | |
|--------------|------------|-----------|----------|
| A | B | C | D |
| a) i | ii | iii | iv |
| b) ii | iv | i | iii |
| c) ii | I | iii | iv |
| d) ii | iii | iv | i |

3. If a person shows production of interferons in his body, the chances are that he has got an infection of

- a) Typhoid
- b) Measles**
- c) Tetanus
- d) Malaria

4. A person suffering from a disease caused by Plasmodium, experiences recurring chill and fever at the time when? [AIPMT MAINS 2010]

- a) The sporozoites released from RBC's are being rapidly killed and broken down inside spleen
- b) The trophozoites reach maximum growth and give out certain toxins.
- c) The parasite after its rapid multiplication inside RBC's ruptures them, releasing the stage to enter fresh RBC's**
- d) The microgametocytes and megagametocytes are being destroyed by the WBC's

5. Where will you look for the sporozoites of the material parasite? [AIPMT PRE 2011]

- a) Red blood corpuscles of humans suffering from malaria.
- b) Spleen of infected humans
- c) Salivary glands of freshly moulted female anopheles mosquito.
- d) Saliva of infected female anopheles mosquito.**

6. Which one of the following organisms is scientifically and correctly named, correctly printed according to the International Rules of Nomenclature and correctly described? [AIPMT MAINS 2012]

- a) Plasmodium falciparum – a protozoan causing the most serious type of malaria.**
- b) Felis tigris – The Indian tiger is well protected in Gir forests.
- c) E. Coli – The full name is Entamoeba coli, a commonly occurring bacterium in human intestine.

7. Which of the following endoparasites of humans does show viviparity? [AIPMT 2015]

- a) *Ancylostoma duodenale*
- b) *Enterobius vermicularis*
- c) *Trichimella spiralis***
- d) *Ascaris lumbricoides*

8. The active form of *Entamoeba histolytica* feeds upon: [AIPMT 2015]

- a) Erythrocytes, mucosa and submucosa of colon**
- b) Mucosa and submucosa colon only
- c) Food in intestine
- d) Blood only

9. Which one of the following statements is correct with respect to AIDS? [AIPMT PRE 2010]

- a) The HIV can be transmitted through eating food together with an infected person.
- b) Drug addicts are least susceptible to HIV infection.
- c) AIDS patients are being fully cured 100 percent with proper care and nutrition.
- d) The causative HIV retrovirus enters helper T-lymphocytes thus reducing their numbers.**

10. Select the correct statement with respect to diseases and immunization [AIPMT MAINS 2011]

- a) If due to some reason B and T lymphocytes are damaged, the body will not produce antibodies against a pathogen**
- b) Injection of dead/inactivated pathogens caused passive immunity
- c) Certain protozoans have been used in mass production of hepatitis B vaccine.
- d) Injection of snake antivenom against snake bite is an example of active immunization.

11. Which one of the following statements is correct with respect to immunity? [AIPMT MAINS 2012]

- a) The antibodies against small pox pathogen are produced by T – lymphocytes
- b) Antibodies are protein molecules each of which has four light chains.
- c) Rejection of a kidney graft is the function of B – lymphocytes.
- d) Preformed antibodies need to be injected to treat the bite by a viper snake.**

12. Which one of the following is not a property of cancerous cells whereas the remaining three are? [AIPMT PRE 2012]

- a) They compete with normal cells for vital nutrients
- b) They do not remain confined in the area of formation
- c) They divide in an uncontrolled manner
- d) They show contact inhibition**

13. At which stager HIV infection does one usually show symptoms of AIDS? [AIPMT 2014]

- a) Within 15 days of sexual contact with an infected person
- b) When the infected retro virus enters host cells
- c) When HIV damages large number of helper T-Lymphocytes**
- d) When the viral DNA is produced by reverse transcriptase

14. Match each disease with its correct type of vaccine [AIPMT 2015]



a) Tuberculosis	i) harmless virus
b) Whooping cough	ii) inactivated toxin
c) Diphtheria	iii) killed bacteria
d) Polio	iv) harmless bacteria

