



VISIONIAS

INSPIRING INNOVATION

ABHYAAS MAINS

निबंध ESSAY

निर्धारित समय: तीन घंटे
Time Allowed: **Three Hours**

टेस्ट कोड / Test Code : 2488

अधिकतम अंक: 250
Maximum Marks: 250

सामान्य अनुदेश

इस प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका में 32+2 पृष्ठ हैं। प्रश्न-पत्र, क्यू.सी.ए. पुस्तिका के अंत में संलग्न है, जो अलग (वियोज्य) किया जा सकता है और उम्मीदवार परीक्षा के उपरांत अपने साथ ले जा सकते हैं।

रफ कार्य के लिए तीन खाली पृष्ठ (पृष्ठ संख्या. 30-32) दिए गए हैं।

पुस्तिका प्राप्त होने पर, कृपया यह जांच कर लें कि इस क्यू.सी.ए. पुस्तिका में कोई कमी न हो, फटा हुआ पृष्ठ न हो अथवा कोई पृष्ठ गायब न हो इत्यादि। यदि ऐसा हो, तो इसके बदले नई क्यू.सी.ए. पुस्तिका प्राप्त कर लें।

General Instructions

This Question-cum-Answer (QCA) Booklet contains 33+2 pages. Question Paper in detachable form is available at the end of the QCA Booklet which can be taken away by the candidate after examination.

Three blank pages (Page Nos. 30-32) have been provided for rough work.

On receipt of the Booklet, please check that this QCA Booklet does not have any shortcomings, torn or missing pages etc. If so, get it replaced with a fresh QCA Booklet.

(उम्मीदवार द्वारा भरा जाएगा/To be filled by the Candidate)

