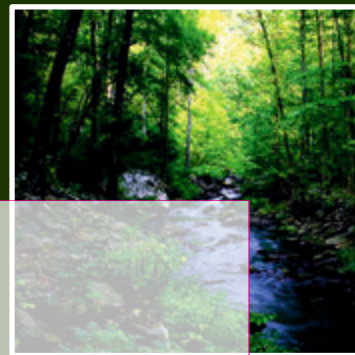
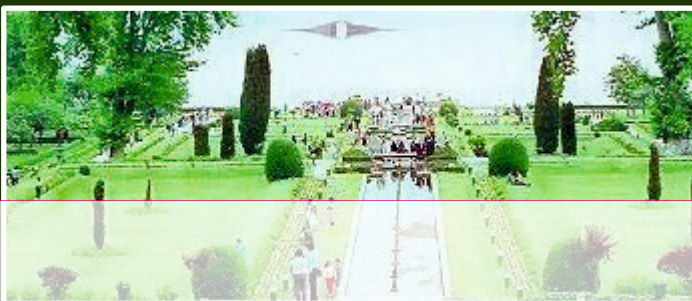


INDIA

SOCIAL
SCIENCE

Contemporary
TEXTBOOK OF GEOGRAPHY FOR CLASS X

02



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02



Jammu & Kashmir Board Of School Education

First Edition
November 2019

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FOREWORD

Curriculum updating is a continuous process and hence the J&K Board of School Education has brought out the revised curricula for different classes. Social Science is of crucial importance because it helps learners in understanding environment in a broader perspective and a reasonable outlook.

The present textbook has been developed in the light of the NCF-2005 guidelines. The textbook developed on the basis of NCF signifies an attempt to discourage rote learning. The attempt has also been made to link children's life at school and life outside the school.

This textbook of Social Science aims at enabling students to develop critical understanding of society, lay foundation for an analytical and creative mindset. Change in the text book entails the change in the content and pedagogical practice of curriculum. Main objective of this change is to enable the children to understand the society and the world in which we live, as well as, understand socio-Geographical scenario.

I appreciate the hard work done by the Academic Division and textbook development committee responsible for development of this book. I acknowledge and place on record my deep appreciation to the Director NCERT and Head curriculum Division, NCERT for their support and cooperation. The contents in this book have been adopted completely from the NCERT textbook of Geography for class X titled "Contemporary India-II".

As an organization committed to systematic reform and continuous improvement in the quality of its textbooks, JKBOSE welcomes comments and suggestions which will enable us to undertake further revision and refinement. I hope this textbook of Geography shall sensitize learners about the Geographical perspective in an explicit manner.

(Prof.Veena Pandita)
Chairperson



TEXTBOOK DEVELOPMENT COMMITTEE OF NCERT

CHAIRPERSON, ADVISORY COMMITTEE FOR TEXTBOOKS IN SOCIAL SCIENCES AT THE SECONDARY LEVEL

Hari Vasudevan, *Professor*, Department of History, University of Calcutta, Kolkata

CHIEF ADVISOR

M. H. Qureshi, *Professor*, Centre for the Study of Regional Development, Jawaharlal Nehru University, New Delhi

ADVISOR

B. S. Butola, *Professor*, Centre for the Study of Regional Development, Jawaharlal Nehru University, New Delhi

MEMBERS

Aparajita De, *Lecturer*, Department of Geography,

Delhi School of Economics, University of Delhi, Delhi

Geeta Duggal, *Former Principal*, Delhi Public School, Rewari

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K. Jaya, *PGT*, Convent of Jesus and Mary, Bangla Sahib Road, New Delhi

Punam Behari, *Reader*, Miranda House, University of Delhi, Delhi

Saroj Sharma, *TGT (Retd.)*, Mother's International School,

Sri Aurobindo Marg, New Delhi

MEMBER-COORDINATOR

Aparna Pandey, *Lecturer*, Department of Education in Social Sciences and Humanities, NCERT, New Delhi



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3. Ms. Vaneeta Manhas, Lecturer, Govt. SRML HSS, Jammu.
4. Ms. Seema Sharma, Master, Govt. Girls HSS, Satwari.
5. Mr. Navdeep Bhalwal, Teacher, GGHS Jourian.

Member Coordinators

Dr. Arif Jan, Assistant Director-KD

Mr. Ranjeet Singh Manhas, Academic Officer-JD

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Suggestions from the stakeholders for the improvement of the Textbook shall be highly appreciated.

(Dr. Farooq Ahmad Peer)
Director Academics

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