- a) b) c) d)
a) (ii) (i) (iii) (iv)
b) (iii) (ii) (iv) (i)
c) **(iv) (iii) (ii) (i)**
d) (i) (ii) (iv) (iii)
15. Which of the following is correct regarding AIDS causative agent HIV? [NEET-II, 2016]
a) **HIV is enveloped virus that contains two identical molecules of single-stranded RNA and two molecules of reverse transcriptase**
b) HIV is unenveloped retrovirus
c) HIV does not escape but attacks the acquired immune response
d) HIV is enveloped virus containing one molecule of single-stranded RNA and one molecule of reverse transcriptase

Chapter 9 - Microbes in Human Welfare

1. When domestic sewage mixes with river water [AIPMT MAINS 2010]
a) Small animals like rat will die after drinking river water
b) The increased microbial activity releases micronutrients such as iron.
c) **The increased microbial activity uses up dissolved oxygen.**
d) The river water is still suitable for drinking as impurities are only about 0.1 per cent
2. Select the correct statement from the following. [AIPMT PRE 2010]
a) Biogas is produced by the activity of aerobic bacteria on animal waste.
b) Methanobacterium is an aerobic bacterium found in rumen of cattle.
c) Biogas, commonly called gobar gas, is pure methane.
d) **Activated sludge-sediment in settlement tank of sewage treatment plant is a right source of aerobic bacteria.**
3. Read the following four statements (A to D): [AIPMT MAINS 2012]
a) Colostrums is recommended for the new born because it is rich in antigen.
b) Chikungunya is caused by a gram negative bacterium.
c) Tissue culture has proved useful in obtaining virus-free plants.
d) Beer is manufactured by distillation of fermented grape juice
How many of the above statements are wrong?
a) **Three** b) Four c) One d) Two
4. Which of the following are likely to be present in deep sea water? [AIPMT 2013]
a) Archaeobacteria b) Eubacteria
c) Blue-green algae d) Saprophytic fungi

5. During sewage treatment, biogas are produced which includes [AIPMT 2015]

a) **Methane, hydrogen sulphide, carbon dioxide**
b) Methane, oxygen, hydrogen sulphide
c) Hydrogen sulphide, methane, sulphur dioxide
d) Hydrogen sulphide, nitrogen, methane

6. What gases are produced in anaerobic sludge digesters? [AIPMT 2014]
a) Methane and CO₂ only
b) **Methane, hydrogen sulphide and CO₂**
c) Methane, hydrogen sulphide and O₂
d) Hydrogen sulphide and CO₂
e) Consumption of organic matter in the water is higher by the microbes

7. Match the following list of microbes and their importance: [RE-AIPMT 2015]

a) <i>Saccharomyces cerevisiae</i>	(i) Production of immunosuppressive agents
b) <i>Monascus purpureus</i>	(ii) Ripening of Swiss cheese
c) <i>Trichoderma polysporum</i>	(iii) Commercial production of ethanol
d) <i>Propionibacterium shermanii</i>	(iv) Production of blood-cholesterol lowering agents.

- e) (iv) (iii) (ii) (i)
f) (iv) (ii) (i) (iii)
g) (iii) (i) (iv) (ii)
h) **(iii) (iv) (i) (ii)**

8. Which of the following is wrongly matched in the given table? [NEET - I, 2016]

Microbe	Product	Application
(a) <i>Trichoderma polysporum</i>	Cyclosporin A	Immunosuppressive drug
(b) <i>Monascus purpureus</i>	Statins	Lowering of blood cholesterol
(c) <i>Streptococcus</i>	Sterptockinase	Removal of clot from blood vessel
(d) <i>Clostridium butylicum</i>	Lipase	Removal of oil stains

9. Match Column - I with Column - II and select the correct options using the codes given below: [NEET - II, 2016]

Column I	Column II
A. Citric acid	1. Trichoderma
B. Cyclosporin A	2. Clostridium
C. Statins	3. Aspergillus
D. Butyric acid	4. Monascus

- a) A:3, B:1, C:4, D:2
b) A:1, B:4, C:2, D:3
c) A:3, B:4, C:1, D:2
d) **A:3, B:1, C:2, D:4**

Chapter 10 - Biotechnology and Its Application

1. Genetic engineering has been successfully used for producing [AIPMT RE 2010]
a) **Transgenic mice for testing safety of polio vaccine before used in humans.**