पंजीकरण सं./Registration No. : 0368701

अभ्यर्थी का नाम/Name of Student : SWATI SHARMA

माध्यम: हिंदी/अंग्रेजी
Medium: Hindi/English

ENGLISH

तारीख
Date

25 August 2023

निबंध ESSAY

केंद्र

Centre

VISION IAS, 34 PUSA
ROAD, KAROL BAGH

निरीक्षक के हस्ताक्षर
Invigilator's Signature

	महत्वपूर्ण अनुदेश उम्मीदवार को नीचे उल्लिखित निर्देश सावधानी से पढ़ लेने चाहिए। किसी भी निर्देश का उल्लंघन करने पर उम्मीदवार को मिलने वाले अंकों में कटौती, उम्मीदवारी रद्द, आयोग के परवर्ती परीक्षाओं के लिए वर्जित करने इत्यादि के रूप में दण्डित किया जा सकता है।	Important Instructions Candidate should read the undermentioned instructions carefully. Violation of any of the following instructions may entail penalty in the form of deduction of marks, cancellation of candidature, debarment from further Examination of the Commission etc.
1	(क) अपना पंजीकरण सं. एवं अन्य विवरण केवल प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) में उम्मीदवार के लिए निर्धारित स्थान पर ही लिखें। (ख) इस पुस्तिका में अन्यत्र कहीं भी अपना नाम, पंजीकरण सं., मोबाइल नं., पता अथवा प्रश्न-सह-उत्तर पुस्तिका (क्यू.सी.ए.) संख्या न लिखें जिससे आपकी पहचान का खुलासा हो।	(a) Write your Registration Number and other details only in the space provided in the Question-Cum-Answer (QCA) Booklet for candidates. (b) Do not disclose your identity in any manner such as, by writing your Name, Registration number, Mobile number, Address, Question-Cum-Answer (QCA) Booklet No. etc. elsewhere in the Booklet
2	अपनी क्यू.सी.ए. पुस्तिका में कहीं भी प्रश्नों के वास्तविक उत्तर के अतिरिक्त कुछ न लिखें जैसे कि कोई कविता/दोहा, अभद्र या अपमानजनक अभिव्यक्ति इत्यादि और न ही कोई ऐसा चिन्ह/निशान बनाएं जिसका उत्तर से सम्बन्ध न हो।	Do not write in the QCA Booklet anything other than the actual answer such as couplet, obscene, abusive expression etc., nor put any sign/mark having no relevance to the answer.
3	परीक्षक को प्रत्यक्ष/अप्रत्यक्ष रूप से कोई भी प्रार्थना/धमकी भरी बातें न लिखें।	Do not make any direct/indirect appeal/threat to the examiner.
4	उत्तर अस्पष्ट अथवा गंदी लिखावट में न लिखें। इस प्रकार के उत्तर का मूल्यांकन नहीं भी किया जा सकता है।	Do not write answers in bad/illegible handwriting. Such answers may not be evaluated.
5	उत्तर स्याही में ही लिखें। उत्तर लिखने के लिए पेंसिल का उपयोग न करें, हालांकि आरेख, चित्र इत्यादि बनाने के लिए पेंसिल का उपयोग किया जा सकता है।	Write answers in ink only. Do not use pencil for writing the answers. However, pencil may be used for drawing diagrams, sketches, etc.
6	प्रवेश पत्र में उल्लेख किए गए माध्यम के अलावा अन्य किसी माध्यम में उत्तर न लिखें। अधिकृत और अनधिकृत की मिली जुली भाषा का भी उपयोग न करें।	Do not write answers in medium other than the authorized medium in the Admission Certificate. Do not use mixed language either i.e. authorize and unauthorized media together for writing answers.
7	प्रश्नों के उत्तर ठीक उसके नीचे दिए गए निर्धारित स्थान पर ही लिखें। निर्धारित स्थान के अलावा किसी अन्य स्थान पर लिखे गए उत्तर का मूल्यांकन नहीं किया जाएगा।	Write answer at the specific space (right below the question) only. Answers written elsewhere at unspecified places in the booklet shall not be evaluated.
8	यदि आप अपने किसी उत्तर को रद्द करना चाहते हैं तो उसे पेन से काट दें तथा उस पर "रद्द" लिख दें, अन्यथा उसका मूल्यांकन किया जा सकता है।	If you wish to cancel any work, draw your pen through it and write "Cancelled" across it, otherwise it may be valued.



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टेस्ट कोड : 2488

अधिकतम अंक: 250

प्रश्न-पत्र संबंधी विशेष अनुदेश

(प्रश्नों के उत्तर देने से पूर्व निम्नलिखित प्रत्येक अनुदेश को ध्यानपूर्वक पढ़ें)

प्रवेश-पत्र में प्राधिकृत माध्यम में निबंध लिखना आवश्यक है तथा इस माध्यम का स्पष्ट उल्लेख प्रश्न-सह-उत्तर (क्यू.सी.ए.) पुस्तिका के मुखपृष्ठ पर निर्दिष्ट स्थान पर करना आवश्यक है। प्राधिकृत माध्यम के अलावा अन्य माध्यम में लिखे गए उत्तरों पर अंक नहीं दिए जाएंगे।

प्रश्नों के उत्तर निर्दिष्ट शब्द-संख्या के अनुसार होने चाहिए।

प्रश्न-सह-उत्तर पुस्तिका में खाली छोड़े गए किसी पृष्ठ व पृष्ठ के भाग को पूर्णतः काट दीजिए।

ESSAY

Time Allowed : Three Hours

Test Code : 2488

Maximum Marks : 250

QUESTION PAPER SPECIFIC INSTRUCTIONS

(Please read each of the following instructions carefully before attempting questions)

The ESSAY must be written in the medium authorized in the Admission Certificate which must be stated clearly on the cover of this Question-cum-Answer (QCA) Booklet in the space provided. No marks will be given for answers written in a medium other than the authorized one.

World limit, as specified, should be adhered to.

Any page or portion of the page left blank in the Question-cum-Answer Booklet must be clearly struck off.

EVALUATION INDICATORS

1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence

Overall Macro Comments / feedback / suggestions on Answer Booklet:

1.

