



GOVERNMENT OF TAMIL NADU

HIGHER SECONDARY FIRST YEAR

GENERAL NURSING

Untouchability is Inhuman and a Crime

A publication under Free Textbook Programme of Government of Tamil Nadu

Department of School Education



Government of Tamil Nadu

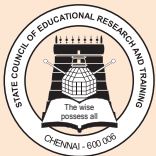
First Edition - 2018

Revised Edition - 2019, 2022

(Published under new syllabus)

NOT FOR SALE

Content Creation



State Council of Educational
Research and Training

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Printing & Publishing



Tamil NaduTextbook and Educational
Services Corporation

www.textbooksonline.tn.nic.in

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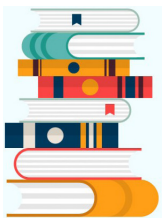
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E-book



Assessment



How to use the book?

Introduction	Student would be motivated and focus attention to the subject matter.
 Learning objectives:	List out all the major topics and provide students with a clear purpose to focus their learning efforts.
Case study	Life experiences and indepth understanding of the concept given.
 Do you know?	Gives additional related information for broader understanding.
Activity:	Given to elicit critical thinking , creative thinking and application in day to day activities.
QR Code 	Enhance long term memory through Audio Visual learning.
ICT Corner	References to the relevant website for enhanced information.
 Summary	An outline map of the entire information given in gist.
 Glossary	Detailed meaning in English and Tamil for new terms.
References/ Website links	Basic raw materials used for the birth and development of the text.





CAREER GUIDANCE IN GENERAL NURSING



NURSING COURSES AVAILABLE IN INDIA

Nursing courses are available in Degree, Diploma and Certification Courses in India. UG (Undergraduate) and PG (Post Graduate) courses are the two main types available. Using the PG courses, one may specialize in disciplines within the medical profession. Well known nursing courses available in India are:

- **B.Sc. Nursing (Basic)**– 4 years Bachelor’s Degree course
- **B.Sc. Nursing (Post Basic)**– 2 years Bachelor’s Degree course
(3 years distance education mode)
- **GNM (Diploma in General Nursing and Midwifery)**– 3½ years program
- **ANM (Diploma in Auxiliary Nursing and Midwifery)**– 2 years program
- **M.Sc. Nursing**– 2 years PG Degree Course
- **M.Phil. Nursing**– 1 year (2 years part time)
- **PhD Nursing**– 3 to 4 years regular full time, 4 to 6 years part time.



Other than the above mentioned standard UG (Degree and Diploma) and PG programs, there exist numerous other PG Diploma and certificate courses too. Such PG Diploma and Certificate courses help one take on different specialities. Some such well known areas of specialization are-

- Neonatal Nursing
- Orthopaedic and Rehabilitation Nursing
- Operation Room Nursing
- Critical Care Nursing
- Emergency Nursing
- Neuro Science Nursing
- Nursing Administration
- Cardio-Thoracic Nursing

When it comes to such Post Graduate Diploma/Post Basic Diploma nursing courses, the duration is one year.

ELIGIBILITY CRITERIA

B.Sc. Nursing (Basic)– 10+2 Science stream passed with Physics, Chemistry, Biology and English subjects from a recognized board. Minimum aggregate marks required is as per Indian Nursing Council (INC) (50% marks). Candidate must be at least 17 years of age.

GNM– 10+2 passed in any Science or Arts from a recognized board. Minimum aggregate marks required is as per INC (50% marks). Candidate must be at least 17 years of age. ANM qualification holders are also eligible to pursue this course. Note: In case of many institutes, the eligibility criteria is much more relaxed. There exist many colleges that allow 10+2 passed students from any stream (Science/Commerce/Arts) to pursue this course.

ANM– 10+2 passed in Science or Arts from a recognized board. Minimum aggregate marks required may vary from one institute to another (generally around 50% marks). Candidate must be at least 17 years of age. Note: In case of many institutes, the eligibility criteria is much more relaxed. There exist many colleges that allow 10+2 passed students from any stream (Science/Commerce/Arts) to pursue this course.



M.Sc. Nursing– must have completed B.Sc. Nursing/Post Certificate B.Sc./ Post Basic B.Sc. Nursing from an institute recognized by the INC with minimum 55% aggregate marks. Candidate should have 1 year working experience after completing the B.Sc. program and should also be a registered nurse with the State Nurse Registration Council.

M.Phil. Nursing– must have passed M.Sc. in Nursing (with any speciality) from an institute recognized by the INC with minimum 60% aggregate marks.

PG/Post Basic Diploma Nursing– must have completed B.Sc. Nursing/Post Basic B.Sc. Nursing/GNM from an institute recognized by the INC with minimum 55% aggregate marks.

CAREER PROSPECTS AND JOB OPPORTUNITIES

Skilled and qualified nurses are in huge demand across the World! Specializing in lucrative disciplines will further boost one's chance of landing a high paying job.

After completing any of the above mentioned nursing course, one may register with State Nurse Registration Council and become a 'Registered Nurse' or 'Registered Midwife'. After that, one may work as a nurse at Government hospitals, private hospitals, primary health centres, community health centres, rehabilitation clinics and private clinics.

Scope associated with working abroad is excellent, when it comes to nursing! The USA, UK, Gulf Countries, Australia, Canada and New Zealand are good destinations for Indian nurses. Salary package and facilities available abroad is much better than in case of India.



