

## Sports

### Test Skills

- Indoor
- Outdoor Games
- National and International Games

1. It is the national game of Bangladesh. It is also the state game of the Indian states of Tamil Nadu, Maharashtra, Bihar, Andhra Pradesh, Telangana and Punjab. Which sport are we talking about?



- (a) Jai Alai                      (b) Cricket  
(c) Kabaddi                      (d) Ping pong

2. The Sports Authority of India is an apex body set up in 1984 by the Ministry of Youth Affairs and Sports, Government of India. Which of the following is the current logo of Sports Authority of India?



- (a) SPORTS AUTHORITY OF INDIA



- (b)



- (c) SPORTS AUTHORITY OF INDIA

- (d) None of these

3. Which is the governing body of association football, futsal and beach soccer?

- (a) FIFA: International Federation of association football

- (b) IFA: International Football Federations  
(c) UIFA: Union International Football Federations  
(d) FIFF: Federation of International Football Federations

4. The International Badminton Federation was established in 1934. Who among the following was the first president of it?

- (a) David Bloomer  
(b) Stellan Mohlin  
(c) George Alan Thomas  
(d) Stuart Wyatt

5. This award is presented to the outstanding player at each FIFA World Cup finals. Brazilian players have won it 7 times. What is the award called?



- (a) Golden Glove Award  
(b) Golden Ball Award  
(c) Golden Shoe Award  
(d) Nike Award

6. A triathlon is an endurance sport. It consists of a sequence of three disciplines which the participants must complete successfully. In which order are these disciplines attempted?

- (a) Swimming, cycling, running  
(b) Cycling, swimming, running  
(c) Running, cycling, swimming  
(d) Swimming, running, cycling

7. Karate belts or 'obis' are made of cotton and are about 5 cm wide. They indicate the wearer's skill level. The highest level is black. What colour is a beginner's obi?

- (a) Yellow                      (b) White  
(c) Green                      (d) Blue

8. This game is immensely popular in the USA and Japan. It is played with a rounded bat and ball on a field known as diamond. Which sport are we talking about?
- (a) Taekwondo
  - (b) Baseball
  - (c) Soccer
  - (d) Lacrosse

9. Gymnastics is a systematic form of physical exercise designed for therapeutic, educational and competitive purposes. Identify the floor exercise of gymnastic shown in the given picture.



(a)



(b)



(c)



(d)

10. What is the total playing time of a match for men's hockey?
- (a) 60 minutes
  - (b) 70 minutes
  - (c) 90 minutes
  - (d) 120 minutes

11. Grey Cup is associated with
- (a) Hockey
  - (b) Football
  - (c) Lawn Tennis
  - (d) Racing

12. Identify Ammu, the mascot of 2015 National Games?



(a)



(b)



(c)



(d)

13. Which of the following was the official mascot of 2016 South Asian Games held in Guwahati and Shillong, India?



(a)



(b)



(c)



(d)

14. Which one of the following states will host the 2019 National Games of India?  
 (a) Rajasthan (b) Manipur  
 (c) Himachal Pradesh (d) Andhra Pradesh

15. Which of the following South American countries has never qualified for FIFA World Cup?  
 (a) Venezuela (b) Bolivia  
 (c) Peru (d) Ecuador

16. She was one of the greatest track and field stars of her time, since she was stricken with polio in her childhood. Who is this remarkable athlete?



(a) Wilma Rudolph  
 (b) Gail Devers  
 (c) Florence Griffith Joyner  
 (d) Allyson Felix

17. He is regarded as one of the greatest batsmen of all times. He is also the person with most centuries in test cricket to his credit. Who is he?  
 (a) Sir Donald Bradman  
 (b) Sunil Gavaskar  
 (c) Sachin Tendulkar  
 (d) Lala Amarnath

18. Tenzing Norgay Adventure Award is given to individuals for excelling in adventure activities on sea, land and air. Who was awarded Tenzing Norgay Adventure Award 2014-15?  
 (a) Milkha Singh  
 (b) Jot Singh  
 (c) Gurucharan Singh (d) K P Thakkar

19. Who among the following has been awarded Laureus World Sportswoman of the Year Award 2016?  
 (a) Serena Williams (b) Venus Williams  
 (c) Maria Sharapova (d) Martha Hingis

20. India's ace shuttler PV Sindhu won 2016 China open super series title by defeating \_\_\_.  
 (a) WangYihan (b) Zhao Yunlei  
 (c) Li Xuerui (d) SunYu

21. Identify the yogasana shown in the given picture.



(a) Halasana (b) Uttanasana  
 (c) Bakasana (d) Ustrasana

22. Which one of the following is the correct way to lift a heavy exercise equipment?  
 (a) Bending your legs rather than your back.  
 (b) Keep your legs and back straight.  
 (c) Bending your arms and your back.  
 (d) Keeping your back bent and your arms straight.

23. Who among the following is the president of International Olympic Committee?



(a) Jocques Rogge



(b) John Coates



(c) Thomas Bach



(d) Craig Reedie

**24.** Which of the following is not a 2014 Winter Olympics mascot?



(a)



(b)



(c)



(d)

**25.** In which of the following years both the Summer and Winter Olympics were held in the same country?

(a) 1936

(b) 1952

(c) 1944

(d) 1980

## Answer - Key

<b>1.</b> C	<b>2.</b> B	<b>3.</b> A	<b>4.</b> C	<b>5.</b> B
<b>6.</b> A	<b>7.</b> B	<b>8.</b> B	<b>9.</b> D	<b>10.</b> A
<b>11.</b> B	<b>12.</b> D	<b>13.</b> C	<b>14.</b> D	<b>15.</b> A
<b>16.</b> A	<b>17.</b> C	<b>18.</b> B	<b>19.</b> A	<b>20.</b> D
<b>21.</b> A	<b>22.</b> A	<b>23.</b> C	<b>24.</b> C	<b>25.</b> A