2.

3.

4.

5.

6.

All the Best

खंड A और B प्रत्येक से एक-एक विषय चुनकर दो निबंध लिखिए, जो प्रत्येक लगभग 1000-1200 शब्दों में हों :

Write **two** essays, choosing **one** topic from each of the Sections A and B, in about 1000-1200 words each : 125 x 2 = 250

खण्ड – A / SECTION – A

1. टूटे हुए बच्चे की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।

It is easier to build strong children than to repair broken men.

2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।

A mind all logic is like a knife all blade, it makes the hand bleed that uses it.

3. जब कैटरपिलर को लगता है कि दुनिया खत्म हो गई, वह तितली बन जाता है।

Just when the caterpillar thought the world was over, it became a butterfly.

4. इतिहास, मनुष्य की स्मृतियों पर समय द्वारा लिखी गई एक चक्रीय कविता है।

History is a cyclic poem written by time upon the memories of man.

खण्ड – B / SECTION – B

5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।

The wise man does at once what the fool does finally.

6. दुनिया उन लोगों के लिए एक त्रासदी है जो महसूस करते हैं, लेकिन उन लोगों के लिए एक कॉमेडी है जो विचार करते हैं।

The world is a tragedy to those who feel, but a comedy to those who think.

7. पूर्ण स्पष्टता से बुद्धि को तो लाभ होगा लेकिन इच्छाशक्ति को क्षति पहुंचेगी।

Perfect clarity would profit the intellect but damage the will.

8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।

Keep your face to the sunshine and you cannot see a shadow.

खण्ड - A / SECTION - A

उम्मीदवारों को
इस हिसाब में
नहीं लिखना
चाहिए
Candidates
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1. टूटे हुए बयस्क की मरम्मत करने की तुलना में मजबूत बच्चों का निर्माण करना आसान है।
It is easier to build strong children than to repair broken men.
2. कोरा तर्कपूर्ण मन उस चाकू के समान है जिसमें केवल फलक ही फलक है, वह प्रयोग करने वाले हाथों को ही लहलुहान कर देता है।
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JUST WHEN THE CATERPILLAR THOUGHT
THE WORLD WAS OVER, IT BECAME
A BUTTERFLY

The philosophy of life is that it is uncertain in nature. There have been thousands of intellectual debates and dialectics over what life can offer and how the uncertainty in life can be reduced. But the question is do we need to gauge the uncertainty

of life. Life provides us with many experiences. Such experiences are a source of becoming a new self, especially when the experiences are sour in nature.

Mixed with abject poverty, suboptimal living conditions and she breadwinner of family, Surita was a classical example of what a girl in rural areas is usually imagined. Due to the high economic burden, she decides to move to urban city of Mumbai to add extra brownies towards income. She engages herself with a high profile MNC, where her educational qualifications are appreciated despite acknowledging the background.

She is very honest towards her work and dedicatedly prepares content for her work. She begins to earn a handsome amount to support her family and achieve her goals.

Just when all what

that happened ~~what~~ was not gloomy, she receives a call from her parents to get married to a partner of their choice from her village. Sunita now thinks that her life might end, as the boy from her village might not be able to comprehend the achievements of Sunita.

However, just when Sunita knelt down to life, it became to her notice that the boy also works in the same city and both can now work together towards fulfilment of their goals.

The story of Sunita shows that the uncertainty of life is such that when we think that all the doors are closed, we might account a new door, passing through which we can become a new self, a butterfly.

In the essay, we ~~should try~~ explore the situations and circumstances when we believe that we have lost

everything. Sometimes it is the life's planning that leads to our evolution and at times, we ourselves lead towards it - towards becoming a new self.

The historical experience of world has shown that when mixed with conflict and failure, the situations have turned towards a better future.

