

## **CHAPTER 9 - ADULTHOOD**

### **PART A**

#### **I Answer the following questions (1 Marks)**

1. Give the meaning of adulthood?
2. Give the sub-division of adulthood?
3. Who is a senior citizen?
4. Mention the common health problems of late adulthood?
5. Mention the period of young adulthood / middle / late adulthood?
6. What is Legal Dimension?

### **PART B**

#### **II Answer the following questions (2 Marks)**

1. Middle age is periods of “empty nest” justify the statement?
2. Middle age is an awkward age - Explain.
3. Young adulthood is a ‘creative age’ justify the statement?
4. Trace the health concerns of middle aged individuals.
5. Middle age is a apprehensive age - Explain.
6. List the dimensions of adulthood?
7. Late adulthood is judged by different criteria - explain.
8. Write a brief note on young adulthood / middle adulthood.

### **PART C**

#### **III Answer the following questions (3 Marks)**

1. List the developmental tasks of young adulthood?
2. List the development tasks of middle aged adults?
3. Enlist the developmental tasks for late adulthood?
4. Discuss the dimensions of adulthood?

### **PART D**

#### **IV Answer the following questions (5 Marks)**

1. Discuss the characteristics of young adulthood?
2. Explain the characteristics of middle adulthood?
3. Describe the characteristics of late adulthood?
4. Discuss the common health problems of late adulthood?
5. Write the note on late adulthood years?