

## Lifestyles of people in different regions of India

### Objective

- (i) To identify the characteristics of physiographic division of India.
- (ii) To identify the impact of this division on the lifestyle of the people living there.

### Background

Physical features of land are diverse like mountains, plains, deserts, and coastal areas. These physical features have an impact on the lifestyle of people inhabiting them. Trade, agriculture and other modes of livelihood, and other cultural aspects like festivals, clothing, shelter, music, etc., are all affected by the physical features of the area.



### Methodology

1. Choose anyone physiographic division of India, preferably in which your school is located.
2. Identify the geographical characteristics of that region.
3. Find out which aspect of life is influenced by the physical environment and the reasons for its influence.
4. Are these aspects also reflected in song, dances, festivals, food habits, clothing or costumes, shelter, etc., of the place?



S.No.	Physiographic divisions	Reasons for life style

5. Collect photographs, audio, video tapes, post cards, which reflects different life styles.

### Conclusion

Usually we feel that civilization developed along the riverside. The pollutions created by these people reach the down side places of the river. So that their life styles are different. Festivals, traditions and customs of a place depends on its geographical situations. Lifestyle in the hilly areas is different from that of the forest area, and again it will be different in plain areas. The songs, dances and dressing reflect those situations. Kerala lined with boats and coconut trees where as Rajasthan with decorations. Our life style should be helpful to the environment. Rangolis are part in our lifestyle and if we use natural colours in making rangolies it will be ecofriendly.

Prepare a report on how the physical environment influences the lifestyle of people based on your study.

### Follow-up

1. Display your study in the form of a wall magazine on your school bulletine board.
2. Share the audio and video tapes with your classmates and friends.

