

Lesson-13

Our Fundamental Duties



Learning outcomes :

Students will–

- ✦ know the various Fundamental Duties of citizen.
- ✦ know the importance of Fundamental Duties and apply them in practical life.

The Indian constitution has provided certain facilities or rights for smooth living and personality development of Indian citizens. While enjoying these facilities or rights, every citizen has certain responsibilities towards the country. These responsibilities are called the Duties of a citizen. The framers of the Indian Constitution did not include any Fundamental Duties in the Constitution. Ten Fundamental Duties were mentioned in the Constitution after the 76 Amendment of the Constitution. The 86 Amendment of 2002 included another duty. Now there are altogether 11 Fundamental Duties.

Let us now learn how we can make a full-fledged prosperous nation by performing these Fundamental Duties–

To abide by the Constitution and respect the National Flag, National Symbol :

The National Flag and the National Anthem is the pride of our nation. It is our duty to show respect and stand up while hoisting the National Flag and while singing the National Anthem. The National Anthem should be sung in 52 seconds. You all celebrate Independence day and Republic day at school, don't you?

To cherish and follow the noble ideals which inspire our national struggle for freedom :

Several great and noble leaders have sacrificed their lives for our freedom. It is our duty to show respect and follow the noble ideals of these great leaders.

Activity

- ✦ Visit freedom fighters in your locality (if there is any) and learn about freedom movement from them.

Let us know :

- ✦ The tricolour Indian flag was recognised as the National Flag on July 22, 1947.
- ✦ The measurement 3:2 is used in the National Flag.
- ✦ Khadi cotton material is used to make the flag.
- ✦ The 24 spokes of Ashok Chakra of Sarnath is placed in the middle of the flag.

To uphold and protect the sovereignty, unity and integrity of India:

India is a land of varied religions, languages and cultures. It is our duty to be tolerant towards other religion and show respect to other culture.

To defend the country and render national service when called upon to do so :

We feel safe at home when it is secured. Similarly citizens can live peacefully only when the country can be protected from foreign enemy. It is the duty of every Indian citizen to perform the noble duty of defending the country. Therefore from a tender age children should be encouraged to join in activities like cub bulbul, scout-guides, N.C.C. etc. to arouse the spirit of patriotism. Such activities help in developing qualities like discipline, patience, sympathy together with the spirit of patriotism.



NCC Cadets

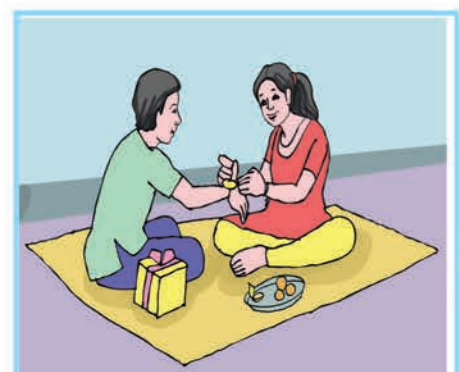
Activity

★ Learn to sing the 'National Anthem', 'National song of Assam' and 'Bande Mataram' with correct pronunciation and tune.

To promote common brotherhood of all the people and denounce any practice derogatory to the dignity of women :

There are different languages, religions, cultures and environments in India but the Indian ideology is one. Therefore it is our duty to promote the common brotherhood of all people to live in harmony.

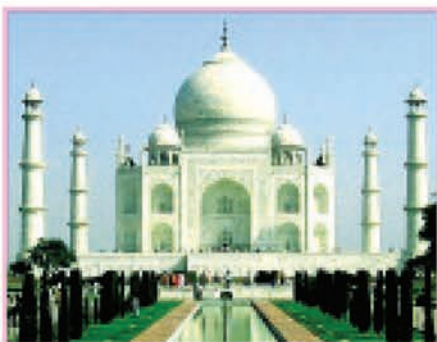
It is our duty to protect the dignity of women by preventing social practices which harm the dignity of women because women are our mothers and sisters.



Send greetings to your sisters on Raksha Bandhan and mothers on mother's (8 May)

To value and preserve the rich heritage of our composite culture :

It is the duty of every Indian citizen to respect and preserve the rich heritage found in every



nook and corner of our country. India has great monuments like the Taj Mahal and the 600 years old Ranghar and Karenghar, etc. of Ahom rule. The architecture of these monuments are



significant. It is our duty to study about these magnificent monuments and preserve them. Tourist visit these places and it is also observed that sometimes some visitors who visit these places often spoil these beautiful monuments by drawing and writing on their walls. It is our duty to prevent such areas.

Activity :

- ✦ Visit historical monuments and places of your locality with your teacher. Study their historical importance, structures and architectural feature and prepare a note on why they should be preserved and how.

To protect and improve the national environment and wildlife and to have compassion for living creature :

Nature is like our mother. If nature is safe we are safe. If we destroy nature drought, flood, increase in global temperature, acid rain, etc. will occur and our life and livelihood will be threatened. That is why we should always encourage the protection of natural environment such as planting trees, stop cutting down trees for no reason, maintaining lakes, rivers and forests and encourage others to do the same. In addition, it is important to maintain the balance of the environment for all living beings so that they can survive properly as an integral part of nature. We also need to be careful so that our actions do not adversely affect the food and habitat of other animals.

Activites :

- ✦ What is the consequence of earth cutting?
- ✦ What are the consequences of cutting trees? What should be our duties against such activities?