- b) Transgenic models for studying new treatments for certain cardiac diseases.
c) Transgenic cow Rosie which produces high fat milk for making ghee.
d) Animals like bulls for farm work as they have super power.
2. Some of the characteristics of Bt cotton are [AIPMT RE 2010]
a) Long fibre and resistance to aphids
b) Medium yield, long fibre and resistance to beetle pests.
c) High yields and production of toxic protein crystals which kill dipteran pests.
d) High yield and resistance to bollworms
3. *Bacillus thuringiensis* forms protein crystals which contain insecticidal protein. This protein [AIPMT MAINS 2010]
a) Binds with epithelia cells of midgut of the insect pest ultimately killing it.
b) Is coded by several genes including the gene cry.
c) Is activated by acid pH of the foregut of the insect pest.
d) Does not kill the carrier bacterium which is itself resistant to this toxin.
4. Read the following four statements (A to D) about certain mistakes in two of them. [AIPMT MAINS 2011]
a) The first transgenic buffalo, Rosie produced milk which was human alpha – lactalbumin enriched.
b) Restriction enzymes are used in isolation of DNA from other macromolecules.
c) Downstream processing is one of the steps of rDNA technology
d) Disarmed pathogen vectors are also used in transfer of rDNA into the host.
Which of the two statements have mistakes?
a) B and C b) C and D
c) A and C **d) A and B**
5. The colonies of recombinant bacteria appear white in contrast to blue colonies of non-recombinant bacteria because of [AIPMT 2013]
a) Non-recombinant bacteria containing β -galactosidase.
b) Insertional inactivation of α -galactosidase in non-recombinant bacteria.
c) Insertional inactivation of α -galactosidase in recombinant bacteria.
d) Inactivation of glycosidase enzyme in recombinant bacteria
6. Which body of the Government of India regulates GM research and safety of introducing GM organism for public services? [AIPMT 2015]
a) Bio-safety committee
b) Indian council of agricultural research
c) Genetic engineering approval committee
d) Research committee on Genetic manipulation
7. In genetic engineering, a DNA segment (gene) of interest is transferred to the host cell through a vector. Consider the following four agents (A to D) in this regard and select correct option about which one or more of these can be used as vector/vectors. [AIPMT MAIN 2010]
A) A bacterium B) Plasmid
C) Plasmodium D) Bacteriophage
a) (A), (B) and (D) only b) (A) only
c) (A) and (C) only **d) (B) and (D) only**
8. Which one of the following palindromic base sequences in DNA can be easily cut at about the middle by some particular restriction enzyme? [AIPMT PRE 2010]
a) 5' – CGTTCG – 3' 3' – ATGGTA – 5'
b) 5' – GATATG – 3' 3' – CTAATA – 5'
c) **5' – GAATTC – 3' 3' – CTTAAG – 5'**
d) 5' – CACGTA – 3' 3' – CTCAGT – 5'
9. Restriction endonucleases are enzymes which [AIPMT PRE 2010]
a) Make cuts at specific positions within the DNA molecule.
b) Recognize a specific nucleotide sequence for binding of DNA ligase.
c) Restrict the action of the enzyme DNA polymerase.
d) Remove nucleotides from the ends of the DNA molecule.
10. Stirred – tank bioreactors have been designed for [AIPMT PRE 2010]
a) Addition of preservatives of the product
b) Purification of the product
c) Ensuring anaerobic conditions in the culture vessel
d) Availability of oxygen throughout the process
11. There is a restriction endonuclease called EcoRI. What does 'co' part in it stand for? [AIPMT PRE 2011]
a) Coelom b) Coenzyme
c) Coli d) Colon
12. Which one is true state regarding DNA polymerase used in PCR? [AIPMT PRE 2012]
a) It is used to ligate introduced DNA in recipient cells.
b) It serves as selectable marker
c) It is isolated from a virus.
d) It remains active at high temperature.
13. For transformation, micro-particles coated with DNA to be bombarded with gene gun are made up of [AIPMT PRE 2012]
a) Silver or Platinum b) Platinum or Zinc
c) Silicon or Platinum **d) Gold or Tungsten**
- ### Chapter 11 - Organisms and Population
1. Which one of the following is most appropriately defined? [AIPMT MAINS 2010]
a) Host is an organism which provides food to another organism.
b) Amensalism is a relationship in which one species is benefited whereas the other is unaffected.
c) Predator is an organism that catches and kills other organism for food.
d) Parasite is an organism which always lives inside the body of other organism and may kill it.
2. Study the four statements (1 to 4) given below and select the two correct ones out of them. [AIPMT PRE 2010]
a) A lion eating a deer and a sparrow feeding on grain are ecologically similar in being consumers.