The world wars are significant examples to think when the whole human race believed that it is the end of world. It is just when the fear and dilemmas were over, when creation of United Nations as a 'body for peace and justice' was established. Since its establishing charter empowers it to work at areas where the human life is in danger, it has been turning the caterpillar to butterfly through its peacekeeping forces around the world. Hence, all conflicts that

have capability to end life are given a new face of better future.

उम्मीदवारों को
इस कक्ष में
नहीं लिखना
चाहिए
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While the world presents thousands of examples, India is no exception. India is a democratic state. J S Mill believed that democracy is a gift. When introduced in India, democracy was not seen as a success in India. The emergency era presented new challenges to democracy. It was believed all over the world that India cannot sustain the threat of democracy's failure. It is just when the spirit of an argumentative Indian showed how democracy survived the dangerous decades and came out much stronger.

Similarly, Indian economy has also faced many challenges such as Global Financial Crisis, low growth of agriculture sector when

It was believed that all is lost.
But the economic growth that India
reaps towards shows that all is
not lost.

The question to our minds
arises why do we start to believe
that world has come to an end? What
makes it so difficult to understand
and acknowledge the inner strength?

This is to answer about the
uncertainty of life and lack of
awareness about inner self that makes
us to think that the world has
come to an end.

It is a general belief
that failures are a source of backwardness
in life. But when these failures are
acknowledged, they can lead towards
a better future - towards creating
a butterfly that is much stronger
than a caterpillar.

An indomitable
example was set by Helen Keller.

She has been a woman of great courage. The courage of being blind and acknowledging the disadvantages, she ~~do~~ once thought that world was over for her. But she turned into a beautiful butterfly after she turned her weakness into strength.

Another classical example can be witnessed in sphere of science. The scientific innovations are always product of uncertainty. The dark clouds loom over the experiments, leading to belief of failure. The experiments can come as beautiful source of strengths to convert the failures to success. As quoted by Edison, nobody fails a 999 times, but finds 999 different ways to solve the crisis.

The world witnessed the most disastrous consequences of pandemic - that ~~shook~~^{shook} the world.

A small virus was capable of ending thousands of human lives. It was estimated that the virus can infect and end the whole world. At this critical juncture, the intellectual innovations, came as a rescue and innovated vaccine to save the world from infections of virus. Hence, after every dark cloud that made us believe that everything is going in vain, it has also led to creation of a strong and beautiful creature. As after every dark night, there is always a bright sun.

this makes us

to ponder upon the idea when the circumstances that we thought are leading to end, become something that comes out much stronger. ~~this~~

There is a

need to analyse the situations that come in our life to create them and channelise them towards better future.

The journey of caterpillar to butterfly is rived with challenges. It requires a strong will, commitment towards situation, and a determination to change the course of action.

Life gives us enough opportunities where ^{we} can think of creating a better self - a new self. We should never be let down ourselves with fear of failure. There should be a continuous effort towards becoming a butterfly. The uncertainty of life shows us that each human has a capacity to convert themselves from failures to opportunities.

However, these opportunities should be guided by inner strength and will to ~~be~~ become a better self. There is a need to burn the bridge that leads us towards end and think of ways towards becoming a strong butterfly.

On an individual level, there is a need to take lessons from leaders who successfully led the journey of caterpillar and became a butterfly.

Gandhi showed us the path to believe in one's capability and not bow down to fear of failure, using means of truth and non-violence.

Even after harsh and exploitative practices of British, Gandhi did not let the masses believe invincibility of British. He encouraged them to fight for themselves by explaining the strength of thousands of Indians against handful of Britishers. Gandhi was a the spirit that when masses believed to become forever slaves to colonial regime, he showed them to become butterfly.

Hence, there is a need of 'atmanirvekshan' and doing SWOT analysis to understand that failure and uncertainties of life are

not the end. It is a famous saying, that when one door is closed, thousand others are opened. The closure of one door should not mean end of all opportunities in life. This acknowledgment is the first step towards becoming a butterfly.

The acceptance of fact that our success is not defined by our failure helps to complete the beautiful journey of caterpillar to butterfly.

