



Look at the pictures given above.

What kind of work are people doing in both the families?



Is your family like any one of these families? If yes, like which one? How is your family like their's?



Discuss carefully and sensitively the issues such as defined gender roles, etc. Allow children the freedom to question these without hurting the feeling of others.





If not, let us talk about your family.Do all the people in your family eat together? If not, why?

*	Who	eats	last	in	the	family?
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Who does not help in cooking food in the family and why?

 In the table, some of the work done in the house has been mentioned. Find out who does them in your house and who does them in your friend's house. You can add some other work also to the list.

Work	Who does the work				
	In your house	In your friend's house			
Cooking food					
Buying things from the market	0				
Sweeping					
Cleaning the utensils					
Filling water					

In your's house

In your friend's house



Where does what we eat come from?

The names of some food items are given below. Add some more names to the list. Draw a green around those items that we get from plants. Draw a red around those items that we get from animals.

Honey	Turmeric	Fish
Corn	Milk	Lemon
Spinach	Potato	Ajwain
Egg	Meat	Banana
Tomato	Onion	



When you are sick, do you take any medicine which we get from plants? What do you take when you

get hurt

have a stomachache



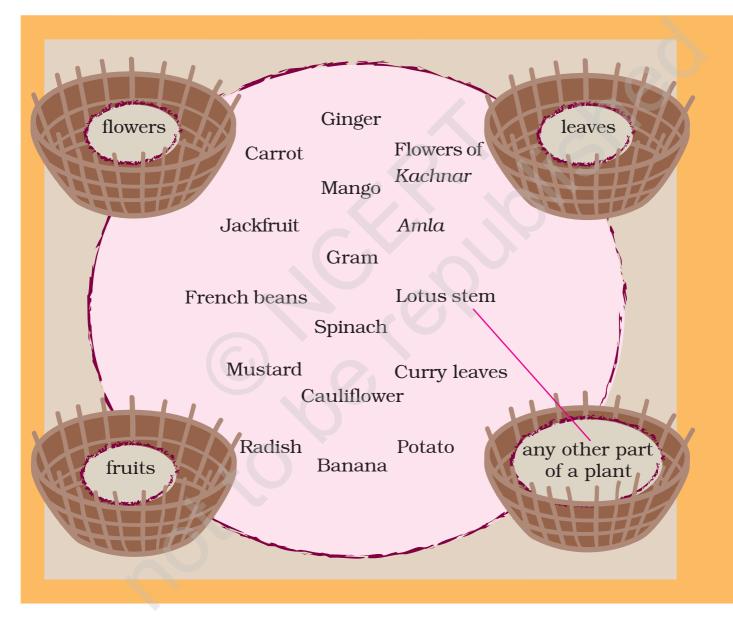
Help children to identify plants which are available in their immediate environment and are used as medicines. This will enhance their traditional knowledge of medicinal plants.



- have cough and cold ______
- have a toothache



Choose the correct basket for each item. Draw a line to match.



In this exercise names of some parts of plants eaten as food are given. More names can be added to the list during discussion.