- b) Predator star fish *Pisaster* helps in maintaining species diversity of some invertebrates.
c) Predators ultimately lead to the extinction of prey species.
d) Production of chemicals such as nicotine, strychnine by the plants is metabolic disorders.
The two correct statements are
a) (B) and (C) b) (C) and (D)
c) (A) and (D) d) (A) and (B)
3. Which two of the following changes (1 to 4) usually tend to occur in the plain dwellers when they move to high altitudes (3500 m or more)? [AIPMT PRE 2010]
A) Increase in red blood cell size
B) Increase in red blood cell production
C) Increased breathing rate
D) Increase in thrombocyte count
a) (B) and (C) b) (C) and (D)
c) (A) and (D) d) (A) and (B)
4. Consider the following four conditions (A-D) and select the correct pair of them as adaptation to environment in desert lizards. [AIPMT PRE 2011]
The conditions:
A) Burrowing in soil to escape high temperature.
B) Losing heat rapidly from the body during high temperature
C) Bask in sun when temperature is low
D) Insulating body due to thick fatty dermis.
a) (A) and (C) b) (B) and (D)
c) (A) and (B) d) (C) and (D)
5. People who have migrated from the planes to an area adjoining Rohtang Pass about six months back [AIPMT PRE 2012]
a) Have more RBC's and their haemoglobin has a lower binding affinity to O₂.
b) Are not physically fit to play games like football
c) Suffer from altitude sickness with symptoms like nausea, fatigue, etc.
d) Have the usual RBC count but then haemoglobin has very high binding affinity to O₂.
6. A biologist studies the population of rats in a barn. He found that the average natality was 250, average mortality is 240, immigration is 20 and emigration to be 30. The net increase in population is [AIPMT 2013]
a) 10 b) 15 c) 05 d) Zero
7. An association of individuals of different species living in the same habitat and having functional interaction is: [RE-AIPMT 2015]
a) Biotic community b) Ecosystem
c) Population d) Ecological niche
8. Gause's principle of competitive exclusion states that: [NEET – I, 2016]
a) More abundant species will exclude the less abundant species through competition
b) Competition for the same resources excludes species having different food preferences
c) No two species can occupy the same niche indefinitely for the same limiting resources
d) Larger organisms exclude smaller ones through competition

9. When does the growth rate of a population following the logistic model equal zero? The logistic model is given as $dN/dt = rN(1 - N/K)$: [NEET – I, 2016]
a) When N/K is exactly one
b) When N nears the carrying capacity of the habitat
c) When N/K equals zero
d) When death rate is greater than birth rate

Chapter 12 - biodiversity and conservation

1. Select the correct statement about biodiversity [AIPMT MAINS 2012]
a) Large scale planting of Bt cotton has no adverse effect on biodiversity.
b) Western Ghats have a very high degree of species richness and endemism
c) Conservation of biodiversity is just a fad pursued by the developed countries.
d) The desert areas of Rajasthan and Gujarat have a very high level of desert animal species as well as numerous rare animals.
2. Sacred groves are specially useful in [AIPMT MAINS 2012]
a) Preventing soil erosion
b) Year-round flow of water in rivers
c) Conserving rare and threatened species
d) Generating environmental awareness
3. The highest number of species in the world is represented by [AIPMT PRE 2012]
a) Fungi b) Mosses c) Algae d) Lichens
4. Which of the following is not used for ex situ plant conservation? [AIPMT PRE 2012]
a) Field gene banks b) Seed banks
c) Shifting cultivation d) Botanical gardens
5. In which of the following both pairs have correct combination? [AIPMT 2015]
a) In situ conservation: National Park
Ex situ conservation: Botanical Garden
b) In situ conservation: Cryopreservation
Ex situ conservation: Wildlife Sanctuary
c) In situ conservation: Seed Bank
Ex situ conservation: National park
d) In situ conservation: Tissue culture
Ex situ conservation: Sacred groves
6. Cryopreservation of gametes of threatened species in viable and fertile condition can be referred to as [AIPMT 2015]
a) In situ conservation of biodiversity
b) Advanced ex situ conservation of biodiversity
c) In situ conservation by sacred groves
d) In situ cryo-conservation of biodiversity
7. The species confined to a particular region and not found elsewhere is termed as [RE-AIPMT 2015]
a) Alien **b) Endemic** c) Rare d) Keystone
8. Which of the following National Parks is home to the famous musk deer or hangul? [NEET-II, 2016]
a) Bandhavgarh National Park, Madhya Pradesh
b) Eaglenest Wildlife Sanctuary, Arunachal Pradesh