To develop scientific attitude and spirit of humanism among the citizens

It is the duty of every Indian citizen to remove social evils through education and develop scientific temper. Education is said to be the yardstick of social development. Education is the key to social development. Education helps in the removal of social evils and superstitions and can lay the foundation of scientific attitude. It is also our duty to provide an environment at home where a child can develop human values.

Superstition still prevails in our society even in this scientific age and many people have lost their life because of this belief.

To safeguard public property and renounce/adjure violence

It is the duty of every responsible Indian citizen to protect public property like- offices, bank, hospital etc. Mahatma Gandhi has won the hearts of people through non-violence. Values based upon the principles of non-violence inculcates moral qualities like affection, sympathy, kindness, tolerance among each other. Inculcation of such qualities can create a peaceful environment. It is therefore the duty of everyone to take the path of non-violence and inculcate moral values. Look at the given picture and find out how peace can be brought.

To strive towards excellence of Self and community as a whole so that the nation prospers :

Excellence of an individual or a family rises the family to higher levels. Therefore, it is the duty of every citizen to strive and work for one's development and also to work collectively for the development of the nation. Therefore, the contribution of the citizen in development areas like- technology, scientific inventions, economic, political, transport and communication and cultural is necessary for the prosperity of the nation.

Duty of parents and guardians in providing primary education to children

To-day's child is the future citizen. It is the duty of every guardian to provide education to the future citizens. Therefore the parents and the guardians must be aware that no child (6-14 years of age) is deprived of the right to education provided by the Indian Constitution.

Along with these duties there are some other essential duties. A family is the primary unit of the society. Our parents and members of our family have great contributions in our life. It is our duty to take care of them. Besides, we must also respect our seniors and show compassion and help sick and physically challenged persons of our society. If every citizen work honestly and sincerely, then India would definitely become a prosperous nation.

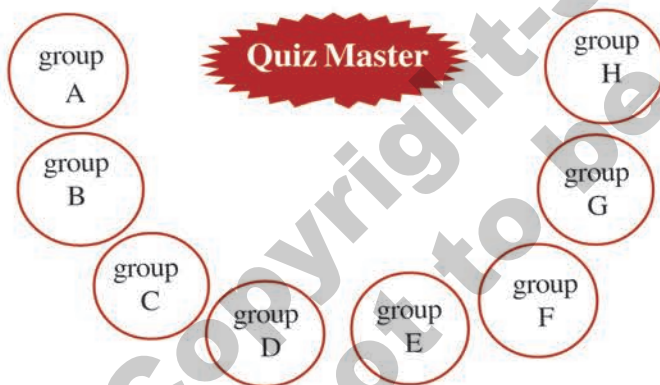
Let us remember :

- ✦ The 1976 Indian Constitution Amendment Act states 10 Fundamental Duties.
- ✦ 86 Amendment Act, 2002 included the 11 Fundamental Duty.
- ✦ The Eleventh Fundamental Duty states the duty of parents and guardians to provide the Right to Education to all children of 6-14 years of age.

Exercise

1. Write short answer
 - a) What do you understand by duties of citizens?
 - b) Mention the eleventh duty included in 2002.
 - c) Why should we respect the National Flag?

- d) What are your duties towards maintaining discipline in your school?
- Write briefly on any 5 Fundamental Duties.
 - What qualities can be developed through NCC, Scout and Guides?
 - What should be done to protect the environment?
 - Fill in the blanks —
 - The National Anthem should be sung in_____seconds
 - We must all sing the_____ while hoisting the National Flag.
 - Every 6-14 years of age children must be provided with_____
 - There are_____Fundamental Duties in the Indian Constitution.
 - Choose the correct answers —
 - We must/must not respect the National Flag.
 - We must/must not throw plastic bags, garbage into drains.
 - We must/must not plant trees to control flood.
 - We must/must not adjure violence to maintain peace.
 - We must/must not serve our country.
 - Explain two activities through which scientific attitude can be developed.
 - Collect pictures and information of 5 freedom fighters and prepare an album.
 - Organise quiz competition



Score board						
	First round	Second round	Third round	Fourth round	Fifth round	Total
group A						
group B						
group C						
group D						
group E						
group F						
group G						
group H						

- ★ For first round the Quiz Master will prepare questions from Lesson No. 10
- ★ For second round questions from lesson No 11
- ★ For third round questions from lesson No 12
- ★ For fourth round questions from lesson No 13
- ★ In the fifth question from all 4 Lessons.

(Award small prizes to the winning team)



Measures to be taken to prevent road accident



While Walking on Roads-

- walk on the left side of the road
- cross the road by looking to your right then to your left and then again to your right
- walk on the pavement
- cross the road at zebra crossing
- use torchlight at night
- avoid pillion riding on a bicycle

While Crossing the Railway Gate-

- do not cross when the railway gate is close
- do not cross till the train passes
- wait till both the railway gates rise



While travelling in a bus-

- get into a bus cautiously
- don't spit from the bus
- always keep your head, hands, etc. inside the bus
- get on or off a bus when it stops
- while getting off the bus see both the sides
- make a que while boarding on a bus
- do not travel on a bus by standing on the stairs



It is our duty and responsibility to help the children, the old people and differently able persons while walking or crossing a road.

Precautionary measures against Covid-19 :



We should use a handkerchief or cover our mouth with our hands while sneezing or coughing and then wash our hands. We should not spit on the public place.

Wear mask properly.
Wash hands with soap frequently and use sanitizers.



Maintain social distance.
(At least six feet distance)

Everyone must be vaccinated.



EDUCATION (ELEMENTARY) DEPARTMENT
GOVERNMENT OF ASSAM

