

## The Secret of Happiness

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It is commonly said that happiness is a state of mind. Real happiness does not depend upon the amount of wealth and items of luxury one has but upon one's state of mind. It is said that Alexander was unhappy even after conquering major part of the world since he felt that there was no more world to be conquered, Great generals and rulers like Julius Caesar, Napoleon, Changez Khan, Timur, Hitler and others had an insatiable desire for land and they could not be said to be quite happy even after winning so many battles and conquering country after country.

In spite of all this, it has to be admitted that man's need for money in the modern age cannot be summarily dismissed. Every man needs some luxuries to lead a comfortable life. He needs money to buy food, clothes and other necessary articles.

The most important thing is that man should earn money through honest means only. Corrupt and underhand methods to earn money only demean and dehumanize a man and peace of mind eludes such a man.

So, if a man leads a simple, honest life, and is hardworking, he can really live a happy life. Hard work is rightly said to be the key to success. One can find real happiness in work and nowhere else. One must be truthful, honest and brave. That is also essential for a happy, healthy life.