- c) Dachigam National Park, Jammu & Kashmir
d) Keibul Lamjao National Park, Manipur

Chapter 13 - Environmental Issues

1. DB is a standard abbreviation used for the quantitative expression of [AIPMT PRE -2010]
a) The density of bacteria in a medium
b) A particular pollutant
c) The dominant bacillus in a culture
d) A certain pesticide
2. Which one of the following expanded forms of the following acronyms is correct? [AIPMT PRE-2011]

a) UNEP	United Nations Environmental Policy
b) EPA	Environmental Pollution Agency
c) IUCN	International Union for Conservation of Nature and Natural Resources
d) IPCC	International Penal for climate Change

3. In an area where DDT had been used extensively the population of birds declined significantly because [AIPMT PRE-2012]
a) Birds stopped laying eggs
b) Earthworms in the area got eradicated.
c) Cobras were feeding exclusively on birds.
d) Many of the birds eggs, laid, did not hatch.
4. Which one of the following is a wrong statement? [AIPMT PRE-2012]
a) Most of the forests have been lost in tropical areas.
b) Ozone in upper part of atmosphere is harmful to animals.
c) Greenhouse effect is natural phenomenon
d) Eutrophication is a natural phenomenon in freshwater bodies.
5. Measuring Biochemical Oxygen Demand (BOD) is a method used for [AIPMT PRE-2012]
a) Estimating the amount of organic matter in sewage water.
b) Working out the efficiency of oil driven automobile engines.
c) Measuring the activity of *saccharomyces cerevisiae* in producing curd on a commercial scales
d) Working out the efficiency of RBCs about their capacity to carry oxygen
6. Kyoto Protocol was endorsed at [AIPMT -2013]
a) CoP-3 b) CoP-5
c) CoP-6 d) CoP-4

7. A scrubber in the exhaust of a chemical industrial plant removes
a) Gases like sulphur dioxide.
b) Particulate matter of the size 5 micrometer or above.
c) Gases like ozone and methane
d) Particulate matter of the size 2.5 micrometer or less
8. Rachel Carson's famous book 'Silent Spring' is related to [AIPMT-2015]
a) Pesticide pollution
b) Noise Pollution
c) Population explosion
d) Ecosystem management
9. Which of the following is not one of the primary health risks associated with greater UV radiation through the atmosphere due to depletion of stratospheric ozone? [AIPMT-2015]
a) Increased skin cancer
b) Reduced immune system
c) Damage to eyes
d) Increased liver cancer
10. Increase in the concentration of the toxicant at successive trophic levels is known as [RE AIPMT-2015]
a) Biodeterioration
b) Biotransformation
c) Biogeochemical cycling
d) Biomagnifications
11. A river with an inflow of domestic sewage rich in organic waste may result in: [NEET-I, 2016]
a) Drying of the river very soon due to algal bloom
b) Increased population of aquatic food web organisms
c) An increased production of fish due to biodegradable nutrients
d) Death of fish due to lack of oxygen
12. A lake which is rich in organic waste may result in [NEET-II, 2016]
a) Drying of the lake due to algal bloom
b) Increased population of fish due to lots of nutrients
c) Mortality of fish due to lack of oxygen
d) Increases population of aquatic organisms due to minerals
13. The highest DDT concentration in aquatic food chain shall occur in [NEET-II, 2016]
a) Seagull b) Crab
c) Cell d) Phytoplankton



Zoology – Class XII

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