► Well known recruiters include:

- Government hospitals
- Private hospitals
- Primary health centres
- Community health centres
- NGOs
- Rehabilitation clinics
- Training Colleges/Institutes

After 12th Commerce or Arts stream schooling, students are eligible to pursue two Diploma certificate nursing courses. They are-

1. ANM (Auxiliary Nursing and Midwifery)
2. GNM (General Nursing and Midwifery)

There exist many institutes in India (recognized by the Indian Nursing Council), which accept Arts/Commerce stream students to pursue the above mentioned courses.

To get more details about ANM (2 years course) and GNM (3½ years course) courses, you may click on the links provided above. I've written detailed articles about both these nursing courses. Details covered include eligibility criteria, course details, admission process, syllabus, career prospects and career paths available.

Note: The above mentioned programs are Diploma courses. I'll provide you the career path to follow, in order to get a Bachelor's Degree in Nursing.

GNM would be the best course among the 2 nursing courses mentioned above. After completing GNM course and registering as an R.N.R.M., one may pursue B.Sc. Nursing (Post Basic) course (2 or 3 years long). This career path will help one get a Bachelor of Science Degree in Nursing. This, in turn, will improve one's chances of landing a good job! After completing B.Sc. Nursing Post Basic program, one may then go for advanced courses like M.Sc. Nursing, PG Diploma in Nursing, M.Phil. Nursing and Ph.D program.

If you choose to pursue ANM, you'll have to complete the course and then go for GNM course. After completing GNM, you'll have to follow the career path mentioned above and gain a Bachelor of Science Degree in Nursing! After completing B.Sc. Nursing Post Basic program, one may then go for advanced courses like M.Sc. Nursing, PG Diploma in Nursing, M.Phil. Nursing and PhD program



CAREER PROSPECTS AND JOB OPPORTUNITIES

Professional Course/ Medical Courses

- M. B. B. S. (Bachelor of Medicine and Bachelor of Surgery) – 5.5 years
- B. D. S. (Bachelor of Dental Surgery) – 4 years
- B. H. M. S. (Bachelor of Homeopathic Medicine & Surgery) – 5.5 years
- B. A. M. S. (Bachelor of Ayurvedic Medicine and Surgery) – 5.5 years
- B.Pharm (Bachelor of Pharmacy) – 4 year
- B.Sc Nursing – 4 years
- B.P.T (Physiotherapy) – 4.5 years
- B.O.T (Occupational Therapy) – 3 years
- B.U.M.S (Unani Medicine) – 5.5 years
- D.Pharm (Ayurvedic, Siddha Medicine) – 2 years
- BMLT (Bachelor of Medical Lab Technicians) – 3 year
- DMLT (Diploma of Medical Lab Technicians) – 1 year
- Auxillary Nurse Midwife (ANM) - 2 years
- General Nursing And Midwifery - 3½ years
- Post Basic B.sc Nursing - 2 years (after GNM)

UG Courses

- B.Sc Anthropology
- B.Sc Occupational Therapy
- B.Sc Physiotherapy
- B.Sc Microbiology:
- B.Sc. (H) Biomedical Science
- Bachelor of Veterinary Science & Animal Husbandry (B.VSc AH)
- Bachelor of Naturopathy & Yogic Science (BNYS)
- B.Sc. Dairy Technology
- B.Sc. Home Science
- Bachelor of Pharmacy

▶ Allied Fields

- EEG technician
- Hospital manager/Administrator
- Medical lab technologist
- Nuclear medicine technologist
- Radiation technology
- Pathology technology
- Respiratory therapist
- Sonographer technician
- Operation theatre assistant
- Naturopathy
- Massage therapy
- Acupressure
- Acupuncture
- Yoga therapy

▶ Biosciences

- Agriculturist
- Botanist
- Zoologist
- Microbiologist
- Biologist
- Horticulturist
- Floriculturist
- Environmental Science

▶ Para medicine

- Physiotherapy
- Speech Therapy
- Audiology
- Prosthetics and Orthotics
- Medical Lab Technology
- Optometry and Ophthalmic technology
- Nutrition And Dietetics



PG Courses

- M.Sc. Nursing– 2 years
- M.Phil. Nursing– 1 year advanced program (2 years in part time)
- Ph.D in Nursing - 3 to 4 years regular full time, 4 to 6 years part time.**

PG Diploma and Certificate Courses

- Neonatal Nursing
- Orthopaedic and Rehabilitation Nursing
- Operation Room Nursing
- Critical Care Nursing
- Emergency Nursing
- Neuro Science Nursing
- Nursing Administration
- Cardio-Thoracic Nursing
 - Renal Nursing
 - Geriatric Nursing

► Common Job Available in Front of Registered Nurses are:

- | | |
|-----------------------------|---------------------------|
| ■ Chief Nursing Officer | ■ Nurse Educator |
| ■ Assistant Nursing Officer | ■ Intensive Care Nurse |
| ■ Critical Care Nurse | ■ Nurse Midwife |
| ■ Paediatric Surgery Nurse | ■ Occupational Nurse |
| ■ Nurse Manager/Supervisor | ■ Oncology (Cancer) Nurse |
| ■ Rehabilitation Specialist | ■ Palliative Care Nurse |
| ■ Instructor/Teacher | ■ Nurse Educator |
| ■ Staff nurse | ■ Intensive Care Nurse |





▶ Well Known Recruiters

- Government hospitals
- Private hospitals
- Primary health centres
- Community health centres
- NGOs
- Rehabilitation clinics
- Training Colleges/Institutes

