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HS/XII/A/Psy/19

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PSYCHOLOGY

(Theory)

Full Marks : 70

Time : 3 hours

The figures in the margin indicate full marks for the questions

General Instructions :

- (i) Write all the answers in the Answer Script.
- (ii) Attempt Part—A (Objective Questions) serially.
- (iii) Attempt all parts of a question together at one place.

(PART : A—OBJECTIVE)

(Marks : 22)

SECTION—I

(Marks : 10)

- 1.** Choose and write the most appropriate answer from the choices provided : 1×5=5

(a) The concept of emotional intelligence was first introduced by

- (i) William Stern
- (ii) Salovey and Mayer
- (iii) Robert Sternberg

(2)

(b) According to Sigmund Freud, the _____ is a reservoir of instinctual or animal drives.

(i) conscious

(ii) preconscious

(iii) unconscious

(c) A psychological model which focuses on broader aspects of human existence is

(i) psychodynamic model

(ii) behavioural model

(iii) humanistic-existential model

(d) According to Edward Hall, _____ distance is maintained when an individual interacts with a very close friend or relative.

(i) up to 18 inches

(ii) 18 inches to 4 feet

(iii) 4 feet to 10 feet

(3)

(e) A branch of psychology that studies how people of all ages learn is

(i) sports psychology

(ii) organizational psychology

(iii) educational psychology

2. Fill in the blanks :

1×5=5

(a) _____ are symbols of the unfulfilled desires present in the unconscious.

(b) _____ is a term that is used to describe the level of stress that is good for you.

(c) _____ is a state of mind, thoughts or ideas regarding a topic; containing a cognitive, affective and behavioural component.

(d) _____ is the most direct form of social influence.

(e) _____ psychologists apply psychological principles to improve sports performance.

(4)

SECTION—II

(Marks : 12)

- 3.** Answer the following questions in less than 30 words each : 2×6=12

- (a) What is Musical Intelligence?
- (b) Name any four projective techniques used in the assessment of personality.
- (c) What is Post-Traumatic Stress Disorder?
- (d) What is Psychotherapy?
- (e) What are some of the benefits of cooperation?
- (f) What is personal space?

(5)

(PART : B—DESCRIPTIVE)

(Marks : 48)

4. Write short notes on the following (up to 60 words each) : 3×4=12

(a) Type-A and Type-B Personalities

(b) Symptoms of panic disorder

(c) Social Loafing

Or

Components of attitude

(d) Pro-environmental Behaviour

Or

Frustration-Aggression Theory

5. Answer the following questions in less than 100 words each : 4×6=24

(a) Describe briefly any four of the big five factors of personality as given by Paul Costa and Robert McCrae.

Or

Describe briefly the first four stages of personality development as given by Sigmund Freud.

(6)

- (b) Describe the characteristics of hyperactive children.

Or

List some of the symptoms that are associated with suicidal tendencies.

- (c) Distinguish between client-centred therapy and biomedical therapy.

Or

What are the factors that contribute to healing in psychotherapy?

- (d) Explain any two sources of prejudice.

Or

Explain the concept of Actor-Observer effect.

- (e) Explain any four reasons why people join groups.

Or

Explain any two techniques that have been found to work when someone wants another person to comply.

- (f) Briefly explain the importance of psychology in the area of mass communication and education.

Or

Briefly explain the works of organizational psychologists and educational psychologists.

(7)

6. Answer the following questions in less than 200 words each : 6×2=12

- (a) What is intelligence quotient? Briefly explain how psychologists classify people on the basis of their IQ score. 2+4=6

Or

What is contextual intelligence? Briefly explain the four facets of intelligence in the Indian tradition. 6

- (b) Briefly explain how life events, daily hassles and traumatic events can generate stress. 6

Or

Describe in brief how positive thinking, positive attitude and social support facilitate the development of positive health and well-being.

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