Let us take pledge to not be mired by fear of failure and show strength by acknowledging it, to create a better future for us and all. A future where there is no fear, self reliance on oneself and high optimism that life's uncertainty is high but the future is more beautiful.

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नहीं लिखना
चाहिए
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खण्ड - B / SECTION - B

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5. बुद्धिमान व्यक्ति तुरंत वही करता है जो मूर्ख अंततः करता है।
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8. अपना चेहरा रोशनी की ओर रखिए और आपको कोई छाया दिखाई नहीं देगी।
Keep your face to the sunshine and you cannot see a shadow.

KEEP YOUR FACE TO SUNSHINE, AND
YOU CANNOT SEE A SHADOW

The progress of human life begins from womb and continues till tomb. When a child is born, he/she is taught to look at positivity of things in order to excel in life.

A 3 year old girl named Shakti was a prolific dancer. She was appreciated for her skills and gesture. From very early

age, she started to hone her skills to excel in her dream. But life gave her darkness when she met with a horrific accident and lost her ability to dance. With the grace with which she used to.

In abject negativity of the situation, she decided to abandon her goal. Her father then showed her the path by inspiring and encouraging her to gather strength to walk and even dance. Later, she began to come out as one of the finest dancers in India.

The lesson that her father gave was to look towards the sunshine so that you cannot see a shadow. In the essay, we shall explore how looking towards sunshine can help us to explore and progress in life.

Plato, father of philosophy, is

acknowledged for his masterpiece
Republic in which he uses his
allegory of cave to show why sunshine
leads us towards the right way
and shadow is just a myth. He
shows that by looking at shadow
of things we may get a picture of
situations we are battling with
but the reality lies in looking
towards sunshine. The rays of
sun brings a person out of the
darkness and half truth of life and
shows the guiding light.

The question
arises why sunshine is seen as a
way to guide thyself? It is because
it gives a clarity of thought to
understand and absolve things. The
rays of sun are a symbolism of
truth, knowledge and reality. While

Sunshine is reality, the shadow of our being shows only a virtual perception of self. The shadow leads us to half truth, darkness and negativity in life. Hence, it becomes important that we take sunshine as a guiding light than shadow.

The face of reality and knowledge leads to stay optimistic in one's life. Gandhi showed us a path to love every creature present on earth. He gave his theory of swaraj to achieve progress for all humans. In order to achieve this, he showed the path of satyagraha.

Gandhi while dealing with British colonialism asked to love the enemy, as a satyagrahi would do. Gandhi looked at the crisis of colonialism in optimism than to just blame them, he wanted them to see the situation of Indians on reality than just shadow.

Further, sunshine in one's life can bring strength to stand against adversity at times of crisis. It is the knowledge that engulfs an individual with true self. India, at the time of independence, faced numerous challenges of poverty, hunger and inequality. What path did India take? It decided to gather strength to look forward with mitigation and removal of the ills than just acknowledging low resources available to India. Hence, optimism towards problems helps us to progress towards solution.

It is generally said that one would look the glass as half empty, the other might look it as half full. The understanding of self and guide of knowledge

fills an individual with strength and truth. so that one need not see the darkness.

The study of ethics in developing human personality has also been of great help. While delivering public duty, a civil servant is challenged by shadow of corruption, political favours, bribes. But even one looks towards ethical guidance, one ~~cannot~~ can neglect the shadow and look towards servotam of public services.

The understanding that looking towards sunshine ~~and~~ can help not witness shadow can be questioned. As each individual is a source of night and wrong. Any progress in human life is also conditioned by success and failures.

At times, keeping our face only towards sun, can give us half

6
उम्मीदवारों को इस हाथिए में नहीं लिखना चाहिए
Candidates must not write on this margin

picture of understanding of self.

A man's deep understanding is sensed when one is at the lowest.

At being the lowest, we turn out and look towards our shadow to understand better.

Even after walking all day long under the sun, we get relief under the shade of tree that makes us to acknowledge the presence of shadow on each creature. Had there been only sun, the value of sun would have been decreased.

Thereby, knowledge is appreciated when we pass the phase of darkness. After each low, we rise up to look towards sun, to understand that it can guide us to the right path.

Keeping one's face only towards sunshine can

also lead to undermine the darkness that is present around us. As each individual is an continent than being only an island, knowledge should be directed at bringing sunlight in life of all.

Sudha Murthy shows us how she passed her shadow using her strength and strong will to enter into world of light. She withstood even the hardest phase when she gave up her last earning to her husband to set up Infosys. Infosys today stands to bring light to life of millions, to remove poverty, hunger and deprivation.

Hence, sunlight and darkness both stand as part of human progress. While sunshine is accepted to bring positivity in life, shadow helps us to realise the importance of optimism in life.

Aristotle held that excellence is not a matter of day but a habit that is inculcated over lifetime. In order to progress towards excellence, we need to keep looking towards our guiding light - knowledge or reality.

How can we keep our face to sunshine? Right from cradle, baby steps needs to be taken to introspect and understand what is right and wrong. To see the glass as half full, we need to learn from our leaders of the world.

However, there should always a mention of presence of shadow in one's life. The bright day is appreciated after a stormy cloud.

In the ~~pre~~ contemporary times, the world has been witnessing myriad challenges of climate change, poverty,

inequality. The solution to these problems lie in engaging public with right guidance and intellect to overcome the challenge. While doing this, one should not forget that shadow of problems do not fall far. There can be challenges of finance, awareness, understanding of problem that can help us realise importance of both.

Like a child is motivated to look towards life with positive values and optimism. There is a need to bring understanding on choosing when to look at shadow for engaging in conversations with self.

We may fall, but we must never stop. There must be constant introspection of life using self realisation of one's potentialities.

10

The sunshine can guide us to neglect the negativities of life. But one should also be taught that negativities are important to acknowledge the positivities of life.

One should raise our voice while looking towards sunshine not to shout but to be voice for those unheard. The progress of human life carries throughout cradle to grave. A better life can be enjoyed when we put equal emphasis on sunshine and shadow that passes through our life.

Let us stand together and hold our heads high to create a place where there is no fear. A place where each can achieve progress, each is humane, compassionate,

each has the capability to develop
oneself and feel the creative freedom.

उम्मीदवारों को
इस कक्ष में
नहीं लिखना
चाहिए
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must not
write on
this margin

- God opens new doors

When one door is closed, thousand else opens

SPACE FOR ROUGH WORK

Why?
- lose confidence
- lack of understanding
- unawareness

Just when caterpillar ^{thought} world was over, it became butterfly
old self think end - failed, understanding about death new self
new life

pandemic
real back

pot - democracy - world, - India - miracle -
emergency - GFC 2008

- ~~scat~~ = science - innovation

- ~~f~~ - ~~f~~ - historical - world war II - allies

- ~~Hellen Keller~~

new self → USA.
→ UN - world peace, conflict
- ind -

- ~~ch~~ New self - ? - changed thinking

- spontaneous success

- newer self

- strength

→ int level

→ spatial

→ actor level

→

Gandhi
Buddha
Lessons

how? - atmanecerakshan - SWOT

- education

- awareness

- burn the bridge in order
to see the self

21st cen - crisis

SPACE FOR ROUGH WORK

Keep your face to sunshine, and you cannot see a shadow.

↓
knowledge
light,
reality

↓
darkness,
negativity

Why?

strength
- ~~weak~~ know thy self
- clarity

→ Plato - allegory of caves.

glass half full - optimism

→ strong
ethics -
→ solve situations
→ constitutional values
→ absolve fear

w/o shadow - sunshine is - ~~is~~

- trees → shadow → understand self
→ truth.

→ looking only towards self dev,
others?

eg -
Sudha murthy

- sunshine + shadow - both are imp

SPACE FOR ROUGH WORK

AL